

# ANTIOCH JOURNAL

INSIDE

'Relish' shows you  
how to cook  
delicious crab cakes



WEEKLYJOURNALS.COM

## LOCAL NEWS

Genetics, social  
conditioning often to  
blame for binge-  
drinking behavior,  
experts say.

PAGE A3

## COMMUNITY NEWS

Read the second  
part in a story about  
a woman who  
decided she wanted  
to die.

PAGE A5

## LAKE COUNTY

People come from  
miles around to enjoy  
the Lake County Fair.  
Also, see the Weekly  
Journals Web site for  
more fair coverage.

PAGE D6-7

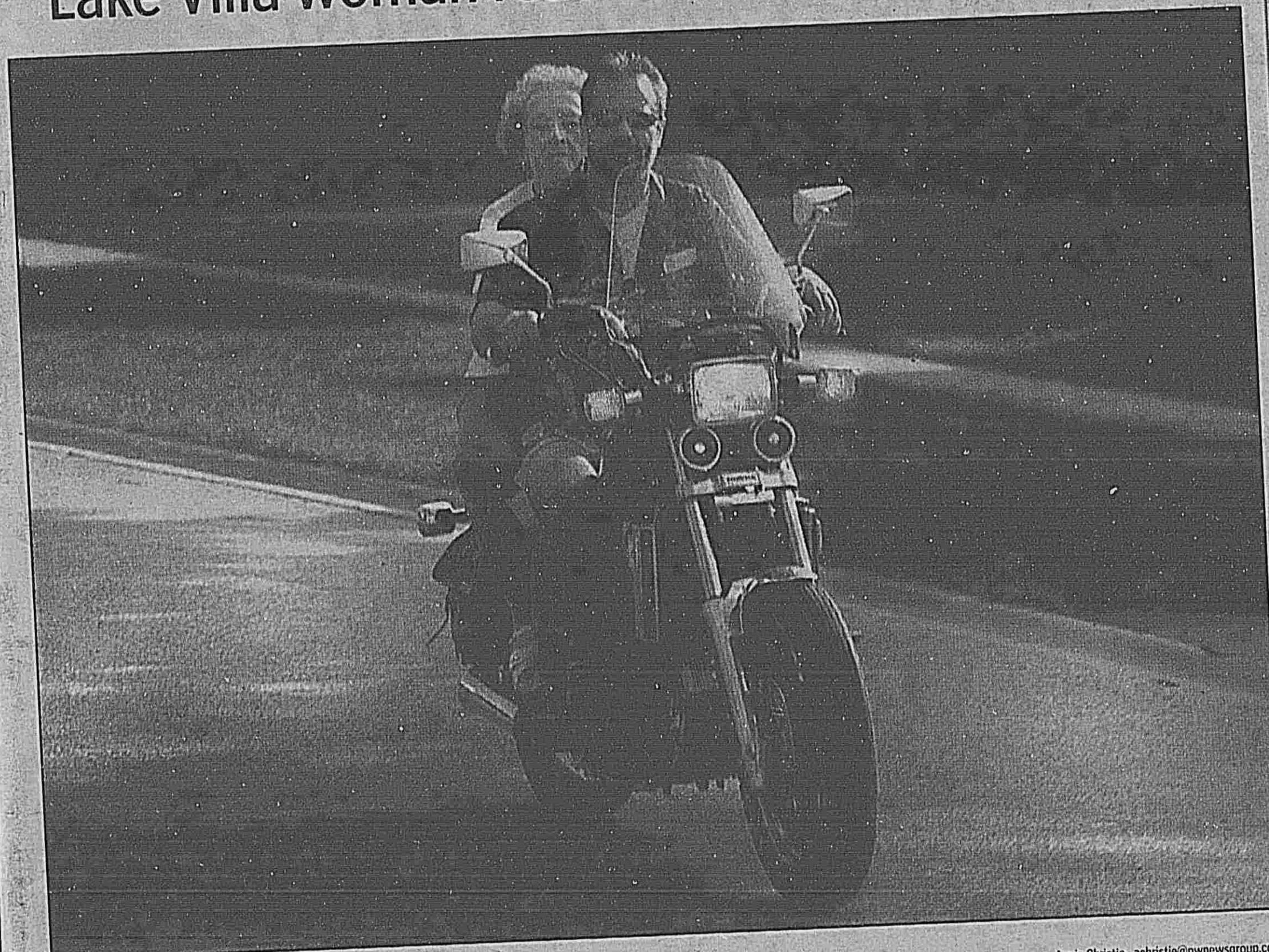
## SPORTS

Area youth figure  
skaters hone their  
skills during the hot  
summer months.

PAGE A18

# Life's a ride

Lake Villa woman reaches century mark / Page A6



Pete Muellegger takes his Auntie Em for a bike ride during the celebration of her 100th birthday at their Lake Villa home. Emily Hoffman turned 100 on Aug. 2. Annie Christie - achristie@nwnewsgroup.com

The edition of  
August 4-10, 2006

Newsstand price 50 cents

Proudly serving  
Antioch and its  
neighbors

Founded in 1886

**NORTHWEST**  
NEWS GROUP  
OF GREATER CHICAGO

Volume 120  
No. 23



"THERE IS A NEW BANK IN TOWN"



**POWER SAVINGS**  
**3.10% APY\*\***

*41412 North Highway 83 • Antioch, IL*

**847-395-4800**

*We have Safety Deposit Boxes available\*\*\**

Each depositor insured to \$100,000



\*\*Minimum balance \$100.00. A service charge of \$9.00 per quarter if balance falls below minimum. Activity charge \$1.00 per withdrawal exceeding 6 per quarter. Interest is compounded daily and credited to the account on a quarterly basis. No interest earned on days balance falls below minimum. Must have a companion checking account at this bank to qualify. Minor Power Savings Account opened for minors under age 18. No minimum balance to earn interest. No limit on activity. Interest is compounded daily and credited to the account on a quarterly basis. \*\*\*Safety deposit boxes available to our account holders.

# In excess: Experts weigh in on binge drinking

By EMILY PREVITI  
epreviti@nwnewsgroup.com

**WINTHROP HARBOR** — Everyone likes to relax when they have time off, and most loathe work-related interruptions. They turn off their phone, eschew e-mail and do whatever they can to avoid them.

But an off-duty police officer with the Winthrop Harbor Police Department could not ignore the blue Plymouth Duster weaving all over Sheridan Road just before midnight on July 9.

The officer called the station, and Officer Arturo Cervantes responded at 11:30 p.m. He followed the car and pulled it over when the driver blew through a stop sign at the corner of 9th Street and Monroe Ave., according to Det. Leonard Carini.

Cervantes administered field sobriety tests to driver Jina Savaglio, 33, of Beach Park. When she failed them, he arrested her and brought her back to the station, where her blood alcohol content (BAC) measured 0.263.

Carini said he has witnessed arrests of drivers with BACs of more than 0.30, a "stupor," according to the University of Oklahoma's Police Department.

A combination of genetics and social factors seem to spark drinkers to continue to this point.

## Confiscate the keys

The U.S. Department of Transportation's National Highway Safety Administration (NHTSA) and the Advertising Council's Innocent Victims public service campaign reveal the keys to preventing drinkers from driving.

**Cool.** Don't make a joke about it, even if the person is a friend. If not, talk to their friends and suggest they use a similar approach.

**Calm.** If the drinker is a good friend, spouse or significant other, refuse to travel with them. Say you will ride with someone else or get home alone on foot, or by cab. Make sure, however, not to make a scene and avoid confrontation.

**Collect.** Snatch the keys while they aren't paying attention. They'll think they lost them and will feel forced to find another way home.

## Coded to carouse

A person with a BAC of 0.25 suffers from "severe" impairment of all mental, physical and sensory functions, risk of asphyxiation from choking on vomit and of seriously injuring oneself by falls or other accidents. Typically, however, this does not imply auto accidents.

Don Sherwood, a clinical psychologist based in Beach Park, said a BAC like Savaglio's would cause most people to pass out before they try to drive.

## A collective bar tab?

According to a report produced for the National Highway Traffic Safety Administration by the Pacific Institute for Research and Evaluation (PIRE), alcohol-related crashes in this state cost the public an estimated \$4.9 billion in 1999: that's \$2.4 billion monetarily and close to \$2.5 billion in quality of life. Reducing alcohol-related crashes by 10 percent would save \$170 million in claims payments and loss adjustment expenses.

"[But] for people who can tolerate that much alcohol, after they've had enough to drink, their judgment becomes so impaired that they don't anticipate consequences ... [and] don't worry about getting behind the wheel," he said. "They're not self-destructive in the sense they want to hurt themselves. [They] don't realize at the time that they're doing anything dangerous."

At 5-foot-2 and 120 pounds, Savaglio would have to consume about eight drinks (counting one as 1.25 ounces of 80-proof liquor, 12 ounces of beer or four ounces of wine) over 4 hours, according to the Wisconsin Department of Transportation's BAC calculator.

"Binge drinkers, rather than drinking a certain amount every day, maybe drink

a lot on a weekend or drink way too much a couple of weekends each month," Sherwood said.

Sherwood pointed to potential imputes to hit the bottle as anxiety, depression or setting, but said genetics likely prompt people to continue.

"Part of it is behavioral, but that genetic makeup makes alcohol so much more rewarding," Sherwood said.

Certain people, he explained, are "genetically loaded" for alcohol to impact them in a more rewarding fashion than it does an average person.

"The average person gets sedated after a few drinks," he said. "People who have this particular gene end up becoming excited, and for them it's a fun drug. And so they chase the buzz and keep on drinking."

## Habitually hammered

Dr. Andrea King heads the Chicago Social Drinking Project, a study that examines the effects of alcohol and other common substances on mood and behavior of subjects who are binge drinkers — who drink five or more drinks and become intoxicated one to four times weekly — and light drinkers. King said researchers are looking at the possibility of these indicators as predictors of later problems.

See BINGE, page A8



**Conveniently located just 12 minutes from McHenry and 10 minutes from Wauconda**

**OIL & FILTER CHANGE**

**SERVICE INCLUDES:**

- Up to 4 quarts of Genuine Toyota oil
- Genuine Toyota filter element with anti-drainback valve and installation
- Lubrication (when applicable)
- Check all fluid levels

Toyota only. Please present coupon at time of write-up. Coupons cannot be combined with any other offer or special and cannot be applied to previous purchases. Valid only at Fox Lake Toyota. Exp. 8/22/06.

**BRAKE INSPECTION SPECIAL**

**INCLUDES:**

- Inspect brake pads & shoes
- Check drums & rotors
- Add brake fluid as needed
- Check safety belts
- Inspect parking brake operation and adjust
- Inspect all loose hoses & fittings for deterioration or leaks
- Road test & advise of overall performance

Toyota only. Please present coupon at time of write-up. Coupons cannot be combined with any other offer or special and cannot be applied to previous purchases. Valid only at Fox Lake Toyota. Exp. 8/22/06.

**STEERING SYSTEM FLUSH**

Steering system fluid is the only unfiltered fluid in your vehicle. Avoid costly repairs by completely flushing the steering fluid. Cleans and removes harmful deposits.

**PARTS DISCOUNT FOR DO-IT-YOURSELFER**

**DISCOUNT ON PURCHASE**

**10% OFF**

Use this coupon in our PARTS DEPARTMENT for a DISCOUNT on any parts or accessories purchase.

Toyota only. Please present coupon at time of write-up. Coupons cannot be combined with any other offer or special and cannot be applied to previous purchases. Valid only at Fox Lake Toyota. Exp. 8/22/06.

**FREE Breakfast at Whistle Stop!**

When you come in for your Scheduled Maintenance Service, we'll give you a ride to the Whistle Stop Restaurant where you'll enjoy a \*FREE BREAKFAST\* While your car will be serviced and washed all in 59 minutes!

**SERVICE:**  
847-497-9490  
75 S. Route 12  
Fox Lake  
Se Habla Espanol

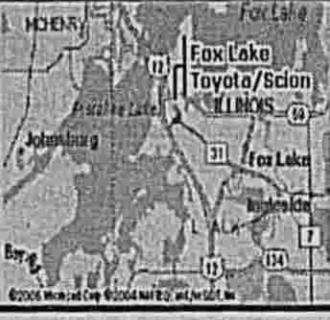
**TOYOTA**

[www.foxlaketoyota.com](http://www.foxlaketoyota.com)

**PARTS & SERVICE**

**TOYOTA**

*moving forward.*



# NAVIGATE

## Regulars

Fair Wrap-up .....	<b>D6-7</b>	Marketplace .....	<b>B1</b>	On Stage .....	<b>C8</b>	Our Town .....	<b>A5</b>
Flavors .....	<b>C11</b>	Movies .....	<b>C6</b>	Obituaries .....	<b>D9</b>	Photo Poll .....	<b>D5</b>
Fun & Games .....	<b>C15</b>	Music .....	<b>C9</b>	Opinion .....	<b>D4</b>	Sports .....	<b>A18</b>

Page A4  
WEEKLY JOURNALS  
Friday, August 4, 2006

## About us

# ANTIOCH JOURNAL

Serving the  
Antioch area since 1886  
Volume 120 No. 23 (USPS 027-080)

The ANTIOCH JOURNAL is published weekly on Friday. It is a member of the NorthWest News Group. Periodical mail postage paid at Grayslake, IL 60030

**Antioch Journal**  
30 South Whitney Street  
Grayslake, IL 60030

**POSTMASTER:**  
Send address changes to Antioch Journal, 30 South Whitney Street, P.O. Box 268, Grayslake, IL 60030  
All rights reserved. Copyright 2006.

**MAIN OFFICE**  
847-223-8161

**QUESTIONS REGARDING YOUR SUBSCRIPTION?**  
847-245-7500

Look for us on the Internet at [www.lakelandmedia.com](http://www.lakelandmedia.com)

**EDITORIAL**  
30 South Whitney St.,  
Grayslake, IL 60030  
Phone: 847-223-8161  
E-mail: [wjnews@weeklyjournals.com](mailto:wjnews@weeklyjournals.com)  
Fax: 847-223-8810

**ADVERTISING**  
Sales and Classified  
Robert Ulmer 847-223-8161  
E-mail:  
Display: [LMads@nwnewsgroup.com](mailto:LMads@nwnewsgroup.com)  
Classified: [LMclass@nwnewsgroup.com](mailto:LMclass@nwnewsgroup.com)

**YEARLY SUBSCRIPTION RATES**  
\$17.95 per year in Lake, Cook, Kenosha and McHenry Counties; elsewhere \$40.00 per year paid in advance.

**NORTHWEST NEWS GROUP**  
OF GREATER CHICAGO

John Rung - Group Publisher  
Chris Krug - Group Editor

**WEEKLY JOURNALS**

Robert Schroeder - General Manager  
Larry Lough - Executive Editor

## Factual accuracy Did we get it right?

Accuracy is important to us at the *Antioch Journal* and we want to correct mistakes promptly. If you believe a factual error has been published, please bring it to our attention. Call Robert Schroeder at 847-223-8161 or e-mail him at [bschroeder@nwnewsgroup.com](mailto:bschroeder@nwnewsgroup.com)

## Editor's Choice by Larry Lough

# Comments range from fair to fabulous

Thanks to the many readers who stopped by the Journals table at the Lake County Fair last week.

And a special thanks for your comments – positive or otherwise – about your newspaper.

One woman didn't know she was approaching the editor when she came to the booth. She said she didn't think the new Journal was as good as the old newspaper.

So we asked her some questions: What is missing from the paper now that you liked before? What can we include in the

paper that would make it more enjoyable to read?

In each case, the answer was the same: "I don't know."

Which makes it tough for us to please her.

Others were more specific.

Some said they didn't like the new format. Others said they liked the new "crisp" look.

One complained the paper was now "too professional." She said she preferred the "old style" with more typographical errors.

Change does take some adjustment. We appreciate all your feedback.

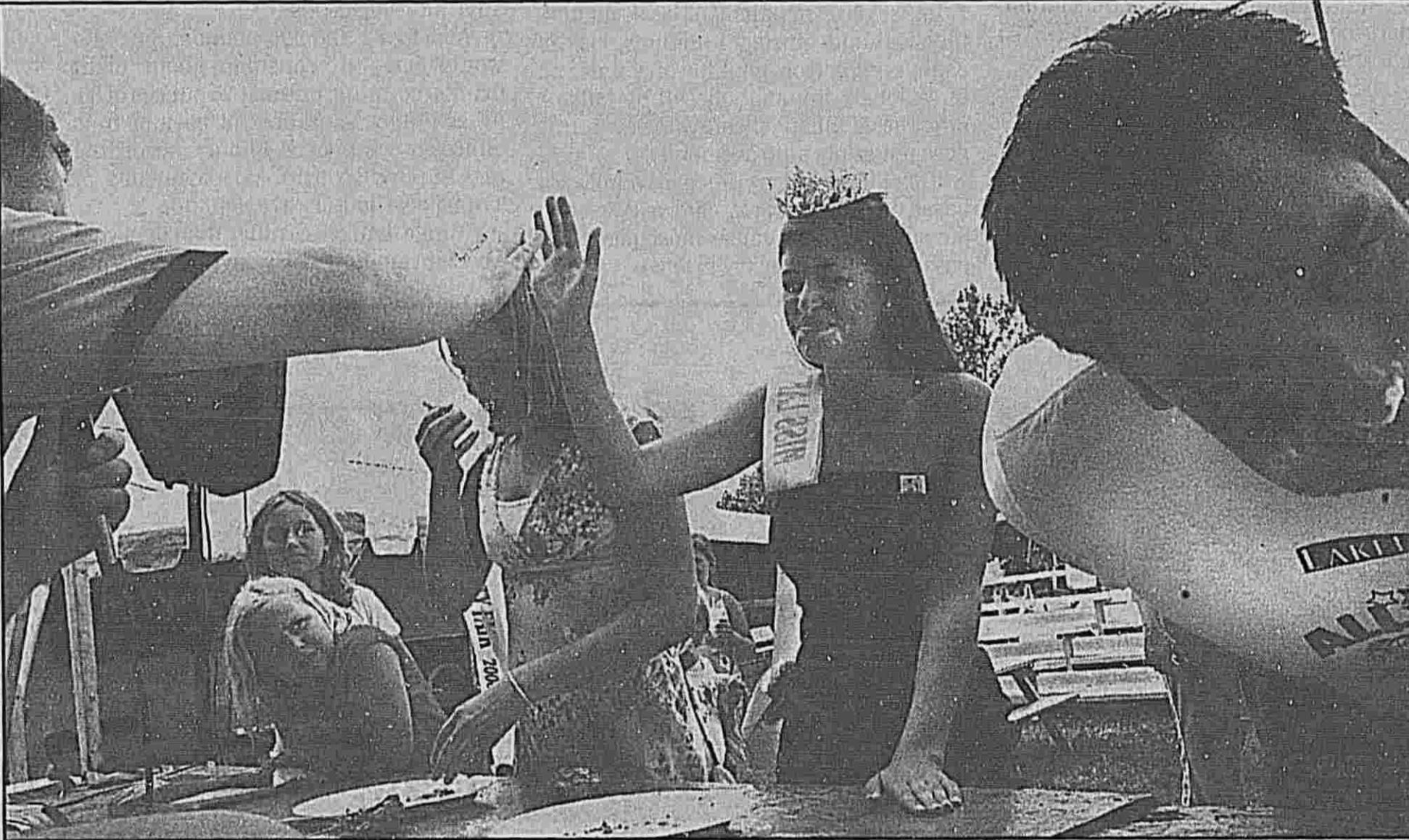
Speaking of the fair, the still-developing [www.weeklyjournals.com](http://www.weeklyjournals.com) Web site includes a video from the fair – just like on TV!

Check it out.

We'll be doing more of that as we make the online edition an equal partner with print.

Comments or concerns about your newspaper? Send them to [llough@nwnewsgroup.com](mailto:llough@nwnewsgroup.com). Thanks for reading the Journal.

## This Week's Highlights



Annie Christie - [achristie@nwnewsgroup.com](mailto:achristie@nwnewsgroup.com)

Weekly Journal's  
oversized sports editor  
falls to Miss Lake County  
Fair in pie eating contest.

**PAGE C2**

Libertyville band  
wins annual county  
fair competition

**PAGE D1**



**Plus**  
**FIVE INSURANCE MISTAKES  
THAT COULD COST YOU**

**SEE B19**

**NORTHWEST  
NEWS GROUP**  
OF GREATER CHICAGO

"Serving our communities to make them better places to live"

## Quote of the Week

"Who wants to listen to an old woman complain? And what can you do about it anyway?"  
—Emily Hoffman, 100 (see story on A6)

Page A5  
WEEKLY JOURNALS  
Friday, August 4, 2006  
AN

## A difficult time in life



Annie Christie - achristie@nwnewsgroup.com

Kristen Anderson shares her story of her suicide attempt six years ago. Anderson speaks regularly about her life-changing experience.

## Woman recalls days preceding to her suicide attempt

By KATHY GRESEY  
kgresey@nwnewsgroup.com

Two nights before Lake Villa resident Kristen Anderson tried to commit suicide, she went to a New Year's Eve gathering and did not come home.

Before she left for the gathering on that night in 1999, Kristen asked her parents to extend her curfew to 3 a.m. They wanted her to return 30 minutes after midnight.

"We just said 'no,'" her mother, Jan, said. "That wouldn't be a good idea. [Kristen] pretty much knew she wasn't going to come home that night."

And Kristen didn't.

A 17-year-old senior attending Antioch Community High School at the time, the friendly and popular girl had become rebellious after a series of people in her life had died, and older

boys began giving her trouble.

Kristen said she remained silent about a rape that occurred because she had a hard time accepting it. She didn't know how to talk to friends or family about her problems.

"I walked around, and I was like, 'Life sucks,'" the now 24-year-old said. "I had a bitter, negative attitude."

When she finally returned home around 10 a.m. New Year's Day, Kristen's parents decided to punish her by taking away her Christmas presents and car privileges. They grounded her until "further notice."

The material and social punishments hit the teenager hard. She slept the rest of the day.

### Jan. 2, 2000

After waking the next morning, the Andersons went to

### The Kristen Anderson story

Kristen Anderson's story will be told in the Weekly Journals over five weeks.

Part one: Meet Kristen and learn how a typical girl began to lose hope about life.

Part two: Read how Kristen came to the conclusion that her life was not worth living on a cold night in January 2000.

Part three: Enter the world of a recovering amputee and discover how she found Jesus Christ.

Part four: Learn about an event that aims to help Kristen finish school and begin ministry work.

Part five: Discover how the community comes out in support of a 24-year-old woman.

church in Antioch.

That afternoon, Kristen's father, Bill, went shopping for appliances, and her mother started to un-trim the Christmas tree.

Later, while Jan took a short nap, Kristen went for a walk.

When Jan awoke, she saw a note on the washer: Mom, went for a walk, need some time to

think. See you later, love always, Kristen.

Hours passed, but Kristen did not return home. Jan walked to nearby Lehmann Park to try and find her daughter. She also tried to reach her by pager.

See ANDERSON, page A9

## Our Town Smart schools

Two School District 34 schools received state recognition for excellent academic performance.

**Hillcrest Elementary School** and **Antioch Upper Grade School** both were given the 2005 Academic Improvement Award. This means that in the past several years



**Tara Clifton**  
The Illinois State

Board of Education and Northern Illinois University honored schools throughout the state, including 306 that received the improvement award. Good job, Antioch, for making the list!

For those of you who sometimes cross the Wisconsin border, you might want to check something out in Kenosha.

The Anderson Arts Center will hold the first of a series of art exhibits from 1:30 to 4 p.m. Aug. 13 at the center, 121 66th St. in Kenosha.

You can view beautiful works of art created by both local and non-local artists, all while enjoying snacks and drinks. Local artists include **Ryan Shultz** of Libertyville, **John and Pixie Eslinger** of Antioch, along with a handful from Kenosha.

For more information, contact Candace Hoffman at (262) 653-0481.

If you have interesting information or anecdotes to submit for "Our Town," e-mail Tara Clifton at [tclifton@nwnewsgroup.com](mailto:tclifton@nwnewsgroup.com)



Annie Christie - achristie@nwnewsgroup.com

Emily Hoffman is being helped onto a motorcycle by family members for a ride during the celebration of her 100th birthday.

# Independence, spunk gets woman to 100

By TARA CLIFTON  
tclifton@nwnewsgroup.com

LAKE VILLA — On a hot Monday afternoon, Pete Muellegger asked his great aunt what modern conveniences she didn't have when she was younger.

Emily Hoffman's bright blue eyes sparkled and she let out a laugh when she answered "Everything!"

Hoffman turned 100 on Aug. 2, and after just 5 minutes of

speaking with her, it's not hard to see how she's lived this long.

Hoffman and her family celebrated her birthday with a large gathering July 29, complete with cake and a motorcycle ride.

Hoffman insisted on the jaunt despite one of her doctors begging her not to. But Pete acquiesced and they took a short ride down the street.

But the fun didn't stop there. The family had several smaller parties up until the 100th anniversary of her birth.

Remnants of the celebrations could be seen throughout the Muellegger home, where Hoffman lives with Pete, his wife Bonnie, and their two kids, Alan, 11, and Michael, 9.

Shiny, colorful balloons clung to the ceiling in the kitchen, streamers were strewn over the couch, and downstairs in Hoffman's basement-turned-apartment, birthday cards lined a countertop.

Hoffman said she has enjoyed the festivities, but finds it strange that people make a big deal of her turning 100.

"I really and truly didn't think I'd make it this long," she said.

But her friends and family aren't surprised. Hoffman has always done things her own way.

Emily was born in 1906 in Cleveland, but spent most of her life in Detroit. She was the fourth out of five children.

Hoffman started working when she was 16, landing a job as a bookkeeper at Riley Stoker. She met her husband, Ervin "Hoff" Hoffman there.

He was two decades older than Emily and on top of that her boss. They didn't admit their feelings for each other, she said, until after 23 years of working together. They finally married

in 1946, but had to keep their union secret because of the company's policy against employing married women.

Emily and Hoff never had children, but instead traveled the country. Their favorite pastime was driving to Lakeland, Fla., to watch the Detroit Tigers' spring training. Emily is still a huge Tigers fan.

Hoff died in 1964, and Emily never remarried, or even thought of it. She still wears her wedding ring.

And nine years ago is when Emily moved from Detroit to Lake Villa to live with Pete and Bonnie, when she could no longer take care of herself, Bonnie said.

They all refer to her as Auntie Em.

Bonnie said having Emily live with them has been a blessing, especially for her children, who are probably more mature, Bonnie thinks, than most pre-teens would be, because they have learned compassion for the elderly.

"But it has not all been hearts and flowers," Bonnie said. "We've had some serious incidents."

Such as Emily's bout with breast cancer, the time she walked downstairs and fell, hitting her head on a post. Not to mention the fact that she is on her third pacemaker.

"I can't see and I can't hear," Emily said. "It's H-E-L-L."

When she said that, Pete reminded her of what she always told them about complaining.

"Who wants to listen to an old woman complain," Emily said. "What can you do about it anyway?"

Hoffman's calm, kind nature is one of the reasons their living situation has worked out, Pete said.

*The hardest part of taking out a home equity line of credit is deciding what to do with it!*

**5.25% APR\***  
Home Equity Line  
of Credit

Six-Month Introductory Rate\*

With rates as low as **Prime minus 1.00%**  
for lines \$250,000 and above after  
the introductory period\*\*

**No closing costs, no application  
fees, no appraisal fees\*\*\***

**Contact us at 847-244-6000**

**ANTIOCH**  
Route 59 at Grass Lake Rd.

**GURNEE**  
5384 Grand Ave.

**ROUND LAKE**  
Rt. 134 & Goodnow Blvd.

**ROUND LAKE BEACH**  
1777 N. Cedar Lake Rd.

**WAUKEGAN**  
1601 N. Lewis Ave.

**WINTHROP HARBOR**  
700 N. Sheridan Rd.

Madison at County St.  
Green Bay Rd. at Grand Ave.

**NorStates Bank**

[www.norstatesbank.com](http://www.norstatesbank.com)



NorStates Bank Home Equity Lines of Credit are limited to income originated, 1-4 family principal residences and are subject to no less than a second lien position on your property. Collateral property must be located in Illinois or Wisconsin. Delinquent credit up to 90 days may carry insurance on property that secures this loan. Flood insurance required if necessary. The Annual Percentage Rate (APR) is based on the highest Prime Rate as published in the "Money Rates" section of the Wall Street Journal (the "WSJ Prime"). Based on the WSJ Prime Rate of 8.00%, the introductory rate is Prime - 2.75% (5.25% APR) fixed until the first business day following the expiration of the 6-month 180-day period, the credit lines of \$250,000 and above with a 70% or less loan-to-value. It also requires making an initial draw of \$15,000 in one draw of the 6-month of the recession period which must remain outstanding for at least 180 days and auto payment deduction from a Classic or Ambassador Checking Account. Existing NorStates Home equity line of credit customers must pay off a current home equity line of credit with a new line of credit, and must activate an additional \$1,000 in new money at the close of the recession period and the combined amount of the payoff balance and the \$15,000 advance must remain outstanding for 180 days and will result in auto payment deduction from a new or existing Classic or Ambassador Checking Account. Classic or Ambassador Checking Account that is available to us, the amount of the commitment and the loan-to-value. If you close your Classic or Ambassador Checking Account the introductory period, your APR will be increased by .25%. For the remainder of the term, the Annual Percentage Rate (APR) is based on the most recent Prime Rate that is available to us, the amount of the commitment and the loan-to-value. The Annual Percentage Rate is based on the highest Prime Rate published in the Money Rates section of the Wall Street Journal (the "WSJ Prime"). Based on the WSJ Prime Rate of 8.00%, the following rates would apply: 7.00% prime - 1.00% for credit lines of \$250,000 and above with a 70% or less loan-to-value, APR 6.00% (based on credit lines \$250,000 and above with a 70% or less loan-to-value). You must maintain a Classic or Ambassador Checking Account with auto payment deduction to receive this rate. If you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. The maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first year drawn period. Draw is \$15,000 initially after the first year, if you close your Classic or Ambassador Checking Account during the first year, your APR will be increased by .25%, the maximum APR is 10%. A balloon payment will result at the end of the first

**Police Beat**

People named here have only been charged with these crimes, not convicted. Information in Police Beat comes from local police records.

**ANTIOCH****DUI**

Kristi L. Haas, 43, Grove St., Genoa City, Wis., driving under the influence, driving under the influence over .08, failure to reduce speed to avoid an accident, driving an uninsured vehicle, July 29.

Frank M. Brock, 37, North Fifth Ave., Antioch, driving under the influence, July 20.

Jose S. Rocha, 37, 2710 Prairieview Lane, Aurora, driving under the influence, improper lane use, illegal transportation of alcohol, no seat belt, driving with a revoked license, July 23.

**Possession**

Randall D. Turley-Plotner, 18, 17390 Green Acre, Libertyville, possession of a controlled substance, avoidance of a traffic control device, failure to signal, pos-

session of drug equipment, July 20.

**Trespassing**

Bryan D. Bassett, 21, Edgewood Drive, Antioch, trespassing, July 29.

Kate A. Buffa, 20, School St., Silver Lake, Wis., trespassing, July 29.

Bryan K. Beyer, 21, Thrush Circle, Lindenhurst, trespassing, July 29.

**Minor consumption**

Zak H. Raymond, 17, 909 Main St., Antioch, minor consumption of alcohol, July 29.

Brian A. Bosiacci, 22, 22035 W. Engle, Lake Villa, possession of marijuana, failure to signal, driving with a suspended license, July 19.

**Theft**

Zak H. Raymond, 17, 909 Main St., Antioch, theft, minor possession of drugs, July 21.

# Open Arms needs volunteers

**You can contribute**

Donations are always accepted.

They can be sent to P.O. Box 79, Antioch, IL, 60002, or dropped off at the mission, 1548 S. Main St., next to A to Z Rental on Route 83.

The mission is also gearing up for its school supplies drive. An \$11 donation can buy a kit full of pens, pencils, a calculator, ruler, and more that will help a child in the classroom. For more information, call (847) 395-0309.

bustled about the food storage area, packing boxes with fruit, cereal, beans, meat and more.

Keenan said the mission had received more than 12,000 pounds of food that Tuesday, but still the shelves were barely half full.

The situation could be much worse, Keenan said, but the number of people needing help is definitely more than what can be given.

According to a mission report that compares January through June 2005 to January through June 2006, food ex-

penses have jumped dramatically, as well as the number of senior citizens in need.

For the first six months of 2005, the mission served 551 seniors. During the first six months this year, 1,544 were helped.

In 2005, the mission spent \$20,575 on food. This year, it has spent \$25,810.

Keenan said donations are always needed and accepted, especially food and clothing.

But, Keenan said, the biggest way residents can help is to contribute a set amount of money each month.

As the mission creates ways to increase its budget, such as developing more local business sponsors, it continues to help the people that keep coming and doing the best it can.

One woman, whose name has been withheld for privacy, came to get food from Open Arms that Tuesday. She signed up for all that was available to her.

See VOLUNTEERS, page A8

## Local Teacher Finds Comfort at Signature Flooring

Sue Hodkinson, a local 4th grade teacher recently celebrating her 13th wedding anniversary, went away this summer for a romantic second honeymoon. When she returned, Sue had a wonderful surprise waiting for her.

The entire first floor of her home was covered with an exotic wood floor called "Amendoim" and she had carpeting installed in the basement. When asked how she liked it, her reply was "I can't wait to have all my friends come over to see it. It looks just great! I couldn't even tell there were installers here. They left my home spotless. It was great to be able to trust **Signature Flooring** to work in my house while we were gone...the installers even called me at the airport just before we left to confirm the look I wanted with the wood. We came home to basically a new house!"

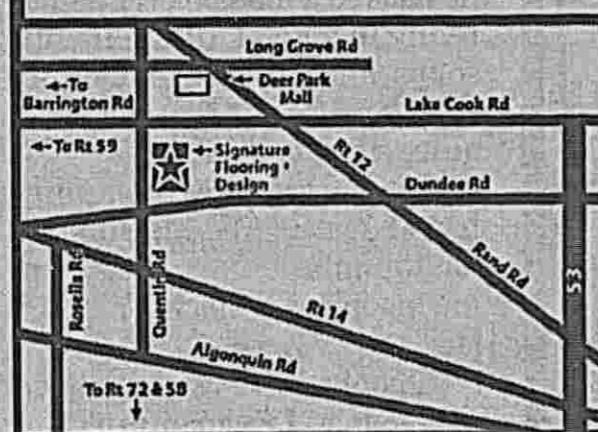
"They removed all our old floors, moved all of my furniture and even installed fresh painted new trim around the walls. I can't tell you how happy I am! I never felt uncomfortable with Megan, she is great, I feel we have become friends and I want to take her to lunch soon.

"You know when you see a little flooring store the first thing you think is expensive, that was not the case at all with them. They were very competitive in price!"

Sue plans to continue to teach and enjoy her new floors for many years to come. She stated, "Without question, I would recommend **Signature Flooring** to everyone I know! Feel free to use me as a referral!"

**ANYONE CAN OFFER YOU A CHEAP PRICE, BUT CAN THEY BACK IT UP WITH GREAT SERVICE TOO?**

"Just call our store nearest you for a current referral list. I'm sure we have installed for someone you know or lives near you. You're going to love your new floor...you have my '**Signature**' on it." - **Megan Miller, Owner.**



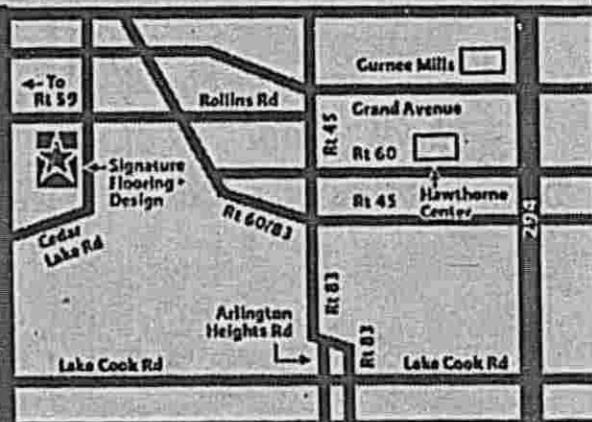
Get it done right!

**SIGNATURE**  
FLOORING + DESIGN

**PALATINE**  
Quentin & Dundee Road  
**847-202-3700**

**ROUND LAKE BEACH**  
Rollins & Cedar Lake Road  
**847-740-2700**

Paid Advertisement



## • Neighbors



## Taylor Bedrosian of Antioch

I grew up in:  
Antioch

My family and pets:  
Tina, Tom, Tessah, Swirly

Occupation:  
Student

I graduated from:  
Emmons

What I like best about my town:  
The people

Hobbies:  
Biking

Favorite movie:  
Grandma's Boy

Favorite band or music:  
Backstreet Boys

Favorite sports team:  
Sequoits

Favorite restaurant:  
Las Vegas

If I had a million dollars, I would:  
Buy a pony

If I had a plane ticket to anywhere, I  
would go to:  
Paris

If I could have any job I wanted, it  
would be:  
Dolphin trainer

If I could have lunch with anyone,  
living or dead, it would be:  
Paris Hilton

Favorite holiday:  
Christmas

• If you have a "Neighbor" whom we should profile in this column, call Weekly Journals at (847) 223-8161.

[www.weeklyjournals.com](http://www.weeklyjournals.com)  
check us out  
news, sports and events

WEEKLY  
JOURNALS

## Experts analyze the cause of over consumption

## • BINGE

Continued from A3

King explained that the ethical implications of inducing intoxication to levels like Savaglio's likely would prevent clinical studies of the effects of such blood alcohol contents. However, the study has found that greater tolerance for alcohol might not equate to less impairment.

This sheds light on why some people continue to drink, whereas others might stop, and remain conscious at higher BACs, whereas others might pass out.

"Heavier drinkers are the

ones who enjoy the effects more," King said. "At the same blood alcohol content, heavier drinkers feel euphoric, stimulated [and] positive. But in specific responses in terms of motor tasks, they're just as impaired as light social drinkers, who say they feel sluggish."

According to King, half of adults would die if they drank until their BAC reached 0.40. This is known as alcohol's LD-50, or lethal dose, the level at which half the population would die from consumption of a drug.

Sherwood sees plenty of clients with problems related to alcohol, but would not clas-

sify all of them as binge drinkers, but maintenance drinkers.

"Some of these folks, you never know that they're drinking," he said. "[They] maintain a certain level of control. They never get to that point where their judgment is so impaired ... They're not the people who tend to get pulled over with a 0.26 BAC. [But] there are maintenance drinkers that binge as well."

A culture in which people seek instant gratification, alcohol is readily available and stresses stem from every corner, the U.S. might seem a breeding ground for drinking

and alcoholism.

"You end up using alcohol as a way to deal with negative emotions, stress at home or at work," Sherwood said.

A family or peer group of drinkers compounds the problem.

"It's all too normal [and] very difficult to stop," Sherwood said. "Are you going to avoid family gatherings? Are you going to give up all your friends?"

Sherwood said maintenance drinkers, who usually have at least one first-degree (parent or sibling) biological relative with an alcohol problem, are even less likely to stop than binge drinkers because they face fewer short-term consequences for their behavior.

"They go to work [and] never get a DUI, but long-term they're destroying their bodies," he said of the impact of chronic alcohol use on the brain, heart and liver.

## Local man has passion to help others

## • VOLUNTEERS

Continued from A7

Her dark hair complimented by dark tattoos on her neck and arms, she smiled as she explained that she is homeless.

She has two children, she said. One child stays with the father, the other with her. They have been bouncing all over northern Lake County, taking refuge in various friends' homes.

Keenan has a passion for helping people like this woman, evident from the way he packed a food box for a man living in a hotel, filling it with soups and cereals that didn't need bowls; cans that didn't require a can opener.

Keenan said the community has shown incredible support for the mission's goal of helping people get back on their feet.

"People have given above and beyond," Keenan said, "to help us in so many ways."

## Come Worship With Us

### A Directory Of Antioch Area Churches

Graceland Baptist Church, 258 Ida St., Antioch, IL. Sunday School 11am., Morning Worship 11am., Sunday Evening 7pm. Robert Williams, Pastor.

Beautiful Savior Lutheran Church, Missouri Synod, worshiping at Antioch/Lake Villa Township Center, 1625 Deep Lake Rd. Pastor Darald Gruen, (847) 265-2450. Sunday Worship at 9am, Sunday School, High School & Adult Bible Classes 10:45am.

Heritage Lutheran Church, Heritage Lutheran, 630 N. Beck, Lindenhurst, (847) 356-1766. Sunday service 10:00 am, Sunday School & Bible Class 9:00 am. (summer schedule - 9:00 am Sunday) Rev. Mark W. Anderson, Pastor.

St. Ignatius Episcopal, 500 Depot St. Antioch Phone (847) 395-0652. Low Mass 7:30am., High Mass 9:30am Sunday School & Nursery 9:30am.

CrossView Church  
(formerly Antioch Evangelical Free Church)  
750 Highview Drive, Antioch, IL 847-395-4117 Sunday Worship 9:00am and 10:30am Sunday School for all ages (nursery provided) Call for more information.

St. Stephen Lutheran Church (ELCA), 1155 Hillside Ave. (847) 395-3359. Sunday Worship, 8:00, 9:30, 10:45am. Rev. Roger Black, Pastor. Saturday Worship Service 5:00pm

Christian Life Fellowship Assemblies of God Church, 41625 Deep Lake Rd., Antioch. (847) 395-8572. Sunday School (all ages) 9am., Sunday Worship 10am. & 6:30pm., Children's Church 10am., Wednesday Worship & Children's Program 7am., Tues. Women's Fellowship & Bible Study 9:11:30am. Jeff Brussaly, Pastor.

Antioch Baptist Church, 817 Holbeck Dr., Antioch. (847) 769-5332. Sunday Worship 10:15am., 6:00pm., Wednesday Bible Study 7:00pm. Pastor Ken Foster.

Community Church of the Holy Spirit, 25291 W. Lehmann Blvd., Lake Villa. (847) 245-3000. Sunday Worship 11am., Bible Study Wednesday 10:30am & 7:30pm. Rev. Scott Keenan, Pastor. [www.myholyspirit.org](http://www.myholyspirit.org)

Visit our website at: [www.strangfh.com](http://www.strangfh.com)  
Dan Dugenske, Director

This Directory Presented As A Community Service By

Strang Funeral Home of Antioch

# Local woman explains her personal battle and what it lead her to do

## • ANDERSON

Continued from A5

What the worried mother did not know at the time was that her daughter was near the park, sitting on the edge of a freight car, contemplating whether she should take her life.

"I was right there by her," Jan said, "but I couldn't see her. I tried calling her name."

### Loss

After picking up a paycheck and buying a pack of cigarettes, Kristen went to Lehmann Park. But she left because it was dark, and she didn't want the police to take her home.

She walked toward the train tracks and hopped onto the edge of a freight car, something she had never done.

"I started thinking about why I wasn't going home, and I really thought things weren't going to get better," she said. "I didn't want to kill myself, but I wanted [my life] to be over. There was a real battle in my mind."

Part of that battle was spiritual, Kristen added. Having grown up in the church, she realized that God wanted her on this planet. But she did not know what she was meant to do on earth.

For roughly half an hour in the freezing cold, Kristen contemplated whether her life was worth living. Then, she heard a train coming and compulsively laid her body on the tracks.

"I didn't want it to have time to stop," she said. "I laid down right before the train."

Fifty-five freight cars passed over Kristen's body; both of her legs were severed.

Kristen said that as the train passed over her, it felt like a powerful wind was pushing her body down. When the train stopped, she didn't know whether she was dead or alive.

"I really didn't know what to think," she said.

Conductors on the train saw Kristen before impact. They

## The life ahead

Lake Villa resident Kristen Anderson nearly lost her life in a suicide attempt in January 2000, but now the 24-year-old lives each day with hope.

Kristen wants to earn a degree in women's ministries from Moody Bible Institute in Chicago. A fundraiser to help her pay for school will take place from 7 to 10 p.m. on Saturday, Aug. 19, at Stratford Banquet Hall, 64 Seymour Ave., in Grayslake.

The event is open to the public. Tickets, which cost \$10, will be available at the door. If you would like to donate raffle or auction items, call Janet Skeels at (224) 522-9753 or e-mail [kristenandersonfundraiser@yahoo.com](mailto:kristenandersonfundraiser@yahoo.com). Monetary donations are also accepted.

called 911.

Bill Chebny, a volunteer Lake Villa firefighter, was nearby at the time and heard the train sound its horn.

"I just got this funny feeling in my stomach when I heard that train horn," he said. "And then my pager went off."

While Chebny and others headed toward the accident site, a still-conscious Kristen was coming to grips with what had happened.

After realizing her legs were detached from her body, the injured teen became frightened.

"I started freaking out," she said. "And then I got really peaceful."

Kristen said she didn't know whether she was dying, but when others arrived on the scene, she began to get angry inside. She didn't want help, and she didn't want to be alive.

"I remember all this like it was yesterday," she said.

Chebny recalls examining Kristen, asking her where she felt pain.

"In the calmest voice ever, she said, 'I know my legs are gone, but I don't have pain anywhere else,'" he said. "I was taken aback."



Annie Christie - [achristie@nwnewsgroup.com](mailto:achristie@nwnewsgroup.com)

Kristen Anderson points to the train tracks where she lost her legs six years ago in her attempted suicide.



**Antioch Chamber of Commerce & Industry**

**ARTS & CRAFTS**  
- OVER 125 BOOTHS -



**September 10 & 11**

**Saturday 10-5; Sunday 10-4**

**ANTIOCH**

Located Downtown Antioch on Skidmore St.  
1 Block East of Main St. (Route 83)

**Booth Space Available**

**(847) 395-2233**

**Orchard & Skidmore**

(Near Intersection of 83 & Orchard)

[www.AntiochChamber.org](http://www.AntiochChamber.org)

**www.weeklyjournals.com**

**Check us out!**

**WEEKLY JOURNALS**

•LAKE COUNTY NEWS • LOCAL EVENTS • SPORTS

Carpet • Hardwood • Vinyl • Tile • Laminate • And More



**Instant Rebate  
Flooring Sale**

Buy a new floor and  
save up to \$200 instantly.\*\*

## Up to \$200 Instant Rebate\*\*

From August 3 through 16, save up to \$200 instantly during the Instant Rebate Flooring sale at Floor Decor/Carpet One. Choose from our incredible selection of quality hardwood, tile, laminate, carpet, vinyl and more, from the top brands in the industry – Liz Claiborne, Good Housekeeping™, Wear-Dated™, Mannington and many more. Let our specially trained experts help you find that one perfect floor, and our exclusive SELECTAFLOOR system helps make choosing the right floor easy.

**Plus, Pay Nothing for One Full Year\***

August 3 through 16

\*\*Instant rebate equals 5% discount of purchase, excluding installation, not to exceed \$200 discount off total product purchase.



**FLOOR DECOR**  **CARPET ONE** FLOOR & HOME

**1870 E. Grand Ave. • Lindenhurst, IL • 847-265-7493**

\*On all products. Subject to credit approval. Financing provided by Citifinancial Retail Services Division of Citicorp Trust Bank, fslc. Finance charges begin to accrue at the time of purchase. No monthly payments required during the promotional period. Payment of amount financed in full must be received prior to the expiration of the promotional period in order for accrued finance charges to be waived. Otherwise, accrued finance charges will be assessed to the account. Standard rate 24% APR. Default rate 36.09% APR. Minimum finance charge \$50. See Cardholder Agreement for details. Available for a limited time only at participating dealers. See store for details. Not responsible for typographical errors. Not all products available at all locations. Photos for demonstration purposes only.

**Bring in your measurements for a FREE estimate or  
visit us online at [floordecor-carpetone.com](http://floordecor-carpetone.com)**

### Reasons to shop Carpet One:

- 1,000 Store Buying Power
- Wide Product Selection
- SELECTAFLOOR System
- Best Brands
- Exclusive Warranties
- Flooring Experts
- Superior Customer Service
- Highest Quality Installation
- Locally Owned & Operated

THE BEDDING EXPERTS • Chicagoland's LARGEST Sealy Retailer!

Sealy®

SPECIAL PURCHASE  
**\$249**QUILTED CLASSIC FIRM  
MAGIC SLEEP MATTRESS  
QUEEN SETTwin Ea. P. \$89  
/ Full Ea. P. \$119Hurry!  
while supplies last...

FREE

Financing

See store for details.

FREE

NEXT DAY  
Delivery & Set Up

see store for details • save \$50-\$99

FREE

Bed Frame

with premium set • save \$30-\$89

Photos for illustration only.

GOOD

Backsaver Osborne Extra Firm

Sealy \$349

QUEEN SET

Twin SET \$199 • Full SET \$299  
King SET \$499

BETTER

Backsaver Stateside Firm

Sealy \$599

QUEEN SET

Twin SET \$399 • Full SET \$549  
King SET \$799

BETTER

Grandiose Pillowtop

Sealy \$699

QUEEN SET

Twin SET \$449 • Full SET \$649  
King SET \$999

BEST

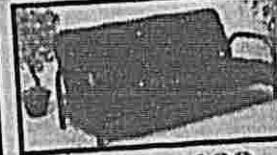
You Deserve The Best!  
STEARNS & FOSTERBOULEVARD  
COLLECTION

Lafayette

S&amp;F \$999

QUEEN SET  
Twin SET \$774 • Full SET \$949  
King SET \$1449

FREE Mattress!



New York \$168



Phoenix \$349

FREE  
Pillows!

Tulsa \$399

FREE  
Pillows!

Miami \$449

FREE  
Pillows!

Orlando \$499

Where dreams come true!

CALL IN YOUR  
ORDER!  
1-866-395-5511FIND US FAST IN THE  
SBC YELLOW PAGES

\*NOT VALID ON PRIOR PURCHASES. SEE STORE FOR DETAILS. PHOTOS FOR ILLUSTRATION ONLY. \*\*WITH PREMIUM SET.

© BEDDING EXPERTS, 2006. PRICES AND OFFERS IN THIS AD NOT VALID WITH OTHER OFFERS OR PRIOR SALES. FOR COMPLETE WARRANTY DETAILS, SEE MANUFACTURERS' WARRANTY AT OUR STORES. CERTAIN ITEMS MAY NOT BE AVAILABLE FOR PICK UP AT ALL STORES. MATTRESS VALUE PRICES ARE OFFERING PRICES ONLY AND MAY OR MAY NOT HAVE RESULTED IN SALES. SEE STORE FOR COMPLETE DETAILS.

63 CHICAGOLAND LOCATIONS TO SERVE YOU! • 1-888-EXPERTS TO SPEAK DIRECTLY TO STORE NEAREST YOU! • WWW.BEDDINGEXPERTS.COM

HOURS: MONDAY THRU FRIDAY 10:30 AM TO 8 PM • SATURDAY 10:30 AM TO 5:30 PM • SUNDAY 11 AM TO 5 PM

ILLINOIS  
ALGONQUIN 847-658-0022  
Randall and County Line Rd.  
ARLINGTON HEIGHTS/BUFFALO GROVE  
847-797-7966  
CRYSTAL LAKE 815-444-8944  
SUPER CLEARANCE CENTER!  
GURNEE 847-856-3153HIGHLAND PARK/NORTHBROOK  
847-831-9570  
STEARNS & FOSTER SUPERSTORE!  
LAKE ZURICH 847-438-9905  
MCHENRY 815-344-2101  
MUNDELEIN 847-566-0606  
PALATINE 847-358-9925ROUND LAKE BEACH 847-546-8582  
VERNON HILLS 847-968-5475  
WEST DUNDEE 847-836-8866  
GRAND OPENING!WISCONSIN  
KENOSHA 262-948-1034

was \$599

• NOW \$479

# We Are Celebrating 80 Years!

## FNBE0 Anniversary CD You Pick!

**80 Days CD  
5.12% APY**

\$5,000 Balance

Ask us about  
higher rates for  
high opening  
balances!

**80 Week CD  
5.22% APY**

\$5,000 Balance

Offer good through September 15, 2006



Antioch, IL  
485 Lake Street  
(847) 838-2265  
(BANK)



Celebrating 80 Years



Gurnee, IL  
36044 N. Brookside Drive  
(847) 662-2265  
(BANK)



Annual Percentage Yield effective 7/12/06. Minimum balance of \$5,000 required to earn stated APY. A penalty may be imposed for early withdrawal. Fees could reduce earnings. Offer may be withdrawn at any time.



Announcing a  
\$70  
million  
investment into our health system.

# And You.

With the help of 1200 employees, 350 physicians on staff and over 70 million dollars of capital improvements, Vista Health System will continue to be a great source of pride in our community. For us, it simply means our commitment to the community is stronger than ever. For you, it means things like a newly expanded Emergency Room. A dedicated Cardiac Catheterization Lab featuring new technologies for advanced diagnosis and treatment. And a new high-tech outpatient therapy unit to make it easier than ever for our patients to get help and get home. And over the next few years, there will be even more improvements to come.

Vista Health System. For your health. For your life. Visit us at [www.vistahealth.com/future](http://www.vistahealth.com/future).





Maddie Byne, 6, cools off Saturday during the Relay for Life.

## Walk of Hope

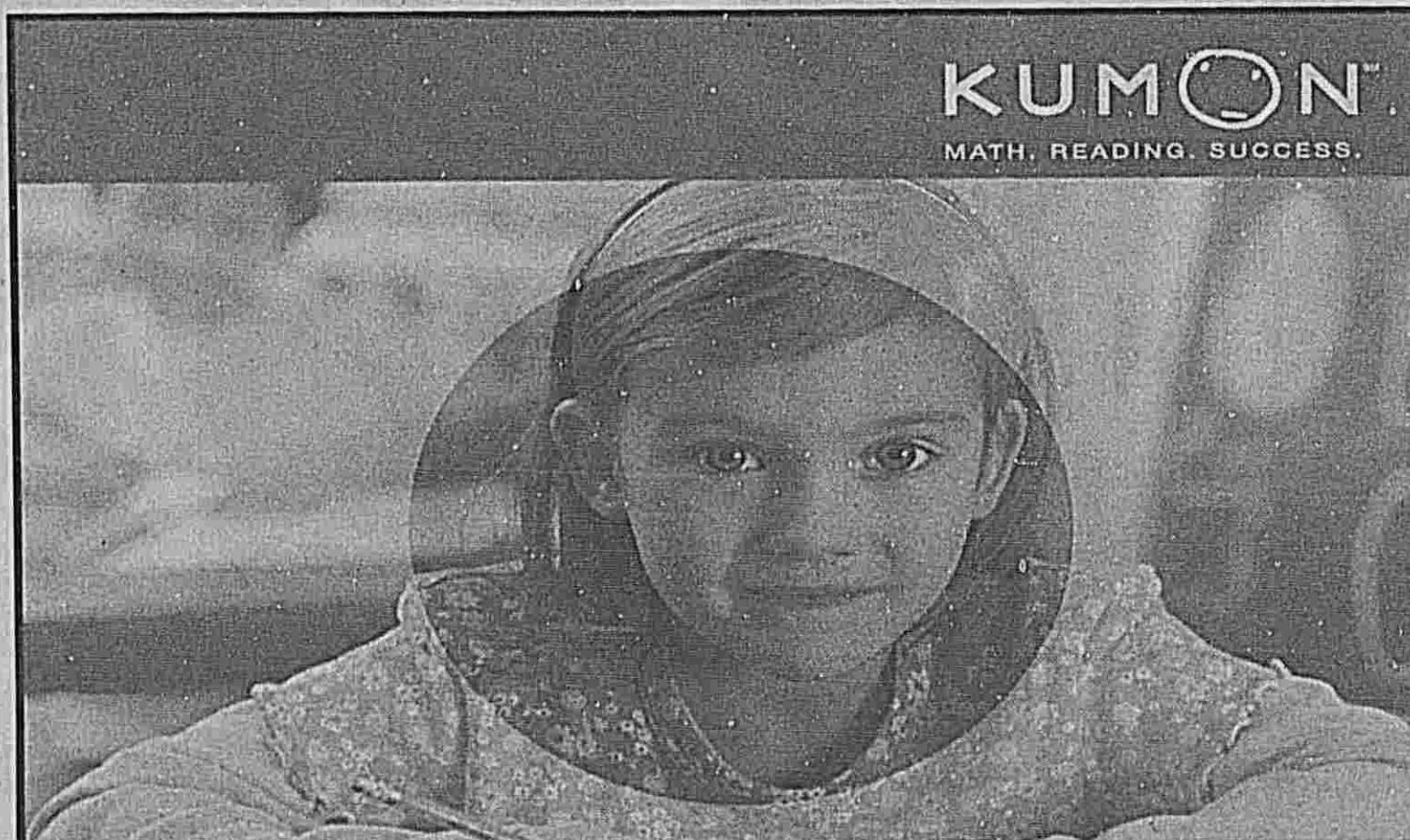


Walkers take the track at the Relay for Life.



Participants walk around the track at Lakes Community High School during the Relay for Life.

Photos by Annie Christie - [achristie@nwnewsgroup.com](mailto:achristie@nwnewsgroup.com)



## LET YOUR CHILD AMAZE YOU.

Kumon is a different kind of after-school learning program, where children master the basics of math and reading through daily practice.

Kumon students also build strong learning skills, disciplined study habits, and the confidence they need to succeed in school...and beyond.

Just imagine where that could take your child.

Kumon Math & Reading Center of Lake Villa  
300 N. Milwaukee Ave.  
Jean Knoblock - Instructor  
847.265.KUMON (847.265.8666)

877.KUMON71  
[www.kumon.com](http://www.kumon.com)

© 2005 Kumon North America, Inc.

## Relay event exceeds financial goal

By TARA CLIFTON  
[tclifton@nwnewsgroup.com](mailto:tclifton@nwnewsgroup.com)

LAKE VILLA – Despite blistering temperatures during the weekend, the community turned out in droves to participate in the American Cancer Society's Relay for Life.

For 12 hours from July 29 to July 30, 42 teams walked around the track at Lakes Community High School to raise money that will go toward cancer research with the hopes of finding a cure. Last weekend's relay height-

ened hopes even more, said Angela Tatgenhorst, chair of the Antioch, Lake Villa, Lindenhurst, Fox Lake and Old Mill Creek relay that was held at Lakes.

Through teams' efforts and public donations, \$121,000 was raised for research, exceeding the \$95,000 goal, Tatgenhorst said.

"We had a great turnout, especially with how hot it was," Tatgenhorst said. "Being able to see everyone out there ... it was great."

### Births

**Benjamin Caleb Thomson**, a son, was born June 23, at Lake Forest Hospital to Matt and Nikki Thomson of Bristol, Wis. His sisters are Abbey, 3, and Hannah, 1. Grandparents are John and Nita Corris of Antioch and Tom and Chris Thomson of Bay Village, Ohio.

**Dylan Thomas Feldkamp**, a son, was born June 24 at Lake Forest Hospital to Tom and Michelle Feldkamp of Antioch. Grandparents are Tom and Marilyn Feldkamp of Manitowish Waters, Wis., and Dennis and Terri Wille of Hendersonville, N.C.

**Avriana Grace Pfeiffer**, a daughter, was born June 24 at Lake Forest Hospital to Scott and Krista Pfeiffer of Trevor, Wis. Her sister is Gabriella, 3. Grandparents are Bob and Barb Meadows of

Kansasville, Wis.; Narciso and Judy Carlos of Riverside; and Larry and Karen Pfeiffer of Cary.

**Brandon Thomas Stewart**, a son, was born June 8, at Lake Forest Hospital to Joseph and Josiel Stewart of Bristol, Wis. Grandparents are Jim and Cheryl Stewart of Beach Park; Jackie and Izzy Rivera of Beach Park and Theresa Alfano and (the late) Nick Alfano of Kenosha, Wis.

**Samantha Lee Callender**, a daughter, was born June 17 at Condell Medical Center in Libertyville to Chris Callender and Amanda Davidson of Antioch. Grandparents are Scott and Sarah Callender of Antioch and Jim and Penny Davidson of Antioch. Great-grandparents are Freda Stanley of West Virginia and Marge DeRose of Northfield.

ANTIOCH

FOX LAKE

GRAYSLAKE

GURNEE

LAKE VILLA

LIBERTYVILLE

LINDENHURST

MUNDELEIN

ROUND LAKE

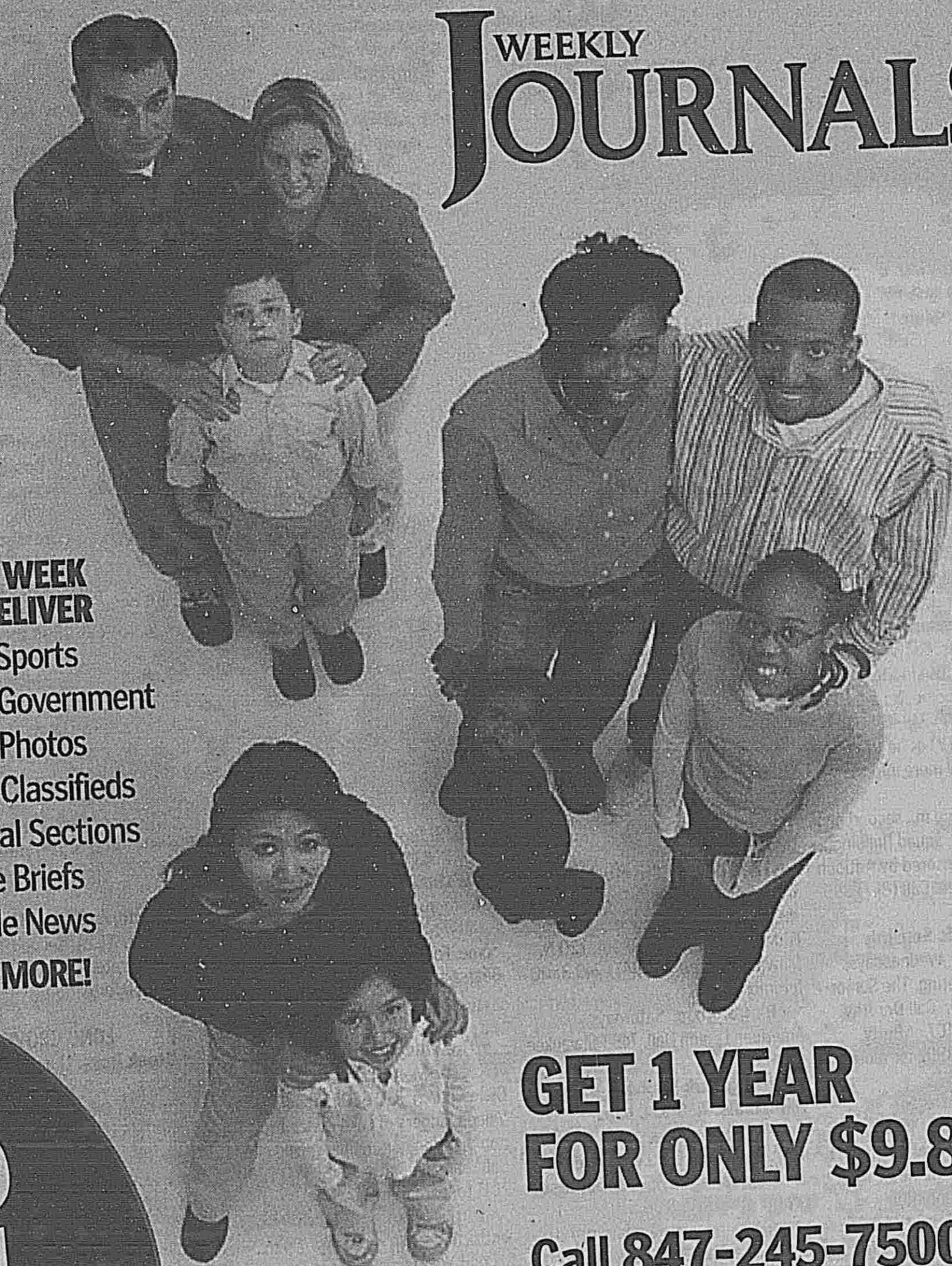
WADSWORTH

WAUCONDA

WAUKEGAN

# The Local Voice of Lake County

## WEEKLY JOURNALS



EACH WEEK  
WE DELIVER

- Local Sports
- Local Government
- Local Photos
- Local Classifieds
- Special Sections
- Police Briefs
- People News
- AND MORE!

**45%  
OFF!**

**GET 1 YEAR  
FOR ONLY \$9.88!**

Call 847-245-7500  
and ask for offer MJLJ06.

***lakelandjournals.com***

Offer not valid outside individual Journals' delivery area. Offer expires without notice.

**ANTIOCH**

• **Child identification kits by the Antioch Loyal Order of Moose.** 11 a.m.-2 p.m., Sunday, Aug. 6. Moose Lodge, two miles west of Rt. 59 on Rt. 173. Bring your child to be fingerprinted and have a DNA sample taken for a free kit to take home. For more information, call (847) 395-9780.

• **Sub-committee meetings of Antioch Village Board.** 7 p.m., first Mondays. Committee meetings of the whole follow at 8 p.m. in the Village Hall Board Room, 874 Main St.

• **Village of Antioch Planning and Zoning Board meeting.** 7:30 p.m., second Thursdays. Municipal Building, 874 Main St. Call (847) 395-1000 to confirm.

• **Grass Lake District 36 School Board meeting.** 7 p.m., second Tuesdays.

• **American Business Women's Association meeting.** 8 a.m., second Wednesdays. Keller Williams Realty on Rt. 83 (south of Rt. 173). Call Nancy at (847) 838-6500 for information.

• **Bingo.** 12:45 p.m., Mondays. The Senior Center. Call (847) 395-0139 for details.

• **Bingo.** 6:45 p.m., Tuesdays. Antioch VFW. Doors open at 4:30 p.m. Call (847) 395-5393 for more information.

• **Pinochle.** 12:30 p.m., Thursdays and Fridays. The Senior Center. Call (847) 395-0139 for details.

• **A Safe Place support group meeting.** Mondays. For women who are dealing with abuse in their homes. All are welcome. No fees. Call A Safe Place at (847) 249-4450 or (847) 249-6557 (TTY) or go to [asafeplaceforhelp.org](http://asafeplaceforhelp.org) for more information.

• **CPR classes.** 6 p.m., second and fourth Wednesdays. Squad Building, 835 Holbek Dr., sponsored by Antioch Rescue Squad. \$5 fee. Call (847) 395-5511 to learn more.

• **Take Off Pounds Sensibly meeting.** 6:30 p.m., Wednesdays, weigh-in, 7 p.m. meeting. The Senior Center, 817 Holbek Dr. Call Dorothy Stark at (847) 395-7407 or Betty Muller at (847) 838-3907 for more information.

• **AFFTER (Advocates for Fibromyalgia Funding, Treatment Education and Research) support group meeting.** 10 a.m.-noon, first Saturdays. Antioch's Community Building, 884 Main St. Call (847) 362-7807 or go to [www.AFFTER.org](http://www.AFFTER.org) for more information.

• **Kiwanis Club of Antioch meeting.** Noon, Tuesdays. Bacchus Restaurant. The public is welcome to join and share experience, knowledge and service project ideas. Call Melissa at (847) 489-8044 or e-mail

at [mjrigoni@hotmail.com](mailto:mjrigoni@hotmail.com) for more information.

• **The Meeting House Museum.** 11 a.m.-3 p.m., first Saturdays. See original photos of Antioch and a veterans' exhibit of photos and memorabilia from the Civil War through the Gulf War.

• **Lakes Area Community Band rehearsal.** 7-9 p.m., Mondays. Antioch Community High School band room. Area musicians high school age and older are welcome to join. No auditions. Call Debbie Davis at (847) 395-0272 to learn more.

• **Open gym.** 7-9 p.m., Sundays. Antioch Community High School. \$2. Adults only.

**CRYSTAL LAKE**

• **Crystal Lake Toastmasters Club meeting.** 8-10 a.m., first and third Saturdays at Amcore Bank Building, Rt. 14 and Pingree Rd. Develop your presentation and leadership skills. For information, call Steve at (847) 526-1525 or visit <http://user.mc.net/~toast1>.

**GRAYSLAKE**

• **Zurko's International Antique Market.** 8 a.m.-3 p.m., Sunday, Aug. 13. Lake County Fairgrounds. For more information, call (715) 526-9769 or visit [www.zurkoantiquetours.com](http://www.zurkoantiquetours.com).

**GURNEE**

• **Home Office Managers and Entrepreneurs meeting.** 9 a.m., second Wednesdays. First Midwest Bank, 300 N. Hunt Club Rd. Exchange ideas, guest speakers, referrals, share business-owner experiences. Call (847) 367-7118 for details.

• **Network Lake County meeting.** 8-9 a.m., Thursdays. A business networking group meeting in Gurnee. Call Boyce Buckner at (847) 838-0058 to learn more.

• **Lake County Chamber of Commerce networkers group meeting.** 7:30 a.m., first and third Fridays. In-Laws Restaurant, 720 N. Milwaukee Ave. Call (847) 249-3800 for information.

• **Bingo.** 7 p.m., Saturdays. American Legion Hall, 749 Milwaukee Ave.

• **Viking Park Singers rehearsals.** 7:30-9:30 p.m., Tuesdays. Viking Park Dance Hall. Interested singers are welcome.

• **Singles (ages 55+) Breakfast Group meeting.** 8:30 a.m., Saturdays. In-Laws Restaurant, 720 Milwaukee Ave. Call Chuck at (847) 362-5458 for details.

**HAINESVILLE**

• **Village Board meeting.** 7 p.m., second and fourth Tuesdays. 100 N. Hainesville Rd. For more information, call (847) 223-2032.

**AROUND TOWN**

• **Finance Committee meeting.** 6:15 p.m., second Tuesdays. 100 N. Hainesville Rd. For more information, call (847) 223-2032.

• **Public Works/Public Property and Open Spaces Committee meeting.** 6:30 p.m., second Wednesdays. 100 N. Hainesville Rd. For more information, call (847) 223-2032.

**INGLESIDE**

• **Fox Lake/Round Lake Area Rotary meeting.** Noon, Fridays at Za Za's, 69 Washington.

• **Grant Hall Museum.** 1-4 p.m., Sundays. Fox Lake-Grant Township Area Historical Society, 411 Washington St. Admission free, donations accepted. For information, call (847) 587-0544 or mail P.O. Box 224, Ingleside IL 60041.

**LAKE BARRINGTON**

• **Low Vision Education and Support group meeting.** 1-2:30 p.m., second Thursdays. The Council on Aging, Lake Barrington Woods, 22320 Classic Ct. Call (847) 381-5030 for more information.

**LAKE VILLA**

• **Lake Villa Village Board meeting.** 8 p.m., second Wednesdays

• **Lake Villa Township Board meeting.** 7:30 p.m., second Tuesdays. Township offices, 37908 N. Fairfield Rd. Call (847) 356-2383.

• **Weigh to Win meeting.** 7-8 p.m., Tuesdays. Calvary Christian Center, Monaville Rd. Call (847) 356-6181 to learn more.

• **Lake Villa Take Off Pounds Sensibly meeting.** 5:30 p.m., Wednesdays. Church of the Holy Family, 25291 W. Lehman. Call Cathy at (847) 587-7710 or Debbie at (847) 687-5531 for details.

• **MOMS Club of Lake Villa/Lindenhurst meeting.** 9:30 a.m., Mondays. Lake Villa District Library, 1001 Grand Ave. Children welcome. For more information, call Erin Bearss at (847) 546-1545.

**LAKE ZURICH**

• **The Village Singers rehearsals.** 7:30 p.m., Mondays. Good Shepherd Bible Church, 330 S. Old Rand Rd. The Village Singers of Lake Zurich are a non-audition community mixed choir. Call Jeannine Saltman at (847) 726-2011 to learn more.

• **Multiple Choice-Mothers of Multiples Club meeting.** 7 p.m., second Wednesdays. Meetings are held in members' homes. All mothers or expectant mothers of multiple are welcome. For more information, call Alyssa at (847) 870-0867.

**LIBERTYVILLE**

• **Festival of the Arts 2006.**

Saturday and Sunday, Aug. 5-6. Cook Park located in historic downtown Libertyville. About 75 artists will showcase fine arts for purchase. Live music. For more information, call the David Adler Music and Arts Center at (847) 367-0707. • **Arthritis support group meeting.** 2 p.m., second Sundays. Call Martha at (847) 362-0889 to learn more.

• **MS Support Group meeting.** 2-4 p.m., second Sundays. Call (847) 549-8971 for additional details.

• **Childhood Immunization Program.** 4-6 p.m., second Tuesdays. Sponsored by the Lake County Community Health Partnership and Condell Medical Center, held at Condell's Conference Center, 700 Garfield Ave. \$8/shot.

Call (847) 362-2905, ext. 1444 for details.

• **Lake County Retired Teachers' Association meeting.** Noon, second Tuesdays. Lambs Farm Country Inn. Lake County teachers, retired teachers and their guests are invited. Call (847) 362-5813 for information.

**LINDENHURST**

• **Lindenhurst Community Partnership meeting.** 7 p.m., second Wednesdays. Village Hall.

• **Free blood pressure screening.** 8 a.m.-noon, Mondays. Victory Lakes Continued Care Center. Call (847) 356-5900 to learn more.

• **VFW Post 4894 meeting.** 8 p.m., second Wednesdays. Civic Center. Call (847) 356-7482 for details

• **Lake Villa Township Lions Club board meeting.** 7 p.m., second Tuesdays. State Bank of the Lakes.

• **Men's Club of Lindenhurst (ages 21 and older) meeting.** Call (847) 356-5014 (weekends) to learn more.

• **Women's Club of Lindenhurst meeting.** 7 p.m., second Thursdays at Civic Center. Call (847) 356-2286 for more information.

**LONG GROVE**

• **Greek Days.** 11 a.m.-9 p.m., Saturday, Aug. 5, and Sunday, Aug. 6. By the Long Grove Cafe, 235 Robert Parker Coffin Rd. Admission and parking are free. For more information, call (847) 955-9600 or visit [www.longgroveonline.com](http://www.longgroveonline.com).

**McHENRY**

• **McMOMS-McHenry County Mothers of Multiples meeting.** 7 p.m., second Thursdays. Nippersink District Library. All mothers or expectant mothers of multiples are welcome. Call Georgie at (815) 759-0760 for more information.

• **To submit an item to the Calendar, e-mail to [wjcalendar@weeklyjournals.com](mailto:wjcalendar@weeklyjournals.com), phone (847) 223-8161 or fax (847) 223-8810 at least 14 days before the event.**

**ROUND LAKE**

• **A Safe Place support group meeting.** Wednesdays. For women who are dealing with abuse in their homes. All are welcome. No fees. Call A Safe Place at (847) 249-4450 or (847) 249-6557 (TTY) or go to [asafeplaceforhelp.org](http://asafeplaceforhelp.org) for more information.

• **Big Brothers, Big Sisters meeting.** 6:30-8 p.m., Mondays. Calvary Presbyterian Church, 510 Cedar Lake Rd. Call (847) 360-0770 for information.

**ROUND LAKE PARK**

• **Lake County Community Health Partnership Immunization Clinic.** 9-11 a.m., second Wednesdays. American Legion Hall, 111 E. Main St. Call (847) 377-8470 for details.

**SPRING GROVE**

• **Illinois Storytelling Festival.** 11 a.m.-6 p.m., Sunday, Aug. 13. Horse Fair Park, Richardson Rd. just north of Rt. 12. The event features nationally known storytellers

Elizabeth Ellis and Donna Washington, seven other Illinois storytellers and the Third Sunday String Band. Tickets will be sold at the door: \$12 for adults, \$5 for children 6-12, \$10 for seniors and \$30 for families. Visit [www.storytelling.org/festival.html](http://www.storytelling.org/festival.html).

**WAUCONDA**

• **Winter Thunder Challenge Grass Drag.** Noon, Saturday, Aug. 12, and 11 a.m., Sunday, Aug. 13. Golf Farm, 2100 N. Rt. 12. For more information, call (847) 487-6900 or visit [www.winterthunderracing.com](http://www.winterthunderracing.com).

**ZION**

• **Lake County Community Health Partnership Immunization Clinic.** 9-11 a.m., second Saturdays. Memorial United Methodist Church, 2935 Sheridan Rd. Call (847) 872-6062 for details.

• **Zion Park District Senior Citizens Club meeting.** 10 a.m., Wednesdays. Shiloh Center, 2600 Emmaus Ave.

**SALEM, WIS.**

• **Senior Coffee Hour.** 9 a.m., first Fridays. Salem Community Library, 24615 89th St. Coffee, healthy snacks, programs for seniors and good conversation. Call (262) 843-3348 for details.

## NASCAR THIS WEEK

WHAT'S UP NEXT

## NEXTEL CUP SERIES

- **Race:** Allstate 400 at the Brickyard
- **Where:** Indianapolis Motor Speedway, Speedway, Ind. (2.5 miles), 160 laps/400 miles.
- **When:** Sunday, Aug. 6
- **Last year's winner:** Tony Stewart
- **Qualifying record:** Casey Mears, Dodge, 186.293 mph, Aug. 7, 2004
- **Race record:** Bobby Labonte, Pontiac, 155.912 mph, Aug. 5, 2000.
- **Last race:** Denny Hamlin, the front-runner in the rookie-of-the-year race, dominated at Pocono Raceway for the second time in as many tries. He led 151 out of 200 laps and described the race afterward as "pretty uneventful, for once." Hamlin climbed to eighth in the Nextel Cup points standings and increased the likelihood that a rookie

will make the Chase. Behind him, though, the Pennsylvania 500 was anything but uneventful. Tony Stewart, whose own chances at repeating as champion remain a bit tenuous, played his cards so wisely that he caused a crash, apparently shook his fist at driver Clint Bowyer while doing it, cultivated a murderous rage in another, Carl Edwards, by firing a derisive gesture his way ... and finished seventh despite being penalized a lap by NASCAR for rough driving. Pocono has the longest straightaways in the sport, and for a good portion of the day, Hamlin, in a Chevrolet, led by the length of one of them. His vast edges were regularly erased via caution flags. Kurt Busch finished second in a Dodge, while Jeff Gordon took third in a Chevy.

## BUSCH SERIES

- **Race:** Kroger 200
- **Where:** O'Reilly Raceway Park, Clermont, Ind. (.686 miles), 200 laps/137.2 miles.
- **When:** Saturday, Aug. 5
- **Last year's winner:** Martin Truex Jr.
- **Qualifying record:** David Green, Chevrolet, 113.461 mph, Aug. 4, 1994.
- **Race record:** Jimmy Hensley, Oldsmobile, 96.923 mph, June 22, 1985.
- **Last week:** Carl Edwards drove a Ford to victory in the Busch Silver Celebration 250 at Gateway International Raceway in Madison, Ill.

- **Race:** Power Stroke 200
- **Where:** O'Reilly Raceway Park, Clermont, Ind. (.686 miles), 200 laps/137.2 miles.
- **When:** Friday, Aug. 4
- **Last year's winner:** Dennis Setzer
- **Qualifying record:** Joe Ruttman, Dodge, 111.843 mph, Aug. 2, 2000.
- **Race record:** Greg Biffle, Ford, 88.704 mph, Aug. 5, 1999.
- **Last race:** Jack Sprague, in a Toyota, won for the 26th time in the series at Memphis Motorsports Park.

## CRAFTSMAN TRUCK SERIES

## INDIANAPOLIS DATA

Allstate 400 at the Brickyard  
Aug. 6



Distance: 2.5 mile oval  
Length of frontstretch: 5/8 mi.  
Length of backstretch: 5/8 mi.  
Miles/Laps: 400 mi. - 160 laps

## TOP 10 IN POINTS

## NEXTEL CUP

1. Jimmie Johnson	2,939
2. Matt Kenseth	- 97
3. Jeff Burton	- 318
4. Kyle Busch	- 357
5. Kevin Harvick	- 376
6. Mark Martin	- 382
7. Kasey Kahne	- 424
8. Denny Hamlin	- 425
9. Jeff Gordon	- 427
10. Tony Stewart	- 462

## BUSCH SERIES

1. Kevin Harvick	3,437
2. Carl Edwards	- 318
3. Clint Bowyer	- 387
4. Denny Hamlin	- 430
5. J.J. Yeley	- 611
6. Paul Menard	- 874
7. Kyle Busch	- 881
8. Greg Biffle	- 927
9. Johnny Sauter	- 953
10. Kenny Wallace	- 1,035

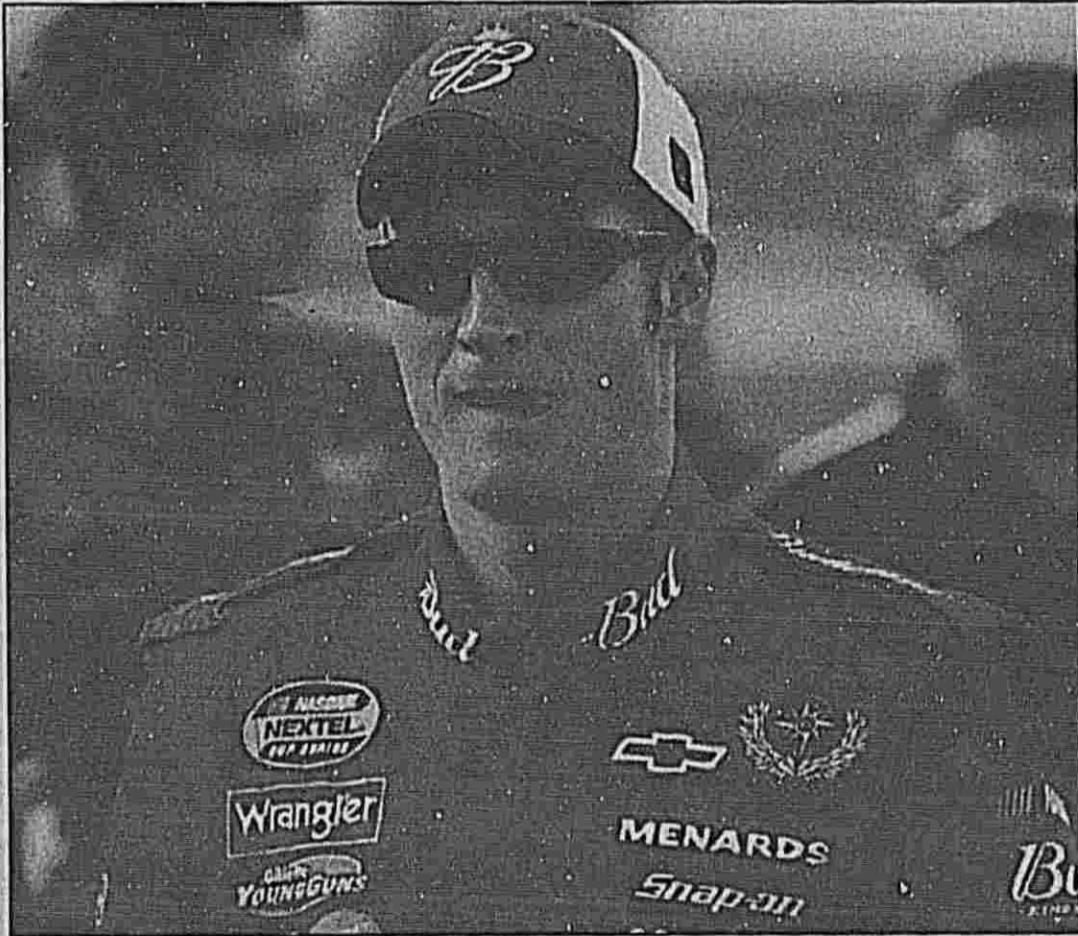
## CRAFTSMAN TRUCK SERIES

1. Todd Bodine	2,161
2. David Reutimann	- 117
3. Johnny Benson	- 163
4. Rick Crawford	- 231
5. Ted Musgrave	- 248
6. Ron Hornaday	- 256
7. Jack Sprague	- 263
8. David Starr	- 289
9. Terry Cook	- 297
10. Dennis Setzer	- 326

## WHO'S HOT AND WHO'S NOT

► **Who's hot —** Jimmie Johnson has three more top-10 finishes (16) than anyone else. ... Matt Kenseth has two more top-fives (10) than anyone.

► **Who's not —** Dale Earnhardt Jr. has fallen from third to 11th in the points standings in a span of two races. ... Kenny Wallace has tried and failed to qualify for eight Cup races.



John Clark/NASCAR This Week  
If the Chase were to begin this week, Dale Earnhardt Jr. would be on the outside looking in. He's fallen from third to 11th in the points in just two weeks.

## FEUD OF THE WEEK



Stewart  
vs.  
Carl Edwards

It's the same as last week, simply because the hard feelings between these two drivers are difficult to settle. Stewart admitted a crash that collected Edwards at Pocono on July 23 was his fault, but Edwards remains reluctant to fully accept Stewart's explanation or apology. Edwards was an innocent victim of the crash, which greatly damaged his Chase hopes. Stewart and Clint Bowyer have apparently resolved their differences.

**NASCAR This Week's Monte Dutton gives his take:** "Edwards is a fine young man, and the depth of his differences with Stewart was reflected in Edwards' unaccustomed behavior. Like Stewart, Edwards was penalized for rough driving at Pocono, but when Edwards intentionally ran into Stewart's car on pit road, it was completely personal."

**CAR WASH**  
Touchless Automatic  
Self Serve  
**OPEN 24/7**

2 High Bays (11' Clearance)  
1 Low Bay (7' 6" Clearance)  
Room for cars and trucks with trailers  
2 Vacuums 75¢ for 5 minutes  
Vending area for additional needs

CAR WASH

**SELF-SERVE WASH MENU**  
4 Minutes for \$1.50  
More Quarters=More Time  
Tire Cleaner, Hi Pressure Wash, Bubble Brush,  
Hi Pressure Rinse  
Hot Wax  
Spot Free Rinse

**Sayton Road Carwash**

Great for Boats & Trailers

Try Our  
NEW Vacuum  
Shampooer  
Great for boat cushions,  
lawn chairs, etc.  
ONLY \$1 for  
4 minutes

**\$5.00**  
Presoak  
Hi Press Wash • Hi Press Rinse  
Spot Free Rinse

**\$7.00**  
Undercar Wash • Double Presoak  
Hi Press Wash • Hi Press Rinse  
Spot Free Rinse • Auto Dryer

**\$6.00**  
Double Presoak  
Hi Press Wash • Hi Press Rinse  
Spot Free Rinse • Auto Dryer

**\$8.00**  
Undercar Wash • Double Presoak  
Hi Press Wash • Tri-Color  
Clear Coat Conditioner  
Spot Free Rinse • Auto Dryer

137 S Sayton Rd., Fox Lake, IL (just East of Rt. 12 & West of Rollins Rd.)

# SPORTS

## Other sections

Our Town .....

A5

Police Beat .....

A7

Neighbors .....

A8

Calendar .....

A16

NASCAR .....

A17

Page A18  
WEEKLY JOURNALS  
Friday, August 4, 2006  
ALL

## Entering a world of fire, ice

Youth skaters hone craft in midst of summer heat

By DANIEL J. PATRICK  
dppatrick@nwnewsgroup.com

It's 2:30 p.m., as 12-year-old athlete Emily Sheridan readies herself for practice in Gurnee.

By now, the temperature has reached 97 degrees with a heat index of about 105. Undaunted by the heat, Sheridan laces up in preparation for another hard day of practice – on the ice.

While the rest of us have been languishing in record-breaking heat, Sheridan and numerous other championship figure skaters have been honing their craft all summer long.

"When it's hot outside, it's pretty nice to come in here and practice," Sheridan said. "You still sweat, you're still working hard, but all of my friends are jealous because even when it's really hot, I can still be active."

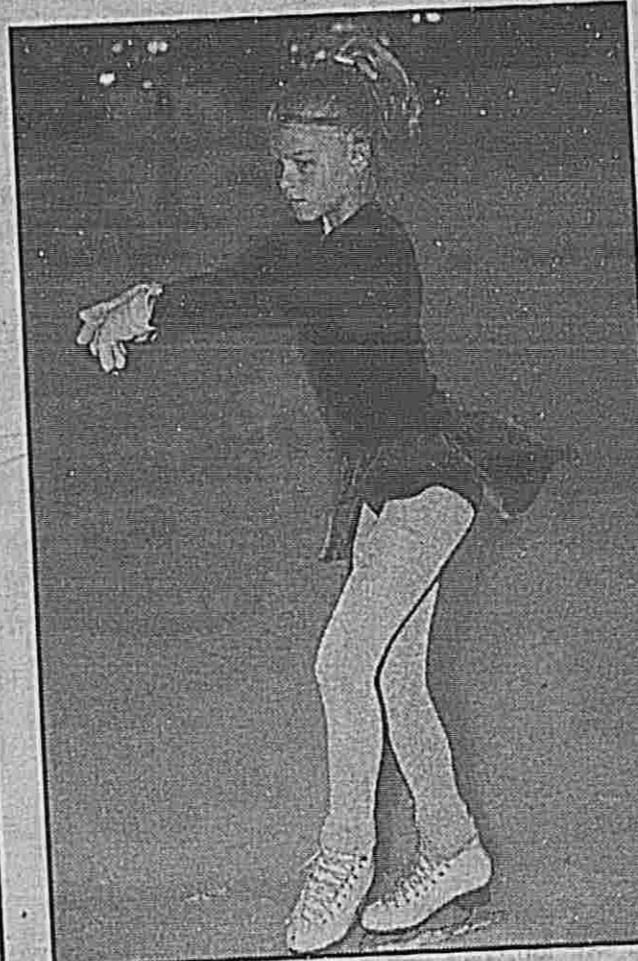
Figure skating is especially demanding because of the high level of skill required to compete. Even though Sheridan is in the seventh grade at St. Patrick School in Wadsworth, she has been honing her skills for more than six years.

"The only way you progress is to practice, and [judges] measure you by how far you've progressed, not your age," Sheridan's mother, Ellen, said. "It's not like team sports because she has to challenge herself to become better and work on her routine."

Grayslake's Meagan O'Leary, 16, knows all about routine as she has progressed to the Junior level, one rank below Senior level skaters who compete in the Olympics. O'Leary's day starts at 4:30 a.m. before she works through more than 4 hours on the ice, in addition to strength training, ballet and other work.

"Until my friends saw me in competition, I don't think they realized what I could do," O'Leary said. "There's so much

See SKATING, page A21



Photos by Sandy Bressner –  
sbressner@nwnewsgroup.com

Above, Kelly Nisnison of Gurnee laces up her skates before her skating lesson at Rink Side Sports in Gurnee. Ice skating is one of the sports Lake County residents can turn to in order to beat the heat.

Far left, Lori Figueroa, 10, practices her spins during the learn to skate program.

Near left, Jordan Buckholtz, 9, of Russell practices her spins.

## • Views

# ‘Lame duck’ skipper shows lack of Cubs plan

CHICAGO – Did you hear the news, dude?

Dusty Baker is going to finish the season as manager of the Cubs. Break out the celebratory toothpicks, man. If you're not going to make the playoffs, you might as well help us newspaper folks set a record for using the term "lame duck."

See? I just wrote it. That's the one.

Lame duck.

(That's two!)

It's good to have goals in life. The Cubs might want to try it some time.

Oh, I realize they have things they'd like to accomplish. But holding off the Royals or Pirates for the third-worst record in baseball doesn't count. Neither does building a device that replenishes each vendor with two cases of Old Style the instant he runs dry.

What I'm talking about is having a vision and building a team that makes consistent runs at the playoffs. That shouldn't be as hard as it seems. The Cardinals are in town, and they always seem to do it.

The Astros have been successful, too. The Cubs see these teams almost 20 times apiece each year. You think they might have cribbed some notes along the way.

Instead we look over at the dugout and still see Baker. Lately, that hasn't been a terrible thing. The Cubs, after all, swept four games from St. Louis.

At times, they've looked like a major league team. Two wins against the Mets in New York will add a shine to anything.

Perhaps the improved play is part of the reason general manager Jim Hendry pulled the hot seat out from under Baker.

"I let him know that for the next couple of months, it's best for the club that he complete the season, not have to worry about that," Hendry said. "I felt like we should put that to bed for now. I just think that for the good of the organization, this is the best decision right now."

But how could it be? The team's record is still way below .500. If Baker isn't part of the Cubs' long-term vision,

why is he still here? To win a few games and make himself more marketable to potential employers?

Or maybe win a few games and confuse Hendry even more when it comes time to deal with Baker's status at the end of the season?

That's the last thing Hendry

needs. The whole thing smacks of the indecisive management that has plagued the Cubs the past few years.

Just tell us what the plan is, Jim.

If you're going to eventually make a change, why not make it now?

Why not change the clubhouse culture today instead of forcing the players to assimilate

late next spring?

And if you're going to risk life and limb by re-signing Baker – the fans sure wouldn't like that one – why wait?

Instead, Hendry and the Cubs have become that guy who dates the girl up until the week of Christmas, then breaks up with her, just so he doesn't have to buy her a gift.

There is plenty of blame to go around when it comes to what the Cubs have become. And I'll admit, it's uncomfortable at times to criticize Baker when a lot of the Cubs' mess isn't directly his fault.

He isn't the one who placed all his eggs in the basket of Mark Prior and Kerry Wood. He's not the one who landed D. Lee on the DL. It was Hendry, not Baker, who built a farm system that wasn't as deep as originally advertised.

But because team president Andy MacPhail extended Hendry's contract by two years, Baker has been set up

to be the team's fall guy.

And that's where a litany of shortcomings should have spelled his early departure from the North Side.

It's a familiar rap sheet. He hasn't shown he can develop young players. He has appeared unenthusiastic for much of the season. Most importantly, his team hasn't won much the past two seasons.

Winning still is the bottom line, no matter how many Wrigley-as-indifferent-beer-garden cracks we manage to make.

But instead of getting a head start on his off-season vacation, Baker has been awarded 60 games to play out the string.

In Dusty we trusty?

Looks like there isn't much of a choice.

Or much of a plan.

• Kevin Kaduk is the Weekly Journal's sports columnist. Write to him at [kkaduk@nwnews.com](mailto:kkaduk@nwnews.com).



Kevin Kaduk

smacks of the indecisive management that has plagued the Cubs the past few years.

Just tell us what the plan is, Jim.

If you're going to eventually make a change, why not make it now?

Why not change the clubhouse culture today instead of forcing the players to assimilate



Lori provides superior care to the families she serves. She expected the same level of care for her cancer.

Lori Warchol, ovarian cancer survivor

It didn't start out smoothly. Lori's first consult with an oncologist was cold and technical. The chemotherapy was worse. A program supervisor for a non-profit family services agency, Lori missed five days of work after the first treatment.

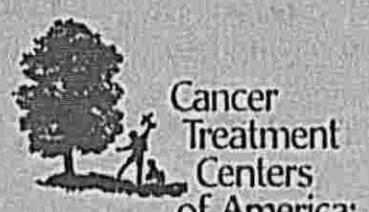
Lori took control and went to Cancer Treatment Centers of America (CTCA). There, she got an entire treatment plan designed to support her body and fight cancer at the same time. She took chemotherapy treatments once per month and was well enough to go to work in between each visit. Seven years later and counting, she is cancer free.

Lori says it best. "I experienced a combination of medical expertise and good customer service that is hard to come by. This has been the best healthcare experience of my life."

Call 1-888-348-5492

Talk with an Oncology Information Specialist, available 24-hours a day.

Receive personalized information specific to your cancer type.



Winning the fight against cancer, every day.™

## • Hometown Sports

### Antioch All-Stars take fourth in state tournament

Antioch's Youth Little League 9-to-10-year-old All-Star team represented its area with pride, making it into the top five in the Illinois state tournament.

In their first game, Antioch faced Rock Falls, who was the defending state champ. It was a hard fought game. Rachel Schwabe pitched six innings striking out four, giving up three hits and contributing six defensive plays for outs to keep Antioch in the game. Antioch had defensive miscues that led to a 6-2 Rock Falls victory. Schwabe had two of Antioch's four hits in the game.

The next game for Antioch went along a similar path facing Clear Ridge. Taylor Dishinger pitched well, striking out six while giving up nine hits. But some defensive lapses contributed to a 9-7 Clear Ridge victory. In the game offensively, Lindsay Neverden and Schwabe had three hits each and Brooke Ross added a hit for Antioch.

Antioch's team is rounded out by Cassidy Schaar, Meghan Milewski,

Jessica Bruggen, Alyssa Dragan, Kate Hohenstat and Sage Keyes.

This is the third year in a row that manager Dan Schwabe has brought a team to the State tournament at the 9 to 10 year old level. His coaches were Jim Ross and Ron Neverden.

### Kids Hope United seeking golfers for charity event

Waukegan's Bonnie Brook Golf Course will host the 16th annual Kids Hope United Charity Golf Outing on Sept. 19.

Proceeds from the tournament will go to Kids Hope United prevention services Rebound Wings and The Parent groups.

The cost to enter the tournament is \$200 per golfer or \$45 for dinner festivities. Participants will include players from the Chicago Bears and the event also will feature a silent auction and success stories from families aided by Kids Hope United.

Organizers will be accepting registration forms for the tournament through Aug. 22. For more information, call Carleen Otto at (847) 245-6826.

No case is typical. You should not expect to experience these results. Copyright © 2006 International Capital & Management Company, LLC. All rights reserved.

## SPORTS

WEEKLY JOURNALS / weeklyjournals.com

## Hometown Sports

## Lakes' Yopp wins in USTA doubles tournament

LCHS Eagle sophomore Andrew Yopp will have a lot to talk about in the upcoming tennis season after he and Warren junior Matt Schlais teamed to win the Alley Cat Jr. Clay Court Open in Peoria.

The open, a USTA sanctioned event, saw the duo compete in the Boys 16 doubles division and eventually go on to take the championship in the tournament.

Yopp and Schlais teamed up after both taking part in Warren's annual summer tennis camp this year.

## Lake Villa Falcons repeat as Wind Lake champs

The Lake Villa Falcons U-11 base-

ball team successfully defended its crown by repeating as champions at the rain-shortened Wind Lake Youth Baseball Tournament in Wind Lake, Wis. Weather prevented the Falcons from playing a championship rematch with the Milwaukee Tigers, and the Falcons were awarded the championship based on their undefeated record and previous win over Milwaukee.

Despite taking the championship, Falcons manager Wade Vanderwall said the win was relatively bittersweet because they weren't able to play in the championship game.

"Our boys were a little disappointed when the final game got rained out, but after they got their trophies, they were all smiles," Vanderwall said. "A few of our players got banged up during

these games, so it's probably best they got an extra day of rest.

"We've really been playing well, and are looking forward to the USSSA state championship tournament in Champaign."

The Falcons drew the Milwaukee Tigers in the opener, a team composed of top players from eight Milwaukee Little League teams. The Falcons blanked the all-stars, 7-0, behind a combined no-hitter from Jake Bathery, Matt Beranek and Ryan Ong. Top hitters in the games were Jake Ring with a double, single and two runs, and a key RBI double from Tim Serio, who aggravated his heel on the play. Serio wasn't the only casualty as Duncan Amrein got hit on the wrist by a pitch, and sat out most of the contest as a precaution.



Photo provided

Lake Villa U-11 baseball players show off their trophies after winning the Wind Lake Youth Baseball Tournament in Wind Lake, Wis.

semifinals against the tournament host, Wind Lake.

Yonke started for Lake Villa against Wind Lake and shut out the Screaming Eagles for three innings. He was supported by a strong Falcon defense. Bathery and Duncan Amrein came in relief and pitched effectively to preserve a 7-4 victory. Leading hitters in the game were Kyle Vanderwall, Beranek and Spohr, each with two hits, while Ring and Beranek had triples.

Falcons pitching again dominated, with Nick Harma and Serio combining on a two-hitter. The Falcons' bats pounded out 12 hits, with Brent Spohr, Andrew Yonke, Beranek and Harma each getting two hits. Adam Gomski added an RBI double. One of the Falcons' speedy outfielders, Matt Hoffman, got injured during a freak accident, when the ball caromed off his bat and hit him on the wrist, causing a minor sprain and adding to the Falcons' list of wounded. With the win, the Falcons advanced to the

Game 2 saw the Falcons playing the Rockford Hurricanes, who drew a bye in the opening round. Despite being well-rested, the Hurricanes were no match for Lake Villa, which led 12-1 after the second inning. Lake Villa coasted to a 16-3 mercy rule triumph.

**TRINITY**  
INTERNATIONAL UNIVERSITY  
REACH Adult Undergraduate Programs  
Deerfield • South Chicago

Earn your  
**Bachelor's Degree**

...in Organizational Leadership  
Advance your career by expanding your leadership and management skills.

...in Christian Ministry

Develop your passion and ability to serve God, the church, and the community.

...in Elementary Education (K-9)

Pursue your dream of teaching to touch students' lives.

or

**State of Illinois  
Teacher Certification**  
(for those with a bachelor's degree)

**Your Future Has No Limits!**

Deerfield  
**OPEN  
HOUSE**

August 7, 2006  
6:30-7:30 pm

**Classes start SOON!**

October 5, 2006

Contact Us Today!

**877.237.0806**

[www.tiu.edu/REACH](http://www.tiu.edu/REACH)

2065 Half Day Road, Deerfield, Illinois 60015

**Salon Glow**

Hair Services - Nails - Waxing

Starting Now...OPEN ON MONDAY

We Have Manicure • Waxing • Hair Color • Pedicure • Hair Style • Highlighting

*Lighten Up For Summer Special*

**\$5.00 OFF**

**Any Service With This Ad**

Cannot be combined  
with any other offer.  
Expires 8.31.06.  
FIRST TIME CLIENTS ONLY.

\*Call and schedule an  
appointment TODAY!

**847-543-8200**

## • On the Sidelines

# Forget about pride — think safety

I'm going to let you all in on a little secret: It takes time to make a newspaper.

One thing I never think about when I'm reading the paper is the gap between the time the story leaves the reporter's fingers and the time I finally read it.

With a publication such as our fine Weekly Journals, that time gap is even more exaggerated as I'm writing this piece right smack in the middle of one of the hottest weeks on record.

And if everything goes according to meteorological prediction, by the time you're reading this, it should be downright gorgeous outside with temperatures in the low 80s.

Well, let me serve as your personal time warp into the past: In my time, it's stupid hot.

Obviously, the use of the word "stupid" is rather unorthodox, but I consider it fitting because I think I may have sweated out some IQ points the last time I attempted to jog in the heat.

So while you're in the middle of a nice stretch of 80-degree weather with the worst of summer hopefully behind, I've been caught in excruciating weather.

Which brings me to my topic: Heat.

I've always been a relative proponent of old-school coaching in terms of letting coaches do their jobs without the involvement of the school administrators, parents or fans. Summertime is a proverbial playground for old-school skippers who love to break 'em down and build 'em right back up.



**Daniel J.  
Patrick**

In football, two-a-day practices are looked upon as a rite of passage as players work through hours of drills in excruciating summer heat.

Well, that's all fine and good, but with the record-setting heat we've experienced over the past few weeks, perhaps some rites of passage shouldn't be taken.

Illnesses, such as heat exhaustion and heat stroke, are extremely dangerous, especially when dealing with younger athletes.

While prep coaches and trainers are briefed on symptoms of heat illness, I propose that we take safety one step further and have a rule set up where outdoor practice must be halted when the Mercury reaches a certain level.

Having a concrete temperature rule — let's say about 95 degrees — would prevent waffling by individual programs trying to get ahead of the competition by ignoring simple recommendations.

However, such a rule would have its drawbacks.

Questions like, "Who would police such a rule?" and, "If kids can practice in 105 degree heat in Texas, why can't we when it's 95?" are legitimate ones.

Not to mention that similar rules such as lightning safety guidelines can be extremely cumbersome for both coaches and players.

But safety must rule all.

No matter the sport, the athlete, the coach or the program at large, safety is the No. 1 concern.

I'll personally never forget running around in 50 pounds of pads in the middle of August, and that's one of the most universal football experiences.

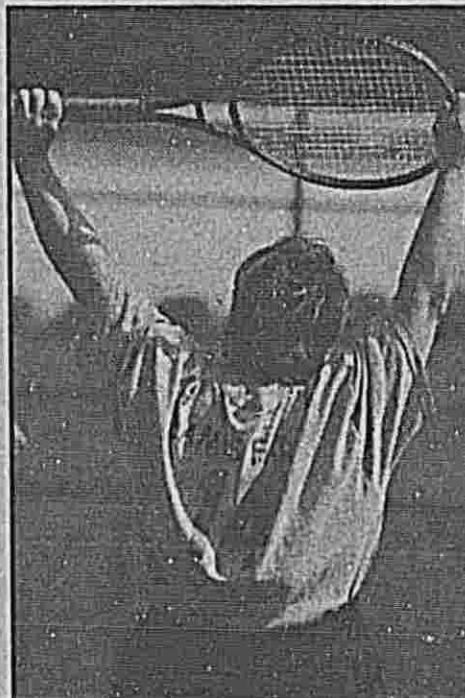
But as a rule, the good of the person must outweigh the good of the war story.

• Daniel J. Patrick is sports editor for the Weekly Journals. Write to him at [dpatterson@nwnewsgroup.com](mailto:dpatterson@nwnewsgroup.com).



## Special netminders

Photos by Sandy Bressner — [sbressner@nwnewsgroup.com](mailto:sbressner@nwnewsgroup.com)



The Special Olympics Regional Tennis Meet came to Grayslake Central High School. Above, Tom Durbin, a resident of Lamb's Farm in Libertyville, jokes around with fellow employee Eric Kirch during a doubles game. Left, Lamb's Farm resident Alison Walker stretches out prior to a singles match.

## Skaters stay sheltered from summer heatwave

### • SKATING

Continued from A18

work that goes into this and I don't think people realize that."

O'Leary works with other high-level skaters, such as Gurnee's Kate Mahan and Catherine Cushny, Grayslake's Danielle LaBarbera and Libertyville's Heather McDonald. Between competitions and practices, the schedule can be grueling, but the experiences make it worthwhile.

"One of the plus sides is you get to travel all over the country," McDonald said. "We [McDonald, O'Leary, Mahan] have competed in Michigan, Denver, Colorado Springs, so we get to see a lot."

Rink Side Skating Director and Ice Arena Director Janell Wamboldt attested to the year-round dedication, skill-based sports such as figure skating. Wamboldt, a former skater herself, has been working with Rink Side Family Entertainment Center since before it opened in 1999.

"Business is usually down except for our figure

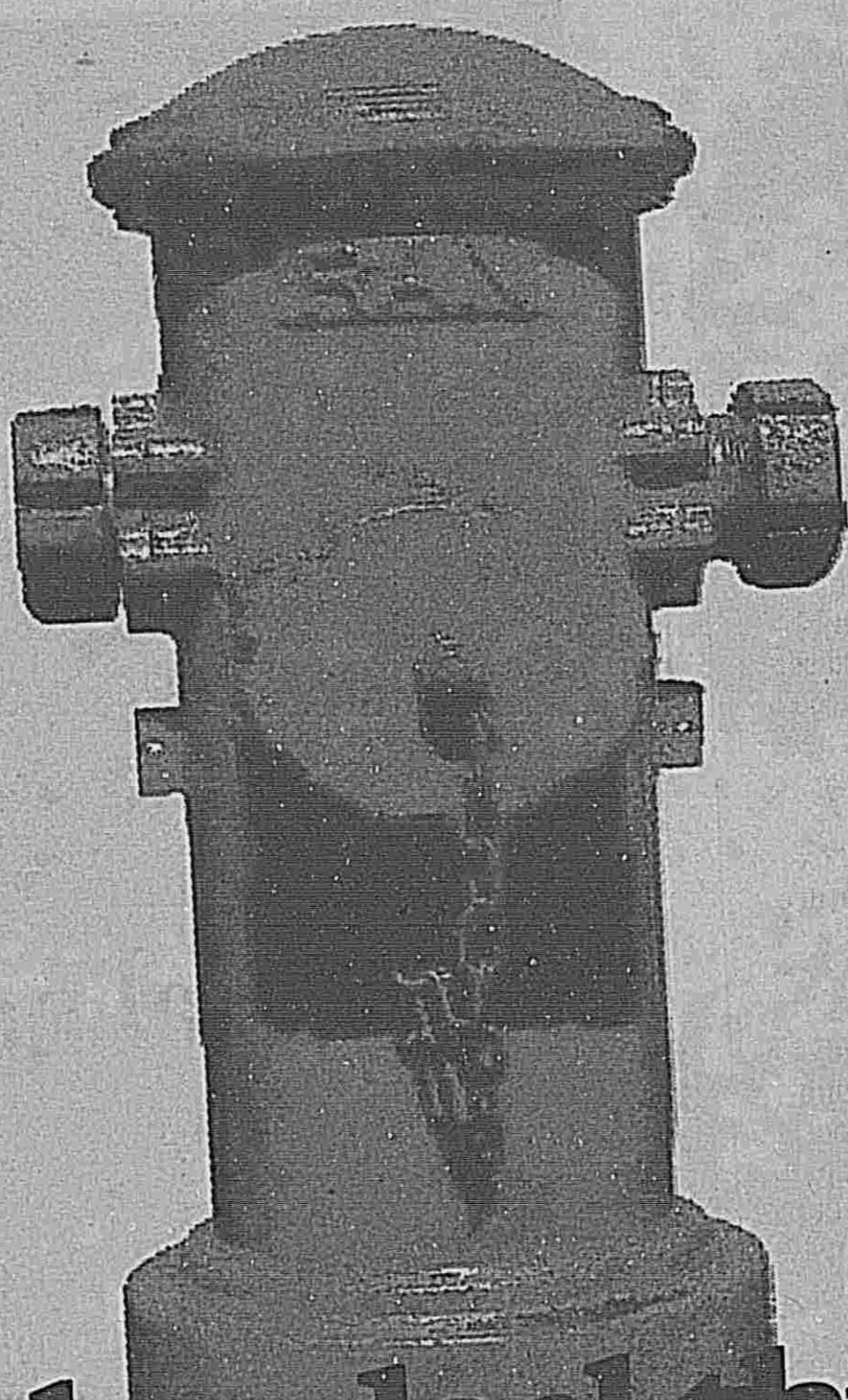
skaters because they're always working," Wamboldt said. "We have coaches at all levels who are helping out beginners to experts here. People come from all over the state and the country ... especially when we bring in guest coaches that bring in skaters from everywhere."

Despite near record-breaking temperatures throughout the summer, Wamboldt and all of the skaters have been sheltered from the heat, thanks to an ice cube measuring more than 15,000 square feet.

"It's funny because I usually walk around the office and I have a scarf and another jacket on," Wamboldt said. "It's an ambient temperature of about 55 to 60 degrees, so it's great, especially this time of year."

Sheridan and other area skaters are preparing for the Summer Chiller competition at Rink Side Ice Arena on Aug. 5. The event will be an Ice Skating Institute event, sanctioned by U.S. Figure Skating.

For more information about the Summer Chiller event, visit Rink Side Sports' Web site at <http://rinksidesports.net>.



**With a deal this hot  
you'll need one of these  
to water your plants.**

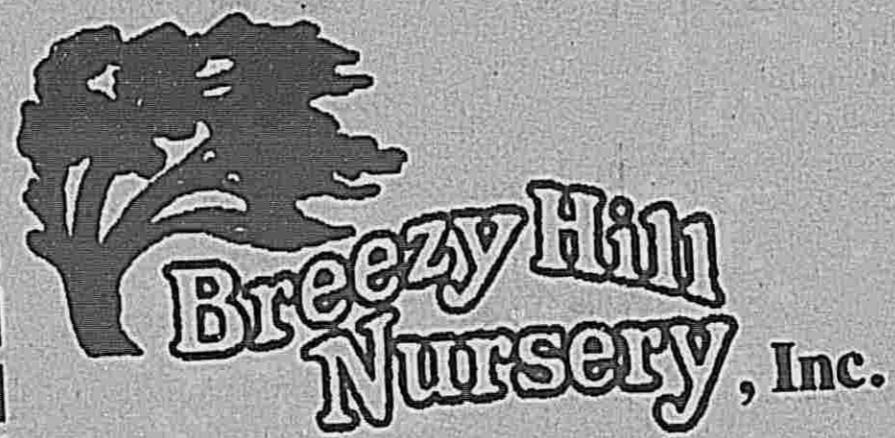


**30% Off  
Any Tree!**

Expires 08/20/06. Coupon cannot be  
combined with any other offers and  
must be presented at time of purchase.

### **BREEZY BUCKS**

For every \$10 spent until August 20th receive  
\$1 in Breezy Bucks to be redeemed from  
August 21st to December 31st 2006.  
See store for rules and details



**(262) 537-2111**

Garden Center  
7530 - 288th Avenue, Salem  
Wisconsin 53168

Hours: Monday-Saturday 7am-6pm,  
Sunday 9am-4pm

# Summer CLEARANCE ON ALL "IN STOCK" POOLS

Best  
Reason to  
Buy...  
Made in  
AMERICA



"the original portable pool"

**doughboy**

**DEPENDABLE SWIMMING POOL SERVICE INC.**  
124 S. Route 83 • Grayslake, IL 60030  
Phone: 847-223-1606

www.dodgeofantioch.com

YOU'VE GOT OPTIONS!

EMPLOYEE PRICING  
PLUSUP TO \$1,000  
IN REBATES0% APR  
FINANCING

On select models. See dealer for details.

CALL  
AND  
ASK  
DR. Z

Must qualify. On select models.

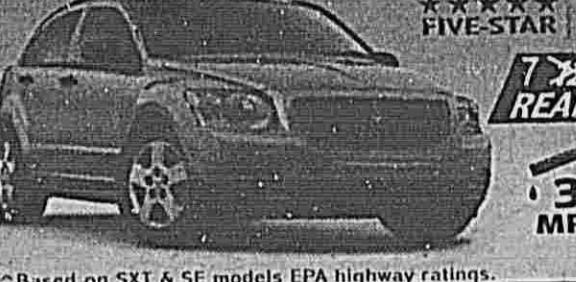
AND... 30 DAY RETURN PROGRAM!

NEW 2006 DODGE CARAVAN

★★★★★ HIGHEST GOVERNMENT  
FIVE-STAR FRONT & SIDE CRASH RATING9 AVAILABLE &  
READY TO DELIVER!  
26 MPG!

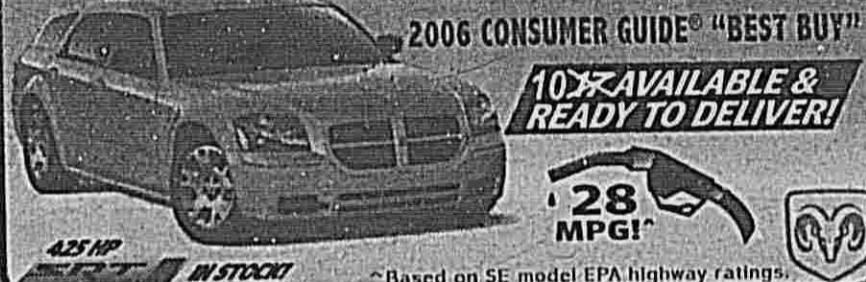
\*Side airbags only valid on Grand Caravan. ^Based on EPA highway ratings.

NEW 2007 DODGE CALIBER

★★★★★ HIGHEST GOVERNMENT  
FIVE-STAR FRONTAL CRASH TEST RATING12 AVAILABLE &  
READY TO DELIVER!  
32 MPG!

^Based on SXT &amp; SE models EPA highway ratings.

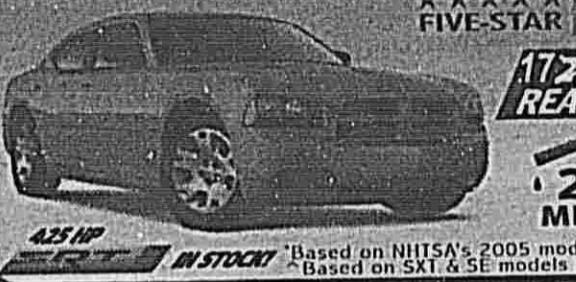
NEW 2006 DODGE MAGNUM



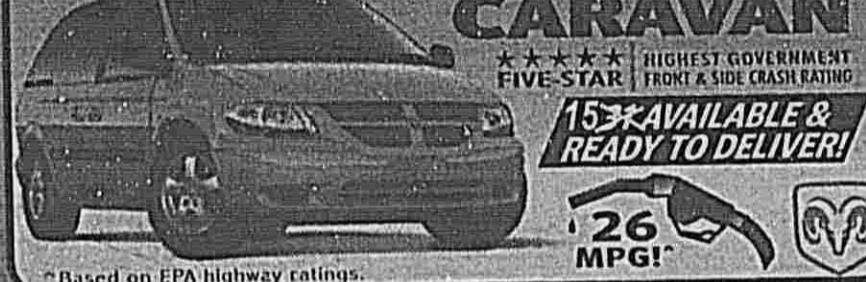
2006 CONSUMER GUIDE® "BEST BUY!"

10 AVAILABLE &  
READY TO DELIVER!  
28 MPG!425 HP RT IN STOCK!  
^Based on SE model EPA highway ratings.

NEW 2006 DODGE CHARGER

★★★★★ HIGHEST GOVERNMENT  
FIVE-STAR FRONT & SIDE CRASH RATING17 AVAILABLE &  
READY TO DELIVER!  
28 MPG!425 HP RT IN STOCK! Based on NHTSA's 2005 model-year ratings.  
Based on SXT & SE models EPA highway ratings.

NEW 2006 DODGE GRAND CARAVAN

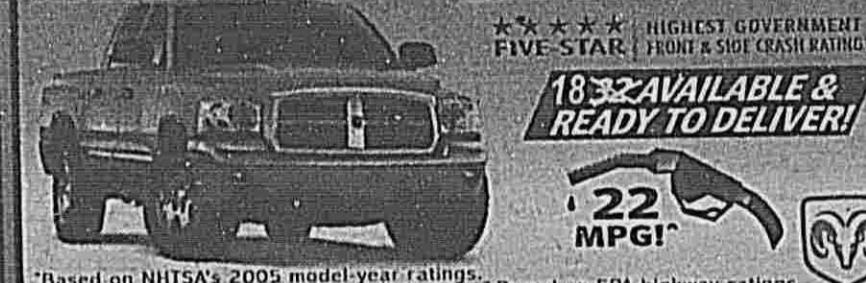
★★★★★ HIGHEST GOVERNMENT  
FIVE-STAR FRONT & SIDE CRASH RATING15 AVAILABLE &  
READY TO DELIVER!  
26 MPG!

\*Based on EPA highway ratings.

NEW 2006 DODGE RAM 1500

★★★★★ HIGHEST GOVERNMENT  
FIVE-STAR FRONT & SIDE CRASH RATING26 AVAILABLE &  
READY TO DELIVER!  
HEMIAVAILABLE WITH  
GAS SAVING MDSBased on NHTSA's 2005 model-year ratings.  
Club Cab only, rear seat too small to test. ^Based on EPA highway ratings.

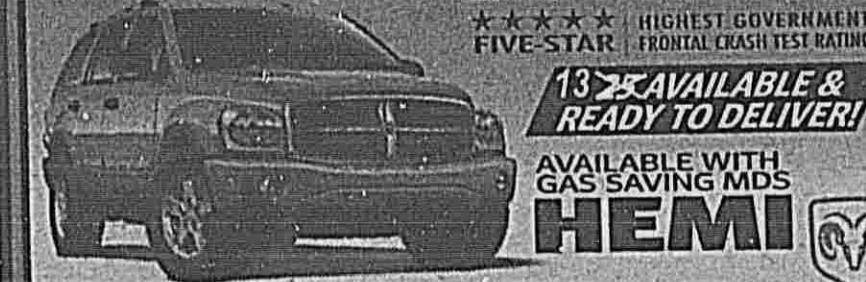
NEW 2006 DODGE DAKOTA

★★★★★ HIGHEST GOVERNMENT  
FIVE-STAR FRONT & SIDE CRASH RATING18 AVAILABLE &  
READY TO DELIVER!  
22 MPG!Based on NHTSA's 2005 model-year ratings.  
Club Cab only, rear seat too small to test. ^Based on EPA highway ratings.

NEW 2006 DODGE STRATUS

★★★★★ HIGHEST GOVERNMENT  
FIVE-STAR FRONT & SIDE CRASH RATING12 AVAILABLE &  
READY TO DELIVER!  
30 MPG!Based on NHTSA's 2001-2006 model-year ratings.  
Based on SXT model EPA highway ratings.

NEW 2006 DODGE DURANGO

★★★★★ HIGHEST GOVERNMENT  
FIVE-STAR FRONTAL CRASH TEST RATING13 AVAILABLE &  
READY TO DELIVER!  
AVAILABLE WITH  
GAS SAVING MDS  
HEMIBased on NHTSA's 2005 model-year ratings.  
Club Cab only, rear seat too small to test. ^Based on EPA highway ratings.

NEW 2006 DODGE RAM 2500 &amp; RAM 3500

23 AVAILABLE &  
READY TO DELIVER!  
HEMI POWER!Based on NHTSA's 2005 model-year ratings.  
Club Cab only, rear seat too small to test. ^Based on EPA highway ratings.

You'll always save more at your friendly Dodge Store...

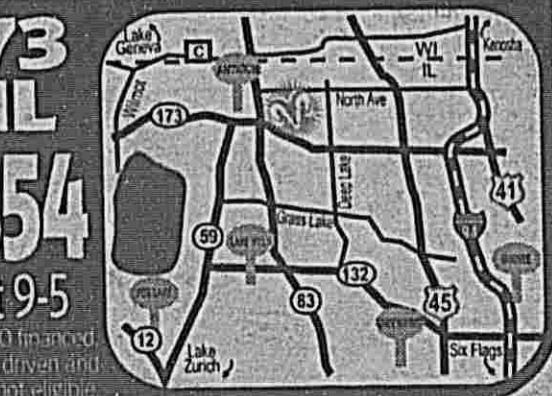
DODGE OF ANTIOCH  
NO GIMMICKS. JUST DEALS.Visit us on the web [www.dodgeofantioch.com](http://www.dodgeofantioch.com)

Dealer will not honor errors in this advertisement. Incentives subject to change without notice per manufacturer. Prices valid for 3 days post publication. Pictures for illustration only. 0% apr for 36 mos is 2778/1000 financed in lieu of rebates and incentives on approved credit on select models. '07 not included in Employee Pricing. On '06 models only. Customer responsible for all taxes. 5% MSRP restocking fee. 50¢/mile driven and all financing/insurance charges. Must finance through Chrysler Financial. One return/customer. Must be returned to selling dealer within 30 days. Trade ins not eligible.

GET TOP DOLLAR  
FOR ALL TRADES!

888-493-1854

Sales: Mon-Fri 9-9; Sat 9-5

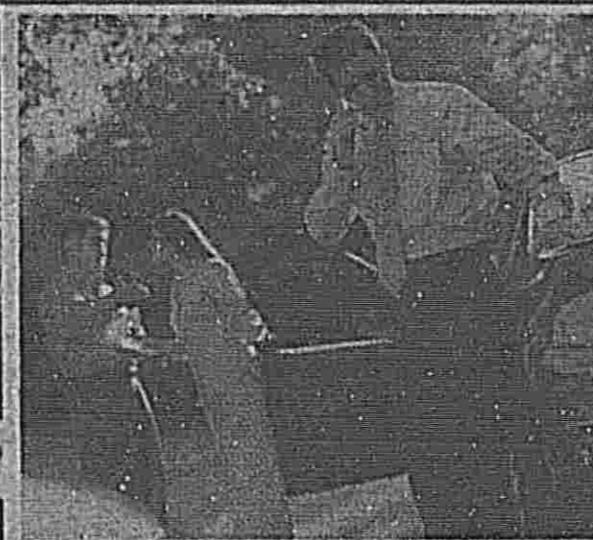


# JOURNAL MARKETPLACE



Tess Micheli, 3, of Wadsworth rides the carousel with her grandmother, Judy Micheli of Gurnee, (not pictured) during the 2006 Lake County Fair in Grayslake.

Sandy Bressner - sbressner@nwnewsgroup.com



## FIVE INSURANCE MISTAKES THAT COULD COST YOU

Page B19

## FINDING THE RIGHT USED CAR FOR YOUR TEENAGER

Page B19

## DO YOU HAVE ANY PHOTOS YOU WOULD LIKE TO SHARE?

Send your local photos to:

Lakeland Journals: 30 S. Whitney St., Grayslake, IL 60030 or email to psmoll@nwnewsgroup.com. And we will print them right here on this page.

## INSIDE

### Real Estate

► Page B2

### Classified

► Page B4

### Wheels

► Page B19



## TIPS TO HELP PREPARE YOUR HOME FOR SALE

Page B2



## Leech & Denoma

1850 E. Grand Avenue • Lindenhurst, IL 60046 • 847-356-3400

*"Real Estate for the Real World"*



### OWNER WANTS SOLD!!

Don't pass up this desirable 4 bdrm, 3-1/2 bath multi-level home on landscaped acre. 2 fp's, finished lower level & tiered deck situated on quiet cul-de-sac corner. Master suite on main level w/whirlpool tub & walk-in closet. Present all offers!! (6016)

\$329,900

CENTURY 21 Leech & Denoma 847-356-3400



### CUSTOM LAKEFRONT ON DRUCE LAKE

Magnificent views! Hardwood floors, 4 season room, (2) 3 season rooms, hot tub, deck, custom fireplace. Lake rights to Third Lake. View homes at www.homesinlakecountyil.com Newer roof & AC. (6032)

\$524,000

CENTURY 21 Leech & Denoma 847-356-3400



### QUALITY-SURROUNDS-CUSTOM HOME

Liv rm w/vltd ceilings/casement windows. Arched entry to lge din rm, dream kitchen w/maple cabs, Corian counters. Open to fam rm w/fireplace. 4 bdrm, 3-1/2 baths, fin bsmt. Millburn K-8. Forest. (6072)

\$339,900

CENTURY 21 Leech & Denoma 847-356-3400

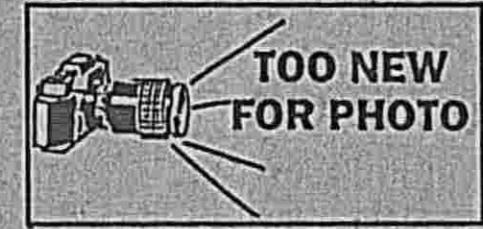


### WORK AT HOME?

Zoning C/S3 (village center residence/business district) almost 1/2 acre lot. 2 bdrm, 2 car gar, shed and full basement. Perfect start for small office, florist, camera, apparel, antiques, etc. Please call for list of service use & info packet. (6088)

\$249,900

CENTURY 21 Leech & Denoma 847-356-3400



TOO NEW  
FOR PHOTO

### INVESTMENT OPPORTUNITY HERE

Well kept 2 unit offers 3 bdrm & 4 bdrm options. Both units occupied. Full partially finished bsmt. Located on lrg almost acre wooded lot. Property sold as-is. Sellers want sold! Call today. (6104)

\$189,900

CENTURY 21 Leech & Denoma 847-356-3400



### CHECK OUT LOW TAXES

2 yr. new home. 4 BR's 2 baths, attached 2-1/2 car garage, deck, eat-in kitchen with oak cabinets, full walkout basement to private yard, completely fenced yard, dog run can stay, close to major routes, Metra, schools & shopping. (6109)

\$219,900

CENTURY 21 Leech & Denoma 847-356-3400



### INTOWN CONVENIENCE!

Spacious home w/attached 2 car garage. Large kitchen with island/breakfast bar opens to combination living/dining room. Fenced backyard. Full finished lower level! (6111)

\$209,000

CENTURY 21 Leech & Denoma 847-356-3400



### HANDYMAN'S DREAM!

This nice 2 bed, 1-1/2 story home with den/office is being sold "as-is". Needs work but has great potential. Upstairs has loft, 2nd bed and 1/2 bath. One half block to grade school and park. (6112)

\$142,500

CENTURY 21 Leech & Denoma 847-356-3400

WEEKLY  
JOURNALS

## REAL ESTATE

## Tips to help prepare your home for sale

By Laurie Kilpatrick

How would a prospective buyer view your home? That's the first thing you should ask yourself before putting your home on the market.

A few small changes can make a big difference.

• Is it cluttered? Remove photographs and small items

from tabletops; put away kitchen appliances and other items on countertops and tables; organize closets and cabinets; and remove furniture so rooms look bigger.

• Does your yard look messy? Neaten up the lawn and clean drain gutters.

• Is your home welcoming? Make your front entry attractive by painting the door; hanging a wreath; installing outdoor lighting to make your home attractive in the evening; and sweeping the driveway.

• Does your home smell good? When prospective buyers come to call, bake bread or simmer some vanilla or cinnamon-scented water on the stove.

• Does your home look dark? Take down heavy drapes and let the sun shine in.

• Does your home look appealing? Buy some live plants and paint dingy walls. Preparing your home for viewing may result in a better price and faster turnover.

Most importantly, homeowners should clean every-



Photo by: Linda Mortensen

thing from their ovens to their window dressings. A multi-purpose cleaner can be used to clean siding, gutters, unfinished decks, Venetian blinds, garbage disposals and stained

countertops.

Make sure your home is spotless for prospective buyers. Clean everything from windows and window coverings to gutters.



**Linda  
Mortensen**

**(847) 587-8200 x107**

[www.lmortensen.illinoisproperty.com](http://www.lmortensen.illinoisproperty.com)

**\$500 REBATE AT  
CLOSING FOR  
BUYERS COSTS!!**

Purchase ANY HOME (listed with a realtor) through Linda Mortensen, Re/Max Grand through DECEMBER 31, 2006 & Receive FREE Money YES FREE! ... MONEY TOWARDS CLOSING COSTS, LAWYER FEES... YOUR CHOICE... UPON SUCCESSFUL CLOSING. Call for further details & more information on this FANTASTIC OFFER!

LINDA MORTENSEN, 847-587-8200, EXT. 107

### Real Estate Transactions

*This representation is based in whole or in part on data supplied by the Multiple Listing Service of Northern Illinois, Inc. The Multiple Listing Service of Northern Illinois, Inc. does not guarantee nor is it in any way responsible for its accuracy. Data maintained by the Multiple Listing Service of Northern Illinois, Inc. may not reflect all real estate activity in the market.*

#### LIBERTYVILLE

2080 Bob O'Link Lane, 498,000  
1405 Castleton, 705,000  
1311 St. William Dr., 588,000  
1636 Milwaukee Ave., 220,000  
1858 Waxwing Lane, 527,500  
1479 Milwaukee Ave., 291,000  
5233 River Bend Dr., 1,010,000  
1214 Oak Trail Dr., 720,000  
805 Garfield, 239,000  
201 Ellis, 280,000  
1873 Warbler, 559,950  
130 Sunnyside, 355,000

#### 1651 Cass Ave., 500,000

429 Hampton Terrace, 375,000  
1677 Cedar Glen, 510,000  
4412 Gavin Lane, 565,000  
741 Garfield, 168,000  
148 Golf, 176,000  
1130 Shari, 425,000

#### LINDENHURST

19610 Grass Lake Rd., 310,000  
597 Crosswind Ln., 650,000  
112 Hickory, 224,900  
500 Beck, 187,200

3137 Falling Waters, 187,200  
412 Woodland, 661,950  
460 Crooked Lake Lane, 250,000  
2899 Falling Waters Dr., 159,000  
742 Horizon Court, 274,000  
529 Beck Rd., 195,000  
2109 Rolling Ridge, 210,000  
409 Red Rock Dr., 370,000  
735 Porter Circle, 421,600

#### ROUND LAKE

2564 Birch, 369,599  
380 Havenwood Dr., 220,000  
294 Prairie Lane, 250,000  
214 Bernice Ct., 145,000  
1683 Turtle Creek 183,015  
462 Savoy Dr., 209,000  
24596 Norellius, 102,000  
574 Rosehall Lane, 194,500

34305 Circle Dr., 307,000  
322 Maple, 200,000  
24676 Passavant, 95,000  
283 Spring Lake Dr., 337,00  
34300 Barberry Rd., 155,900

#### WILDWOOD

33670 Royal Oak Lane, 162,340  
33125 Sunset Ave., 156,000  
33580 Royal Oak Lane, 265,000  
Eastview Rd., 265,000  
33720 Royal Oak Lane, 141,900  
33661 Royal Oak Lane, 125,900  
33187 Eastview, 212,000  
18135 Avon Ct., 237,000  
17896 Greentree, 215,000  
33289 Valley View Dr., 95,000  
33277 Valley View Dr., 95,000  
17696 Warren Ave., 229,000

Real Estate Transactions provided by Jeff Lang, Keller Williams (847) 603-2009

## REUPHOLSTER NOW! 15% Discount

On Special Ordered Material  
- With This Ad -

**Craftsman  
Furniture Shop**

2006 Sheridan Road  
Zion, IL 60099

**847-872-3496**



# Window treatments 101

Windows are the eye to the outdoors. That's why you have to think carefully when deciding on a style for each room in your house. But with so many terms exclusive to the window industry, how do you see clearly? Here's a guide to help you sort out all of the jargon.

## 1. Horizontal blinds

**Materials:** Aluminum, plastic, wood and faux wood

**Uses:** Control light and privacy easily. Durable and easy to maintain.

## 2. Vertical blinds

**Materials:** Aluminum, vinyl or reinforced fabric

**Uses:** Overlapping nature enables light control.

## 3. Swags (curtains)

**Materials:** Soft or sheer fabric

**Uses:** A portable style that can be draped over another treatment or used alone to soften a window frame.

## 4. Curtains and drapes

**Materials:** Fabrics in various colors and patterns

**Uses:** They can be designed to suit your decorating style. Fabric can add visual "warmth" to a room.

## 5. Cellular shades

**Materials:** Sheer or opaque paper or fabric

**Uses:** Available in various opening methods such as motorized or pull from bottom. Can be custom fit for any window shape or size.

## 6. Roller shades

**Materials:** Vinyl, canvas or bonded fabric

**Uses:** Offer moderate to full blackout of light for total privacy.

## 7. Roman blinds

**Materials:** Various fabrics

**Uses:** Manipulated cords and pulleys. Offer a casual look and add insulation.

## 8. Shutters

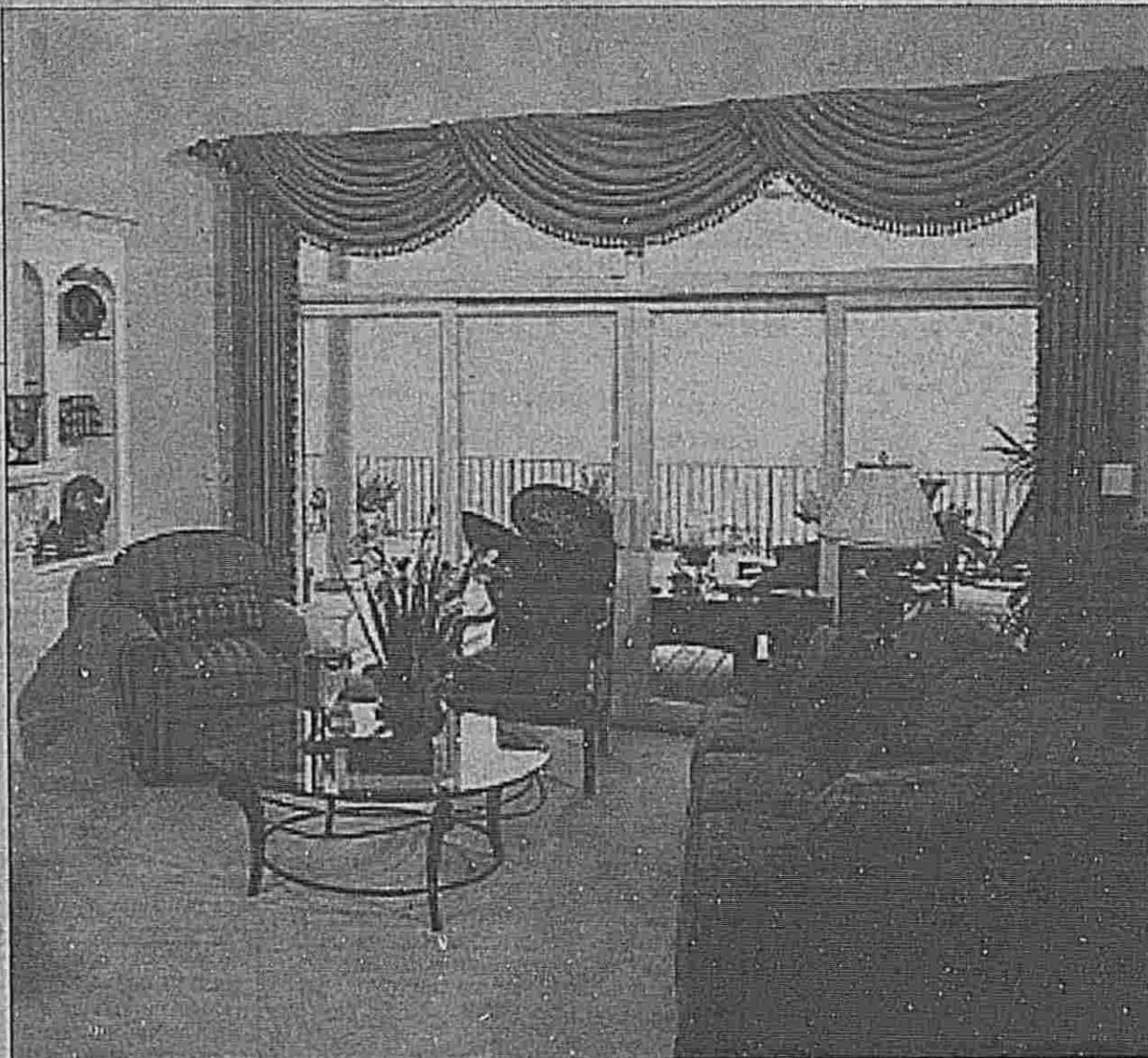
**Materials:** Wood or polymer panels or louvers; fabric, glass or metal inserts

**Uses:** Give an old-fashioned, cottage aura to a room.

## 9. Cornices or valances

**Materials:** Varies; anything from wood to silk-flower garland

**Uses:** Used to hide drapery hardware or make window and ceiling look taller.

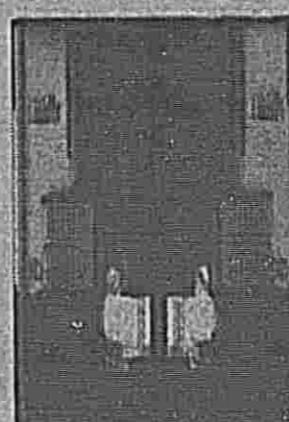
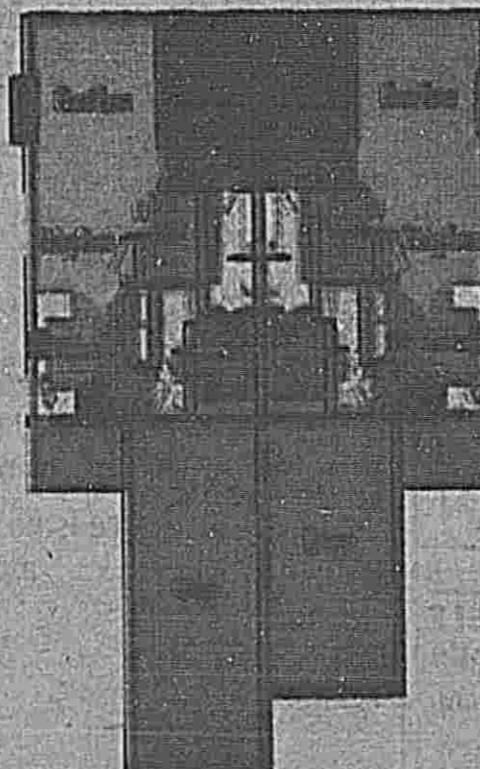


Window treatments add style and substance to a room. Choose one that complements the overall look you desire.



## ACT FAST FOR PRE-CONSTRUCTION PRICING

- Ranch & Townhome Condominiums from low 200's
- 2 & 3 bedroom plans
- Model located at 24826 87th St., Salem, WI
- Open Saturday & Sunday 1 to 3 pm
- Single family home & lot packages from 280's
- Model located at 1130 Berwick Ave., Silver Lake, WI
- Open Saturday & Sunday 1 to 3 pm



Just over the  
Illinois/Wisconsin border

For More Information on These or Any  
Other Bear Development/Bear Realty, Inc.  
Homes, Please Call...

**262-552-8248**

Web: [www.BearCommunities.com](http://www.BearCommunities.com)

**Bear** COMMUNITIES

CLASSIFIED

WEEKLY  
JOURNALS

## CLASSIFIED

Deadlines: For Display Ads • MONDAY, 5pm • Line Ads &amp; Legal Notices • TUESDAY, 5:00 pm

## Merchandise

Packages From  
4 Lines • 1 WeekStarting at  
\$12Items \$99  
or Less  
With Coupon  
Only!

## Employment

"HIRE THE  
BEST"  
OUR ADS GET  
RESULTS!Call for Rates  
and Specials.  
Print  
and On-line  
recruitment ads  
available.Ads appears in 12  
Weekly JournalsAntioch Journal  
Lake Villa Journal  
Wadsworth Journal  
Fox Lake Journal  
Lindenhurst Journal  
Libertyville JournalRound Lake Journal  
Mundelein Journal  
Grayslake Journal  
Gurnee Journal  
Wauconda Journal  
Waukegan Journal

2000 • Announcements

6000 • Real Estate

3000 • Employment

7000 • Rentals

4000 • Merchandise

8000 • Legals

5000 • Transportation

903-999 • Services

2000  
AnnouncementsUnlicensed  
Childcare 2020ACCOMODATING MOM  
WAITS TO CARE FOR  
YOUR CHILDREN in her  
Lake Villa home. Over 10  
years exp. Infants to 3rd.  
grade. Degree in education  
& child CPR Certified.  
Non-smoker with spotless  
driving record.  
847-265-1728Unlicensed  
Childcare 2020LOVING HOME DAY-  
CARE in Mundelein area.  
Meals provided, low cost.  
Lots of love & grl. ref.  
Paula 847-566-1560.ROUND LAKE DAYCARE  
IN MY PRAIRIE POINT  
SUB. HOME  
Imm. FT opening avail.  
Before & after school care  
also. All ages. Exclnt ref.  
Loving family environment.  
Call Debbie  
847-740-1442Proud of your company?  
Put your logo in the ad.  
Journal Classified (800)  
589-8237.Unlicensed  
Childcare 2020WAUCONDA DAYCARE  
MOM has (1) full-time  
opening, 7:30am-5pm.  
Lots of crafts & activities.  
(847) 526-5969.WAUCONDA FULL-TIME  
DAYCARE Fun nurturing  
environment, fenced yd.,  
park near by, meals &  
snacks provided. Ref. &  
Interviews avail. 20Yrs. Exp.,  
6am-6pm. Tasha (847)  
276-1656.

Notices 2225

Attend College Online from  
Home. \*Medical, \*Business,  
\*Paralegal, \*Computers,  
\*Criminal Justice.  
Job placement assistance.  
Computer provided. Financial  
Aid if qualified. Call  
866-858-2121 [www.OnlineEdwaterTech.com](http://www.OnlineEdwaterTech.com)

Notices 2225

PRESCRIPTIONS LESS  
THAN CANADA!  
Month: Flomax \$27.00,  
Fosamax \$16.00, Plavix  
\$45.00, Singular \$57.00,  
Norvase \$26.00, Advair  
\$47.00, Evista \$32.00, Via-  
gra \$2.75. Global  
Medicines 1866-634-0720  
[www.globalmedicines.net](http://www.globalmedicines.net)\*\*\*\*\*  
Earn \$7,000 - \$20,000!  
Be an egg donor or a  
gestational surrogate.  
Donors must be 20-29  
and non-smoking. Sur-  
rogates must be 21 - 35  
and have delivered at  
least one baby. Please  
call ARR at  
773-327-7315  
or email  
[info@arr1.com](mailto:info@arr1.com)  
for a prequalification  
form.  
\*\*\*\*\*Journal Classified  
800-589-8237

Adoption 2275

A BABY DESIRED:  
ADOPTION Adopting your  
newborn will make our  
dream of becoming par-  
ents come true. We are  
prepared to give your baby  
a loving home, family and  
lifetime of opportunities.  
Call Bill & Sharon 866-  
202-3678.Financial Services  
2400\$CASH\$ Immediate  
cash for structured settle-  
ments, annuities, law suit,  
mortgage notes & cash  
flows. J.G.Wentworth #1  
1-800-794-7310A picture is worth a  
thousand words!  
Including a photo in your  
ad increases readership  
by 37%. Advertise your  
property today in Journal  
Classified. Call (800) 589-  
8237 today. Visa, Master-  
card and Discover Card  
accepted.4000  
Merchandise

Free 4100

DOG - 3 yr old cocker  
spaniel, male, great w/  
kids & other animals. To  
good home. 815-578-9590FREE CAMPGROUND  
MEMBERSHIP Water  
Town & Door County, Wis-  
consin. Unlimited camping.  
(414) 431-1666.FREE PICNIC TABLE &  
GRILL, both need some  
TLC. You pick up. 847-  
226-2361.Free to good home  
ACFA Himalayan Cat  
Proven Stud; Seal Point  
815-765-3151Swing Set - Large, metal,  
incl glider, 3 swings, see-  
saw. You take apart & pick  
up. 847-548-7394

Free 4100

Baby Items 4150

OAK CRIB with crib bed-  
ding set. 312-375-5935

Bicycles 4160

PANASONIC SPORT 500,  
27", 10 speed, \$65. New  
tires, lights. 815-363-8131.

Rental Facts

Most renters consider  
rental rates, floor plans,  
and location the most im-  
portant items of informa-  
tion in a rental ad. Rent  
your property faster with  
help from a Journal Classi-  
fied representative. Call  
(800) 589-8237 today.Building Supplies  
41709'-10'-11" LOG CABIN  
LOGS CUSTOM NOTCH-  
ING. Examples: 24x30'  
\$8,800. 28x40' \$11,460;  
30x50' \$13,600. 1/2 Log  
with full corners. 40% off  
the above prices. 715-284-  
4241.

Computers 4200

ASUS MODEL N6600 EX-  
TREME PCI EXPRESS,  
256MB, Graphic Card,  
new in box, \$80. 262-862-  
6343. [tunderhill@wi.rr.com](mailto:tunderhill@wi.rr.com)ATTENTION  
Job SeekersAccording to the Newspa-  
per Association of Amer-  
ica, more than 4 in 10 job  
seekers say they read  
newspapers more often  
during their job search  
than they did before that  
time. To connect with  
qualified candidates, call  
(800) 589-8237 today.

## DEDUCTIBLE REWARDS

SIGN UP TODAY AND GET

\$100  
OFF YOUR DEDUCTIBLE

YOUR CHOICE AUTO™

Earn another \$100 off your deductible  
for every year you don't have an accident.  
Up to \$500. Deductible Rewards is just  
one of the money-saving features available  
with Your Choice Auto insurance, only  
from Allstate.Call a local Allstate  
1-888-ALLSTATE™ Allstate  
You're in good hands.

Feature is optional and applies to collision coverage. Subject to terms, conditions and availability. Patent pending. Allstate Property and Casualty Insurance Company, Allstate County Mutual and Allstate Fire and Casualty Insurance Company; Northbrook, IL. © 2006 Allstate Insurance Company.

CADA means  
GREAT GUNSDuPAGE EXPO CENTER: The Midwest's  
top show for quality collectible & sporting arms of all vintages  
Saturday, August 5, 9 AM-5 PM; Sunday, August 6, 9 AM-2 PMDuPage EXPO Center (FREE PARKING)  
on North Ave. across from Pheasant Run, 2 miles west of 59

Admission \$9; children under 12 free with adult

COLLECTOR ARMS DEALERS ASSOC. (815) 259-5445

REGIONAL ANTIQUE & COLLECTIBLE  
August 19th in Moline

OVER 2200 ITEMS IN OVER 1100 LOTS - MA

Military, hunting, sporting and antique firearms - many  
and pistols - ammunition, books, knives, swords, scopes,  
bronzes, collectible military items, and gun parts. Hur  
Smith & Wessons, Remingtons, Rugers, plus many Sav  
Marlins and other manufacturers. To order a black  
(\$20 inc. S&H) or to inquire about selling at aucti  
email: [info@rockislandauct.com](mailto:info@rockislandauct.com)The entire catalog is available @ [www.rocki](http://www.rocki)  
Auction commences at 10 a.m. Saturday, Aug. 19 at 450;  
Pre-auction viewing Friday, Aug 18 from noon to 6 p.m. a  
Open to the public. 17.5% buyer's premium for C/C, Disc  
check or cash. Auctioneer's License:

## Paws &amp; Pals

## People/Pet Look-Alike Contest

Do you or someone you know share an uncanny resemblance to a four footed friend?

Enter the Weekly Journals Paws &amp; Pals Look-Alike Contest!

There is no cost to enter, just mail or drop off at the  
a photo of yourself and your pet to:

Weekly Journals, Paws &amp; Pals

30 S. Whitney

Grayslake, IL 60030

Entries must be received by 5pm,  
Wednesday, August 2, 2006.All entries will be published the  
week of August 7, 2006 in the  
Weekly Journals Classified. NORTHWEST  
NEWS GROUP  
OF GREATER CHICAGO  
WEEKLY  
JOURNALS

**Publication Policy:** The Journal Classified reserves the right to edit or reject any ads. We use standard abbreviations and reserve the right to classify your ad. All ads subject to credit approval. Unless credit terms have been established, prepayment is required. We accept cash, check, Visa, Mastercard and Discover. **Sto Cancell:** Deadlines for ad cancellation are identical to deadlines for ad placement. **Please Check Your Ad:** To ensure the best response, please check your ad the first day it appears. If you see an error, call us immediately to have it changed. Our liability shall not exceed portion of the space occupied by the error after the first publication date.

**Furniture 4240**

**BED** - Children's, brand new! Very neat bed with lots of storage space. Has built in dresser drawers, storage closet and a huge desk. Also has a trundle bed. Moving Must Sell! Paid \$1,200 brand new, asking \$600/obo. Please call Kristin or Brion w/any questions. 815-333-4052

Including a photo in your ad increases readership by 37%. Advertise your property today in Journal Classified call us today at (800) 589-8237. Visa, Mastercard and Discover Card accepted.

**Furniture 4240**

**BEDROOM SET** P. A. 4 pieces, single bed with 3 large individual units, each unit is 3'x7'xH, all different w/drawers and shelves for

TV and desk, \$290. **BEDROOM SET** - 4 pc. Qn bed with head/footboard, 2 night stands, dresser with mirror, 62" W \$225. 815-344-6234

**COUCH AND MATCHING LOVESEAT**, cream, green and blue plaid. Good cond. \$250/best. Weber charcoal grill, new in box, \$40. 847-623-8288 after 5pm.

Journal Classified 800-589-8237

**Furniture 4240**

**FUTON FRAME & MATTRESS**, \$50. Full Serta mattress & box spring, \$100. 847-714-2646.

**LAZY BOY** queen sleeper sofa with two pillows, tan, very good cond. \$85. 847-265-0431.

**WATERBED**, king, Land & Sky, soft side, frame, heater, waveless. \$75. Call 630-365-3110.

**Collectibles 4250**

**TOY TRAINS LGB** Engines, cars, buildings, tracks. 815-675-1065

**Looking for a Career Change?**

According to the Newspaper Association of America, approximately 1/3 of all job changers said they were still checking ads in newspapers, and half that number had been consulting online job ads since their job change. With the Journal Employment section and ChicagoJobs.com, you've got it covered! To connect with qualified candidates, call (800) 589-8237 today.

**Lawn & Garden 4310****L & D LANDSCAPING!**  
**WE DO IT ALL****SPRING CLEAN UP**

**No job too big or too small.**

**CUTTING DOWN TREES****STUMP REMOVAL****Lawn Mowing****Weed & Edge****Flower Beds****Tree & Hedge Trimming****\*Mulch****\*Power Wash or****Staining Decks & Fences****\*Rototilling Small Flower Beds & Gardens.****Home**

(847) 223-3161

Cell (847) 845-8027.

**\*\*FIREWOOD AVAILABLE\*\*****Lawn & Garden 4310****LAWNMOWERS**  
**\$60 UP TO \$90.**  
**(847)546-4309.****Machinery & Tools 4320**

**SAWMILLS** from only \$2,795.00 - Convert your **LOGS TO VALUABLE LUMBER** with your own Norwood portable band sawmill. Log skidders also available. [www.norwoodindustries.com](http://www.norwoodindustries.com) FREE information: 1800-578-1363 Ext: 300-N

**Medical Equipment 4330**

**ABSOLUTELY NO COST TO YOU!** All Brand new Power wheelchairs, hospital beds, and scooters. Immediate delivery. Call toll free 1888-998-4111 to qualify.

Ads that work pay for themselves. Ads that don't work are expensive. Description brings results! Journal Classified (800) 589-8237.

**Miscellaneous 4340**

**ATTENTION: SMOKERS!!** Deeply Discounted Cigarettes! 16 Brands! (Premium Brands \$20.99) **FREE Delivery U.S.** 18+ call 1-877-367-2606

**GRILL** (Sears), small, w/propane tank, cooks great. \$25/best. 815-344-4385, McHenry.

**Relationships Improved!** Is irrational behavior ruining your relationships? What prevents long-term relationships? Find out, read Dianetics! Call 1800-722-1733 or visit [www.relationshipplonegivity.com](http://www.relationshipplonegivity.com)

**Metal Portable Buildings 4350**

**BUILDING SALE!** MANUFACTURER DIRECT Since 1980. Extensive range of sizes/models. Example: 40'x100'x16'=\$3,48/sq.ft. Ends optional, 3 week delivery. 25'x40'x12' \$3,990. (LIMITED QTY.). Pioneer 1-800-668-5422.

[www.mchenrycountysports.com](http://www.mchenrycountysports.com) Local Sports Attitude.

**Spas, Jacuzzis & Pools 4390**

**HOMEOWNERS WANT-ED!!** Kayak Pools is looking for demo homesites to display our virtually "Maintenance-Free" Pool. Save thousands of \$\$\$ with this unique opportunity. Call Now!! 800-31-Kayak Discount code: 521-L15

**Exercise Equipment 4415**

**EXERCISE** bike, like new & jump rope - \$25. Please call 630-232-2935.

**HOME GYM** 3 stations, 200lb. weight stack, asking \$390. Call 847-816-7308.

**Toys 4440**

**HAND CRAFTED** wooden sit-on steam shovel. Like new. \$75 or best. Please call 630-334-1796.

**CLOSETS FULL?**

Let us help empty them out. Place a 10-line, 3-day garage sale ad today. Call Journal Classified today at (800) 589-8237. Visa, Mastercard and Discover Card accepted.

**Pets & Supplies 4460**

**CHIHUAHUA PUPS** (3) long coat, 9 weeks old with papers, \$500/each. 224-402-2415

**LIVE CORALS**, mostly LPS & SPS. Prices vary, per size of coral, approx. 100 corals to choose from. 847-508-1711.

**PUG PUPS****AKC**

Fawn or black w/CH lines

**Stud Service Available**

Call 815-943-2711 or write: [horseman4607@yahoo.com](mailto:horseman4607@yahoo.com)

**RAT TERRIER PUPPIES** male \$150 Females- \$175 ten weeks, small & shots 815-765-3277

**RATS**, male or female, \$3 each. 815-363-0526

**SIBERIAN HUSKY**, 8yr. old male, neutered. \$50. Not good with children under 12 yrs. of age. 847-548-0520.

**YORKIE MALE**, 4/mos. old, natural, w/tail, Reg. Will be small, \$700 cash. 815-353-9081.

**Horses & Tack 4470**

**MINIATURE HORSES**  
Pets or breeding stock. Free delivery within 50 miles. Photos by email or visit farm. Call for info & prices: 847-546-6655

**4500 Garage Sales****Antioch Sales 4535**

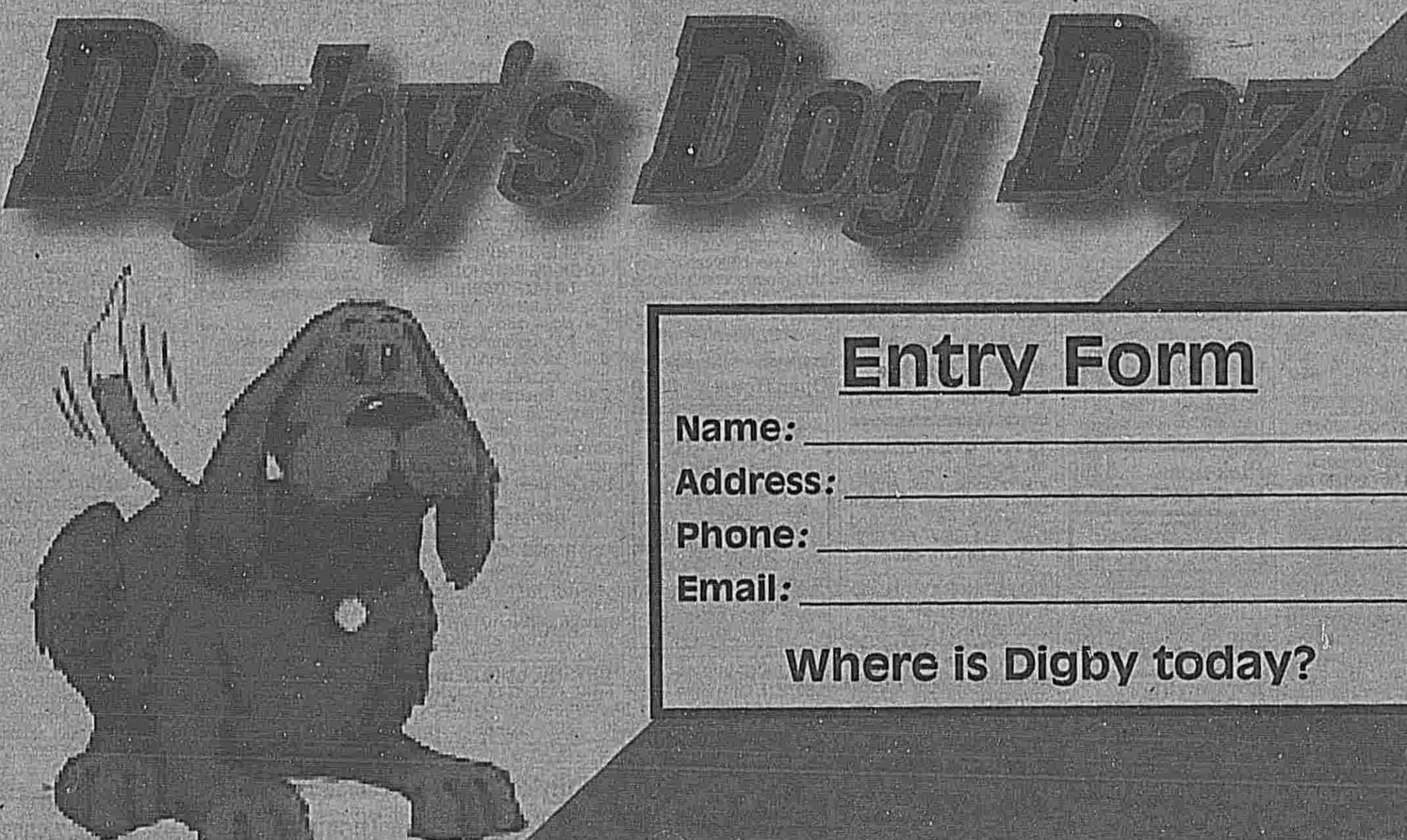
**ESTATE/MOVING SALE**  
House sold, everything must go. Aug. 4, 5, 6, 9am-5pm. Furniture, tools, etc. 26605 Wilmot Rd., Antioch. 847-395-7801.

**Grayslake Sales 4645**

**BIG CHURCH RUMMAGE SALE**  
Shepherd of the Lakes Lutheran Church Washington St. 1 block West of Rt. 83, Grayslake. Fri. 8/11, 9am-7pm. Sat. 8/12, 9am-noon. Clothes, baby items, toys, furniture, housewares, electronics, tools and much more.

**HAINESVILLE VILLAGE WIDE** Sat. 8/5, 9am-3pm. Maps @ Village Hall, 100 N. Hainesville Rd. @ Rt. 120.

**SOMETHING FOR NOTHING!**  
Place a FREE 4-line, 7-day ad in Journal Classified to sell any item under \$100. Look for the free ad coupon in our Journal Classified section.



1. Entry forms will be printed each week.
  2. Each week, look for Digby! When you find him, record the classification on the entry form.
  3. Mail your entry form to:
  4. A winner will be drawn each week at random with the Grand Prize drawing to take place on August 18th.
- DIGBY'S DOG DERBY  
30 S. Whitney St. • Grayslake, IL 60030

**Lake Villa Sales**  
**4787**

**GARAGE SALE** 36911 N. Deer Trail, Lake Villa, (Deerpath Sub.), Off Rt. 45.

**Miscellaneous Garage Sales**  
**4980**

**RICHMOND INDOOR FLEA MARKET**  
3 blocks West of Rt. 12 on Rt. 173 Richmond, IL.

**OPEN SAT-SUN 9 to 5**

**FREE Admission FREE Parking**

**"We Have It All"**  
New and Used!

**Antiques, Collectibles, knives, crafts, coins, jewelry, marbles, swords, records, clothes, iron works, toys, lawn ornaments, furniture, tools, paintings, bikes, slot machines, electronics. New Items Added Weekly, too many misc to list!**

**5000 Transportation****Auto Parts & Supplies**  
**5100**

1997 & 2002 JEEP TONS of Jeep parts! Too much to list, call for info: 815-703-7987

**Autos**  
**5150**

\$500.00 Police Impounds. Cars from \$500! Tax repos Us Marshal and IRS sales. Cars, Trucks, SUV's, Toyota's, Honda's, Chevy's and more! For listings: 1800-298-1768 ext. 1010

www.chicagojobs.com  
Journal Classified  
(800)589-8237.

**Autos**  
**5150**

\$500.00 Police Impounds. Cars from \$500! Tax repos Us Marshal and IRS sales. Cars, Trucks, SUV's, Toyota's, Honda's, Chevy's and more! For listings:

1800-298-1768 ext. 1010  
\$500.00 Police Impounds. Cars from \$500! Tax repos Us Marshal and IRS sales. Cars, Trucks, SUV's, Toyota's, Honda's, Chevy's and more! For listings:

1800-298-1768 ext. 1010  
1976 CORVETTE STINGRAY, completely rebuilt, perfect cond. New paint, \$6,000 in brand new parts just put in, \$15,000/best. 847-508-1711.

1986 Ford Mustang GT, 88k, 5 speed, t-ops, clean, \$2500/obo. 847-426-4533

1991 CHEVY CAMERO RS - V6, new brakes, exhaust & starter, runs good! \$1900/obo 815-728-0168 Call after 4PM

1993 CAMERO Z28 Auto, Red/blk leather, SLP Loud-mouth exhaust, MSD Ignition, 2 12" JL audio subs, 800 watt AMP, needs minor cosmetics, runs good! \$5000/obo 815-575-1845

1993 Chevy Cavalier \$1,995. 847-623-3000 DL

1993 Honda Accord fresh tune-up/brakes/tires & muff. runs great high-mi. \$1250/obo 815-675-6429

1994 MAZDA Miata Conv. Red, 47k miles, CD, rear wheel drive w/all tires in good shape, exc cond, \$8,700/obo 224-623-2285

1997 TOYOTA CAMRY, blue, good cond., very low miles, \$5,500/best. 847-445-4821, 847-445-6629.

1999 CADILLAC SEVILLE SLS ★ White diamond, tan cloth roof with sunroof, beige leather interior, 54K miles, ext. warr., exc cond! \$13,500 815-404-1659

1999 Chrysler Concord \$6,495. 847-623-3000 DL

1999 Chrysler Concord \$6,495. 847-623-3000 DL

2001 Buick LeSabre \$9,980 877-254-8983

2001 Chrysler PT Cruiser \$8,095. 847-623-3000 DL

2001 HONDA ACCORD EX, 2 door, 4 cyl, auto, exc condition! Low miles, fully loaded, sunroof, 6 disc CD changer, all maintenance done! \$12,400. 815-301-7592

2001 PONTIAC GRAND AM GT, red, clean, excellent mechanical, 74K mi, \$6200/obo 815-338-2883

2002 Dodge Intrepid Silver \$9,980 877-254-8983

2002 Nissan Maxima SE \$13,195. 847-623-3000 DL

2002 Nissan Xterra \$13,295. 847-623-3000 DL

2002 Pontiac Firebird \$15,895. 847-623-3000 DL

2002 Pontiac Grand Prix \$10,980 877-254-8983

2002 Pontiac GrandAmGT \$7,980 877-254-8983

**Autos**  
**5150**

2003 Chevy Malibu Teal \$9,980 877-254-8983

2003 Dodge Neon SXT \$9,995. 847-623-3000 DL

2003 Hyundai Santa Fe \$11,195. 847-623-3000 DL

2003 Pontiac Grand Am \$9,980 877-254-8983

2003 Pontiac Grand Prix \$11,980 877-254-8983

2003 Pontiac Grand Prix GT \$14,980 877-254-8983

2004 Chevy Impala 4DR \$10,495. 847-623-3000 DL

2004 Chevy Impala Gray \$11,980 877-254-8983

2004 Chevy Malibu Biege \$10,980 877-254-8983

2004 Ford Crown Vic Blue \$14,980 877-254-8983

2004 Pontiac Grand Am \$12,980 877-254-8983

2004 Pontiac Grand Am \$13,980 877-254-8983

2005 Chevy Malibu Biege \$11,980 877-254-8983

2005 Dodge Magnum SXT \$19,795. 847-623-3000 DL

2005 Kia Optima Blue \$12,980 877-254-8983

2005 Volkswagen Toureg \$28,995. 847-623-3000 DL

We pay \$100 or more for any complete car, any condition. Route 14 Auto Parts. 815-338-2100

**Classic Autos**  
**5200**

1961 FORD T-BIRD Original car, never restored, 27,500 miles, 390 eng, black w/black int, pw, runs and drives well! Very good cond! \$12,900/obo 815-459-3954 - Aft 4pm

Over 500 classic, antique, hot rods, street rods, and hard to find vehicles all in the Midwest. Check out midwestclassiccars.com

**Pick-ups**  
**5250**

1991 Chevy 1500 4x4, runs good. \$2,500 815-341-1625

2001 Chrysler PT Cruiser \$8,095. 847-623-3000 DL

2001 HONDA ACCORD EX, 2 door, 4 cyl, auto, exc condition! Low miles, fully loaded, sunroof, 6 disc CD changer, all maintenance done! \$12,400. 815-301-7592

2001 PONTIAC GRAND AM GT, red, clean, excellent mechanical, 74K mi, \$6200/obo 815-338-2883

2002 Dodge Intrepid Silver \$9,980 877-254-8983

2002 Nissan Maxima SE \$13,195. 847-623-3000 DL

2002 Nissan Xterra \$13,295. 847-623-3000 DL

2002 Pontiac Firebird \$15,895. 847-623-3000 DL

2002 Pontiac Grand Prix \$10,980 877-254-8983

2002 Pontiac GrandAmGT \$7,980 877-254-8983

**Sport Utility Vehicles**  
**5275**

2002 Jeep Wrangler \$11,980 877-254-8983

2002 Land Rover

Freelander \$9,980 877-254-8983

2002 Mercury Mountaineer \$14,995. 847-623-3000 DL

2003 Pontiac Grand Prix

\$11,980 877-254-8983

2003 Pontiac Grand Prix GT \$14,980 877-254-8983

2004 Chevy Impala 4DR \$10,495. 847-623-3000 DL

2004 Chevy Impala Gray \$11,980 877-254-8983

2004 Chevy Malibu Biege \$10,980 877-254-8983

2004 Ford Crown Vic Blue \$14,980 877-254-8983

2004 Pontiac Grand Am \$12,980 877-254-8983

2004 Pontiac Grand Am \$13,980 877-254-8983

2005 Chevy Malibu Biege \$11,980 877-254-8983

2005 Dodge Magnum SXT \$19,795. 847-623-3000 DL

2005 Kia Optima Blue \$12,980 877-254-8983

2005 Volkswagen Toureg \$28,995. 847-623-3000 DL

We pay \$100 or more for any complete car, any condition. Route 14 Auto Parts. 815-338-2100

**4x4's**  
**5350**

1984 CJ7 Jeep runs/ drives exc. great frame/body 4 spd 6 cyl. Hardtop \$3800/obo 815-790-4811

2003 CHEVY EXPRESS VAN 1 Ton 12 passenger, 84K miles, great condition! \$12,000 815-363-7919

2003 Chrysler Voyager LX \$9,795. 847-623-3000 DL

2004 CHEVY EXPRESS AWD, pw, a/c, remote start, heated seats, tan leather interior, 2 tone exterior, dark blue and gold, 18" chrome rims, 20" drop down flat DVD screen, 21K miles, \$29,900 815-404-1659

2004 CHEVY EXPRESS AWD, pw, a/c, remote start, heated seats, tan leather interior, 2 tone exterior, dark blue and gold, 18" chrome rims, 20" drop down flat DVD screen, 21K miles, \$29,900 815-404-1659

2004 CHEVY EXPRESS AWD, pw, a/c, remote start, heated seats, tan leather interior, 2 tone exterior, dark blue and gold, 18" chrome rims, 20" drop down flat DVD screen, 21K miles, \$29,900 815-404-1659

2004 CHEVY EXPRESS AWD, pw, a/c, remote start, heated seats, tan leather interior, 2 tone exterior, dark blue and gold, 18" chrome rims, 20" drop down flat DVD screen, 21K miles, \$29,900 815-404-1659

2004 CHEVY EXPRESS AWD, pw, a/c, remote start, heated seats, tan leather interior, 2 tone exterior, dark blue and gold, 18" chrome rims, 20" drop down flat DVD screen, 21K miles, \$29,900 815-404-1659

2004 CHEVY EXPRESS AWD, pw, a/c, remote start, heated seats, tan leather interior, 2 tone exterior, dark blue and gold, 18" chrome rims, 20" drop down flat DVD screen, 21K miles, \$29,900 815-404-1659

2004 CHEVY EXPRESS AWD, pw, a/c, remote start, heated seats, tan leather interior, 2 tone exterior, dark blue and gold, 18" chrome rims, 20" drop down flat DVD screen, 21K miles, \$29,900 815-404-1659

2004 CHEVY EXPRESS AWD, pw, a/c, remote start, heated seats, tan leather interior, 2 tone exterior, dark blue and gold, 18" chrome rims, 20" drop down flat DVD screen, 21K miles, \$29,900 815-404-1659

2004 CHEVY EXPRESS AWD, pw, a/c, remote start, heated seats, tan leather interior, 2 tone exterior, dark blue and gold, 18" chrome rims, 20" drop down flat DVD screen, 21K miles, \$29,900 815-404-1659

2004 CHEVY EXPRESS AWD, pw, a/c, remote start, heated seats, tan leather interior, 2 tone exterior, dark blue and gold, 18" chrome rims, 20" drop down flat DVD screen, 21K miles, \$29,900 815-404-1659

2004 CHEVY EXPRESS AWD, pw, a/c, remote start, heated seats, tan leather interior, 2 tone exterior, dark blue and gold, 18" chrome rims, 20" drop down flat DVD screen, 21K miles, \$29,900 815-404-1659

2004 CHEVY EXPRESS AWD, pw, a/c, remote start, heated seats, tan leather interior, 2 tone exterior, dark blue and gold, 18" chrome rims, 20" drop down flat DVD screen, 21K miles, \$29,900 815-404-1659

2004 CHEVY EXPRESS AWD, pw, a/c, remote start, heated seats, tan leather interior, 2 tone exterior, dark blue and gold, 18" chrome rims, 20" drop down flat DVD screen, 21K miles, \$29,900 815-404-1659

2004 CHEVY EXPRESS AWD, pw, a/c, remote start, heated seats, tan leather interior, 2 tone exterior, dark blue and gold, 18" chrome rims, 20" drop down flat DVD screen, 2

**Houses for Sale** 6250

**INGLESIDE** Come see this great Duck Lake Woods Property! Better than lakefront. Property backs to lake with all the views. Motor boat lake, 6-bdms., 2 on first floor, with full bath. One is used as office, newer remodeled kit. W/sub zero appls. 2nd floor addition about 13 years old with large lux. Bath whirlpool tub and sep. shower. 2 bed Have sliders to large deck overlooking lake, two sided fireplace one in liv. & fam., first floor has 9-1/2 ft. Cell. hardwood floors, diningroom to fit the décor. Full bsmnt., no gar. But room to build. This is a lot of house that could be a lot of fun! Offered at \$344,900. For more information call Debbie Mueller, Prudential Great American Real Estate (847) 404-9060-cell.

**JOHNSBURG RANCH** 2-bdrm., 1-bath, C/A, all appls., hardwood flrs., new roof, freshly painted, att. Gar., big lot. Ready to move in. Lic. Realtor. \$162,500. (815)245-7343.

**KENOSHA NEW CONSTRUCTION BY OWNER** 3-bdrm., 2-1/2 bath, 1-1/2 story, lg. familyroom, eat-in kit., 1/3 acre lot. Easy access to I-94 & Hwy. 41. \$299,000. 262-344-6092.

**LAKE GENEVA, WI** Stone ranch on dbl lot in rustic setting 3 blks from lake, rehabbed 3 bdrm., 2 bath. \$280,000 firm. More info at [www.fson.com](http://www.fson.com) Ad #20287 Broker Owned 262-215-8897

**Lake Villa School Dist Price Reduced MUST SELL**

Beautiful 2 story home, built in 2001. 4 BDR, 2.5 BA, 2 car gar, hardwood floors, ceramic tile, fin basement, huge patio. 1 yr old playset in back yd. Beautifully landscaped. \$259,900 / best 847-652-5347

**MCHENRY** 2000sq.ft. 2 story w/full fin. Bsmt. 3-bdrm., 2-bath, den/office, Dr, Lr., all appls., C/A, f/p, 2-1/2 car gar. On 1/2 acre. Rural, so bring the cars, boats, family and all the toys! \$264,500. Century 21 Care Call Carol Bradley (815)344-4240.

**Houses for Sale** 6250

**MCHENRY** 3-bdrm. Cape Cod, LR, DR, FR, C/A, gar., fenced yd., water rights. \$161,900. Century 21 Care Call Carol Bradley (815)344-4240

**McHenry 1915 Birch Lane** 3-4 bdrm., 3 baths, fpl., large lot, split level, many up-dates! \$259,900. Polly 773-718-8800. Century-21 McMullen RE

**MCHENRY FSBO** Cute farmhouse, 3-4 bdrm., 2 bath, 2.5 car gar. Owner financing, \$197,000. 815-814-6522

**MUNDELEIN** 3-bdrm., 1-bath, 1-car det. gar., completely remodeled. \$229,900. 614-205-3636.

**PARK CITY** 4-bdrm., 2-bath, 2-car gar., completely remodeled. Century 21 United Call Carla 847-293-6104.

**PISTAKEE LAKEFRONT ESTATE** 2.25 acres, 4-bdrm., 4-bath, indoor pool, 11 car gar. Just reduced \$1,299,900. T. Gammes, RE/MAX Suburban 847-367-8686, ext. 208.

**PLEASANT PRAIRIE, WI** 10718 38th Ave. \$253,900. 3+1bdrm., 2-bath, 8 rooms, 1/2 acre. Remodeled kitchen & baths. New mechanicals, driveway & roof. 262-694-0060. [www.candew.com/lso](http://www.candew.com/lso)

**★ NEW TODAY ★**

**Round Lake Heights** 3 bdrm, 2 bath Brick Tri Level, 4 yr. old 1938 sq ft, 2 car garage, \$239,900 FSBO - 847-546-3708

**★ NEW TODAY ★**

**Round Lake Heights** 3 bedroom, 3.5 bath, 4 yr. Old, full basement, 2 car garage. \$239,900 FSBO - 847-271-4512

**WE'VE GOT IT!** Journal Classified. (800) 589-8237. Visa, Mastercard & Discover Card accepted.

**Houses for Sale** 6250

**ROUND LAKE PARK** Great 3-4 bdrm., 2-bath spacious house. Eat-in kit., livingroom, familyroom, laundryroom, big deck. Room to add a gar in mint cond. \$153,000. Owner will consider land contract with \$8,000 down. Act Fast! 847-612-6393.

**TWIN LAKES, WISC.** Lg. 4-bdrm., 2-bath, fpl., whirlpool tub, fresh paint in/out, 2 out buildings (1) 29x29 ht, (1) 63x30 automotive shop w/infrared heat & automotive lift. Just under 2 acres. Dave (262) 909-0188.

**WAUKEGAN BEAUTIFUL UPDATED BRICK RANCH** 3-bdrm., 2-bath, familyroom, diningroom, livingroom, 2-car gar., fin. Bsmt. W/fpl. & guest room. Priority snowplowing, 45 mins from Chicago or Milwaukee. Mins from train station, 15 mins from Gurnee. \$219,000. OPEN HOUSE Sat. 6/24, 11am-3pm, Sun. 6/25, 2pm-5pm. 1061 Flossmoor, Waukegan. (847)826-1540.

**WAUKEGAN ONE OF A KIND FIVE car** (1400 square foot) attached garage w/sep. heating & cooling, stainless steel GE Profile appliances, 18" ceramic tile floors, wood shutters throughout, 6 panel doors, luxury master suite w/huge walk-in closet, vaulted ceiling, mstr. Bath w/jacuzzi and glass shower, custom light fixtures, 6' cedar privacy fence, cement patio, and much more!! \$275,000. Craig Stein RE/MAX Showcase (847)624-6184.

**WINTHROP HARBOR** 2 Tri-level homes (1) 4-bdrm., 2-ba. (1) 3-bdrm., 2-ba. Both under \$190,000. **WAUKEGAN** 3-bdrm brick ranch on lg. lot. Under \$172,000. **ANTIOCH** Zoned B-1 Residential business property. Can be converted to office & apt. All homes Land Contracts, small down payments. 847-395-1002.

**WINTHROP HARBOR** 2,000SQ.FT. RANCH 3-bdrm., 2-bath, 1/2 acre land, (2) 2-1/2 car garages. Call for apt. (847) 872-1233. [buyowner.com](http://buyowner.com) #10567.

**WE'VE GOT IT!** Journal Classified. (800) 589-8237. Visa, Mastercard & Discover Card accepted.

**Houses for Sale** 6250

**WONDER LAKE** 4-bdrm., 4 full baths, Cape Con on "1" Country Acre F/P, C/A, full bsmnt., familyroom, 2-1/2 car gar. W/loft, room for everything & no neighbors behind you. **JOHNSBURG SCHOOLS!** \$286,400. Century 21 Care Call Carol Bradley (815)344-4240.

**ZION** Newly remodeled 4 bedroom, all newly decorated bath, large eat-in kitchen, living room, new carpet & paint throughout, 2.5 car garage, washer and dryer included, nice neighborhood. Offered at \$144,900. Matt @ Bresnahan Real Estate 847-223-5201

**RICHMOND** Kensington Manor Builders decorated model. **1ST FLOOR** 1 bdrm 1 bath all appl blinds, carpet, a/c, 1 car gar. Exc financing avail \$97,900 815-678-4663

**Condos/Townhomes For Sale** 6300

**AFFORDABLE SPACIOUS 1 BDRM. LOFT-OFFICE CONDOS** PVT. ENTRANCE ONLY \$97,900! 1ST. FLR. UNIT, FP/AC/deck/apps. Mint cond. Comer Rt. 41 & Rt. 137. Call Brenda 847-596-6109 RE/MAX SHOWCASE.

**FIRST FLOOR CONDOS ARE HARD TO FIND. WE HAVE ONLY 1 LEFT!**

Great for seniors or anyone who doesn't want to climb stairs. Stunning new construction ground flr. Kenosha Condo. Spacious 2-bdrm., 2-bath w/media center & att. gar. Handicap adaptable. Beautifully landscaped. Near WI/L border. \$164,900. Call Scott for showing. 224-280-9028.

**FOX LAKE 1 BDRM. CONDO FOR SALE** \$62,900/best. 847-577-9075.

**FOX LAKE FOR SALE OR RENT** 2-bdrm. Condo. \$88K to buy, \$850/mo. To rent. (708) 308-3232.

We'll print & distribute over 280,000 copies of your ad every week! Journal Classified (800)589-8237.

**Condos/Townhomes For Sale** 6300

**FOX LAKE** Why rent when you can buy a town home for under \$85,000? 2 bedrooms, 1-bath, many amenities in the community, outdoor heated pool, tennis, hiking trails, beach, boat launch with access to Chain of Lakes, boat slips available, and 2 clubhouses. \$81,900. Craig Stein RE/MAX Showcase (847) 624-6184.

**GENOA CITY, WI** 2 yr old TH w/upgrades. 2 bdrm, 1.5 bath, full bsmnt. \$160,000 262-279-6588

**GRAYSLAKE** T.H. \$225,000 3-Bdrm., 2-1/2 bath, 2-car gar, eat-in custom kit. w/42" oak cabinets, ceramic flr. & back splash. Ceramic tile in bathrooms, fpl., professionally painted, security system, all appls. stay. 847-223-9135.

**Condos/Townhomes For Sale** 6300

**GRAYSLAKE** T.H. \$225,000 3-Bdrm., 2-1/2 bath, 2-car gar, eat-in custom kit. w/42" oak cabinets, ceramic flr. & back splash. Ceramic tile in bathrooms, fpl., professionally painted, security system, all appls. stay. 847-223-9135.

**Lots & Acreage For Sale** 6460

**BEACH PARK** 14x65, 2-bdrm., all appls. stay, laundryroom, W/B fpl., screened porch, corner lot. \$14,000/best. (847)672-9465.

**FOR SALE OR RENT** 3-bdrm., 2-bath double wide 1700sq.ft., completely remodeled. New appls., gourmet kit. w/breakfast nook, 14x25 livingroom, master suite w/sunken tub & shower, covered deck, 10x12 storage shed, formal diningroom. Avail. 7/1 or 8/1. Rent \$1,100/mo. Buy \$45,000/best. 10 mins. From G.L./Abbott Labs. (847) 336-0264.

**MODULARS, DOBLEWIDES, SINGLEWIDES, ILLINOIS** LARGEST DISPLAY OF FACTORY BUILT HOMES. FOUNDATIONS, BASEMENTS, GARAGES, SEPTICS. WE DO IT ALL FREE STATEWIDE DELIVERY AND INSTALLATION. RILEY HOMES 1-800-798-1541.

**PARK CITY-FARMINGTON ESTATES** 14x80 M.H. 3-bdrm., 2-bath, den w/fpl., garden tub, covered deck, shed, off street parking for 3 vehicles. Clean & roomy. Asking \$24,900. Mike 847-494-1781

**OPEN HOUSES** Watch for the Journal Classified Open House Directory every Friday, Saturday and Sunday. Include your listing by calling (800) 589-8237.

**6000 Real Estate for Rent**

**McHenry 8 Unit brick TH bldg w/att gar, c/a, exc cond tenant pays util, owner fin \$925K** fsbo 815-344-1250

**Vacation Property For Rent** 7100

**PANAMA CITY BEACH RENTALS!** WE RENT THE BEACHES. [pcbeachrentals.com](http://pcbeachrentals.com) Call for end of summer & monthly specials. Open 24/7 800-923-2737.

**COUNTRY FAIRE CONDOMINIUMS FOR RENT**

**Route 120 & Route 45 in Grayslake**

**FIRST MONTH RENT FREE**

**\$400 Security Deposit**

**1 Bedrooms \$775.00**

**2 Bedrooms \$875.00**

**847-223-5100**

**Full Amenities**

**6000 Real Estate for Rent**

**600**

**Apartments  
For Rent 7250**

WAUCONDA 1bdm. Apt. Newly dec., heat & hot water included. \$635/mo. Lease, sec. dep., ref. No pets. Avail. Immediately. (847)433-0891.

Waukegan - Spacious 1<sup>st</sup> & 2<sup>nd</sup> floors of house, 3 blks from downtown. 1<sup>st</sup> floor w/2 bdrm, kitch, bath, DR & FR, \$850/mo + utilities; or 2<sup>nd</sup> floor w/3bdrm, kitch, bath & FR, \$950/mo + utilities. Entire house \$1,600/mo + utilities 847-699-2012

**ZION 2 BDR APT**  
All new apps., carpet. Walk to schools and shopping. \$850/mo. 847-356-8406

**Condos/Townhomes  
For Rent 7300**

BEACH PARK 3-bdrm., 2-1/2 bath, 2-car gar., Cambridge Sub. \$1,400/mo.+1/mo. sec. dep. Call Nina 847-899-5804

**GRAYSLAKE/ WILDWOOD**  
1, 2, 3 bdm. Condos. From \$109,900-\$169,900. Mins. to Gurnee Mills. Garage included in select units. IGL R.E. Brokers. (847)548-5100.

**GURNEE 2-BDRM. CONDO** 1-ba., 2-car gar., corner unit, vaulted ceiling, Stonebrook, near Grand Ave./94. \$1,275/mo.+utils. & 1/mo. Dep. (847)406-0554.

**GURNEE HEATHER RIDGE** on the golf course, 1-bdrm. T.H., den, frpl., 2-baths, gar., grt. for teachers. Furnished. Available Sept. thru May. \$1,095/mo. 847-680-7747.

**MCHENRY CONDO.** FOR RENT WITH OPTION TO BUY  
Move-in cond. W/vaulted ceilings, frpl., washer/dryer in-unit, 1-car gar. Amenities include on-site health club, tennis court, indoor/outdoor pools. \$795/mo. 847-609-5503.

**ROUND LAKE BEACH** T.H. 2-bdrm., 1-1/2 bath, 1-car gar., washer/dryer, new carpet, C/A. Avail. Now. \$1,050/mo. +sec. dep. Includes water & trash. 847-271-9703.

**ROUND LAKE SOUTH OF RT 120** New construction T.H. For Rent. 3-bdm., 2.5 bath, 2-car gar., maintenance free, walking trail. Grayslake School Dist. \$1,350/mo. 847-877-2314.

**Houses  
For Rent 7400**

**ADORABLE** 2bdm., 1ba. beautiful lot, pvt. lakefront neighborhood, huge deck, C/A, hardwood floors, lake rights. Grayslake Schools. Rent is only \$1,200, or rent w/option to buy. 847-530-1349.

**ANTIOCH TOWNSHIP** Grass Lake School, 5+bdm. w/in-law arrangement, \$1,485/mo. 847-587-6377.

**Houses  
For Rent 7400**

ANTIOCH LAKEFRONT 2-bdm., 1-bath house, \$1,200/mo. And 1-bdm. apt. \$850/mo. utils. included. Pier, sandy beach. 847-395-2882.

Beach Park duplex, new construction. 3 BDRM, 2.5 bath. OPTION TO BUY of townhouse in Mundelein, 3 BDRM, 3 bath, new construction w/option to buy. 847-331-9220

Beautiful 4-bdm., 2-1/2 bath single home located in Fox Lake, Mineola Bay Lakefront. 5 mins. Walking distance from Fox Lake Metra, own 5ft. Steel wall on Channel to park boat. Ready to rent. Pets welcome. \$1,700/mo. Must have good credit. Call Irina (847)322-4244.

**CARY** 3 bedroom, 1 bath big lot, walk to train, \$1200 RENT or RENT TO OWN 224-628-6057

**GRAYSLAKE** 4-bdm., 3-bath, fin. bsmt., big back yd. \$1,990/mo. Rent to buy option. Avail. Oct. 1<sup>st</sup>. 847-401-2111.

**GRAYSLAKE SCHOOL DISTRICT** 2-bdm. w/den T.H., full bsmt., 2-car gar., blt in 2005. \$1,375/mo. **ROUND LAKE** 3-bdm., 2-bath, 2-car gar., \$1,200/mo. My Home R.E. 847-409-4949/406-0955.

**GURNEE 2-Story Home** In Prestigious Hunt Club Farms 2-mins from Gurnee Mills & I-94 on Hunt Club Rd. Exc. Gurnee Schools, 3bd/2ba, Lrg kit w/app'l's, living, office, unfinished basement, C/A, newly updated w/1car det. gar. Must have good credit. 847-740-9230

**GURNEE** 4-Bdm., 3-1/2 baths, \$1,935/mo. Century 21 United, call Carla 847-293-6104

**INGLESIDE WATERFRONT** Brand new 3-bdm, 2.5 bath, 2-c. gar., deck, fishing & Metra \$1,450/mo. w/option 773-544-8811

**LAKE VILLA** NEW 3-bdm., 2-bath, 2-car gar., appls., lg. yd., 1 block from lake. \$1,350/mo. (847) 356-4278.

**LAKE VILLA** Quiet home on Cedar Lake Shore. 2-bdm., 1-1/2 bath, redecorated, 2-car gar. Non-smoking. No pets. Ref., credit check & sec. dep. \$990/mo. 847-395-1989 after 7pm.

**★ NEW TODAY ★**

**LINDENHURST ON WATERFORD LAKE** Furnished 4 bdrm, 2.5 bath, huge deck, frpl, fire pit, pier Lakes H. S. District flexible terms. \$2400/mo. 847-409-4249

**McHenry** 3 bdrm., 2 bath, house on Pistakee Lake. Apps. \$1050/mo.+sec. +tel. 847-669-6575

**Houses  
For Rent 7400**

ROUND LAKE PARK RENT TO OWN Big, clean 3+bdm., 2-bath, eat-in kit., laundryroom, fresh paint, big yd. w/deck, walk to lake. Only \$4,500 down, \$1,290/mo. 847-612-6393 or 847-722-0269. renttodaytoday.com

WAUKEGAN 3-bdm., 1-ba house, full bsmt., 2.5 car gar. Close to Abbott & Base. \$1,500/mo.+utils. 847-436-4132.

**WAUKEGAN BRAND NEW** 3-bdm., 1-bath, quiet street, near park. Section 8 accepted. 847-732-6693.

**ZION** 2-bdm., 2-car gar., full bsmt., new kit & ba, frpl. \$1,075/mo.+sec. 847-926-0401.

**Mobile Homes & Lots For Rent 7450**

**Chain-O-Lakes** Mobile Home Park 120 & Fairfield A new double wide & single wide are on the way!

We also have used homes available. Please call for more information or to set up an appointment. Must have good credit. 847-740-9230

**Comm. Property  
For Rent 7500**

**GRAYSLAKE DOWNTOWN NEW CONSTRUCTION** 1,000-4,000sq.ft., 1<sup>st</sup> Floor, custom build out possible. \$13.00/sq.ft. 847-548-8100.

**HARVARD** 6600-7500 sf stand along building, 4 OH doors, office, large fenced yard with outside storage avail. 815-245-7364

**Retail/Office Space  
For Rent 7550**

**ANTIOCH 2 ROOM OFFICE SPACE** on Rt. 83/Wisc. Border. \$500/mo., util. pd. 1ST. TWO MONTHS RENT FREE WITH SIGNED LEASE. (847)395-7801

**FOX RIVER GROVE** Near Rt. 14 & 22, 100 sq ft, heat and water incl. \$800/mo + sec. 847-639-3394

**GRAYSLAKE DOWNTOWN STORE FRONT FOR RENT** Approx. 1500sq.ft. \$1,495/mo. Ask me about FREE rent offer. Call Chris 847-274-5476.

**GRAYSLAKE SHOP OR OFFICE** 1200sq.ft., \$995/mo. FIRST MONTH FREE RENT Call Chris 847-274-5476.

**Rental Facts** Most renters consider rental rates, floor plans, and location the most important items of information in a rental ad. Rent your property faster with help from a Journal Classified representative. Call (800) 589-8237 today.

**Industrial  
For Rent 7600**

**LAKEWOOD VOLVO INDUSTRIAL BUSINESS RENTALS AVAILABLE NOW!** COUNTRY PRICES 720sq.ft. \$575/mo. 1000sq.ft., \$625/mo. 1200sq.ft. \$695/mo. 2000sq.ft. Drive thru A/C office & baths 12x12ft. Doors. 2792 W. Rt. 120, at Fisher Rd. 4 blocks W of Rt. 12. Open Mon-Fri. 9-3 or by appt. (815)578-8000. Cell (847)903-7788.

**WOODSTOCK**, 1,000 to 6,600 sq ft with OH doors. \$5.00 sq. ft. 815-245-2398

**8000 Legals****Legals 8100**

**LEGAL NOTICE** Helen Cook-Unit H7, will be sold for payment on 8/11/06.

Fort Hainesville Storage 158 w. Belvidere Hainesville, IL 60030 847-223-4244.

**PUBLIC NOTICE**

The Loon Lakes Management Association Annual Meeting will be held on Saturday August 19, 2006 at the Northern Illinois Conservation Club grounds. The address of the club is 41081 N. IL Rt. 83. The entrance is directly across the highway from the A to Z Rental store. The time of the meeting will be from 11:00 a.m. until 2:00 p.m.

Also the election of the following officers will take place: President, Treasurer, and two At-Large Directors. The election polls will be open from 11:00 a.m. until 2:00 p.m. Also hot dogs and hamburgers will be served to the residents of Special Service Area 8 and their families.

Anyone who owns property within Special Service Area 8, In and around Loon Lakes, is encouraged to come and cast their vote, and to participate in the other activities. 0804A-7942-AN August 4, 11, 18, 2006

**PUBLIC NOTICE**

1995 Honda Accord VIN# JHMC5553SC008905

Owner: Glen Ellen Auto Sales Olga Bermudez Amt. Owed: \$1,822.17 Auction: 9/1/06, 9:00 A.M. @STAR AUTO 210 W. Belvidere Rd. Hainesville, IL 60030.

0804A7945-GL August 4, 2006

With EZ Pay, you don't even have to write a check. Subscribe to the Weekly Journal today at (800) 589-8237.

**Legals 8100****PUBLIC NOTICE**

ASSUMED BUSINESS NAME APPLICATION NAME OF BUSINESS: Get Some Merchandise NATURE/PURPOSE Merchandise Sales ADDRESS(ES) WHERE BUSINESS IS TO BE CONDUCTED OR TRANSACTED IN THIS COUNTY

35670 N. Kenneth Lane, Lake Villa, IL 60046. 16000 Ventura Blvd., Suite 600, Encino Ca., 91436, 818-385-1933. NAME(S) AND POST OFFICE OR RESIDENCE ADDRESS(ES) OF THE PERSON(S) OWNING, CONDUCTING OR TRANSACTING BUSINESS:

Samuel Loeffler, 1058 Orchard Pond Court, Lake Zurich, IL 60047, 818-385-1933.

Peter Loeffler, 1004 Highgate Lane, Grayslake, IL 60030, 818-385-1933.

STATE OF ILLINOIS. COUNTY OF LAKE

This is to certify that, the undersigned intend(s) to conduct the above named business from the location(s) indicated and that the true and legal full name(s) of the person(s) owning, conducting or transacting the business is/are correct as shown.

/s/ Samuel Loeffler

/s/ Peter Loeffler

June 27, 2006

The foregoing instrument was acknowledged before me by the person(s) intending to conduct the business this 27th day of June, 2006.

OFFICIAL SEAL /s/Kerrie F. Sullivan Notary Public Received: July 13, 2006 Willard R. Hellander Lake County Clerk 0728D-7939-LV July 28, 2006 August 4, 11, 2006

**Need Stuff?**

According to the Newspaper Association of America, more than 20% of all adults have looked for merchandise in newspaper classified ads in the past 12 months. With a 4-line, 7-day ad in Journal Classified, your stuff could be going home with them. Visa, Mastercard and Discover Card accepted.

**What's Important to You?**

According to the Newspaper Association of America, job seekers rank job location, benefits package and working hours as the three most important items of information in an employment ad. With the Journal Employment and ChicagoJobs.com, you've got it covered! To connect with qualified candidates, call (800) 589-8237 today.

**WE'VE GOT IT!**

Journal Classified, (800) 589-8237. Visa, Mastercard & Discover Card accepted.

**Job Facts**

According to the Newspaper Association of America, 41% of job seekers used weekday or Sunday newspapers but not online sources, while only 11% used online sources but not weekday or Sunday newspapers. When you combine the Journal Employment and ChicagoJobs.com, you've got it covered! To connect with qualified candidates, call (800) 589-8237 today.

**Legals 8100****PUBLIC NOTICE**

TO: County of Lake, Trustee; Bobbie Bell; their spouses, heirs, devisees, successors or assigns, if any, persons in occupancy or actual possession and unknown owners or parties interested in the hereinafter described real estate.

Tax Deed No. 03 TX 1

**TAKE NOTICE**

County of Lake, Date Premises Sold: December 1, 2003 Permanent Index No: 05-16-207-019

Sold for General Taxes of 2002 and/or prior

**THIS PROPERTY HAS BEEN SOLD FOR DELINQUENT TAXES**

Property located at: 180 Howard Ct. Fox Lake, a parcel of land on east side of Nippersink Lake approx. 100 feet north of Howard Ave.

Permanent Index No. 05-03-102-026

This notice is to advise you that the above property has been sold for delinquent taxes and that the period of redemption from the sale will expire on November 28, 2006 as extended.

This notice is also to advise you that a petition has been filed for a tax deed which will transfer title and right to possession of this property if redemption is not made on or before November 28, 2006.

The County of Lake, as Trustee, Purchaser intends to make application for an order on the petition for a tax deed, and this matter is set for hearing in the Circuit Court of this county in Waukegan, Illinois on January 4, 2007.

You may be present at this hearing but your right to redeem will already have expired at that time.

**Legals 8100**

**PUBLIC NOTICE**  
To: Frank Skowronski; LCJ Builders, Inc; Carol Warkenthien; Albert Skowronski; Paula Southworth; their spouses, heirs, devisees, successors or assigns, if any, persons in occupancy or actual possession and unknown owners or parties interested in the hereinafter described real estate.

Tax Deed No. 03 TX 1

**TAKE NOTICE**

County of Lake, Date Premises Sold: December 1, 2003  
Permanent Index No: 06-18-424-045  
Sold for General Taxes of 2002 and/or prior

**THIS PROPERTY HAS BEEN SOLD FOR DELINQUENT TAXES**

Property located at: 0 Beverly Rd., Round Lake Beach, west side of Beverly Dr., approx. 307.81 feet north of the north line of Oakwood Dr.

Permanent Index No. 06-18-424-045

This notice is to advise you that the above property has been sold for delinquent taxes and that the period of redemption from the sale will expire on November 28, 2006 as extended.

This notice is also to advise you that a petition has been filed for a tax deed which will transfer title and right to possession of this property if redemption is not made on or before November 28, 2006.

The County of Lake, as Trustee, Purchaser intends to make application for an order on the petition for a tax deed, and this matter is set for hearing in the Circuit Court of this county in Waukegan, Illinois on January 11, 2007. You may be present at this hearing but your right to redeem will already have expired at that time.

You are urged to redeem immediately to prevent loss of property.

Redemption can be made at any time on or before November 28, 2006 by applying to the County Clerk of Lake County at the County Court House in Waukegan, Illinois.

For further information contact the County Clerk, County of Lake, as Trustee

Purchaser

0721C-7930-RL  
July 21, 28, 2006  
August 4, 2006

With EZ Pay, you don't even have to write a check. Subscribe to the Weekly Journal today at (800) 589-8237.

**Need Stuff?**

According to the Newspaper Association of America, more than 20% of all adults have looked for merchandise in newspaper classified ads in the past 12 months. With a 4-line, 7-day ad in Journal Classified, your stuff could be going home with them. Call (800) 589-8237 today. Visa, Mastercard and Discover Card accepted. \*Only ads in the Transportation category qualify for this special rate.

**Legals 8100**

**PUBLIC NOTICE**  
To: Frederic J. Holtgren; Frederic J. Holtgren; Libertyville Bank & Trust Co; their spouses, heirs, devisees, successors or assigns, if any, persons in occupancy or actual possession and unknown owners or parties interested in the hereinafter described real estate.

Tax Deed No. 03 TX 1

**TAKE NOTICE**

County of Lake, Date Premises Sold: December 2, 2003  
Permanent Index No: 09-23-201-072  
Sold for General Taxes of 2002 and/or prior

**THIS PROPERTY HAS BEEN SOLD FOR DELINQUENT TAXES**

Property located at: 260 Jamie Ln., Unit F, Wauconda

Permanent Index No. 09-23-201-072

This notice is to advise you that the above property has been sold for delinquent taxes and that the period of redemption from the sale will expire on November 28, 2006 as extended.

This notice is also to advise you that a petition has been filed for a tax deed which will transfer title and right to possession of this property if redemption is not made on or before November 28, 2006.

The County of Lake, as Trustee, Purchaser intends to make application for an order on the petition for a tax deed, and this matter is set for hearing in the Circuit Court of this county in Waukegan, Illinois on January 18, 2007.

You may be present at this hearing but your right to redeem will already have expired at that time.

You are urged to redeem immediately to prevent loss of property.

Redemption can be made at any time on or before November 28, 2006 by applying to the County Clerk of Lake County at the County Court House in Waukegan, Illinois.

For further information contact the County Clerk,

County of Lake, as Trustee

Purchaser

0721C-7932-WL  
July 21, 28, 2006  
August 4, 2006

**A picture is worth a thousand words!**  
Including a photo in your ad increases readership by 37%. Advertise your property today in Journal Classified. Call (800) 589-8237 today. Visa, Mastercard and Discover Card accepted.

**Get the Picture?**

Including a photo in your ad increases readership by 37%. Place a PIC 15 ad today and receive 5 lines of text and a photo of your vehicle for only \$15 per week.\* Call (800) 589-8237 today. Visa, Mastercard and Discover Card accepted. \*Only ads in the Transportation category qualify for this special rate.

**Legals 8100**

**PUBLIC NOTICE**  
To: Frederic J. Holtgren; Frederic J. Holtgren; Libertyville Bank & Trust Co; their spouses, heirs, devisees, successors or assigns, if any, persons in occupancy or actual possession and unknown owners or parties interested in the hereinafter described real estate.

Tax Deed No. 03 TX 1

**TAKE NOTICE**

County of Lake, Date Premises Sold: December 2, 2003  
Permanent Index No: 09-23-201-074  
Sold for General Taxes of 2002 and/or prior

**THIS PROPERTY HAS BEEN SOLD FOR DELINQUENT TAXES**

Property located at: 260 Jamie Ln., Unit H, Wauconda

Permanent Index No. 09-23-201-074

This notice is to advise you that the above property has been sold for delinquent taxes and that the period of redemption from the sale will expire on November 28, 2006 as extended.

This notice is also to advise you that a petition has been filed for a tax deed which will transfer title and right to possession of this property if redemption is not made on or before November 28, 2006.

The County of Lake, as Trustee, Purchaser intends to make application for an order on the petition for a tax deed, and this matter is set for hearing in the Circuit Court of this county in Waukegan, Illinois on January 18, 2007.

You may be present at this hearing but your right to redeem will already have expired at that time.

You are urged to redeem immediately to prevent loss of property.

Redemption can be made at any time on or before November 28, 2006 by applying to the County Clerk of Lake County at the County Court House in Waukegan, Illinois.

For further information contact the County Clerk,

County of Lake, as Trustee

Purchaser

0721C-7933-WL  
July 21, 28, 2006  
August 4, 2006

**SOMETHING FOR NOTHING!**

Place a FREE, 4-line, 7-day ad in Journal Classified to sell any item under \$100. Look for the free ad coupon in our Journal Classified section.

**Looking for Merchandise?**

According to the Newspaper Association of America, more than 20% of all adults have looked for merchandise in newspaper classified ads in the past 12 months. With a 4-line, 7-day ad in Journal Classified, your stuff could be going home with them. Call (800) 589-8237 today. Visa, Mastercard and Discover Card accepted. \*Only ads in the Transportation category qualify for this special rate.

**Legals 8100**

**PUBLIC NOTICE**  
To: Frederic J. Holtgren; Frederic J. Holtgren; Libertyville Bank & Trust Co; their spouses, heirs, devisees, successors or assigns, if any, persons in occupancy or actual possession and unknown owners or parties interested in the hereinafter described real estate.

Tax Deed No. 03 TX 1

**TAKE NOTICE**

County of Lake, Date Premises Sold: December 2, 2003  
Permanent Index No: 09-23-201-075  
Sold for General Taxes of 2002 and/or prior

**THIS PROPERTY HAS BEEN SOLD FOR DELINQUENT TAXES**

Property located at: 260 Jamie Ln., Unit I, Wauconda

Permanent Index No. 09-23-201-075

This notice is to advise you that the above property has been sold for delinquent taxes and that the period of redemption from the sale will expire on November 28, 2006 as extended.

This notice is also to advise you that a petition has been filed for a tax deed which will transfer title and right to possession of this property if redemption is not made on or before November 28, 2006.

The County of Lake, as Trustee, Purchaser intends to make application for an order on the petition for a tax deed, and this matter is set for hearing in the Circuit Court of this county in Waukegan, Illinois on January 18, 2007.

You may be present at this hearing but your right to redeem will already have expired at that time.

You are urged to redeem immediately to prevent loss of property.

Redemption can be made at any time on or before November 28, 2006 by applying to the County Clerk of Lake County at the County Court House in Waukegan, Illinois.

For further information contact the County Clerk,

County of Lake, as Trustee

Purchaser

0721C-7934-WL  
July 21, 28, 2006  
August 4, 2006

**OVERSTUFFED?**

Then you should run a 4-line, 7-day power package in Journal Classified your stuff could become someone else's treasure. Call (800) 589-8237 today. Visa, Mastercard, and Discover accepted.

**Whats Important to You?**

According to the Newspaper Association of America, 41% of job seekers used weekday or Sunday newspapers but not online sources, while only 11% used online sources but not weekday or Sunday newspapers. When you combine the Journal Employment and ChicagoJobs.com, you've got it covered! To connect with qualified candidates, call (800) 589-8237 today.

**Legals 8100**

**PUBLIC NOTICE**  
To: K J & K Land Redemption Inc; their spouses, heirs, devisees, successors or assigns, if any, persons in occupancy or actual possession and unknown owners or parties interested in the hereinafter described real estate.

Tax Deed No. 03 TX 1

**TAKE NOTICE**

County of Lake, Date Premises Sold: December 2, 2003  
Permanent Index No: 09-23-201-040  
Sold for General Taxes of 2002 and/or prior

**THIS PROPERTY HAS BEEN SOLD FOR DELINQUENT TAXES**

Property located at: 0 Kyle Ct., Wauconda, 300 feet north of the north line of Industrial Dr, approx. 225 feet east of the east line of Kyle Ct.

Permanent Index No. 09-23-201-040

This notice is to advise you that the above property has been sold for delinquent taxes and that the period of redemption from the sale will expire on November 28, 2006 as extended.

This notice is also to advise you that a petition has been filed for a tax deed which will transfer title and right to possession of this property if redemption is not made on or before November 28, 2006.

The County of Lake, as Trustee, Purchaser intends to make application for an order on the petition for a tax deed, and this matter is set for hearing in the Circuit Court of this county in Waukegan, Illinois on January 18, 2007.

You may be present at this hearing but your right to redeem will already have expired at that time.

You are urged to redeem immediately to prevent loss of property.

Redemption can be made at any time on or before November 28, 2006 by applying to the County Clerk of Lake County at the County Court House in Waukegan, Illinois.

For further information contact the County Clerk,

County of Lake, as Trustee

Purchaser

0721C-7931-WL  
July 21, 28, 2006  
August 4, 2006

**OPEN HOUSES**

Watch for the Journal Classified Open House Directory every Friday, Saturday and Sunday. Include your listing by calling (800) 589-8237 today.

**Job Facts**

According to the Newspaper Association of America, 41% of job seekers used weekday or Sunday newspapers but not online sources, while only 11% used online sources but not weekday or Sunday newspapers. When you combine the Journal Employment and ChicagoJobs.com, you've got it covered! To connect with qualified candidates, call (800) 589-8237 today.

**Legals 8100**

**PUBLIC NOTICE**  
To: Lawrence A. Williams; Jeffrey A. Williams; their spouses, heirs, devisees, successors or assigns, if any, persons in occupancy or actual possession and unknown owners or parties interested in the hereinafter described real estate.

Tax Deed No. 03 TX 1

**TAKE NOTICE**

County of Lake, Date Premises Sold: December 1, 2003  
Permanent Index No: 07-27-400-001  
Sold for General Taxes of 2002 and/or prior

**THIS PROPERTY HAS BEEN SOLD FOR DELINQUENT TAXES**

Property located at: 15010 W. Hwy 120, Gurnee

Permanent Index No. 07-27-400-001

This notice is to advise you that the above property has been sold for delinquent taxes and that the period of redemption from the sale will expire on November 28, 2006 as extended.

This notice is also to advise you that a petition has been filed for a tax deed which will transfer title and right to possession of this property if redemption is not made on or before November 28, 2006.

The County of Lake, as Trustee, Purchaser intends to make application for an order on the petition for a tax deed, and this matter is set for hearing in the Circuit Court of this county in Waukegan, Illinois on January 11, 2007.

You may be present at this hearing but your right to redeem will already have expired at that time.

You are urged to redeem immediately to prevent loss of property.

Redemption can be made at any time on or before November 28, 2006 by applying to the County Clerk of Lake County at the County Court House in Waukegan, Illinois.

For further information contact the County Clerk,

County of Lake, as Trustee

Purchaser

0721C-7927-GP  
July 21, 28, 2006  
August 4, 2006

**Rental Facts**

**Legals 8100**

**PUBLIC NOTICE**  
To: Village of Gurnee; Lake Partners; North Star Trust Department; their spouses, heirs, devisees, successors or assigns, if any, persons in occupancy or actual possession and unknown owners or parties interested in the hereinafter described real estate.

Tax Deed No. 03 TX 1

**TAKE NOTICE**

County of Lake, Date Premises Sold: December 1, 2003  
Permanent Index No: 07-17-300-023  
Sold for General Taxes of 2002 and/or prior

**THIS PROPERTY HAS BEEN SOLD FOR DELINQUENT TAXES**

Property located at: Dedicated Road, Village of Gurnee Doc #4396738, 0 Grand Ave., Gurnee, the west line of Almond Rd., approx. 158.6 feet south of the south line of Bittersweet Dr.

Permanent Index No. 07-17-300-023

This notice is to advise you that the above property has been sold for delinquent taxes and that the period of redemption from the sale will expire on November 28, 2006 as extended.

This notice is also to advise you that a petition has been filed for a tax deed which will transfer title and right to possession of this property if redemption is not made on or before November 28, 2006.

The County of Lake, as Trustee, Purchaser intends to make application for an order on the petition for a tax deed, and this matter is set for hearing in the Circuit Court of this county in Waukegan, Illinois on January 11, 2007. You may be present at this hearing but your right to redeem will already have expired at that time.

You are urged to redeem immediately to prevent loss of property. Redemption can be made at any time on or before November 28, 2006 by applying to the County Clerk of Lake County at the County Court House in Waukegan, Illinois.

For further information contact the County Clerk, County of Lake, as Trustee Purchaser

0804A-7946-GP  
August 4, 11, 18, 2006www.chicagojobs.com  
Journal Classified  
(800)589-8237.

Qualified buyers don't investigate every ad, just the ones that offer a good deal. Journal Classified (800)589-8237.

Classified shoppers are smart consumers. The ones with money call the good ads first. Journal Classified (800)589-8237.

**CLOSETS FULL?**

Let us help empty them out. Place a 10-line, 3-day garage sale ad today. Call Journal Classified today at (800) 589-8237. Visa, Mastercard and Discover Card accepted.

**Assumed Name 8200**

**PUBLIC NOTICE**  
ASSUMED BUSINESS NAME APPLICATION  
NAME OF BUSINESS: Club Z! In-Home Tutoring Services  
NATURE/PURPOSE In-Home Tutoring Business  
ADDRESS(ES) WHERE BUSINESS IS TO BE CONDUCTED OR TRANSACTED IN THIS COUNTY

31 Washington Blvd. #206, Mundelein, IL 60060, 847-902-7344.  
NAME(S) AND POST OFFICE OR RESIDENCE ADDRESS(ES) OF THE PERSON(S) OWNING, CONDUCTING OR TRANSACTING BUSINESS: Tom Nastaszewski, 31 Washington Blvd., #206, Mundelein, IL 60060, 847-902-7344.

**STATE OF ILLINOIS COUNTY OF LAKE**  
This is to certify that the undersigned intend(s) to conduct the above named business from the location(s) indicated and that the true and legal full name(s) of the person(s) owning, conducting or transacting the business is/are correct as shown.

/s/ Tom Nastaszewski

July 12, 2006  
The foregoing instrument was acknowledged before me by the person(s) intending to conduct the business this 12th day of July, 2006.

**OFFICIAL SEAL**  
/s/Yarimar Santos  
Notary Public  
Received: July 12, 2006  
Willard R. Hellander  
Lake County Clerk  
0721C-7919-MN  
July 21, 28, 2006  
August 4, 2006

**LEGAL NOTICE**  
STATE OF ILLINOIS  
COUNTY OF LAKE  
IN THE CIRCUIT COURT  
OF THE NINETEENTH  
JUDICIAL CIRCUIT  
COUNTY OF LAKE  
STATE OF ILLINOIS  
EMC MORTGAGE COR-  
PORATION  
Plaintiff,

LUIS F. DELGADO,  
MORTGAGE ELECTRONIC  
REGISTRATION  
SYSTEMS, INC. as nominee  
of Sebring Capital  
Partners, Limited Partnership,  
UNKNOWN TENANTS,  
UNKNOWN OWNERS and  
NON-RECORDED-  
CLAIMANTS,  
Defendants.

No. 06 CH 1268  
PUBLICATION NOTICE  
The requisite affidavit for publication having been filed, notice is hereby given you, Unknown Tenants, Unknown Owners and Non-Record Claimants, Defendants in the above-entitled suit, that the said suit has been commenced in the Circuit Court of the Nineteenth Judicial Circuit, Lake County, Illinois, by the said Plaintiff against you and other defendants, praying for the foreclosure of a Mortgage conveying the premises described as follows, to wit:

Lot 2 (except the West 15 feet thereof) and all of Lot 3 Jensen's Resubdivision of part of Block 9 and other Ladd and George's Addition to Waukegan, in the Northeast 1/4 of Section 28, Township 45 North, Range 12, East of the Third Principal Meridian, according Plat thereof, recorded October 22, 1907

**Assumed Name 8200**

as Document 114324, in Book "G" of Plats, Page 91 in Lake County, Illinois. Common Address: 542 George Avenue, Waukegan, Illinois 60085 Permanent Index No. 08-28-121-031-0000 and which said Mortgage was made by Luis F. Delgado, as Mortgagor, to Mortgage Electronic Registration Systems, Inc., nominee of Sebring Capital Partners, Limited Partnership, as Mortgagor, and recorded in the office of the Recorder of Deeds of Lake County, Illinois as Document No. 5868411, and the present owner of the property is the above-mentioned Mortgagor, and for other relief; that summons was duly issued out of said Court against you as provided by law, and that the said suit is now pending.

Now, therefore, unless you, the said above named defendants, file your answer to the Complaint in the said suit or otherwise make your appearance therein, in the office of the Clerk of the Court, 18 N. County Street, Waukegan, Illinois 60085, on or before August 28, 2006 default may be entered in accordance with the prayer of said Complaint.

Larson & Nierling  
Attorneys for Plaintiff  
230 W. Monroe # Suite  
2220  
Chicago, Illinois 60606  
(312) 422-0057  
ARDC No. 6195947

This is an attempt to collect a debt pursuant to the Fair Debt Collection Practices Act, and any information obtained will be used for that purpose.

**PUBLIC NOTICE**  
ASSUMED BUSINESS NAME APPLICATION  
NAME OF BUSINESS: The Focutcher  
NATURE/PURPOSE Bar/Tavern  
ADDRESS(ES) WHERE BUSINESS IS TO BE CONDUCTED OR TRANSACTED IN THIS COUNTY

36021 N. US Hwy. 45, Lake Villa, IL 60046, 847-356-3555.

**NAME(S) AND POST OFFICE OR RESIDENCE ADDRESS(ES) OF THE PERSON(S) OWNING, CONDUCTING OR TRANSACTING BUSINESS:**  
Dave J. Maxwell, 1911 Burr Oak Ln., Lindenhurst, IL 60046, 336-327-6144.  
Andy Davis, 419 Deepath Dr., Lindenhurst, IL 60046, 847-331-8909.

**STATE OF ILLINOIS COUNTY OF LAKE**  
This is to certify that the undersigned intend(s) to conduct the above named business from the location(s) indicated and that the true and legal full name(s) of the person(s) owning, conducting or transacting the business is/are correct as shown.

/s/ Dave J. Maxwell

July 12, 2006  
The foregoing instrument was acknowledged before me by the person(s) intending to conduct the business this 12th day of July, 2006.

**OFFICIAL SEAL**  
/s/Yolanda Castro  
Notary Public  
Received: July 12, 2006  
Willard R. Hellander  
Lake County Clerk  
0721C-7920-LV  
July 21, 28, 2006  
August 4, 2006

**Assumed Name 8200**

**PUBLIC NOTICE**  
ASSUMED BUSINESS NAME APPLICATION  
NAME OF BUSINESS: Extreme Cleaning Service  
NATURE/PURPOSE Cleaning Service  
ADDRESS(ES) WHERE BUSINESS IS TO BE CONDUCTED OR TRANSACTED IN THIS COUNTY

38736 N. Edgewood St., Lake Villa, IL 60046, 708-655-0790.  
NAME(S) AND POST OFFICE OR RESIDENCE ADDRESS(ES) OF THE PERSON(S) OWNING, CONDUCTING OR TRANSACTING BUSINESS:

Agnieszka Stawiere,

38736 N. Edgewood St., Lake Villa, IL 60046, 708-655-0790.

**STATE OF ILLINOIS COUNTY OF LAKE**  
This is to certify that the undersigned intend(s) to conduct the above named business from the location(s) indicated and that the true and legal full name(s) of the person(s) owning, conducting or transacting the business is/are correct as shown.

/s/ Agnieszka Stawiere

July 10, 2006  
The foregoing instrument was acknowledged before me by the person(s) intending to conduct the business this 10th day of July, 2006.

**OFFICIAL SEAL**/s/Barbara J. Noster  
Notary Public

Received: July 10, 2006  
Willard R. Hellander  
Lake County Clerk  
0721C-7935-LV  
July 21, 28, 2006  
August 4, 2006

**PUBLIC NOTICE**  
To: Tax Center of America, Inc; Ethel A. Johnson; their spouses, heirs, devisees, successors or assigns, if any, persons in occupancy or actual possession and unknown owners or parties interested in the hereinafter described real estate.

Tax Deed No. 03 TX 1  
TAKE NOTICE

County of Lake, Date Premises Sold: December 1, 2003  
Permanent Index No: 05-14-213-018  
Sold for General Taxes of 2002 and/or prior

**THIS PROPERTY HAS BEEN SOLD FOR DELINQUENT TAXES**

Property located at: 26287 W. Blackhawk Ave., Ingleside, southwest line of Blackhawk Ave., approx. 195.35 feet northwest of the west line of Helendale Rd.

Permanent Index No. 05-14-213-018

This notice is to advise you that the above property has been sold for delinquent taxes and that the period of redemption from the sale will expire on November 28, 2006 as extended.

This notice is also to advise you that a petition has been filed for a tax deed which will transfer title and right to possession of this property if redemption is not made on or before November 28, 2006.

Tax Deed No. 03 TX 1  
TAKE NOTICE

**Assumed Name 8200**

The County of Lake, as Trustee, Purchaser intends to make application for an order on the petition for a tax deed, and this matter is set for hearing in the Circuit Court of this county in Waukegan, Illinois on January 4, 2007. You may be present at this hearing but your right to redeem will already have expired at that time.

You are urged to redeem immediately to prevent loss of property.

Redemption can be made at any time on or before November 28, 2006 by applying to the County Clerk of Lake County at the County Court House in Waukegan, Illinois.

For further information contact the County Clerk, County of Lake, as Trustee Purchaser

0721C-7922-FL  
July 21, 28, 2006  
August 4, 2006

**PUBLIC NOTICE**  
ASSUMED BUSINESS NAME APPLICATION  
NAME OF BUSINESS: Bacik Construction  
NATURE/PURPOSE Construction  
ADDRESS(ES) WHERE BUSINESS IS TO BE CONDUCTED OR TRANSACTED IN THIS COUNTY

1551 Crystal Rock #2G, Round Lake Beach, IL 60073, 847-387-9055.  
NAME(S) AND POST OFFICE OR RESIDENCE ADDRESS(ES) OF THE PERSON(S) OWNING, CONDUCTING OR TRANSACTING BUSINESS:

Barlomiej Bacik, 1551 Crystal Rock #2G, Round Lake Beach, IL 60073, 847-387-9055.

**STATE OF ILLINOIS COUNTY OF LAKE**  
This is to certify that the undersigned intend(s) to conduct the above named business from the location(s) indicated and that the true and legal full name(s) of the person(s) owning, conducting or transacting the business is/are correct as shown.

/s/ Barlomiej Bacik

July 10, 2006  
The foregoing instrument was acknowledged before me by the person(s) intending to conduct the business this 10th day of July, 2006.

**OFFICIAL SEAL**  
Barbara J. Noster  
Notary Public  
Received: July 10, 2006  
Willard R. Hellander  
Lake County Clerk  
0721C-7936-RL  
July 21, 28, 2006  
August 4, 2006

**PUBLIC NOTICE**  
To: Tax Center of America, Inc; Ethel A. Johnson; their spouses, heirs, devisees, successors or assigns, if any, persons in occupancy or actual possession and unknown owners or parties interested in the hereinafter described real estate.

Tax Deed No. 03 TX 1  
TAKE NOTICE

County of Lake, Date Premises Sold: December 1, 2003  
Permanent Index No: 05-14-213-018  
Sold for General Taxes of 2002 and/or prior

**THIS PROPERTY HAS BEEN SOLD FOR DELINQUENT TAXES**

Property located at: 26287 W. Blackhawk Ave., Ingleside, southwest line of Blackhawk Ave., approx. 195.35 feet northwest of the west line of Helendale Rd.

Permanent Index No. 05-14-213-018

This notice is to advise you that the above property has been sold for delinquent taxes and that the period of redemption from the sale will expire on November 28, 2006 as extended.

Tax Deed No. 03 TX 1  
TAKE NOTICE

**Assumed Name 8200**

County of Lake, Date Premises Sold: December 1, 2003  
Permanent Index No: 06-16-329-002  
Sold for General Taxes of 2002 and/or prior

**THIS PROPERTY HAS BEEN SOLD FOR DELINQUENT TAXES**

Property located at: 1405 Pine Grove Ave., Round Lake Beach.

Permanent Index No. 06-16-329-002

This notice is to advise you that the above property has been sold for delinquent taxes and that the period of redemption from the sale will expire on November 28, 2006 as extended.

This notice is also to advise you that a petition has been filed for a tax deed which will transfer title and right to possession of this property if redemption is not made on or before November 28, 2006.

The County of Lake, as Trustee, Purchaser intends to make application for an order on the petition for a tax deed, and this matter is set for hearing in the Circuit Court of this county in Waukegan, Illinois on January 4, 2007.

You may be present at this hearing but your right to redeem will already have expired at that time.

You are urged to redeem immediately to prevent loss of property.

Redemption can be made at any time on or before November 28, 2006 by applying to the County Clerk of Lake County at the County Court House in Waukegan, Illinois.

For further information contact the County Clerk, County of Lake, as Trustee Purchaser

0721C-7928-RL  
July 21, 28, 2006  
August 4, 2006

**PUBLIC NOTICE**  
ASSUMED BUSINESS NAME APPLICATION  
NAME OF BUSINESS: Bacik Construction  
NATURE/PURPOSE Construction  
ADDRESS(ES) WHERE BUSINESS IS TO BE CONDUCTED OR TRANSACTED IN THIS COUNTY

1551 Crystal Rock #2G, Round Lake Beach, IL 60073, 847-387-9055.  
NAME(S) AND POST OFFICE OR RESIDENCE ADDRESS(ES) OF THE PERSON(S) OWNING, CONDUCTING OR TRANSACTING BUSINESS:

Barlomiej Bacik, 1551 Crystal Rock #2G, Round Lake Beach, IL 60073, 847-387-9055.

**STATE OF ILLINOIS COUNTY OF LAKE**  
This is to certify that the undersigned intend(s) to conduct the above named business from the location(s) indicated and that the true and legal full name(s) of the person(s) owning, conducting or transacting the business is/are correct as shown.

/s/ Barlomiej Bacik



DIAL-A-SERVICE

WEEKLY JOURNALS

## DIAL A SERVICE



## CARPET SERVICES

**THE CUSTOM CARPET EXPERTS**

**MB**

- Custom Stair Work
- Restretching
- Flood Damage
- Seam Repairs

Over 30 Years Experience

Call Mike Browder for a FREE Estimate 847/923-0172 • Fax 847/469-8460

Commercial • Residential

## COVERS/UPHOLSTERY SERVICE

**Dominick's Furniture Covers**

Re-Upholstering • SOFAS • LOVeseats • CHAIRS

25-50% OFF Any Brand Fabric

European Craftsmanship

Serving the community since 1960

Plastic Covers • Cloth Covers

Free Estimates Ask for Dominick or Frank

847-726-0217 • 847-336-8344

## HANDYMAN SERVICE

**Dirtworks**

- Rough & Final Grading
- Drain Systems
- Concrete & Asphalt Removal
- Water & Sewer Repair
- Demolition
- Landscaping

847.812.3110

Jason Gold

## HOME IMPROVEMENT SERVICE

**FROM THE GROUNDS UP**

**COMPLETE HOME CARE**

- Repairs
- Maintenance
- Remodeling
- Decks
- Gazebos
- All Season Rooms
- Screened Porches
- Flooring
- Pressure Washing
- Kitchens
- Bathrooms
- And More...

Free Estimates 815-790-2416

E-mail your Advertisement!!!

## LANDSCAPING SERVICE

Call TODAY for your FREE Estimate

**ROYAL GARDENS**

LANDSCAPING

Exceeding Customer Expectations For 16 Years

• WEEKLY LAWN MAINTENANCE

PACKAGES STARTING AT \$130 PER MONTH

INCLUDES FALL CLEAN-UP!

ALSO OFFERING:

- AERATION
- WEED SPRAY/FERTILIZER
- GRUB CONTROL

Office Hours: Mon-Fri 8-5, Sat 8-12

Member of the Chicago Botanic Garden / Member of Illinois Landscape Contractors Association

\*CALL FOR DETAILS\* 847/973-9000

## MULCH SERVICE

**MULCH-IT, INC.**

- WOOD CHIPS
- DOUBLE/TRIPLE PROCESS MULCH
- PREMIUM MULCH

Pick Up or Delivery 847-514-8800

## SIDING/WINDOW SERVICE

**ALL QUALITY SIDING & WINDOW**

Soffit • Gutters • Roofing Additions • Garages Sunroom • Kitchens • Basement Reynolds Replacement Windows

847-244-5691  
262-552-7474

## REMODELING SERVICE

**HARDWOOD FLOORS**

Professional installation of unfinished hardwood floors, prefinished, engineered and laminate floors!

- Sanding • Refinishing
- Repairs • Custom Design
- SATISFACTION GUARANTEED

FREE ESTIMATE 630/289-8003

**STOP Why Pay More**

for CLASSIFIED ads

Then Call 847/223-8161 or Fax 847/223-2691 or email LMclass@nwnewsroup.com

## TREE SERVICE

**Sawell Tree Service, Inc.**

Trimming, Pruning, Removal, Lot/Land Clearing, Stump Removal -Residential/Commercial- Fully Insured - 847-566-9372 -MULCH ALSO AVAILABLE

## HANDYMAN SERVICE

**HOUSE NEED HELP?**

Heating, Carpentry, Electrical, Plumbing & Many other home repairs

Call Handyman Phil 847-366-6187

**HANDY HELPER**

Electrical & Plumbing

Ceiling fans, garbage disposals & more!

Small Job Specialist.

Call Steven: 847-778-1014

**LMclass@nwnewsroup.com**

## Legals

8100

IN THE CIRCUIT COURT FOR THE 19TH JUDICIAL CIRCUIT LAKE COUNTY - WAUKEGAN, ILLINOIS Wells Fargo Bank, N.A., as Trustee for Option One Mortgage Loan Trust 2003-2, Asset-Backed Certificates, Series 2003-2 PLAINTIFF Vs. Jonathan Hurthle; Anastasia Hurthle; Ford Motor Credit Company d/b/a Subaru American Credit; Madrona Village Homeowners Association; Unknown Owners and Nonrecord Claimants DEFENDANTS No. 06 CH 1137 NOTICE BY PUBLICATION NOTICE IS GIVEN TO YOU: Jonathan Hurthle; Anastasia Hurthle Unknown Owners and Nonrecord Claimants That this case has been commenced in this Court against you and other defendants, praying for the foreclosure of a certain Mortgage conveying the premises described as follows, to-wit: THAT PART OF LOT 196 IN

MADRONA VILLAGE UNIT FIVE, BEING A SUBDIVISION OF PART OF THE NORTHEAST QUARTER OF THE SOUTHEAST QUARTER OF SECTION 32, TOWNSHIP 45 NORTH, RANGE 10, EAST OF THE THIRD PRINCIPAL MERIDIAN, ACCORDING TO THE PLAT THEREOF, RECORDED OCTOBER 12, 2001 AS DOCUMENT 4779276, DESCRIBED AS FOLLOWS: BEGINNING AT THE SOUTHEAST CORNER OF SAID LOT 196; THENCE NORTH 69 DEGREES 56 MINUTES 15 SECONDS WEST ALONG THE SOUTH LINE THEREOF, 134.28 FEET TO THE SOUTHWEST CORNER THEREOF; THENCE NORTH AND EAST ALONG THE WEST LINE OF SAID LOT 196, BEING A CURVED LINE CONVEX SOUTHEAST AND HAVING A RADIUS OF 180.00 FEET, AN ARC DISTANCE OF 32.58 FEET (THE CHORD TO SAID ARC BEARS NORTH 14 DEGREES 56 MINUTES 29 SECONDS

EAST, 32.54 FEET); THENCE SOUTH 80 DEGREES 20 MINUTES 05 SECONDS EAST, 119.37 FEET TO THE EAST LINE OF SAID LOT 196; THENCE SOUTH 00 DEGREES 04 MINUTES 33 SECONDS EAST ALONG SAID EAST LINE, 57.46 FEET TO THE POINT OF BEGINNING, IN LAKE COUNTY, ILLINOIS, COMMONLY KNOWN AS: 775 S. Providence Lane Round Lake, IL 60073 and which said Mortgage was made by:

Jonathan Hurthle Anastasia Hurthle the Mortgagor(s), to Option One Mortgage Corporation, as Mortgeree, and recorded in the Office of the Recorder of Deeds of Lake County, Illinois, as Document No. 5206245 Re-recorded as 6001653; and for other relief; that summons was duly issued out of said Court against you as provided by law and that the said suit is now pending.

NOW, THEREFORE, UNLESS YOU file your answer or otherwise file your

appearance in this case in the Office of the Clerk of this Court, Sally Coffelt Clerk of the Circuit Court 18 N. County Street Waukegan, IL 60085-4358 on or before August 48, 2006, A DEFAULT MAY BE ENTERED AGAINST YOU AT ANY TIME AFTER THAT DAY AND A JUDGMENT MAY BE ENTERED IN ACCORDANCE WITH THE PRAYER OF SAID COMPLAINT.

CODILIS & ASSOCIATES, P.C. Attorneys for Plaintiff 15W030 North Frontage Road, Suite 100 Burr Ridge, IL 60527 (630) 794-5300 DuPage # 15170 Winnebago # 531 ARDC # 00468002 Our File No. 14-06-7526

IN THE CIRCUIT COURT FOR THE 19TH JUDICIAL CIRCUIT LAKE COUNTY - WAUKEGAN, ILLINOIS Countrywide Home Loans, Inc. PLAINTIFF Vs. Enrique A. Soto; Cecilia Ubilla; Madrona Village Mews Condominium Association; Unknown Owners and Nonrecord Claimants DEFENDANTS No. 06 CH 1263 NOTICE BY PUBLICATION NOTICE IS GIVEN TO YOU: Enrique A. Soto Cecilia Ubilla Unknown Owners and Nonrecord Claimants That this case has been commenced in this Court against you and other defendants, praying for the foreclosure of a certain Mortgage conveying the premises described as follows, to-wit:

LAND: LOTS 298 AND 299 IN MADRONA VILLAGE UNIT 3, BEING A SUBDIVISION OF THE EAST 1/2 OF SECTION 32, TOWNSHIP 45 NORTH, RANGE 10 EAST OF THE THIRD PRINCIPAL MERIDIAN, ACCORDING TO THE PLAT THEREOF, RECORDED SEPTEMBER 9, 2002 AS DOCUMENT 5003404, AND CERTIFICATE OF CORRECTION RECORDED FEBRUARY 21, 2003 AS DOCUMENT 5132494 IN LAKE COUNTY, ILLINOIS WHICH SURVEY IS ATTACHED AS EXHIBIT "C" TO THE DECLARATION OF CONDOMINIUM RECORD, ED DECEMBER 16, 2002 AS DOCUMENT NUMBER 5074750, AS AMENDED FROM TIME TO TIME; TOGETHER WITH ITS UNDIVIDED PERCENTAGE INTEREST IN THE COMMON ELEMENTS IN LAKE COUNTY, ILLINOIS, COMMONLY KNOWN AS:

and which said Mortgage was made by:

Enrique A. Soto Cecilia Ubilla the Mortgagor(s), to Mortgage Electronic Registration Systems, Inc., as nominee for America's Wholesale Lender, as Mortgagee, and recorded in the Office of the Recorder of Deeds of Lake County, Illinois, as Document No. 5913097; and for other relief; that summons was duly issued out of said Court against you as provided by law and that the said suit is now pending.

NOW, THEREFORE, UNLESS YOU file your answer or otherwise file your appearance in this case in the Office of the Clerk of this Court,

Sally Coffelt Clerk of the Circuit Court 18 N. County Street Waukegan, IL 60085-4358 on or before August 48, 2006, A DEFAULT MAY BE ENTERED AGAINST YOU AT ANY TIME AFTER THAT DAY AND A JUDGMENT MAY BE ENTERED IN ACCORDANCE WITH THE PRAYER OF SAID COMPLAINT.

## Rental Facts

Most renters consider rental rates, floor plans, and location the most important items of information in a rental ad. Rent your property faster with help from a Journal Classified representative. Call (800) 589-8237 today.

## EMPLOYMENT

WEEKLY  
JOURNALS

## EMPLOYMENT

A partner of  
chicagojobs.com3000  
EmploymentWork From Home  
3350

**\$5 HOME WORKERS NEEDED \$5**  
Processing customer returns from home! Earn \$15.00 per return guaranteed. Extremely easy. No experience needed. Everyone qualifies! Amazing business opportunity. [www.ProcessRebates.com](http://www.ProcessRebates.com)

**DATA ENTRY**  
Work from Anywhere. Flexible Hours. Personal computer required. Excellent career opportunity. Serious inquiries only. 1-800-344-9636 ext. 224

**LOVE TO SHOP, Eat Out, & Watch Movies? Get PAID to Do It!**  
Evaluators needed to assess local businesses. Flexible Hours. Training provided. 1-800-585-9024 ext. 6333



Rewarding work can be found in a lot of places. And thousands of them post their positions on ChicagoJobs.com — a job board that's done so well it just earned top honors from the most prestigious national employment association. ChicagoJobs.com postings are updated daily. So if you want to work around here, look here.

chicagojobs.com

NORTHWEST HERALD is a participating affiliate in ChicagoJobs.com

Work From Home  
3350

Processing Customer Returns From Home! Earn \$15.00 per return guaranteed. Extremely easy. No experience needed. Everyone qualifies! Amazing business opportunity. [www.ProcessRebates.com](http://www.ProcessRebates.com)

## General, FT 3400

Customer Service Rep  
FT - Lake Barrington.  
Please fax resume to:  
847-381-2447

## Driver

Covenant Transport has opportunities for CDL-A drivers in your area! No matter what your experience level is, we have what you are looking for. Now hiring students, solo-teams, lease purchase and o/c's. Call today. (866)684-2519. EOE

## ★ NEW TODAY ★

DRIVER ROUTE  
PERSON. Will train.  
Island Lake.  
Call: 847-526-7601

## OVERSTUFFED?

Then you should run a 4-line, 7-day power package in Journal Classified your stuff could become someone else's treasure. Call (800) 589-8237 today! Visa, Mastercard, and Discover accepted.

**DRIVERS WANTED** Hays Transport, Inc. Now hiring solo's only. \*New pay for '06 \*Excellent benefits \*Great home time \*Driver friendly freight (800)523-9151.

**DRIVERS WANTED** 50 year old 48 state OTR carrier looking for company drivers, and owner operators. 2500/2500 miles per week. Out 5-10 days. Great pay. Call today for details 1-800-831-4832.

**DRIVERS-O/O** needed, dedicated WI run, home most nights. No weekends. Earn up to \$3,500/week. No gimmicks, no groc, no hand loads. PSS 800-494-3532.

**WE'VE GOT IT!**  
Journal Classified. (800) 589-8237. Visa, Mastercard & Discover Card accepted.

www.chicagojobs.com  
Journal Classified  
(800)589-8237.

## SECURE YOUR FUTURE WHILE DEFENDING YOUR COUNTRY

TENURE AWARDED  
Military GI Bill

## EDUCATIONAL BENEFITS

## SCHOOL SUPPORT

General, FT 3400 General, FT 3400 General, FT 3400 General, FT 3400 General, FT 3400

driver

## Attend our JOB FAIR!

Need a new career? Attend our JOB FAIR and learn about Peapod's opportunities at our LAKE ZURICH Distribution Center.

### DRIVERS

1st shift hours (approximately 6am-2:30pm)

2nd shift hours (approximately 2:30-11pm)

Great earning potential with base salary + TIPS! Earn up to \$17/hr.

Saturday AND Sunday availability required.

Deliver grocery orders to customers by driving our delivery trucks. Must be at least 21 years old, have a clean driving record and current driver's license.

Ability to regularly climb stairs and carry heavy boxes a must.

No special licenses or CDL required.

We provide excellent full-time benefits including health, dental, vision, life insurance, 401K with match, holidays, vacation, sick days, employee stock purchase plan, flexible spending account, direct deposit, credit union and short/long term disability.

Apply in person at our

### JOB FAIR

on Thursday, August 10th • 8am-5pm

Radisson Hotel & Resorts

Woodfield Rooms 1 & 2

1725 E Algonquin Rd

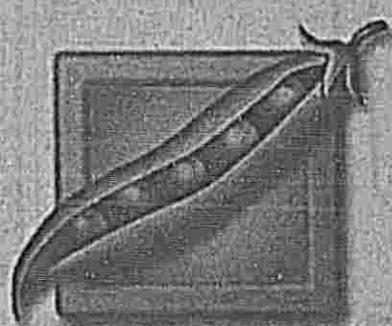
Schaumburg, IL 60173

(Major cross streets: Algonquin and Meacham)

For directions, call the hotel at: 847-397-1500

Can't attend? Forward resume/letter to fax: 847-307-8800,

email: careers@peapod.com



**Peapod®**

[www.peapod.com](http://www.peapod.com)

EOE

### Medical/Dental 3430

Nursing  
Work in Paradise!  
LPN/RN  
for weekend work 7-9am  
and 4-8pm & flex.  
VERY PART TIME  
CAREGIVER OR CNA  
To fill out an application,  
come to: 16 Lilac Ave.,  
Fox Lake, IL or fax your  
resume: 847-973-8818

### Professionals Available 3500



CREATIVE PAINTING &  
DRYWALL  
Custom painting,  
Staining & drywall  
work. FREE estimate.  
Job too big.  
No job too small.  
(262)903-5133

DETAIL ORIENTED  
HOUSE CLEANER  
Looking for your house  
or apt. to clean.  
12Yrs. Exp., exc. ref.  
Call Shari (815)276-6630

MTM ELECTRIC  
ELECTRIC &  
TELEPHONE  
Residential and small  
business. Remodeling,  
additions, upgrades,  
lighting and outlets.  
Telephone and Cat 5  
wiring. 50% off SBC  
rates. FREE Estimates.  
Fully insured. Call Mike  
(847) 546-8388.

### Employment Wanted 3525

Polish cleaning lady  
will do quality work,  
reasonable prices.  
847-680-3129

### Business Opportunities 3600

#1 Company Sweeping  
the Nation!  
for Business Minded Women. Have fun selling lingerie & romance products in your area. Flexible investment packages. Make your own schedule. Average rep makes \$65/hr profit. We hire quality not quantity & we train for success! Contact Surprise Parties, district office, at 847-515-3434. Visit me on the web @ [www.shanazalud.surpriseparties.com](http://www.shanazalud.surpriseparties.com).

ABSOLUTE GOLDMINE! \$5,000/MO residual income attainable by 2<sup>nd</sup> month. First year potential of \$10,000-\$30,000 per month very attainable. Hottest product in 40 years. It sells itself. Only been in States 24 months. Top Producers Already Earning over \$70K per month! 866-236-6926

OPEN HOUSES  
Watch for the Journal Classified Open House Directory every Friday, Saturday and Sunday. Include your listing by calling (800) 589-8237.

### Business Opportunities 3600

Advertise your Business  
Opportunity Nationally to  
approximately 9 million  
households in North America's best suburbs by placing  
your classified ad in  
over 800 suburban news-  
papers just like this one.  
Call the Suburban Classified  
Advertising Network at  
888-486-2466. [www.suburban-news.org/scan](http://www.suburban-news.org/scan)

ALL CASH CANDY  
ROUTE. Do you earn  
\$800 in a day? Your own  
local candy route. Includes  
30 Machines and Candy.  
All for \$9,995.  
800-893-1185

ALL CASH CANDY  
ROUTE. Do you earn up to  
\$800/day? Your own local  
candy route. 30 machines  
and candy. All for \$9,995.  
1-800-453-5882 AIN  
#B0213.

ALL CASH Candy Route.  
Do you earn up to  
\$800/day? Your own local  
candy route. 30 Machines  
and Candy. All for \$9,995.  
800-893-1185

Are you making \$1,710.  
per week? All cash vend-  
ing routes with prime loca-  
tions available now! Under  
\$9,000. Investment re-  
quired. Call toll free(24/7)  
800-668-9569.

BE FINANCIALLY INDE-  
PENDENT. Minnesota  
company needs honest,  
dependable person. Re-  
stock retail/commercial ac-  
counts with name brand  
products. 4-6 hrs/wk. Earn  
\$50,000 potential. \$8,900  
Investment. Good credit, fi-  
nancing available. 1-800-  
463-6678.

LOVE BOOKS? Need pro-  
fessional for sales opportu-  
nity. Home office required.  
[www.serioschools.com](http://www.serioschools.com)

This is creating MILLION-  
AIRES! EARN \$1,000.  
Daily with Absolute profit!  
97% of this business is Au-  
tomated. "Three Step Suc-  
cess System". 24 hr info  
line: 1-800-887-1897

Truck Drivers: CDL train-  
ing. Up to \$20,000 bonus.  
Accelerate your career as  
a soldier. Drive out ter-  
rorism by keeping the Army  
National Guard supplied.  
1-800-GO-  
GUARD.com/truck

### Employment Training 3700

AIRLINE MECHANIC  
Rapid training for high  
paying Aviation Career.  
FAA predicts severe short-  
age. Financial aid if qual-  
ify. Job placement assis-  
tance. Computer provided.  
Financial aid if qualified.  
Call AIM (888)349-  
5387.

ATTEND COLLEGE ON-  
LINE from home.  
\*Medical, \*Business, \*Par-  
alegal, \*Computers, \*Crimi-  
nal Justice. Job place-  
ment assistance. Computer  
provided. Financial aid if  
qualified. Call 866-858-  
2121 [www.onlinetidewa-tertech.com](http://www.onlinetidewa-tertech.com)

According to the Newspa-  
per Association of Amer-  
ica, 47% of job seekers say  
newspapers are their prin-  
ciple information source,  
compared to the 15% who  
see online sources. With  
the Journal Employment  
and ChicagoJobs.com,  
you've got it covered! To  
connect with qualified can-  
didates, call (800) 589-8237 today!

### Employment Training 3700

PHAT JOB! Hiring 18-25  
sharp, outgoing people to  
Travel U.S. Representing  
sport/fashion publications.  
Expense paid training.  
Trans & Hotel provided,  
return trip guaranteed.  
Call today, start tomorrow  
(800) 282-0381

Secret Shoppers Needed  
for Store Evaluations.  
Get Paid to Shop. Local  
Stores, Restaurants, &  
Theaters. Flexible hours,  
Training provided, email  
required. 1800-585-9024  
ext. 6533

### What's Important to You?

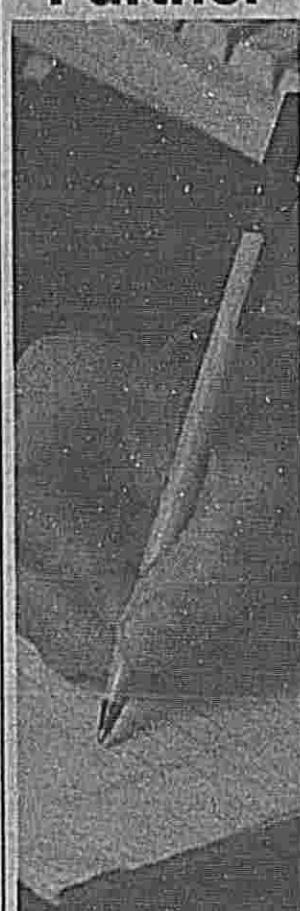
According to the Newspa-  
per Association of Amer-  
ica, job seekers rank job lo-  
cation, benefits package  
and working hours as the  
three most important items  
of information in an em-  
ployment ad. With the  
Journal Employment and  
ChicagoJobs.com, you've  
got it covered! To connect  
with qualified candidates,  
call (800) 589-8237 today.

### Looking for a Career Change?

According to the Newspa-  
per Association of Amer-  
ica, approximately 1/3 of all  
job changers said they  
were still checking ads in  
newspapers, and half that  
number had been consult-  
ing online job ads since  
their job change. With the  
Journal Employment sec-  
tion and ChicagoJobs.  
com, you've got it covered!  
To connect with qualified  
candidates, call (800) 589-  
8237 today.

### Employment

## Look No Further



WEEKLY  
JOURNALS

# WHEELS

## Five insurance mistakes that could cost you

Just because you have insurance doesn't mean it will be enough to protect your hard-earned assets should the inevitable happen. There are countless situations - like a home fire, a car wreck with injuries, or someone getting hurt on your property (to name a few) - where your level of home or auto insurance could make or break your financial future.

Here are five commonly made insurance mistakes and how to avoid them.

1. Buying the cheapest policy out there. You might save a buck by getting the minimum amount of insurance you legally can. But if the cost of an accident ends up being more than your policy covers, you're still responsible for paying the rest. Other parties could go after you and your assets.

2. Forgetting to pay your bills. There are plenty of understandable reasons why you might not pay your bill on time. But be warned that if you don't pay your bill, your insurance company isn't obligated to cover you - period. To avoid this, set up automatic payments through your bank or insurer or escrow for your home insurance. Otherwise, move your insurance bill to the top of the stack.

3. Assuming your stuff is covered. Policies limit how much coverage they provide for certain higher value items. Have a diamond wedding ring? Antique silverware? Customized wheels on your truck? Nice stereo system? Expensive guitar? These could fall outside the realm of a typical home or auto policy's coverage. It's easy to rectify this problem by "scheduling" or adding extra coverage with an endorsement, which gives you higher limits on certain items.

4. Not bothering with an um-



Contact your local independent insurance agent for a review of your personal insurance policies.

rella liability policy. Umbrellas are only for rich people, right? No, umbrellas are for every Tom, Dick and Harry. Think about your annual combined household income. Isn't that worth protecting?

What if someone got hurt during your child's next birthday party or your upcoming backyard barbecue? You can purchase an umbrella for as little as \$100 for \$1 million of extra coverage, depending on the policy and which area of the country you live in. It's a risk not to have an umbrella, like playing the lottery with your financial future.

5. Keeping your agent in the dark. If you've recently built an addition on your home or made a big purchase (see number three), talk to your agent. Without extra coverage, you could be underinsured. Or if

you get your bill and decide you want less coverage, talk to your agent. Policy changes may or may not be a good idea, but it's your insurance agent's job to advise you.

For example, at a glance you may think, "I don't need 'other than collision' coverage on my car." But your agent would tell you that's what covers you if your vehicle is stolen, catches fire, is damaged by hail or wind (such as a tornado), or if you hit a deer.

Your agent can also suggest ways to save money on insurance without risking your financial security - such as taking a driver safety class, getting a home security system, taking down the trampoline your kids never use, increasing your deductible, or taking advantage of multi-policy or good student discounts.

**Looking for a new car?  
Read the Wheels section every week  
in the Market Place section.**

## Finding the right used car for your teenager

Okay, you're thinking of buying a car for your driving-age teenager, and with the price of new cars climbing you've decided on getting one that's pre-owned.

These tips will help steer you towards a used car that fits the bill without breaking your budget.

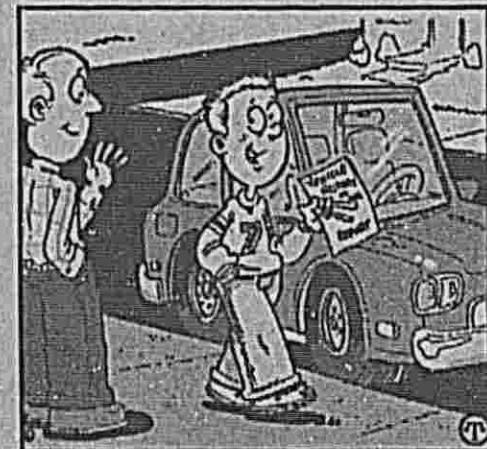
- The first step is to determine how the car will be used by the teen. If it's for commuting or trips to college and back, then gas mileage and comfort may be your biggest considerations. With gas prices high, fuel economy is an important consideration.

- Make a list of some vehicle safety features you're looking for. For example, are you interested in anti-lock brake systems and integrated seat belt systems?

- Before you start shopping, set a budget for how much you want to spend. Research a few models that meet your criteria and price range.

- Obviously, finding a safe and reliable vehicle for your teen is top priority. The Carfax Safety and Reliability Report allows you to view the auto industry's leading used-car safety ratings, reliability scores and reviews in one step. The information compiled in these reports can also give some good general advice.

• Now you're ready to start



Finding the right used car for your teen is doing your homework.

visiting dealers. For any vehicle you consider, ask detailed questions about the vehicle's performance and history, and request maintenance and inspection records.

- Always test-drive prospective cars on city streets and highways. This will give you a chance to thoroughly examine the car. Have your teenager drive it if you can. Make sure everything on the car works properly - brakes, gauges, lights, windows and locks. Also have a mechanic you trust check it out.

- In addition to that, you should take a look to make sure the body parts line up, the paint matches, doors open and close easily and the tires show even wear.

By doing your homework, you will be able to negotiate a good price for a reliable car.

### Alcohol's impact on the innocent victims: Children

Alcohol poses deadly consequences, especially to children. Just look at the grim statistics from the National Highway Traffic Safety Administration. During 2005, 8,089 passenger vehicle occupants under 15 years old were involved in fatal crashes. Twenty-one percent of children under 15 years old who were killed in motor vehicle crashes were killed in alcohol-related crashes. And of the children 0 to 14 years of age who were killed in alcohol-related crashes during 2005, 47 percent were passengers in vehicles with drivers who had been drinking.

As a parent or caregiver, it is important to be a positive role model for children to help prevent underage drinking and subsequent driving.



# No Interest Until 2007

Pulte Homes will pay the interest on your new monthly mortgage payment til 2007!  
You may only pay \$349.49 per month!



## North Communities

### Lindenhurst

#### Grant's Grove

Single Family Homes from the low \$400's  
847.265.5378

Peaceful Community with  
Beautiful Homesites! Model Open!  
Located on Gelden Rd. between Grass Lake Rd. and Deep Lake Rd.

**Pulte** Pulte Homes and Pulte  
Mortgage...One Simple Solution

Open Daily 10am - 6pm.  
Brokers welcome.

Visit [pulte.com](http://pulte.com) for information on our 17 communities throughout Chicagoland.

Copyright 2006, Pulte Homes, Inc. Void where prohibited. Must participate in Pulte Rewards Program. See sales associate for details. Offer applies to select communities. 2240 Point Boulevard, Bell, IL 60123. 847.811.4900. Product availability and offers subject to change without notice. Pulte Homes will pay the interest on your new monthly mortgage payment until 2007. The loan is based on a 30 year fixed rate conventional mortgage with a \$16,000 loan amount, 20% down payment and a rate of 6.875% 6.811 APR. The monthly payment of \$2,742.83 includes principal and interest. Borrowers will be responsible for making principal only payments for the first 6 months of the loan. Terms and conditions are subject to change without notice. All loans are subject to qualification. This program cannot be combined with any other offer, incentive or promotion. A copy of the Pulte Rewards Program Terms and Conditions is available at [www.pulte.com](http://www.pulte.com). This special offer is available through Pulte Mortgage LLC through the participation in the Pulte Rewards Program. Pulte Mortgage LLC is an Equal Opportunity Lender and an Equal Housing Opportunity Lender.

### Lindenhurst

#### Heritage Park

Luxury Townhomes from the low \$200's  
847.245.7374

Now Open!  
Located just north of Rt. 45 and Sand Lake Rd. on Country Place

### Mundelein

#### Hampton Reserve

Luxury Single Family Homes from the low \$500's  
847.949.5800

Move In Now!  
Located on Midlothian Rd. just north of Rt. 176

### Antioch

#### Red Wing View

Single Family Homes from the low \$300's  
847.838.0196

Move In Summer or Fall!  
Located on Rt. 173 west of Rt. 45

### Zion

#### Cypress Park

Single Family Homes from the mid \$200's  
847.731.0803

Models Open!  
Special Financing Available!  
Located south of Rt. 173 on Kenosha Rd.

# LAKE

Friday  
August 4, 2006

WEEKLY JOURNALS  
Section C

## • This Weekend

Be sure to check out the 12th annual Lake County Fair Festival featuring many popular musical artists on Aug. 6.

See page C10

## Local reading

A Gurnee woman makes it big and gets a few laughs along the way with her new novel, 'Twenty Times a Lady.'

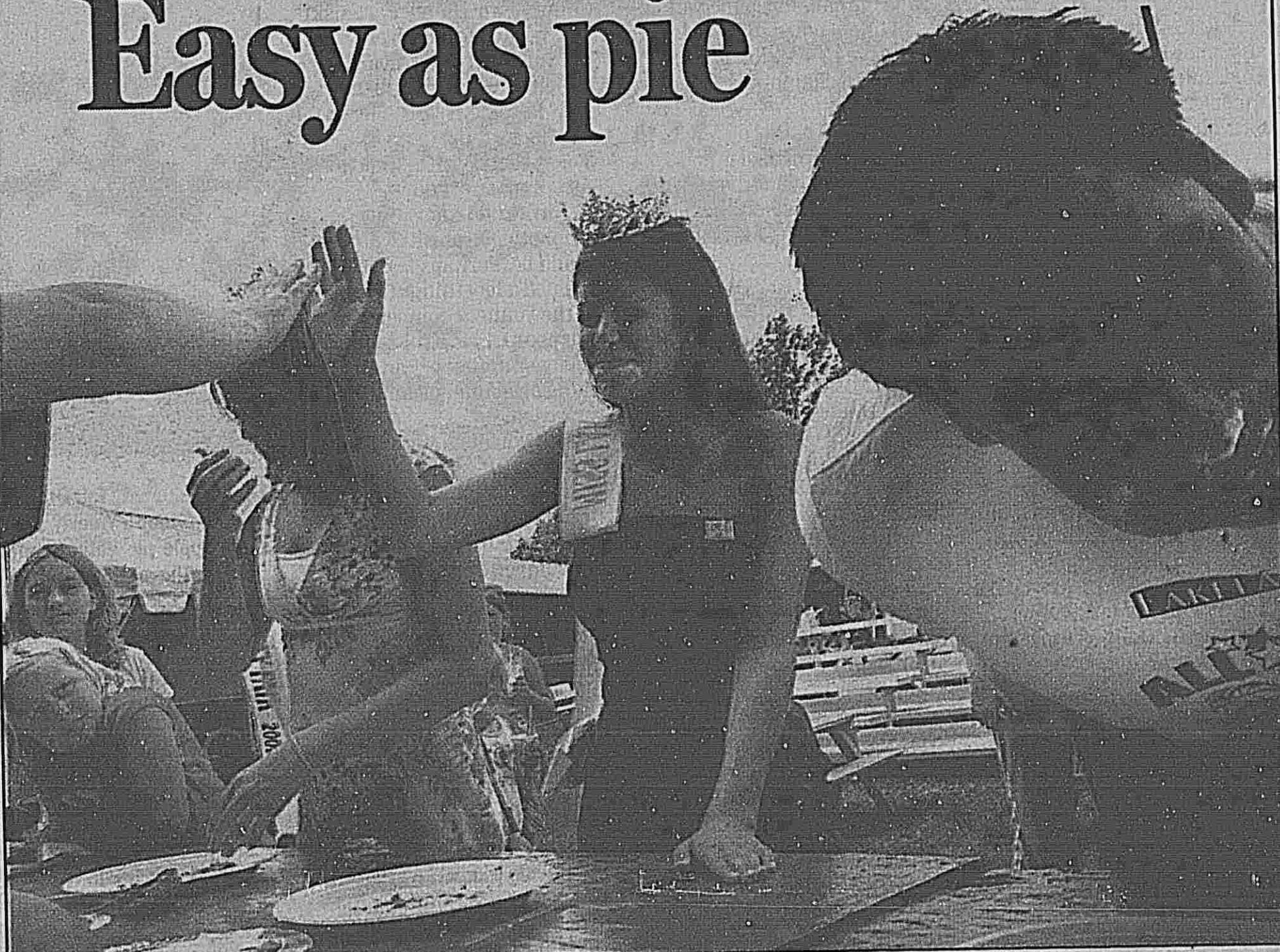
5

## Movies

The animals have gone wild in 'Barnyard.' Don't miss Pam and George Singleton's review on the new animated film.

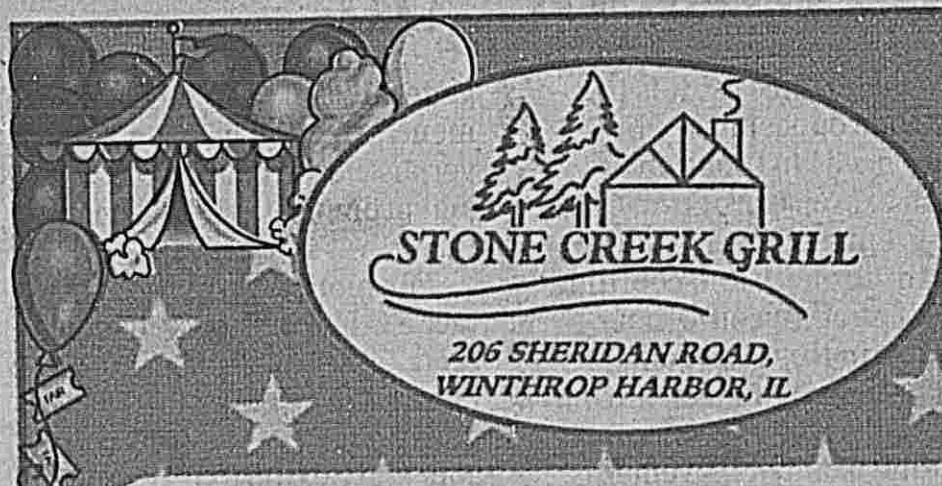
6

# Easy as pie



Annie Christie - achristie@nwnewsgroup.com

Weekly Journals Sports Editor Dan Patrick loses in an apple pie eating contest against the Lake County Fair Pageant Queens. "I am happy I beat a guy, even though I don't like pie," 2006 Miss Lake County Fair Queen Ashley Willner said. Also pictured is 2006 Junior Miss Lake County Fair Queen Hailey Paramski. See page C2 to read about the contest, which took place on Thursday, July 27.



## Honor Our Wonderful Heroes

Saturday, August 19th, 2006

1:00 p.m. - 11:00 p.m.

All Day Outside Tent Event • Live Music • Family Fun Fest • Kids Corner  
Hamburgers • Hot Dogs • BBQ Pork Sandwiches and Much More!

Call Ron or Tim for Details 847-746-2020 • 206 Sheridan Road, Winthrop Harbor

# Weekly Journals' oversized sports editor falls to Miss Lake County Fair in pie eating contest

By DANIEL J. PATRICK  
dppatrick@nwnews.com

GRAYSLAKE—County fairs and apple pie—what better ingredients are there for an All-American summer? Well, I can tell you from personal experience, the only thing that's better is a mixture of the two: A good old-fashioned pie eating contest.

So there I stood, in 90-plus degree weather, readying myself to scarf down a piece of apple pie with my hands behind my back.

A competitor at heart, I can never shy away from a challenge. As a virile, 24-year-old buck, standing at 6 feet, 6 inches tall and tipping the scales at about 270 pounds, this would be my chance to shine.

My competition?

A group of young Miss Lake County Fair contest winners, all mere fractions of my body size. "This should be easy," I thought.

Well, I was wrong.

Event organizer Matt Erickson gave me a piece about three times the size of my fellow contestants to even up the competition. As I stared down at my delicious piece of apple pie buried under a mound of whipped cream, on a normal

day, I would have savored every last bite. But when Erickson gave the call, the game was on.

Time seemed to slow down as I dove in, like the last seconds of a championship game, or maybe like Rocky's beatdown at the hands of Mr. T. All sound was drowned out as I heard nothing but the beating of my heart and felt the high from adrenaline; I was in the zone.

### The agony of defeat

As I fought to work down the last bits of crust, Erickson raised Miss Lake County Fair Queen Ashley Willner's hand in triumph. Oh yes, the lovely Ashley Willner stared my "zone" in the face and crushed it like a bug.

Willner taught me a real lesson that day: It really isn't the size of the dog in the fight, it's the size of the fight in the dog. What made Willner's come-from-behind victory against a competitor twice her size even more impressive was her distaste for the food.

"I hate apple pie, and after this, I hate it more," Willner said. "But, it was a fun experience."

Willner wasn't the only one that didn't like the food choice. Volo's Trinity Beedell sug-

gested a cookie eating competition, while Junior Miss Lake County Fair Hailey Paramski also wished for different food.

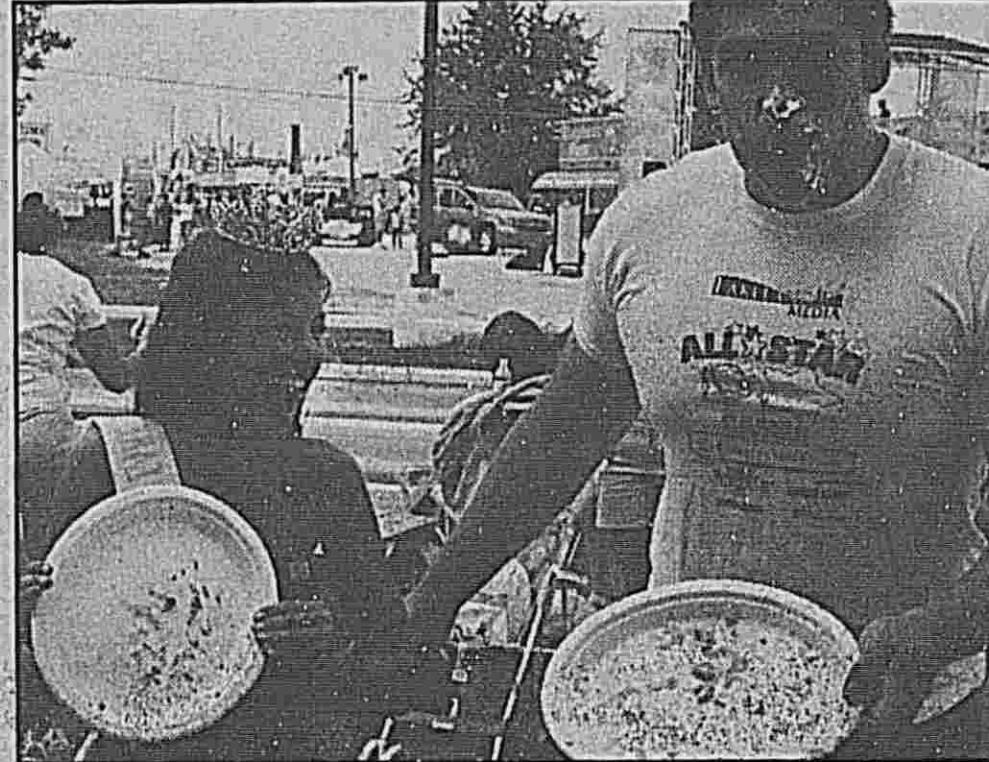
"I'm glad I did it, even though it was pretty disgusting," Paramski said. "At first, I just kept saying to myself, 'Eww,' then I just wanted to suck it up and do it."

Little did I know how prophetic Paramski's words would be. Perhaps I could have learned a few things from some of the younger competitors. Gurnee's Chris Krol won the 9-and-over division, handily using a vacuum-cleaner like approach.

"All you do is suck, don't worry about eating it," the 14-year-old Krol instructed me before the competition. "It was good pie, but I did one [pie eating competition] over in Florida, but that time it was the whole pie."

In the 8-and-under division, Brett Rothas narrowly defeated David Brooks of McHenry. David and his sister Jessica brought home podium finishes in both kids' divisions. Rather than focusing on the competition, David also found the pie useful as a way to beat the heat.

"It feels like whip cream, so you don't chew," David said. "The whip cream was cool, so it



Annie Christie - achristie@nwnews.com

Miss Lake County Fair Queen 2006 Ashley Willner, of Lake Villa, laughs it up with 6-foot-6 Weekly Journals Sports Editor Dan Patrick after his loss in an apple pie eating contest against the Lake County Fair Pageant Queens. The event took place on Thursday, July 27.

felt good."

### One and done

A true winner, Willner has decided to go out on top and retire from the pie eating circuit. However, like auto racing legend Michael Andretti, or basketball god Michael Jordan, the call of the competition might just be too loud for Willner to ignore.

"It was my first [pie eating

contest] and my last, and I won," Willner said with a laugh. "But, maybe if they switch to a different type of pie, then I might just try it again."

As for me, normally, the cinnamon scent of apple pie would conjure up warm memories of family reunions and summer picnics long past. This time, it just reminded me that I still had some pie up my nose.

## — Health Beat

# Discover the secrets to perfecting the game of golf

**Question:** Do you have any suggestions for improving my golf game?

**Answer:** Golf is one of the fastest growing sports in the world.

The fact is golfers will do anything to hit the ball longer and lower their handicap. Golfers spend as much as \$4,000 on a set of clubs, hoping for a few extra yards on their drive. The golf industry generates billions of dollars in sales each year.

Despite all the technological improvements in golf equip-

ment, the average handicap for both men and women has not dropped in the past 15 years.

Fifty-five years ago, golfers were winning tournaments, such as the U.S. Masters, with a score of 279: a score that would win many major tournaments today. So much for technology!



Linda DeFever

What a golfer needs to know is that the clubs do not play the game, the golfer does. The only way to achieve a lower handicap is to improve the function of the person who actually swings the club. Golfers must consider themselves athletes and train using programs designed to improve integration and synchronization of the whole body.

When golfers train using exercise programs based on body-building principles, sedation of the nervous system's ability to organize and synchronize complex multi-joint movements is

inevitable. The result is the complete opposite of what a golfer needs to function.

An exercise program for a golfer must address balance, length, strength and coordination of sport-specific movements – in this case golf.

This does not mean sitting with a piece of equipment performing isolated movements. An effective program must be designed to integrate the whole body.

Factors to improve a golfer's function must include flexibility, maintenance of the center of gravity, programs targeting

generalized motor development, selection of open chain versus closed chain exercises and promotion of good posture.

For more information, contact a C.H.E.K Practitioner, or read "The Golf Biomechanic's Manual" by Paul Chek. Don't miss next week's column on golf and flexibility.

• Linda DeFever is the owner of Vitality Inc., Where Exercise and Nutrition Meet in Balance at Serenity Health Resources in Wauconda. To have your health and fitness questions answered, e-mail DeFever at [Defever01@yahoo.com](mailto:Defever01@yahoo.com).

# Duke Fest

LIVE MUSIC \* FOOD \* DRINK  
AND DUKE'S FAMOUS BBQ

WIN A TRIP TO LAS VEGAS!  
WITH \$500 SPENDING VOUCHER!

WIN RAFFLE TICKETS TO WNA HARLEM  
(TICKETS TO BE PULLED AT WAUCONDA STREET DANCE) ON SEPT. 7

AUGUST 12TH

band on  
the run

BAND ON THE RUN  
PAUL McCARTNEY TRIBUTE BAND

DON'T MISS OUT ON  
ALL THE FUN!  
SEE YA AT

Duke's GRILL  
GET YOUR TICKETS NOW! FREE PARKING TOO

PLEASE NO FOOD OR BEVERAGE CAN BE BROUGHT IN • MUST BE 18 TO GET A RAFFLE TICKET

TICKETS \$8.00 - GATES OPEN AT 4  
MUSIC ALL THE WAY TILL DUSK

AUGUST 13TH



THE MISSING LINKS  
MONKEES TRIBUTE BAND

Duke's GRILL  
American Pub & Eatery

Duke Fest  
OUTBACK ON 5 ACRES

BRING YOUR  
BLANKET & LAWN CHAIR  
GROOVY!  
476 WEST LIBERTY STREET • WAUCONDA  
1/8 MILE EAST OF RT. 12 ON RT. 176

847-526-0002

In "Little Miss Sunshine," The Hoover family might appear dysfunctional on the outside, but they come together and help each other when it's needed most.  
 —(see page C7)



# Artists explore internal landscapes, along with epidermal landmarks

Two new artists showcase work at Chicago museum

CHICAGO — Two American artists are taking an artistic look at themselves.

A mixed media installation by Leslie A. Speicher and two-dimensional photographic and fiber-based works by Lauren Niimi will be on display from Aug. 4 to Oct. 20 at the International Museum of Surgical Science in Chicago.

The public is invited to attend a free reception for the artists from 5 to 7 p.m. on Friday, Aug. 4, at the Museum of Surgical Science. Both artists survey the geography of their own bodies, but they do so from opposite sides of the skin.

### 'Face to Face'

In her exhibition, "Face to Face," Speicher deconstructs her body into its essential parts to examine its life functions and their inevitable cessation.

She assembled this installation of "self-portraits" from microscopic images of her blood cells and MRI torso and brain scans produced in collaboration with medical imaging specialists.

"Face to Face" continues the investigation of the body's internal landscape that Speicher began in earlier works, including the installation "Endoderm

### All the details

- Housed in a landmark, turn-of-the-century mansion, the International Museum of Surgical Science is located at 1524 North Lake Shore Drive in Chicago, one-half block south of North Avenue.
- The museum is open to visitors from 10 a.m. to 4 p.m., Tuesday through Saturday. It also is open on Sundays through Sept. 30.
- Admission is \$6 for adults and \$3 for students and seniors. On Tuesdays, admission is free.

No. 2" at Art Basel Miami, for which she covered the interior of a room with giant foam "cells" to give viewers the impression of walking through an oversized organ. Speicher is currently based in Cleveland.

### 'Evidence'

"Evidence," Niimi's exhibition, focuses on the external terrain of the artist's body. Her photographic works depict landmarks that medical procedures have mapped on her skin—X's that mark the spots where needles and scalpels broke ground.

Furthermore, in her fiber-based works, Niimi evokes the idea of a second skin.

She juxtaposes materials such as gauze and band-aids, used to cover and protect open wounds from outside elements,

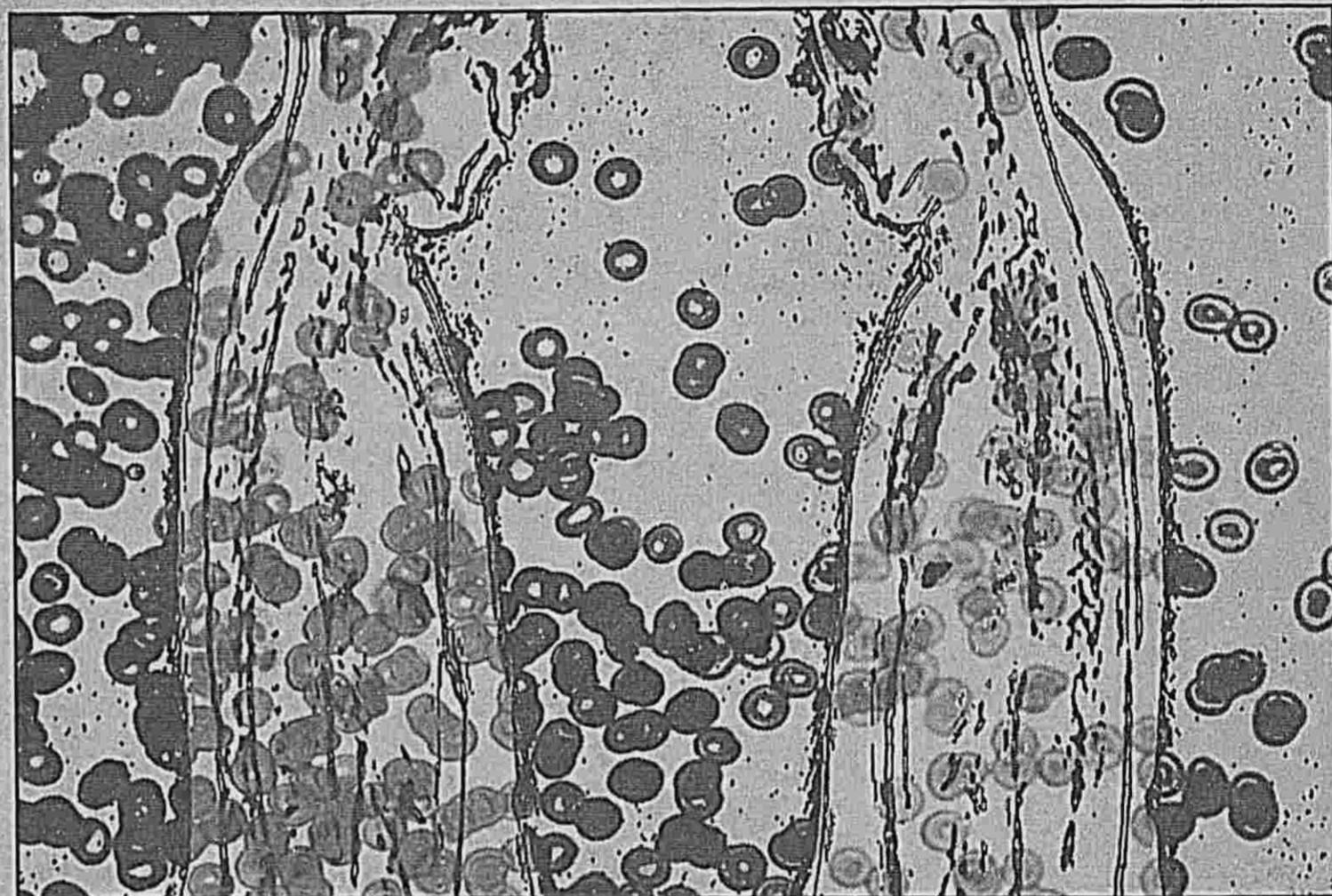


Photo provided

Leslie A. Speicher's exhibit, "Face to Face," is a composite of MRI torso scans and a microscopic image of blood cells. Through "Face to Face," Speicher deconstructs her body into its essential parts to examine its life functions and their inevitable cessation. The exhibition runs Aug. 4 to Oct. 20 at the International Museum of Surgical Science in Chicago and examines the internal and epidermal aspects of the human body.

with images and text clipped from tabloids and publications that routinely expose the bodies and private lives of celebrities to the public eye.

Originally from Highland Park, Niimi now resides in Chicago, where her work has been exhibited at the Rehab Institute and Woman Made Gallery, among other spaces.

Her work is showcased in the Museum of Surgical Science.

### 'Anatomy in the Gallery'

These exhibitions are the latest in the museum's "Anatomy in the Gallery" series, which showcases medically themed contemporary art.

Artists from Leonardo da Vinci to William Hogarth studied anatomy to represent the body from all angles, and now many contemporary artists are examining the subject from a

modern perspective.

The museum exhibits these works in accordance with its mission: to enrich the lives of its visitors by enhancing their appreciation and understanding of medicine.

The museum's permanent collection contains artifacts from medical history, including surgical instruments, as well as a number of paintings, drawings and sculptures.

# Get culturally indulged with the forest preserve

Here is a chance to dive into local culture.

The Lake County Forest Preserve District will host "Taste of Lake County Culture" from 1 to 7 p.m. on Sunday, Aug. 6, at the Greenbelt Cultural Center in North Chicago. The event will include music, dance,

art, cultural exhibits, children's activities and food. There is no charge to attend.

The Greenbelt Cultural Center is located at 1215 Green Bay Road. For more information, call (847) 968-3477.

And those who love majestic vessels might want to take ad-

vantage of a Lake County Forest Preserve District activity from 9 a.m. to 5 p.m. on Tuesday, Aug. 8.

Forest preserve staff will host an outing to the Tall Ships Chicago Festival, where attendees can explore ships from the inside and outside.

Fees for the program include general admission to the festival, boarding wristbands, snacks and transportation to and from the Lake County Forest Preserve District general office in Libertyville. Lunch is not included. Cost for Lake County residents is \$124, and non-residents pay \$173.

The Lake County Forest Preserve District general office is located on the east side of Milwaukee Avenue (Route 21), just north of Buckley Road (Route 137).

For more information, or to register, call (847) 968-3321.

# Gurnee woman's new novel about numbers sure to spark laughs, smiles

By EMILY PREVITI  
epreviti@nwnewsgroup.com

**WADSWORTH** – At first, static obscures Karyn Bosnak's voice. She switches from her mother's cordless phone, and one can clearly hear her chatter, peppered with laughter and paced like lightning.

Bosnak, a native of Gurnee, published her second novel, "20 Times a Lady," this month.

The book opens with Delilah Darling, a woman on the cusp of entering her 30s, reading an article that says the average person has 10.5 sexual partners in his or her lifetime. The number startles her, as she has slept with 19. She decides to limit herself to 20; the next, she decrees, will be a keeper, "The One" – her soul mate.

She then loses her job, bar hops through Manhattan and wakes up next to No. 20: her supervisor and nemesis.

Delilah decides to revisit her old partners in the hopes that she can work it out with one of them and stay within her limit.

She embarks on a road trip that stretches from Manhattan to Chattanooga, Ky., to Los Angeles, Calif. She encounters an ex who is gay, another in rehab and one who tries to recruit her into a pyramid scheme. Meanwhile, she deals with her younger sister's engagement, an overbearing mother and a caring, though sometimes self-righteous, friend.

Bosnak has driven with friends to California and Florida, but said she has "never tracked down an ex."

She gleaned the book's anecdotes, many of which induce laughter, from experiences of friends, as well as her own.

The same remains true for the story's morals: make up your own rules, have no regrets and security is attractive, but not always preferable.

"I'm stuck, a little bit, between this traditional/modern woman kind of struggle inside of me, and I think it's inside a lot of women," she said. "We try to tell ourselves that we can go out and have sex like a man, but there's a part of us that wants to settle down."

Bosnak, 33 and single, does not claim to have an answer, but her book has a message.

"Don't let mistakes scare you, or condition [you] to live life safe," she said. "Be impulsive. Learn, and move on."

And she should know.

## Prologue

- Bosnak progressed through

## Author Karyn Bosnak

**Age:** 33

**Hometown:** Gurnee

**Now lives in:** New York City, New York

**Occupation:** Writer

**Family:** Sister, Lisa, 35; parents, K.C. Dieck and Nick Bosnak

**Education:** Bachelor's degree in marketing from Columbia College, in Chicago

**Pets:** Dog, Beverly

Gurnee's grade schools and graduated Carmel High School in 1990. She began her studies at the University of Illinois at Champaign-Urbana and finished at Columbia College in Chicago. After a stint with Hyatt Hotels, she "fell into" television, namely working on the Jenny Jones Show. She has lived in New York City since 2000.

Like Delilah, Bosnak lost her job in 2002. A credit card tab of \$20,000 compounded the problem.

Her solution: solicit donations through [www.savekaryn.com](http://www.savekaryn.com). Twenty weeks after the Web site launched, the generosity – albeit blind – enabled Bosnak to pay her credit card in full.

She landed a book deal after an agent read about her site. "Save Karyn," her 2003 debut, described her roller coaster ride with debt.

"It's so far been lucrative and successful and kind of turned into a career," she said of writing.

Though Bosnak has journaled since childhood, she never thought of writing professionally. She acknowledged that the book, considered "chick lit" (books aimed at twentysomething females), is not literary mastery in the traditional sense, but expressed her dedication to improvement as a writer.

She pounded out her first work in four months, whereas her

sophomore effort took one year.

Industry experts worked with Bosnak to translate the non-fiction work into a screenplay, which she said prompted changes in writing style that complicated the process, but improved the product.

"I could have edited forever," she said of "20 Times." "It's the most difficult thing [I have] ever done, but I'm happy and satisfied."

## Epilogue

In a couple of months, Bosnak will embark on a tour through 10 cities in the U.S., plus London and Amsterdam.

With the screenplay for "Save Karyn" in limbo, Bosnak has begun to write her third fiction book about a girl that joins a beauty pageant against her will.

Bosnak has never competed herself.

The inspiration for "20 Times," however, sprung from an experience more true to life: she actually read that people average 10.5 sexual partners in a lifetime.

So what's her number?

"Higher than 10.5, but lower than 20," she said with a laugh. "But closer to the second."



Photo provided

Karyn Bosnak, of Gurnee, recently finished her newest novel, "20 Times a Lady," a story about a woman who learns she has been with more men than the average woman.

**FAIRWAY TRAVEL**   
"Making travel dreams come true"

- Fine Art
- Fine Food
- Fine People

**Fabulous Trip**

Join us for the trip of a lifetime to Italy's Great Cities March 16-24, 2007.  
Find out more on this fabulous trip at:

**Binanti's Taste of Italy**  
883 Main St. Antioch  
August 15th at 7pm  
For reservations call: 888-527-8100

Enjoy free wine tasting and complimentary hors d'oeuvres

Sponsored by:  
Fairway Travel,  
Binanti's Taste of Italy  
Antioch Fine Wines & Spirits

**Za Za's**  
Steakhouse & Italian Eatery  
Authentic Italian Specialties  
(Not affiliated with any other Za Za's)  
Chosen October, December,  
April '04, April & July '05  
Restaurant of the Month by Lakeland Readers

**TRY US!**  
You'll be glad you did!

Special Requests Taken by Our Chef, Davito

Mon.-Fri. 11:30 am  
Lunch & Dinner  
Open Sat. 3 pm  
Sun. 2:00 pm

**Live Entertainment Fri. & Sat. Nights**  
PRIVATE ROOM AVAILABLE  
FOR YOUR PARTY NEEDS

**FRIDAY FISH FRY**  
ALL YOU CAN EAT

**847-973-8000**

**Senior Discount 10% OFF**  
Sun. thru Thurs. Entree Only

With this coupon. Valid thru 8/31/06. Not valid on holidays.

69 S. WASHINGTON STREET IN INGLESIDE, IL  
ACROSS FROM FOX LAKE FIRE DEPARTMENT BETWEEN ROLLINS & RT. 59 ON WASHINGTON

# REEL MOVIES

## Movie Review Key

4 = Don't miss this movie!  
 3 = Worth seeing but could've been better  
 2 = Wait until this movie comes out on video  
 1 = Someone should be fired for making this movie

By Pam & George  
Singleton



Page C6

WEEKLY JOURNALS

Friday, August 4, 2006

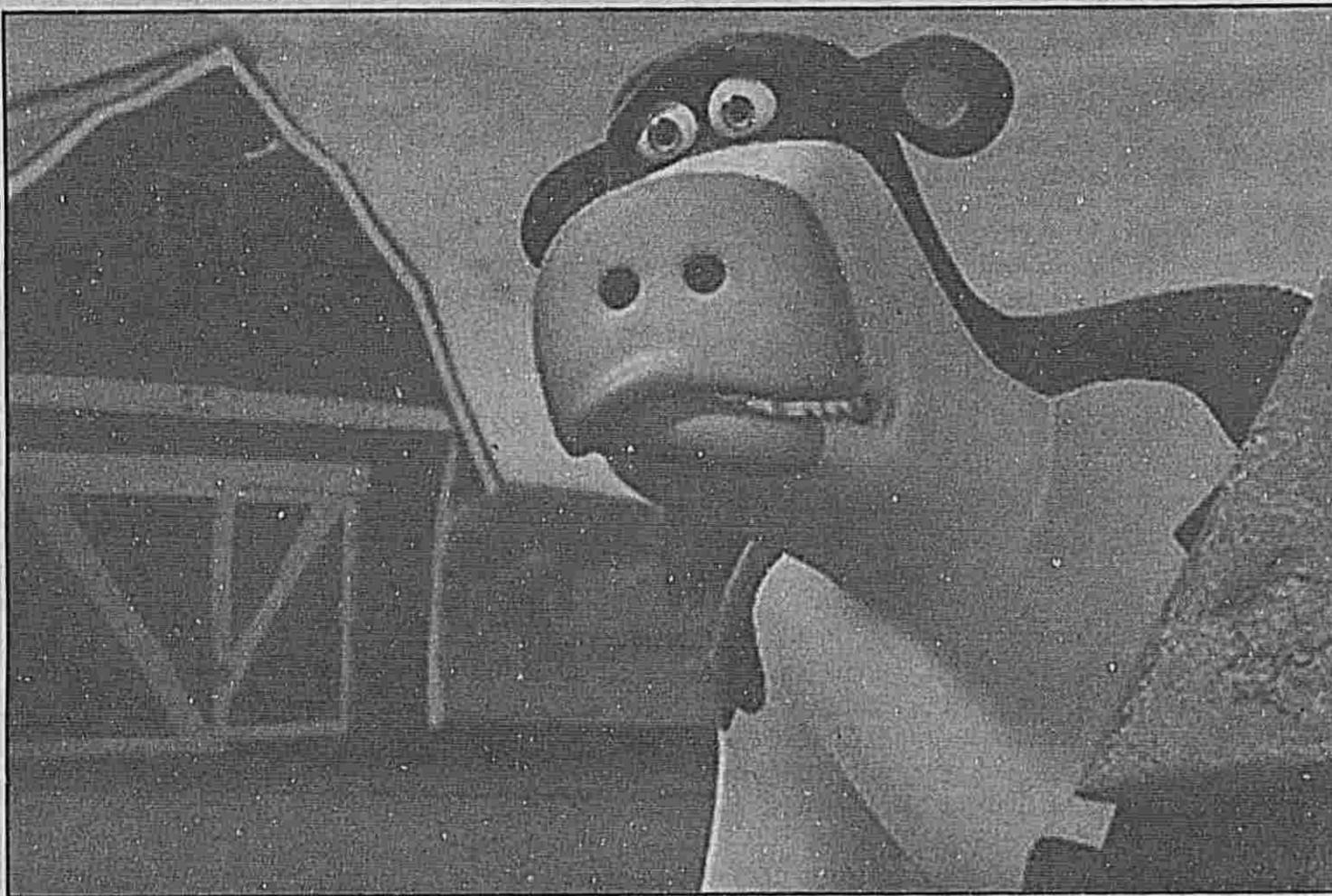


Photo provided

In "Barnyard," animals learn that responsibility, hard work and friendship are what truly matter.

## 'Barnyard' filled with wild party animals

By PAM and GEORGE SINGLETON  
welisten@playrules.com

When the farmer's out of earshot, all the farm animals get footloose. They stand upright and play, sing and dance.

Otis (voiced by Kevin James, whose voice is heard in "Monster House") is the dancing prankster son of the leader of the animals: a very serious cow named Ben (voiced by Sam Elliot of "Thank You for Smoking").

Ben tells all of his animal kingdom friends that they must be mindful of two things. One is to avoid buying grey market merchandise from an underground sales organization that sells things humans like to use. The other is to stay inside the fence, so the coyotes won't make them their dinner.

While Ben would like to groom Otis to become leader one day, all Otis wants to do is party. One fateful night, Otis shirks his responsibility to stand guard, and when the time comes for someone to re-

place Ben, Otis is not ready. Or at least he does not think he is.

Keeping Otis somewhat centered is his attraction to Daisy (voiced by Courteney Cox), a pregnant cow-eyed beauty who we later learn is a widow. Daisy and her quick-witted friend (voiced by Wanda Sykes) arrive just in time. He is put in a position to either be a political hack or stand his ground against the coyotes.

In some ways, the choice is easy because if Otis leaves, he has no friends, family, or self-respect. If he stays, he keeps all those things, in addition to possibly the love of his life. With the help of his barnyard buddies, and a few timely kicks in the head from Miles the mule (voiced by Danny Glover), Otis saves the day.

Unlike recent animated films aimed toward older children, such as "Monster House" and "Ant Bully," "Barnyard" is definitely for the rug rat set. However, the tone of the film changes dramatically from a carefree let's party spirit to a

### Barnyard: The Original Party Animals

Director: Steve Oedekerk

Genre: Animated film for kids 8 and under

Other info: Paramount Pictures and Nickelodeon; rated PG for some mild peril and rude humor; running time is approximately 90 minutes

creepy "who's afraid of the big bad wolf?" toward the end. And in the middle are some questionable, politically incorrect scenes. It's possible we are being too sensitive.

We are not screenwriters trying to tie together a somewhat logical plot in a kid-oriented animated feature, while keeping it entertaining. Otis and his crew of barnyard bad boys love a good time. But we were puzzled by situations that show it's no big deal that a car

See ANIMALS, page C7

## Now Playing

### Kerasotes

Movies with Magic — VERNON HILLS

FREE REFILL ON POPCORN & SOFT DRINKS

\$4.50 — BEFORE 6PM, STUDENTS & SRS.

\$6.00 — ADULT EVENING ADMISSION

**RIVERTREE COURT**

701 N. MILWAUKEE 1-800-FANDANGO 1591#

SHOWTIMES FOR AUGUST 4 — 8

Now! SUPERSAVER MATINEES IN ( ) ONLY \$3.75

THE DESCENT (R) 2:15 (5:15) 8:00 10:30

THE LADY IN THE WATER (PG-13) 6:30 9:15

THE NIGHT LISTENER (R) 1:30 (4:15) 7:00 9:40

YOU, ME & DUPREE (PG-13)

2:00 (4:45) 7:45 10:15

THE ANT BULLY (PG) 12:45 (3:30)

JOHN TUCKER MUST DIE (PG-13)

1:00 2:30 (3:45 5:00) 6:15 7:30 9:00 10:00

CLERKS II (R) 1:15 (4:00) 6:45 9:30

THE DEVIL WEARS PRADA (PG-13)

1:45 (4:30) 7:15 9:50

**SHOWPLACE 8**

MILWAUKEE — 2ND LIGHT S. OF HWY 60

1-800-FANDANGO 1590# (ALL DIGITAL SOUND)

SHOWTIMES FOR AUGUST 4 — 8

Now! SUPERSAVER MATINEES IN ( ) ONLY \$3.75

BARNYARD: THE ORIGINAL PARTY ANIMALS (PG)

12:00 1:45 2:45 (4:00 5:00) 6:45

7:30 9:15 9:50

TALLADEGA NIGHTS (PG-13) 11:30AM 1:00

2:00 (3:45 4:45) 7:00 7:45 9:40 10:20

MIAMI VICE (R) 11:45AM 12:45 (3:00 4:15)

6:15 7:15 9:30 10:10

MONSTER HOUSE (PG) 1:15 (3:30) 6:30 9:00

PIRATES OF THE CARIBBEAN:

DEAD MAN'S CHEST (PG-13) 12:30 (4:30) 8:00

## Still Playing

Little Man: PG-13

You Me and Dupree: PG-13

A Scanner Darkly: R

A Prairie Home Companion: PG-13

Over the Hedge: PG

The Break-Up: PG-13

The Lake House: PG

Miami Vice: R

Superman Returns: PG-13

## REGAL CINEMAS

A REGAL ENTERTAINMENT GROUP COMPANY  
BARGAIN SHOWS (11:00)  
\* Pass / Discount Level Restrictions Apply  
Advance Tickets at FANDANGO.COM & 800-FANDANGO

DIGITAL SOUND IN ALL THEATRES

## ROUND LAKE BEACH STADIUM 18

Rollins Rd. Btwn Rt. 83 & Cedar Lake Rd.  
1-800-FANDANGO 240#

Adv. Tix on Sale WORLD TRADE CENTER (PG-13) \*

Adv. Tix on Sale SNAKES ON A PLANE (R) - ID REQ'D \*

BARNYARD (PG) (1145 205 420) 635 905 1120

Big Screen: BARNYARD (PG) (1245 205 520) 735 1005

Big Screen: TALLADEGA NIGHTS: THE BALLAD OF RICKY

BOBBY (PG-13) (1130 200 430) 700 930

TALLADEGA NIGHTS: THE BALLAD OF RICKY

BOBBY (PG-13) (1230 130 300 400) 630 800 900 1030

1130

THE DESCENT (R) - ID REQ'D (1215 235 455) 720 940

THE NIGHT LISTENER (R) (1225 240 500) 725 945

THE ANT BULLY (PG) (1135 1235 155 255 410 510) 625 910

MIAMI VICE (R) - ID REQ'D (1250 150 345 445) 640 740 935

1035

JOHN TUCKER MUST DIE (PG-13) (1200 215 450) 705 920

CLERKS II (R) - ID REQ'D (1220 245 505) 745

LADY IN THE WATER (PG-13) (1150 225 515) 750 1020

MONSTER HOUSE (PG) (1205 220 435) 650 915

1010

YOU, ME & DUPREE (PG-13) (1210 250 525) 755 1025

PIRATES OF THE CARIBBEAN: DEAD MAN'S

CHEST (PG-13) (1155 325) 710 1040

THE DEVIL WEARS PRADA (PG-13) (1140 210 440) 715 950

SUPERMAN RETURNS (PG-13) (1230 150 345 445) 730 1045

Free Family Film Festival Tue & Wed 10AM

Times Fri 8/4/06 12:30 2:55 5:30 8:00  
www.REGmovies.com

## MARCUS THEATRES

GURNEE 847-855-9940

1-94 & Grand Ave, West, Gurnee

Student Discount \$6.00 All Shows with a Valid Student ID Before 5:30PM

\$7.00 All Shows with Valid Student ID After 5:30PM

Military Discount \$6.00 All Shows with a Military ID

SHOWTIMES FOR FRI 8/4/06 THRU THU 8/10/06

Talladega Nights (PG13) ✓ X 12:30, 2:55, 5:30, 8:00

Talladega Nights (PG13) ✓ X 1:45, 4:15, 7:00, 9:40

Barnyard (PG) ✓ 12:40, 2:45, 5:00, 7:10, 9:15

Descent (R) ✓ 12:55, 3:15, 5:35, 7:50, 10:05

Night Listener (R) ✓ 1:10, 3:20, 5:25, 7:35, 9:45

Stranger With Candy (R) ✓ 12:45, 3:00, 5:20, 7:40, 9:55

World Trade Center (PG13) ✓ Starts We 12:50, 3:45, 6:45, 9:35

Ant Bully (PG) ✓ Ends Tu 12:35, 2:40, 4:45

Ant Bully (PG) ✓ 1:35, 3:40, 5:45

Miami Vice (R) ✓ 12:35, 3:30, 6:25, 9:20

Miami Vice (R) ✓ 2:00, 5:00, 8:00

John Tucker Must Die (PG13) ✓ 12:50, 3:00, 5:10, 7:15, 9:20

A Scanner Darkly (R) Ends Tu 7:25, 10:00

Monster House (PG) 12:30, 2:45, 4:55, 7:05, 9:15

Lady in the Water (PG13) 12:55, 3:20, 5:45, 8:15

My Super Ex-Girlfriend (PG13) 12:40, 5:30, 10:00

Clerks 2 (R) 12:45, 2:55, 5:05, 7:15, 9:25

You, Me & Dupree (PG13) 2:00, 4:30, 7:00, 9:35

Little Man (PG13) 12:30, 2:50, 5:10, 7:30, 9:50

Pirates: Dead Man's Chest (PG13) 1:00, 4:20, 7:40

Pirates: Dead Man's Chest (PG13) 2:50, 6:10, 9:30

Devil Wears Prada (PG13) 3:05, 7:35

Click (PG13) 1:40, 4:35, 7:10, 9:40

Superman Returns (PG13) 9:00

Lady In The Water

# Innocence shines bright in 'Little Miss Sunshine'

By PAM and GEORGE SINGLETON  
welisten@playrules.com

Richard and Sheryl Hoover (Greg Kinnear and Toni Collette) preside over a household of barely functional individuals. Then the couple's 7-year-old daughter, Olive (Abigail Breslin), becomes a finalist in the Little Miss Sunshine contest, and everyone's sanity is put to the test.

It's a road trip for the family, and they have difficulty navigating the logistics of home, let alone on the road in an ancient VW bus.

Richard's got an agent pitching his self-help book to publishers as he tries to become a successful motivational speaker, but he seems to strike out more often than not. How does one remain optimistic when the answer is always "no?"

Sheryl has a job outside the

## Little Miss Sunshine

Directors: Jonathan Dayton and Valerie Faris (husband and wife)

Genre: Comedy satire

Other: Fox Searchlight; rated R for language, some sex and drug content; running time is 101 minutes

home and attempts to keep up with her plump, spectacle-wearing daughter, who is obsessed with being a beauty queen. Their teenage son, Dwayne (Paul Dano), is into his ninth month of a vow of silence, until he gets admitted into the Air Force Academy.

Richard's dad (Alan Arkin) now lives with them, after being thrown out of his retirement home for possession of heroin. Oh yes, and Sheryl's gay, suicidal brother, Frank (Steve Carell), is with the family after his release from the mental hospital.

Sheryl not only never has a dull moment, she never has a moment at all.



Photo provided

Abigail Breslin stars as Olive Hoover, a young girl who dreams of becoming a beauty pageant winner, in Jonathan Dayton's and Valerie Faris new film, 'Little Miss Sunshine.'

Olive was runner-up in a regional Little Miss Sunshine contest, and when the winner is disqualified, Olive now can compete in the finals in California. Mom and Dad are so into their own lives, they are not aware of Olive's talent. By the way, Grandpa's her coach.

Along the way, they each experience life changing events. Most of us can identify with a man whose dreams of a great career just can't take off.

We all know a working

mother whose only private time is when she's driving to and from the grocery store. There are kids who think the world is against them, and they simply want to withdraw.

It's easy to see why this movie was such a huge hit at the Sundance Film Festival. "Little Miss Sunshine" is a real crowd-pleaser and one of those films that come to mind when people ask, "Why can't Hollywood make fresh and original films anymore?" This one is the **3.5** answer.

## 'Barnyard' offers fun for kids

Animated film great for children

### • ANIMALS

Continued from C6

was stolen twice (and totaled) and motorcycles taken another time, all without adverse consequences. One of the policemen even suggested strip-searching the offenders if they caught them.

Adults will have trouble not noticing that all the cows, whether male or female, have milk udders.

We assume this was the way of getting around the issue of genitalia for animals that walk upright.

Director Steve Oedekerk created the character "Jimmy Neutron: Boy Genius." John Debney's music sets the toe-tapping mood for this animated musical barn storm.

He also composed the music for "The Ant Bully" and "Chicken Little." The movie offers an odd mix of style and substance, and the young children in the audience laughed a lot and did not get too scared when a pack of coyotes were on the prowl with protruding teeth. While the things parents may not be too thrilled about will go over the heads of the 8 and under set, for adults, the film is thankfully only 90 minutes.

**2.5**

**HILLERY'S**  
**BAR-B-Q**

WE CAN CATER YOUR EVENT

CALL NOW FOR FAST DELIVERY

Baby Back or St. Louis Style Ribs  
ORDER IN ADVANCE!

COUPON

**FREE FRIES**  
When You Buy \*20 in Pork Tips (3lbs)  
Valid until 8.31.06

Perfect For Weddings • Graduations • Picnics  
Confirmations • Parties

Remember Our On-Site Cookouts  
Call Now For Reservations

In North Chicago • 1517 14th Street • 847-473-1722

Lake County's best kept secret...

**Alpine Country Club**

"Over 100 Years of Lakeside Serenity"

- Luncheons
- Cocktail Parties

Call to view the  
Grand Lakeside Dining Room  
& request a menu.

847-546-4544 • fax 546-2235  
10 W. Washington St. • Round Lake 60073  
AlpineInfo@hotmail.com  
Lorraine D. McIlroy / Event Coordinator  
847-414-8447

**PM&L**  
**THEATRE**

**"GYPSY"**

By Jule Styne, Stephen Sondheim and Arthur Laurents  
Directed by Gigi Willding • Produced in cooperation with Tams-Witmark Music Library, Inc.

The musical rise to stardom of Gypsy Rose Lee has "everything comin' up roses" in this classic show.

**July 21, 22, 23\*, 28, 29, 30\* • August 4, 5, 6\*, 2006**

Box Office Opens July 10, 2006 • Adults \$15.00 Sr./St. \$12.00

Call for Reservations **847-395-3055**

PM&L Theatre • 877 Main St., Antioch • Visit our website @ [www.pmltheatre.com](http://www.pmltheatre.com) Box Office Hours: Mon. thru Thurs: 6:00 p.m.-8:00 p.m. Saturdays: 11:00 a.m.-2:00 p.m. & 90 minutes before curtain on show days. Reserved Seating. VISA/MC

# Experimental play 'Wants and Needs' leaves the audience wanting more

By TOM WITOM  
thomaswitom@yahoo.com

Last year, Lookingglass Theatre Company fearlessly presented "Hephaestus: A Greek Mythology Circus Tale," a high-wire production, without a net.

In a further show of audacity, the company now is staging "Wants and Needs: An Improvised Exploration of Life in the Land of Plenty," a new, scriptless show featuring ensemble member Joey Slotnick and collaborator Lauren Katz.

But this time, a safety net in the form of a more clearly defined structure would have come in handy.

The hour-long performance,

## All the details

**What:** "Wants and Needs"  
**Where:** Lookingglass Theatre, 821 N. Michigan Ave., Chicago  
**When:** Through Aug. 6  
**Tickets:** \$15-\$25  
**Show information:** (312) 337-0665

directed by Jim Dennen, meanders wildly: characters and scenes shift, sometimes in mid-stream. Disconcertingly, pantomime skills are wanting, and more often than not gets the audience lost and confused.

In this experimental piece, they wrestle with what Dennen describes as "these bizarrely common, and hilariously sad, relational ticks [that are] the

unspoken demands, identity crises and cyclical co-dependencies with which we fill our daily lives. We are the people ensconced in moderate comfort, yet guiltily wanting a little more, but raised with enough leisure from an early age to worry about things like fulfillment, art, the third world and recycling."

Slotnick and Katz make a likeable team and have worked together in the past, including an appearance in 2004 at Lookingglass' production of "Great Men of Science."

They have developed a unique style, but "Wants and Needs" – as presented – is big on self-indulgence and lean on substance.



Photo provided

Joey Slotnick (left) and Lauren Katz perform in the experimental play "Wants and Needs" at Lookingglass Theatre.

## Eat, Drynke & Be Maritime!

The Royal Ship Dreadnought Makes Port at Bristol

BRISTOL RENAISSANCE FAIRE  
Where Fantasy Rules!

Present coupon at Fair Box Office to receive the following:

Weekends & Labor Day - July 29 - September 4, 2006

\$2.50 OFF One Full Priced Adult Ticket

Offer & ticket valid Saturdays or Sundays, July 29 - Sept. 3 or Labor Day, Monday, Sept. 4 only. L17/27

Saturdays, Sundays & Labor Day - Now thru Sept. 4, 2006 - 10am - 7pm - 847-395-7773 - 1-94 at the IL/WI border  
No Waiting in Line! Buy Your Tickets NOW through Click 'n Print! [www.RenFair.com](http://www.RenFair.com)

# Boston Pops orchestra to perform at Ravinia

By GREGORY HARUTUNIAN  
news@nwnewsgroup.com

**HIGHLAND PARK** — The Boston Pops Esplanade Orchestra will take over the Ravinia Festival pavilion on Friday, Aug. 18, for an evening performance of 1970s "8-track" hits.

Under the direction of conductor Keith Lockhart, the orchestra never fails to tour without an eclectic pallet of music that brings a surprise and a smile to its audience. Their special guests will be Rockapella, a five-man vocal harmony group from Providence, R.I.

"Esplanade" is defined as "a long expanse of grass or pavement associated with a promenade along a shore." The image definitely fits the orchestra, as they venture out from their Lennox, Mass., home at the Tanglewood Music Shed.

Long-known for making classical and pop pieces accessible to a wide variety of tastes, the orchestra last stopped at Ravinia in 2004. That performance was steeped in broadway show tunes by Stephen

## Tickets, please

For information on ordering tickets, call the Ravinia Box Office at (847) 266-5100.

Sondheim and Bob Fosse. The orchestra even found a novel way to leave the stage for the intermission break, by having the various instrument sections forming conga lines and making their exits to a conga beat. Some musicians wore party hats and threw confetti at the audience to accompany the dancing.

The orchestra was called back for a second encore, which proved to be the expected highlight of the evening, a stirring rendition of John Phillip Sousa's "Stars and Stripes Forever." A large American flag was lowered as a backdrop covering the entire expanse of the stage's back wall, bringing the audience to their feet with a standing ovation.

Lockhart has consistently steered the orchestra into mainstream media outlets, ranging from numerous PBS television broadcasts to DVD

appearances with the Muppets. His efforts have brought a higher profile to the orchestra, along with a standard of professional and family-oriented entertainment.

Rockapella is a five-man vocal powerhouse, whose sound has become an infectious blend of soul, rock, rhythm and blues and jazz. Their appearances as the vocal group on the long-running PBS series "Where in the World is Carmen Sandiego?" produced a large crop of fans, both young and old.

The group has released several CDs, including 2004's "Live In Japan," which saw a personnel change and a new edge to the trademark Rockapella sound. As the undisputed kings of contemporary acappella music, the group continues to tour around the world, bringing harmony music to new legions of fans.

Ravinia, with entrances from Sheridan and Green Bay roads in Highland Park, offers a relaxed atmosphere with manicured and sculpted grounds for lawn patrons to spread out a blanket and enjoy wine and



Photo provided

**The Boston Pops Esplanade Orchestra performs at a concert.**

snacks. The sound system is defined by numerous speakers placed at key areas on the lawn, and they relay the proceedings in the pavilion with clarity and the proper volume.



*Irish dancers develop concentration, coordination & confidence while learning to appreciate world dance traditions.*

**Let me show you a whole new world...**

**Explore Irish Dance!**

- Classes for children & adults
- 19 Chicagoland class locations
- Boys only & teen beginner classes
- Many opportunities to perform & compete
- Performance groups available for weddings, banquets & get-togethers of all sorts

7 Lake County and McHenry County Locations including Libertyville and Crystal Lake  
phone: 847.698.4434 • e-mail: mcnultydancers@aol.com

**www.mcnultyirishdancers.com**

See web site for schedule & application.



# Lake County Folk Festival lines up big acts

LAKE ZURICH - The Lake County Folk Festival is back for another year.

"Music by the Lake" will take place from noon to 7 p.m. on Aug. 6 at Paulus Park in Lake Zurich.

Music lovers attending the 12th annual event can enjoy national and regional touring performers, as well as theme-based music and teaching workshops. Bring your voice or instrument and enter the "Song Circle." Crafts and various food booths will also be on site.

## Maria Muldaur

Maria Muldaur leads the list of performers and is best known for her cross over megahit "Midnight at the Oasis."



Maria Muldaur

Since that success, Muldaur has continued her uninterrupted musical odyssey by recording two critically received jazz albums, two gospel albums, an album of swing tunes and another album that was awarded "Best Adult Alternative Album of the Year" by the National Association of Independent Record

## Other acts

• Old Time Country & Blues Revue has Pete Norman and Dave "DK" Kolars will play traditional country, bluegrass, ragtime, old-timey, tin pan alley and home grown-songs. The duo also plays banjo, mandolin and resonator guitar.

• Dyed in the Wool will play a mix of American folk and Celtic traditions.

• Blues Experiment will play songs featuring traditional, contemporary and jazz blues styles.

• And, Anna Stange will entertain children with her speciality is children loving her sing alongs.

Distributors and a nomination for "Outstanding Blues Album" from the Bay Area Music Awards.

Festival co-founder Kate Moretti said Muldaur wails on the blues like no one else.

"She will be a big attraction because baby boomers will recognize her for 'Midnight at the Oasis,' but she has done a lot more," she said. "She was featured on the PBS documentary about Bob Dylan because she was there in Greenwich Village [for] the birth of folk music."

During the past few years, Muldaur has continued her string of artistic performing successes and has completed an album featuring Taj Mahal,

Bonnie Raitt, Roy Rogers and Alvin Youngblood Hart. A tribute to Peggy Lee currently is in the works.

## Steve James and Del Rey

Also coming to the main stage will be Steve James and Del Rey. They specialize in American vernacular acoustic music, and combined they form a musical testament to the hillbilly-smarty-pants and country-blues aesthetic.

Their performances incorporate a sense of humor and intense instrumental virtuosity, to which audiences and critics have favorably responded. They have been spending the majority of their time on the road as a duet. James is a songsmith and a bottleneck guitarist from Austin, Texas. Del Rey is a pianistic guitarist from Seattle, who doubles on resonator ukulele.



Steve James



Del Rey

As a duet, James and Rey have recorded two CDs, and between the two, they have recorded nine solo albums. James and Rey's past performances include the King Biscuit Blues Festival, Merlefest, Waterfront Blues Festival and A Prairie Home Companion.

## Mark Dvorak

Mark Dvorak's roots are in Chicago, but since 1981 he has been criss-crossing the country performing, teaching and expanding his roots in folk music.

Dvorak is a folk singer who follows in the footsteps of Woody Guthrie, Lead Billy, Big Bill Broonzy and Art Thierne. With hundreds of songs in his repertoire, he is an entertainer whose performances are masked with a clear understanding of his music and what an audience musically appreciates.

He currently teaches at the Old Town School of Folk Music.

## Dan Zahn and Friends

Dan Zahn and Friends features only Zahn, as he wears

many hats.

He is first an entertainer, who just happens to be a fine guitar player. He also is a mandolin picker, a songwriter, teacher and an award-winning portrait artist.

He was one of the folk fest's founding directors with Moretti before he moved on to direct the Park Forest Labor Day Workers Music Fest in 2000.

Zahn sings upbeat songs from the 1930s and 1940s with Moretti in a musical group, and he tours with her presenting folk, bluegrass and original tunes from his solo recordings.

Come on out and enjoy all these acts and more at the 12th annual Lake County Folk Festival.

## What it costs

Admission to the 12th annual Lake County Folk Festival "Music by the Lake" is \$12 a person, \$25 a family and \$10 for seniors and students.

For additional information, call (847) 302-7557, or visit [www.lakecountylifefestival.com](http://www.lakecountylifefestival.com).

# Spear throwing exhibit, contest comes to the Lake County Discovery Museum in Wauconda

Learn about the atlatl device, used for spear-throwing

WAUCONDA - A once in a lifetime opportunity to learn how to spear throw awaits area residents this Sunday.

From noon to 1 p.m. on Aug. 6, area residents are invited to check out "Spear Throwing: The Ancient Art of the Atlatl"

## Need more info?

For additional information on "Spear Throwing: The Ancient Art of the Atlatl," call (847) 367-6640, or visit [www.LCFPD.org](http://www.LCFPD.org).

at the Lake County Discovery Museum in Wauconda.

Attendees will learn about the atlatl, a spear-throwing device used for thousands of years.

They also will get to try

their hand at spear throwing. A contest will take place for adults and children age 6 and older.

The atlatl was first used more than 25,000 years ago and was commonly used before the advent of the bow and arrow. It is a device used to increase leverage when throwing a spear. Today, only a few cultures, such as the Australian aborigines and native Alaskans, utilize the effective weapon.

In 1995, the world record for throwing a spear with an atlatl was set at 848.56 feet.

The cost for "Spear Throwing: the Ancient Art of the Atlatl" is \$7 for Lake County residents and \$9 for non-residents. Cost includes museum admission.

Registration and pre-payment is required. Call (847) 968-3321, or visit [www.LCFPD.org](http://www.LCFPD.org) to register.

The Lake County Discovery Museum is located on Route

176, just west of Fairfield Road in the Lakewood Forest Preserve.

Visitors to the award-winning museum also can enjoy the interactive permanent exhibitions, including the Lake County Mall of History, Vortex Roller Coaster Theater and Bringing the World Home, featuring the world's largest collection of picture postcards.

Do not miss this opportunity to learn about the ancient art of spear-throwing.

# Rejuvinate the routine with healthy snacks

Cool your taste buds with this simple, tasty treat from the American Heart Association's magazine cookbook "Healthy Recipes Kids Love."

## Peachsicles (Serves: 6 — 1 per serving)

### Ingredients:

18.25-ounce can light sliced peaches in fruit juice, drained  
1 cup fat-free or low-fat plain yogurt  
1/4 cup frozen orange juice concentrate, thawed (about 2

ounces)  
2 teaspoons honey  
1/2 teaspoon vanilla extract

### Directions:

Cut the peaches into bite-size pieces. Put 3 pieces in each of 4 paper or plastic 5-ounce juice cups. Transfer the remaining peaches to a small bowl.

Stir remaining ingredients into the bowl with peaches. Pour into juice cups.

Insert a wooden Popsicle or craft stick into the center of each cup. Cover cups with plastic wrap

or aluminum foil, allowing the sticks to poke through the covering. Put the cups stick-side up on a level surface in the freezer.

Freeze 3 hours, or until solid.

To serve, peel or cut the paper or plastic from the frozen pops.

### Nutrients per serving:

71 calories, 0g total fat (0g saturated, 0g polyunsaturated, 0g monounsaturated)  
15g carbohydrates, 13g sugars, 0g fiber, 1mg cholesterol, 3g protein, 37mg sodium  
Dietary Exchanges: 1 fruit



# 'Meze' opens new world of Greek-style snacking

By TOM WITOM  
thomaswitom@yahoo.com

Meze, similar to its Spanish counterpart tapas, is how the Greeks define snack. It can be consumed alone or before a meal — or as part of the meal itself.

Rena Salaman, Athens born and raised, is the author of several books on food of the Mediterranean region. Her latest, "Meze," subtitled "Delicious Little Dishes from Greece and Lebanon" (Ryland, Peters & Small, 2006), is a slim volume that perfectly captures her subject.

## Spinach and Cheese Pie (Makes about 12 pieces)

### Ingredients:

1 packet phyllo dough, 16 ounce, thawed if frozen  
9 tablespoons butter, melted  
Filling:  
1 pound fresh leaf spinach, rinsed  
One-quarter cup extra virgin olive oil  
1 large onion, finely chopped  
4-5 scallions, trimmed and coarsely chopped  
4 eggs  
8 ounce feta cheese  
3 ounce fresh dill, finely

chopped  
3-4 tablespoons finely chopped fresh flat leaf parsley  
One-quarter cup milk  
Sea salt and freshly ground black pepper  
Roasting pan, about 13x9 inches

### Directions:

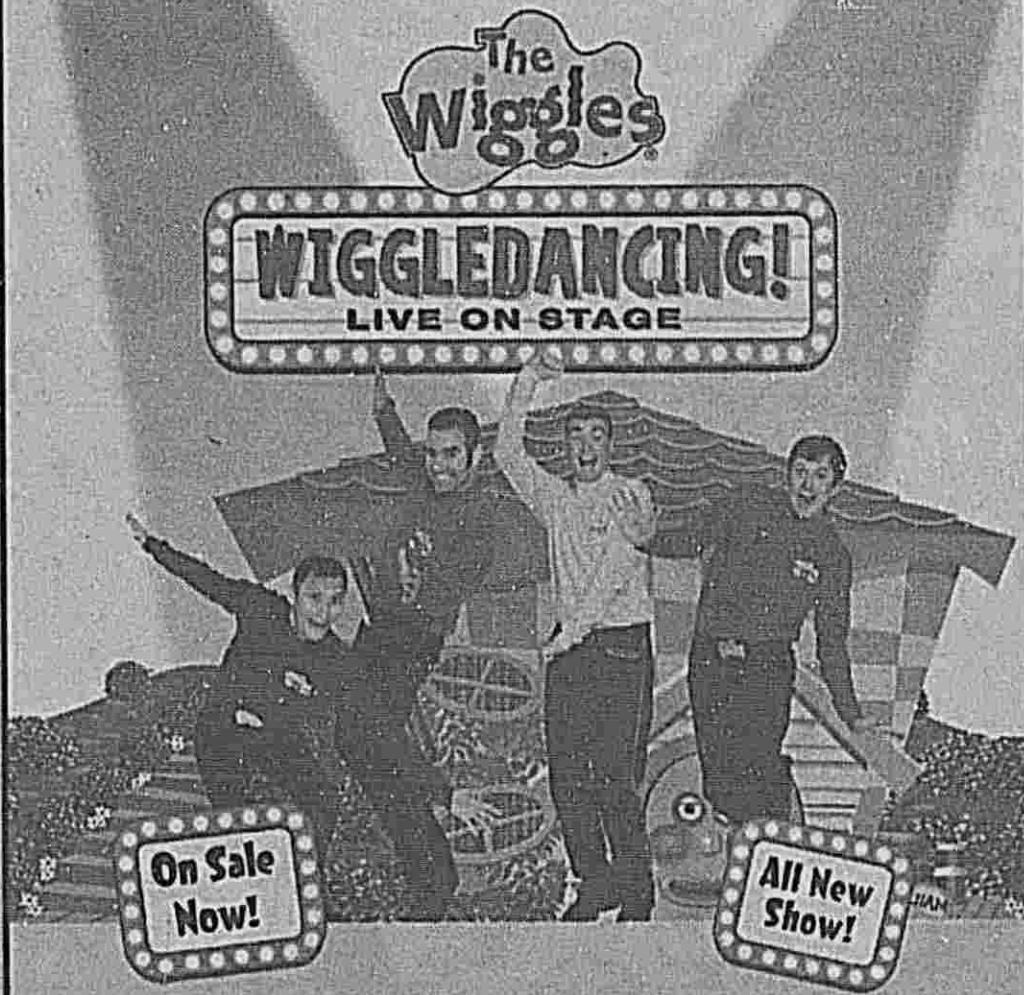
To make the filling, put the spinach in a large saucepan of water, cover and cook gently, stirring occasionally for 5-6 minutes until wilted. Drain the spinach thoroughly in a colander. Wipe the saucepan dry, add the olive oil and sauté the onion and scallions until translucent. Add the spinach, salt and pepper, and sauté for 4-5 minutes. Let cool a little. Beat the eggs in a large bowl, crumble in the cheese, add the herbs and spinach, and mix well with a fork.

Unroll the pastry carefully — you will have an oblong stack of paper-thin sheets. Brush the roasting pan with the hot melted butter. Then butter sparingly the top sheet of pastry and lay it into the pan, folding any excess on one side (keep in mind that the pastry will shrink when cooked).

Continue the same way,

See PIE, page C15

## Celebrate With Us 15 Years of Singing and Dancing!



**Saturday, August 12  
Sunday, August 13**

**1:30 pm & 5:00 pm**

 **Allstate arena**

Tickets available at the Allstate Arena Box Office, all Ticketmaster locations, at (312) 559-1212 or at [www.ticketmaster.com](http://www.ticketmaster.com)

[www.thewiggles.com](http://www.thewiggles.com)

© 2006 The Wiggles Pty. Ltd. All rights reserved.

## Special event

Enjoy two new exhibits at the Museum of Surgical Science in Chicago.  
—(see page C4)



### Game Dork

## It's the season for new systems

It's getting closer to the witching hour.

Sony's PlayStation 3 comes out near the end of the year. And guess what? That's right, it's so expensive at \$600 that if you really want to reserve your PS 3, you better start saving up your money right about ... now.

Of course, Nintendo is also coming out with its new game system, the Wii (pronounced "we") in late 2006 for a paltry \$250. And the Microsoft Xbox 360, which came out last holiday season, will likely drop its price from \$400 to \$300, or add a free game or two to the \$400 bundle. That's the rumor, anyway.

So here's your confusing question: Should I save up for the high-definition PS 3, the Wii or the Xbox 360? Here's the answer, based on who you are.

You're a Masochist of Pixels: Like me, you're a video

game fanatic, and you already own the Xbox 360. You don't need my advice. Buy both the PS 3 and the Wii. Get ready to spend \$60 or more on new games. Re-evaluate your priorities in life.

You're a Weekend Warrior: As a frequent gamer, you probably

play an Xbox or a PS 2. If I were you, and I had an extra \$300 rattling around in my pocket, I'd upgrade to the Xbox 360.

You're a Worried Parent: Get your kid the Nintendo Wii or a handheld Nintendo DS Lite.

Wii games will continue Nintendo's appeal to blood-



**Doug Elfman**

squeamish moms and dads.

To tell the truth, I'm looking forward to the Wii more than the PS 3. Why? Because it has built-in interactivity. It comes with a remote-control wand that will read your physical motions.

You're a Rare Gamer: You play games only every now and then, say, once or twice a month.

Forget these fancy systems, unless you just want to brag that you own one, and keep your Xbox. Or, if you're loyal to your PS 2, dump your loyalty and upgrade to an Xbox. They retail now for \$130.

No matter what, I can't stress how important it is for any gamer to consider dropping their PS 2, which is still popular in the way McDonald's is.

• Doug Elfman is a video game critic for the Northwest News Group

## Remember Your Special Day...



...by sending in  
your engagement, wedding,  
anniversary announcements to  
run on our Bridal Page in the  
**Lakeland Journal!**

Send information to:

**nthielsen@nwnewsgroup.com**

### Everymom

## The naked truth behind toddler, childhood nudity

Now that I look back on it, I probably shouldn't have laughed and called my daughter "naked butt" as soon as she started to toddle around the house.

Because now, at 2-and-a-half years old, she loves to strip off her clothes and be naked.

"Naked butt, naked butt," she sings as she dances naked, plays with her dollhouse naked and attempts to run around the yard naked. As I've written before, as much as I tried to stop her, she briefly got naked when we played at the park, though at least she kept on the snow boots she happened to be wearing.

Her desire to be naked around the house actually worked in our favor when we were potty-training. It provided easy access for her, and I ended up with fewer clothes to wash.

When we're in public, and the need-to-be-naked mood has struck her, I try to distract her any way I can.

But in general, I try not to make a big deal about this naked phase because she has plenty of time to reach that phase we (well, most of us) reach: that would-rather-not-be-naked-in-front-of-others phase.

It's just that along with the naked phase comes that phase in which children become curious about their bodies and ours.

That's when you as a parent must walk that fine line between trying to answer questions directly and honestly, but also responding with only enough information that will stop the child from asking any more questions until she's older.

It always seems the more nonchalantly you try to answer a question about why boys "squirt" when they go potty, the more intrigued children become.

I didn't breast-feed, but I've seen how fascinated children are by it.

A wide range of remarks have come out of the mouths of my nieces and nephews as they watched my sister-in-law breast feed.

When the younger ones asked what the baby was doing, my oldest nephew responded, "She's eating Angela."

Her son once asked her, "Which one's chocolate?"

This is the same boy who came out of his room one day wearing a Band-Aid in, let's just say, a very sensitive area.

Honestly, I kind of admire that free spirit in all children that turns being naked into one of their favorite hobbies. I'd like to keep the number of future issues my daughter can blame on me to a minimum. Freaking out every time she strips, to me, seems like it would only needlessly stress her out. If she grows up and moves into a nudist colony, I guess I would just have to accept that, though visiting would be tough, at least the first few times.

And I can't imagine at this point ever joining in, but who's to say how I'll feel in a couple decades when my life might need a little excitement. I mean, one of my grandmother's favorite movies is "Porky's" because she thinks it's hilarious when they show the wrinkled behinds of the old men.

• Columnist Jami Kunzer is the mother of Summer, 2, and infant twins Anna and Lilly. She writes about the everyday challenges facing parents. You also can connect with Jami online Tuesday, Thursday and Saturday through her blog, which can be found at [www.nwherald.com](http://www.nwherald.com). Reach Jami at [jkunzer@nwnewsgroup.com](mailto:jkunzer@nwnewsgroup.com), or (815) 459-4122.

# The new wedding etiquette

Wedding traditions can and do change. And, sometimes, traditions should change.

Here are a few established wedding traditions that have taken on a fresh twist in recent years:

**Old: The bride's family pays for the wedding**

**New:** Today, just 27 percent of weddings are paid for by the bride's family. Even a simple affair can have a significant cost, so it is not surprising that families attack this in different ways. The bride's family may pay. The couple themselves may pay, or the groom's family, the bride's family and the couple may share expenses. What's important is that the bride- and groom-to-be discuss the budget early to ensure a

smooth path to the altar.

**Old: There should be no more than six bridesmaids and six groomsmen.**

**New:** You can have as many or as few attendants as you want; there is no maximum and minimum. Even at a big, formal wedding, just one or two attendants on each side are acceptable. Because groomsmen/ushers have the responsibility of seating guests at the ceremony, the rule of thumb is one usher for every 50 guests, and it's fine to have more ushers than bridesmaids.

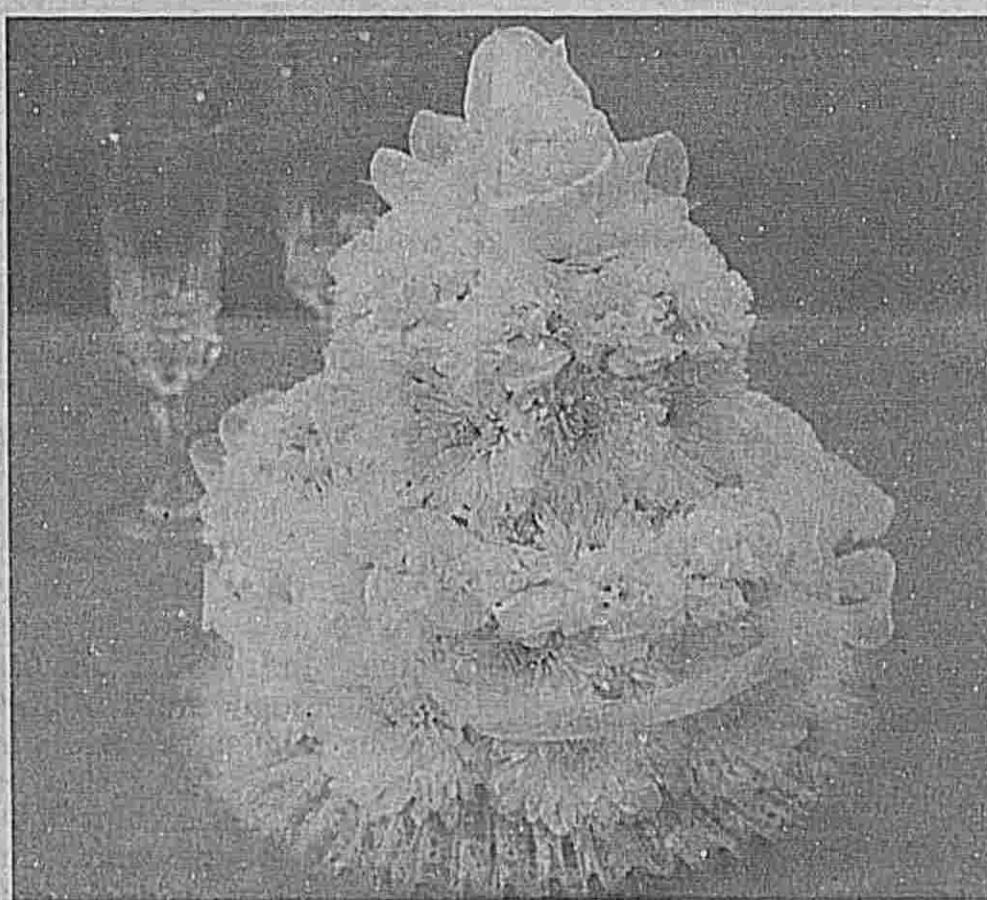
**Old: The bridal bouquet must be white or, at the very least, subdued.**

**New:** Bouquets can be as beau-

tiful and varied as the brides who carry them. Vibrant wildflowers, lavender roses that match the bridesmaids' dresses, the groom's favorite flower - all are acceptable and wonderful. Brides, however, should consider guests who might have allergies to certain flowers.

**Old: The mother of the groom shouldn't choose her dress until the mother of the bride has chosen hers.**

**New:** Traditionally, the mother of the bride chooses her dress and then notifies the mother of the groom of its style and shade so that she can purchase a dress that complements but doesn't exactly match the bride's mother and attendants. Today, the mother of the groom



Some traditions have changed in the wedding world. Some have stayed the same.

## Tips for sparkling diamonds

When the sun is shining and the weather is warm your skin may have a sun-kissed glow ... but your diamond may not! Did you know that warm weather can make it hard to keep your diamonds looking brilliant? Diamonds need proper care to reflect the light as they should.

The following tips can help keep your diamonds looking spectacular:

- Lotions leave diamonds dull -- They keep your skin shiny and healthy, but much-needed suntan lotions, sunblock and moisturizers can leave a film on your diamonds that can affect the way they sparkle. Try to put your lotion on and wash your hands before you put your diamonds on.

- Don't touch oily skin -- It is normal for your skin to be extra oily when it's hot. Try not to touch your face and then your diamonds. The natural oils of your skin can be detrimental to your diamonds' glow.

- Even diamonds can get scratched -- Avoid wearing your diamonds when doing work around the house. Even though diamonds are extremely hard, they do scratch. When storing

your diamonds, place them apart from your other jewelry in separate bags.

- Dips in the pool can be dangerous -- Chlorine can have an unfavorable effect on your diamonds. Try not to wear your diamonds when you know you will be swimming. Also, be sure to wear gloves when cleaning the house. Many household cleaners also contain chlorine.

- Clean diamonds easily -- Household remedies will help keep your diamonds sparkling. Although it's tempting, it's important not to clean your diamonds every day as it can affect their wear. For occasional cleaning, use a solution of one part ammonia and one part water. Let your jewelry soak for 20 minutes, and then scrub gently with a small soft bristle brush. Rinse again in the solution, and dry your diamonds with a soft cloth.

- Get a diamond checkup -- You should visit your jeweler on a yearly basis to make sure your diamonds remain in top condition.

Following these simple steps will ensure your diamonds will last as long as your love.



should select an outfit that she feels beautiful and comfortable in and that is appropriate for the time of day and formality of the wedding. And if the bride's mom hasn't contacted the groom's mom, it is perfectly fine for mom o' the groom to initiate that phone call to discuss dress details.

**Old: Traditional household appliances and linens are the best wedding presents.**

**New:** Any gift is fine, just choose thoughtfully. Some couples today have already combined households and may not need another blender, compact toaster oven or set of thirsty bath towels. Gift registries are now the norm, and handy things they are for guests who may not know the couple as well as they might like. And don't be surprised by a registry that may contain non-traditional items like chipping in on vaca-

tions and mortgage payments.

**Old: Guests shouldn't wear white or black to a wedding.**

**New:** You can wear white as long as it doesn't look like a wedding dress: it's the bride's day. If you wear black, it should look like you are attending a wedding, not a funeral. Also consider time of day, location and any rules of attire specified by religion (for example, bare shoulders or too much cleavage or leg showing).

**Old: All guests should receive hand-written thank you notes for their gifts.**

**New:** Sorry, there's no changing this one! All guests should receive hand-written thank you notes for their gifts. Save the e-mails for lunch dates and business-related thank yous.

## JOIN OUR ESCORTED TRIPS FOR 2007

(Please book by Sept. 30th, 2006)

China • Switzerland (Escorted by Alice) • Alaska • Northern European Cruise (On Princess)

EXOTIC CRUISE, NOVEMBER, 2007

(Hosted by Marc) to: Rome, Istanbul, Palermo, Tunisia, Malta, Tripoli, Bengazi, Alexandria and Kusadasi

Call the Professionals at



**TRIANGLE**  
Cruises & Tours

555 Greenwood Avenue • Waukegan, IL 60087

Phone: 847/249-5760 • Fax: 847/249-0564

Email: [Triatrav@aol.com](mailto:Triatrav@aol.com)



## LAKE FOREST HOSPITAL

### Lake Forest FREE Hearing (Aural) Rehabilitation Classes

Aural rehabilitation is an important part of maximizing success with hearing aids. These sessions will focus on adjusting to hearing loss, making the best use of your hearing aids, exploring devices that might help, managing conversations, and taking charge of your communication. These small group sessions are informal and a family member is invited to attend with you. Pre-registration is required.

**Fee: FREE**

**Location:** Lake Forest Hospital  
**Register:** For schedules and registration call (847) 535-6114.

### Foot Pathology and Benefits of Orthotics

Julie Stride, DPM, and Theresa Montella PT, OCS, will discuss common foot pathologies as well as medical and physical therapy options for treatment. Appropriate use and benefits of orthotics will also be presented. Learn how to take better care of your feet. All feet are welcome!

**Date** Thursday Aug. 31

**Time** 7 to 8 p.m.

**Location** Lake Forest Hospital  
**Register** (847) 535-7551

### CareCoach

CareCoach is our mobile health van. Check out the schedule at [lakeforesthospital.com](http://lakeforesthospital.com) for the various CareCoach sites

## Early detection of lung cancer saves lives

Lung cancer — the uncontrolled growth of abnormal cells in the lungs, causing tumors to form — is the leading cause of cancer death for both men and women. Each year, more Americans die from lung cancer than from breast, prostate, and colorectal cancers combined. In 2005, there will be about 172,570 new cases of lung cancer in the U.S.: 93,010 among men, and 79,560 among women, according to the American Cancer Society. About six out of 10 people with lung cancer die within one year of finding out they have it, and between seven and eight will die within two years, reports the American Cancer Society.

### What causes lung cancer?

According to lungcancer.org, an online resource sponsored by CancerCare for lung cancer patients and their families, more than 87 percent of lung cancers in the United States are smoking-related. Men who smoke increase their risk of death from lung cancer by more than 22 times, and women by more than 12 times. However, there are factors other than smoking that can increase an individual's risk for developing the disease. These factors include: exposure to other carcinogens such as asbestos

and radon gas; certain industrial substances such as arsenic; some organic chemicals; radiation from occupational, medical and environmental sources; air pollution; and tuberculosis.

Sometimes, the cause is not known or the onset of lung cancer is a result of past actions. Dana Reeve (the late Christopher Reeve's wife), a non-smoker, was recently diagnosed with lung cancer. Former smokers, like the late Peter Jennings (anchor and senior editor of ABC's "World News Tonight"), who recently died of lung cancer, are at risk as well. Quitting smoking does reduce an individual's risk significantly — although former smokers remain at greater risk for lung cancer than people who never smoked.

### Signs and symptoms

The signs and symptoms of lung cancer may take years to appear, are often confused with symptoms of less serious conditions, or may not appear until the disease has reached an advanced stage. Here's what to look for:

- Smoker's cough that persists or becomes intense
- Non-smoker's cough that persists for more than two weeks
- Persistent chest, shoulder, or back pain unrelated to pain from coughing
- Blood in sputum

(coughed-up phlegm from the lungs), an increased amount of sputum, or a change in its color

- Wheezing
- Recurrent pneumonia or bronchitis
- Fatigue
- Loss of appetite
- Headache, bone pain, aching joints
- Bone fractures not related to accidental injury
- Neck and facial swelling
- Unexplained weight loss

There also may be signs and symptoms caused by the spread of lung cancer to other parts of the body. Depending on which organs are affected, these can include: headaches, general weakness, pain, bone fractures, bleeding, or blood clots. Anyone experiencing any of these signs or symptoms should consult a physician immediately.

### Early detection

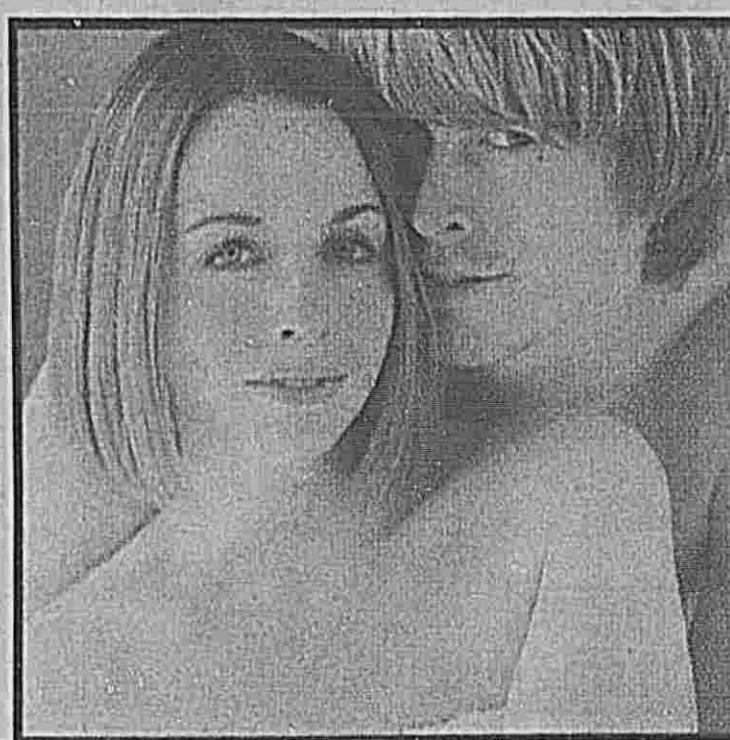
Early detection of lung cancer is critical to improving the chances of survival. The five-year survival rate for those whose lung cancer is found when it is localized (before it has spread to other organs) is nearly 50 percent, according to lungcancer.org. However, only 15 percent of lung cancer cases are found at the localized stage. Research indicates that when lung cancer is diagnosed/detected in an early-stage and surgery is possible, the five-year survival rates can reach 85 percent.

cent, reports lungcancer.org. Survival rates decline dramatically after the cancer has spread to other organs. Testing people that are known to be at high risk for developing lung cancer can help to find tumors that are small and more easily treated. Those at high risk include men and women 60 years of age who currently smoke or have a history of smoking, with previous lung tumors, or with chronic obstructive pulmonary disease (COPD).

### Choosing a doctor and treatment center

Since lung cancer is a complex disease, it often requires more than one kind of treatment, and more than one kind of doctor. A lung cancer patient may be cared for by a team of health care experts specializing in oncology, lung and chest health, and other related fields. Treatment options include surgery, radiation therapy, and chemotherapy, either alone or in combination, depending on the type and stage of the cancer.

According to the American Cancer Society, the most important factors to take into account when deciding on treatment include the stage and type of cancer, your overall health, the likely side effects of the treatment, and the chance of curing the cancer or extending your life.



Want Better Results?  
**\$50 OFF First Treatment**

**1-847-263-4343**

Gerald K. Fleer, M.D.  
1800 Nations Drive  
Ste. 221 • Gurnee

BOTOX • Photofacials • Microdermabrasion • Blu-U • Restylane

 **ADVANCED**  
*Laser Clinics*  
of Gurnee, A Medical Center

## LASER HAIR REMOVAL

(PRICES PER TREATMENT)

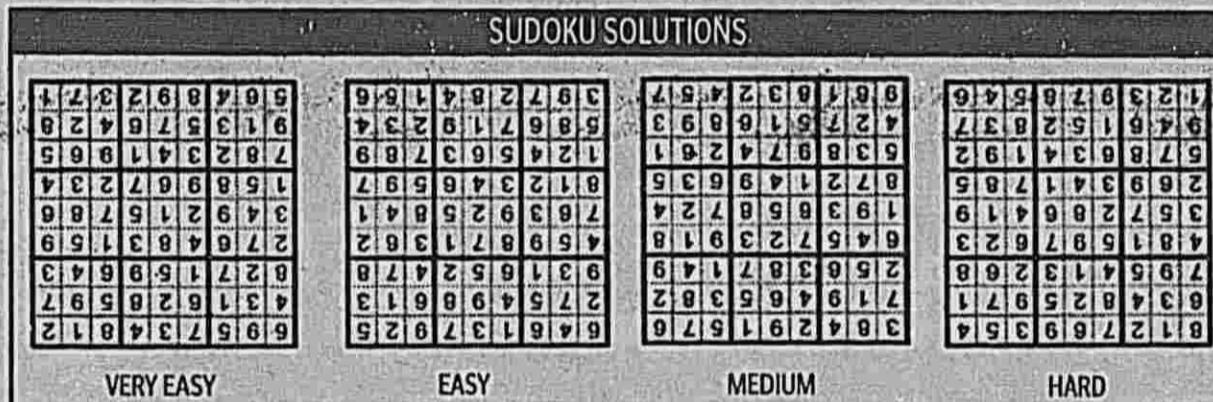
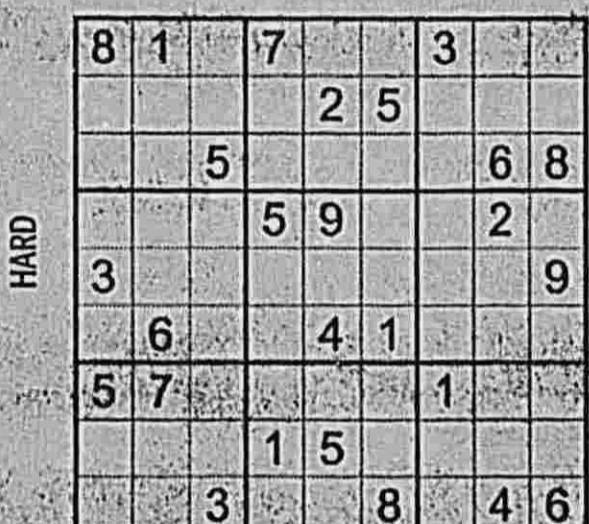
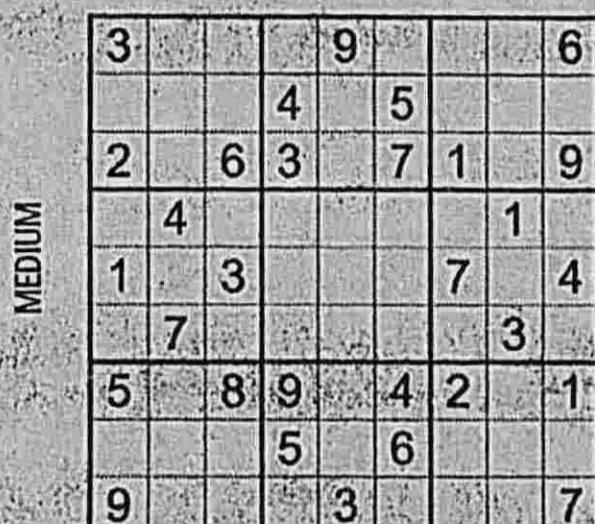
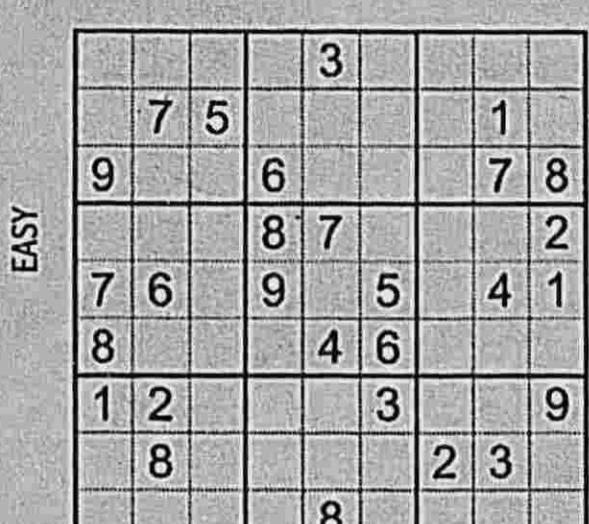
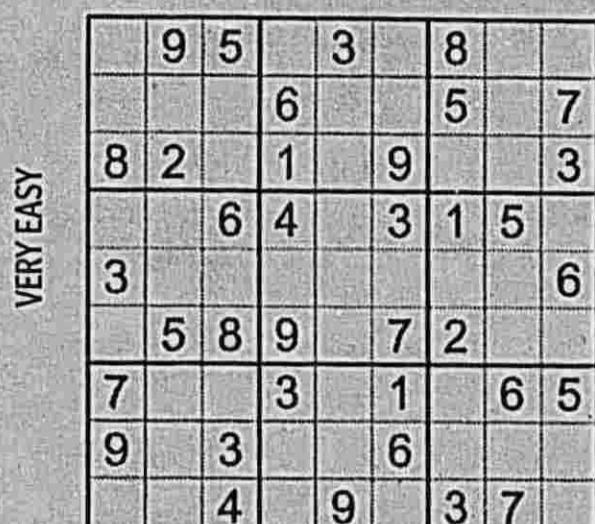
Chin.....\$119.00

Bikini.....\$199.00

Full Back....\$399.00

We treat the whole body  
and guarantee you  
will see results

## SUDOKU



Total Furniture

KENOSHA, WISCONSIN 8400 75th Street (Hwy. 50) Between I-94 and Hwy. 31 on Hwy. 50

# FACTORY AUTHORIZED TRUCKLOAD SALE



The nation's top furniture manufacturers asked Total Furniture to sell tons of overstocks at Rock Bottom Prices, and Furniture Man said, "Yes!"  
Truckloads of quality furniture are pouring in to Total.  
Which means you save up to 60%!



100's Of Items To Choose From  
Here Are Only A Few Examples

No Money Down

No Finance Charges

No Payments 'til  
August of 2007!

WITH APPROVED CREDIT AND MINIMUM PURCHASE OF \$300

OPEN 4 TO SAVE YOU MORE! FRI 10-9 • SAT. 9-6 • SUN. 11-6 • MON. 10-9

6 Piece Country Bedroom  
Plus Get A FREE Nightstand

0% For  
One Full  
Year!

FREE  
NIGHTSTAND

with the purchase of  
this six piece bedroom  
A \$239 Value!

Save  
\$639  
with free  
nightstand

Great Selection of Bedrooms on  
Display. All Discount Priced.

Bonus Buy!

Tobacco Finish

Buttermilk Finish

Bringing beautiful detailing and bold country styling together to create the perfect bedroom collection. Ample storage on oversized pieces. Featuring bun feet and antiqued metal hardware in a distressed buttermilk or golden tobacco finish.  
Limited offer. While they last.

THREE EASY  
WAYS TO BUY  
THIS BEDROOM

Three Piece Queen Bed  
Reg. \$499

• Headboard  
• Footboard  
• Rails

\$399

Five Piece Set  
Reg. \$1199

• 3 Pc. Queen Bed  
• Door Dresser  
• Landscape Mirror

\$999

Six Piece Set  
Reg. \$1799

• 3 Pc. Queen Bed  
• Dresser & Mirror  
• 5 Drawer Chest

\$1399

Dual Reclining Leather Seating Sofa



0% For  
One Full  
Year!

Lowest Price Ever!

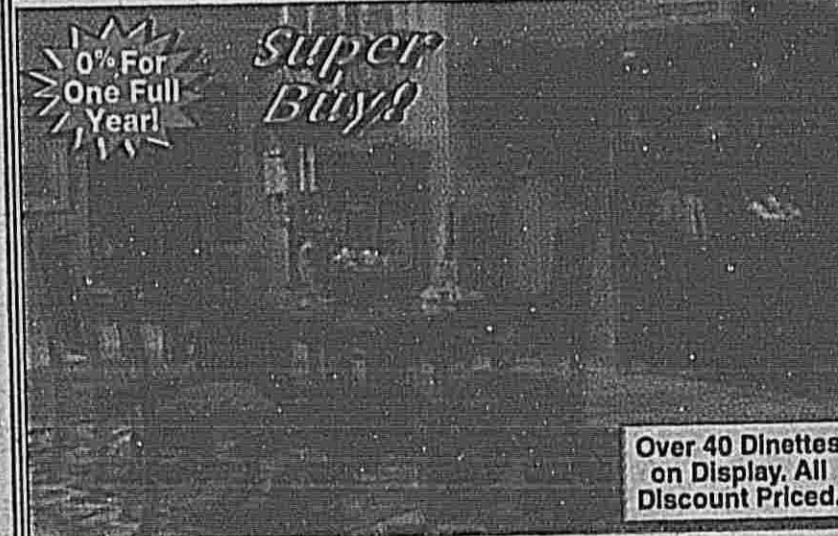
Overscaled and ultra comfortable sofa  
with overstuffed pillow arms and seats.  
Covered in a super soft leather wherever  
the body touches for a luxurious feel.  
Matching Loveseat also Discount Priced.

Visit Our Discount Leather Department. Great  
Selection on Display. All Discount Priced.

Your Choice of  
Galaxy, Black or Brown  
Total's Everyday Low Price

\$899

Mission Style 7 Piece Dining Room  
Table Set or Matching China Cabinet



0% For  
One Full  
Year!

Super  
Buy!

Over 40 Dinettes  
on Display. All  
Discount Priced.

Oak veneers and hardwood trestle table measures 42" x 70" and  
extends to 88" with one 18" leaf. Matching china cabinet has oak  
veneers and select hardwoods.

YOUR CHOICE

\$699  
Each

55" China Cabinet or Table  
and Six Chairs  
Four Side and Two Arm Chairs

Total's  
Everyday  
Low Price



Furniture Man's Hot Buy!

Sealy Posturepedic  
Pillow-Top Set Specials

Covers may vary. While they last.

QUEEN 2 PC. SET

Reg. \$699  
Total's Price

\$599

KING 3 PC. SET

Reg. \$949  
Total's Price

\$849

Kenosha, Wisconsin  
8400 75th Street (Hwy. 50)  
Between I-94 and Hwy. 31 on Hwy. 50  
Phone 262-694-3444  
Toll Free 800-960-7300



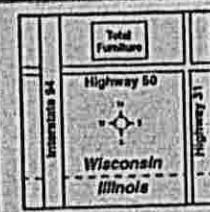
Total Furniture

"Your Friends in the Furniture Business"

SERVING THIS AREA FOR OVER 30 YEARS



OPEN FOUR...  
TO SAVE  
YOU MORE!  
Fri. 10-9 • Sat. 9-6  
Sun. 11-6 • Mon. 10-9



# LAKE COUNTY

## Around the County

### ● Moving forward

Green Oaks village board continued its regular business without mayor Tom Adams.

Page D2

### ● Party lines

Lindenhurst resident Bill Scheuer finds a way to sign himself onto the U.S. Reps. November ballot.

Page D5

### ● Fair farewell

Check out more photos and memories from the 2006 Lake County Fair, which took place in Grayslake.

Pages D6 and D7



Annie Christie - achristie@nwnewsgroup.com  
Ryan Clark, 32, wins a motocross event at the Lake County Fair.

## Battling more than the heat



Chris Padgett - cpadgett@nwnewsgroup.com

The band BMC performs at the Battle of the Bands competition at the 2006 Lake County Fair in Grayslake.

## Libertyville band wins annual county fair competition

By JESSICA JACOBSEN  
jjacobsen@nwnewsgroup.com

GRAYSLAKE — Tucked into the far west corner of the Lake County fairgrounds, hidden by the exotic petting zoo and helicopter rides, bands took

the stage to kick off the 2006 Lake County Fair battle of the bands.

With temperatures exceeding 90 degrees Fahrenheit, the bands took the stage in pursuit of the \$300 prize money and a chance to perform the next night on the center stage at the

fair.

The heat did not stop the bands from putting on a show that showcased their musical talents and energized the crowd with antics that made it seem even hotter onstage.

See BANDS, page D8

## TIRED OF CRACKED "UGLY" CONCRETE?

Dura-Coat, LLC of Lake Villa, will resurface residential/commercial/industrial concrete, aggregate, masonry, virtually any existing concrete surface and eliminate ugly, unsightly cracks, pits, stains, etc. and provide a warranty.

Dura-Coat, LLC specializes in applying new epoxy/polyure-

thane based aggregate, flake, stone, cementitious, etc. surfaces which can be decorative, as well as extremely functional, on vertical and horizontal surfaces. More than 150 colors/designs available.

Areas include: warehouses, entries, garages, patios, pool decks, porches, walkways, drive-

ways and basements.

Resurfacing renews instead of remove; enhances property values; strengthens and is a cost-effective way of addressing a surface deterioration.

Call (847) 710-3600 for a free estimate. Serving Chicagoland and Southern Wisconsin.

**DURA-COAT, LLC**  
**(847) 710-3600**  
**www.dura-coat.com**

BEFORE  AFTER 

We do Power Washing/ Cleaning & Resealing also

# Business as usual in Green Oaks

By REBECCA KLUGIEWICZ  
rklugiewicz@nwnewsgroup.com

**GREEN OAKS** – There was silence after the clerk called the mayor's name at the latest Green Oaks village board meeting.

Mayor Thomas G. Adams was at his home instead of at the meeting. Since he posted \$10,000 bond to get out of jail on July 24, Adams has not been allowed to leave his house, except when going to court or attending counseling.

Adams, 68, was arrested at his home, 885 Anderson Drive, on July 24, for 13 felony charges relating to child pornography.

Eleven of those charges are for distributing child pornography on the Internet, a non-probationary Class 1 felony with a mandatory sentence of four to 15 years in prison. He also faces two counts of possession of child pornography, a Class 2 felony.

During the village board meeting on July 26, Trustee Bernard Wysocki filled in for Adams by serving as mayor pro

tem. Other than Wysocki's comment that Adams was absent, there was no further mention of the mayor during the meeting.

After the meeting, Wysocki commented on the situation, saying he did not know whether Adams will resign.

"There are no formal plans," he said.

Until there is a plan, Wysocki said he will fill in for the mayor and business will continue as usual.

He said the village does not have the power to ask Adams to resign. It would be up to the mayor to step down on his own.

"I'm sure he's got to discuss all that with his legal counsel," Wysocki said.



**Tom Adams**  
Green Oaks  
mayor who faces  
13 felonies re-  
lated to child  
pornography.

cents in fiscal year 2006-07 a \$100 assessed value. The District's 2006-07 budget is \$13,662,930, 16.5 percent higher than its 2005-06 budget, primarily because of additional land acquisition, trail and improvement projects.

Officials said that the budget meets Lake County Forest Preserve objectives.

"We've set our budget to match the priorities of Lake County residents," Lake County Forest Preserve President Bonnie Thomson Carter said. "We'll be creating new places where people can enjoy the great outdoors close to home and have fun learning about nature, history and culture."

"It is a very workable budget," Executive Director Tom Hann said.

Carter said, "We're also continuing our Forest Preserve tradition of stretching tax dollars by matching them with grants, sponsorships and other donations, and with a large and grow-

## COUNTY

# New SMC director backs out

By ESTHER J. CEPEDA  
news@nwnewsgroup.com

The twenty word press release from the Lake County Stormwater Management Commission didn't offer many reasons for how it lost its new director, Edward Devine, before he even started.

It didn't explain why SMC's candidate of choice backed out of the job after the organization conducted a three-month national search, grueling selection process and told acting commission director Mike Warner, "thanks, but no thanks."

The SMC had announced that Devine was their man on July 6. But by late July, Devine, who is currently the Director of the Rockland County Drainage Agency in New City, N.Y. had changed his mind.

According to Steve Mountsier, SMC Chairman, the trouble started when Devine was selected in a 5-4 vote over Warner, the acting director and a 12-year SMC employee.

"It was a professional, fair, and correct process," said

Mountsier. "But [the] stormwater management [community] is a small fraternity and word got around about how disappointed Mike Warner was."

"A few things got back to Ed and he decided that with the rumblings about people disappointed with the decision, he'd have to spend six months to a year putting out fires and ending rumors," Mountsier said.

Devine would say only that his decision was a personal matter.

"Something came up that I was unaware of," he said in a short phone interview. "It's a terrific place and I'm very disappointed – I was honored and humbled that they chose me but this is a family decision."

Round Lake Mayor Bill Gentes, who is also a member of the SMC, said he understood Devine's reasons for ultimately turning down the position.

"I can't blame the guy for walking away from a situation where he didn't have unanimous support from the board," Gentes said. "And even if Mike gets the job it's still going to look like we're

not supportive. He's been fantastic, done an exceptional job and it's mind-boggling we were not willing to select him [to begin with]."

"Now it's like 5 of 12 board members were willing to poop on your head."

Lake County Board Rep. Steve Carlson, District 6, who is also a SMC member, put Warner's situation into perspective.

"Mike had proven himself as a loyal and hardworking, dedicated employee," he said. "It looks bad that we would go outside to pick someone over a loyal employee."

Mountsier said he was disappointed Devine changed his mind about joining the SMC.

"Ed was a great man and would have done a great job," Mountsier said. "I'm very disappointed he changed his mind and I feel badly. This is like a black eye on the county."

Warner could not be reached for comment. According to Mountsier, Warner will remain acting director and continue his duties as chief engineer until the board decides how it will fill the director's position permanently.

# Lake County Forest Preserve budget approved

By STEVE PETERSON  
speterson@nwnewsgroup.com

Major habitat restoration projects, new trails, land acquisition, and other public access improvements as well as debt repayment are all functions of the 2006-07 fiscal year budget approved by Lake County Forest Preserve Board.

Commissioners approved a budget totaling \$96,332,010. The major areas include \$37,969,540, or 39 percent, for major restoration projects, such as new trails, land acquisition and other public access improvements and capital expenditures, and \$29,672,000, 30 percent is for related debt repayment.

A total of 3.14 percent of property taxes collected in Lake County will go to support the Lake County Forest Preserve operations, officials said. The district's overall property tax rate is estimated to drop from 0.210 in fiscal year 2005-06 to 0.200

in fiscal year 2006-07 a \$100 assessed value. The District's 2006-07 budget is \$13,662,930, 16.5 percent higher than its 2005-06 budget, primarily because of additional land acquisition, trail and improvement projects.

Officials said that the budget meets Lake County Forest Preserve objectives.

"We've set our budget to match the priorities of Lake County residents," Lake County Forest Preserve President Bonnie Thomson Carter said. "We'll be creating new places where people can enjoy the great outdoors close to home and have fun learning about nature, history and culture."

"It is a very workable budget," Executive Director Tom Hann said.

Carter said, "We're also continuing our Forest Preserve tradition of stretching tax dollars by matching them with grants, sponsorships and other donations, and with a large and grow-

ing number of volunteers and community partners".

Last year, the Lake County Forest Preserve District secured

nearly \$4,800,000 in grants, sponsorships and donations.

Forest preserve volunteers donated

50,850 hours saving the district

\$917,840.

The budget includes a five-year capital improvement plan that outlines nearly 50 projects, such as trails, public access improvements and habitat restoration at various sites.

Land acquisition will continue using bonds that were recently approved by the board to purchase 1,200 to 1,500 acres of land in the next four years. The goal for fiscal year 2006-07 is to add 250 to 400 acres of Forest Preserves through purchase of land or conservation easements. Last year, one new forest preserve, the 109-acre Tanger Kames Forest Preserve in Volo, was preserved.

A recent consideration for

acquisition was the 133 acres at Oakmont Game Club in Wauconda Township. A portion also is in McHenry County. IDNR and Corelands have teamed up for the purchase.

Restoration efforts will include reforestation, shoreline stabilization, controlled burning and wildlife habitat improvement. Also, it will include prairie, wetland, savanna and woodland seeding.

Additions to regional multi-purpose trails are planned for the Des Plaines River Trail in southern Lake County, the Millennium Trail in central, western and northern Lake County, replacement of old picnic shelters at Greenbelt and Old School forest preserves, road and parking lot improvements at Grant Woods, Greenbelt, Old School Forest Preserves and Ryerson Conservation Area. Also planned are additional restrooms, benches, trail signage

and information kiosks.

New trails will open at Sun Lake Forest Preserve this fall. Nippersink Forest Preserve will open with trails, picnic shelters and other facilities in 2007. There will be a new playground opened this fall at Independence Grove Forest Preserve to be accessible for all children, including those with disabilities.

The Lake County Forest Preserve manages 25,000 acres of land with educational, recreational and cultural enhancement for all ages. Sites include fishing ponds and lakes, nature and history programs and events, and four public golf courses.

For more information, visit the Web site, [www.LCFPD.org](http://www.LCFPD.org). For a program calendar or information about Lake County Forest Preserve system, call (847) 367-6640 and request a free copy of the Horizons quarterly newsletter or visit online at [www.LCFPD.org](http://www.LCFPD.org).

# Three great reasons to switch to Fifth Third Bank.

Checking  
+  
Savings

Totally Free Checking,  
e53 Checking or  
Platinum One<sup>SM</sup> Checking

MaxSaver<sup>TM</sup> Account

**4.50% APY<sup>\*\*</sup>**

BALANCE	APY
\$0 to \$9,999	3.00%
\$10,000 to \$99,999	3.80%
\$100,000 to \$499,999	4.25%
\$500,000 and above	4.50%



*Great Rates, Every Day!*

Open any Fifth Third checking account, add direct deposit, online bill payment, and a MaxSaver Account with \$5,000 and we'll give you a complimentary Personal DVD Player.

**WALK-IN** any of our 146 Chicagoland and Northwest Indiana locations

**CALL** 1-877-579-5626 | **VISIT** [www.53.com](http://www.53.com)



**Fifth Third Bank**

Working Hard To Be The Only Bank You'll Ever Need!

\*Offer expires on August 31, 2006. To receive DVD gift: checking accounts must be funded with at least \$1,500 within 30 days of account opening; direct deposit of payroll, social security or any other regular income source must be established and received within 30 days of account opening; one on-line bill payment must be made through [www.53.com](http://www.53.com) per month during the first two months of account opening; new MaxSaver savings account established with at least \$5,000 with money not currently on deposit with Fifth Third Bank. The personal DVD player gift will be available at the financial center within 60 days of qualifying on-line bill payments. Good while supplies last. The value of the gift will be reported as 1099-INT interest income. Customer responsible for applicable taxes. Offer subject to change including cancellation at anytime without notice.

Accounts closed within six months will be charged \$25. \*\*Annual Percentage Yield (APY) accurate as of 07/17/06. Rates may change after account is opened. Fees may reduce earnings. To earn stated interest rates customer must have any new or existing Fifth Third Bank checking product with Direct Deposit plus one of the following services: enhanced Fifth Third debit card, Fifth Third Home Equity loan or line of credit, Fifth Third internet and online bill payment, Certificate of Deposit, a Fifth Third Mortgage or establish auto transfer from a Fifth Third checking to Maxsaver savings account. Offer subject to change. New Maxsaver and Checking Accounts require a \$50 minimum opening balance. A \$25 fee will be applied if account is closed within 6 months of opening. Not available for commercial and non-profit accounts. Fifth Third and Fifth Third Bank are registered service marks of Fifth Third Bancorp. Member FDIC.  Equal Housing Lender.

Contact us / Mail: 30 S. Whitney St., Grayslake, IL 60030 Phone: 847-223-8161 E-mail: news@lakelandmedia.com

**Our View**

## Signing notes imperil laws

President Bush's habit of signing laws only to issue statements that say parts of the law do not apply to the executive branch are drawing fire.

The "signing statements" most often state that although Bush is signing the legislation, aspects of it might be inconsistent with the inherent powers of the executive branch.

For example, when Congress passed a law banning torture, the president issued a signing statement that said, "The executive branch shall construe ... the act, relating to detainees, in a manner consistent with the constitutional authority of the president."

Some interpreted that statement to mean that the president could allow torture, if he deemed it necessary for national security.

Last week, Republican Sen. Arlen Specter raised the possibility of introducing the Presidential Signing Statements Act. It would address many of the concerns lawmakers have regarding the signing statements.

The law would allow either the House or the Senate to challenge a presidential signing statement in court. That way, the Supreme Court could decide constitutionality.

Also, the law would tell the courts that presidential signing statements should not be used to interpret laws passed by Congress. Specter made his comments after the American Bar Association stated that Bush's use of the signing statements threatened to undermine the Constitution.

The American Bar Association said that Bush has issued 800 signing statements - more than all other presidents combined.

The president has veto powers to reject bills he disagrees with. The veto then allows Congress the chance to override the president's position. That is how our system of government is supposed to work.

Bush has ignored his veto power, issuing only once. Instead, the president has signed laws, only to issue statements that would appear to gut parts of the legislation.

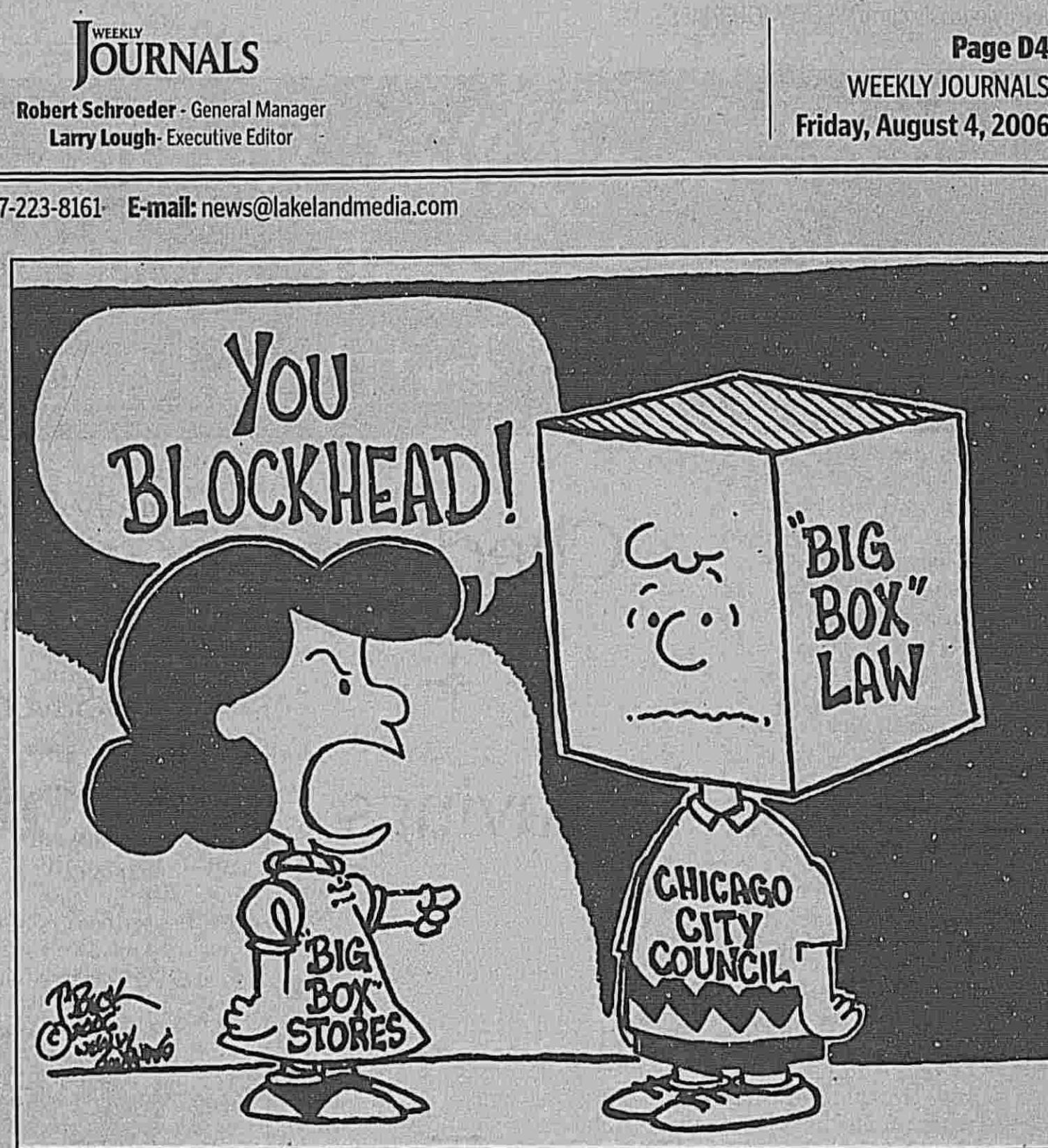
Although a veto can be challenged, a signing statement cannot. This is inconsistent with the Constitution.

Throughout history, presidential signing statements have not been significant issues. However, the sheer volume of statements that have been issued during Bush's presidency beg the attention of Congress.

## Letters to the editor

Besides traditional mailed letters, Weekly Journals accepts letters by fax and E-mail. Limit letters to 250-300 words and include your name, address and daytime phone on all letters.

- Fax: (847) 223-8810
- Letter: P.O. Box 268  
Grayslake, IL 60030
- E-mail: news@lakelandmedia.com

**Off and Running**

## Burr Ridge resident takes Illinois Tollway board, Blagojevich to task

Not unlike the popular beer commercials, I have a salute to a Real American Hero. I'll call him Mr. Self-Promoting-Tollway-Sign-Buster.

His name is Dennis Twohig, from Burr Ridge, and he's on a quest to bring down the tollway signs that so cheerily announce that Gov. Rod Blagojevich is the one to thank for speedy new open toll roads.

Not content to simply complain to his friends or wield his mighty pen and call it done, ahem, Twohig got in his car and went to last week's Illinois Tollway board meeting to complain about the wasteful nature of the signs that, in his opinion, not only don't serve any useful or informational purpose, but appear to use taxpayer money for political gain.

"I don't know what 'open-tolling' means, but it's nothing

but self promotional nonsense," said Twohig. "[Gov. Blagojevich] is a self-promotion machine, but he's taken it to a fine art."

After calling the tollway and verifying they accept public comments, Twohig showed up.

"The chairman said that somehow this was a branding proposal, but as far as I'm concerned the open tollway label was confusing," said Twohig. "He talked about the governor's support of the toll roads, but one of the board members said 'I agree with him I didn't know

anything about this, we didn't vote on it.' I must have struck a chord."

That chord struck to the tune of \$480,000 for 32 signs. For the record, Open Road Tolling means that if you have an I-PASS, you breeze through the toll without having to slow down to squeeze through a booth.

I can attest to the fact that it's much quicker than making your way over to the booths if you have to pay with cash, but whether the faster ride is all thanks to our Gov. is debatable.

Not up for debate is the idea that it's our responsibility as citizens to take matters into our own hands and demand that our democratically elected representatives work in our best interests - not the other way around.

See CEPEDA, page D5



Esther J.  
Cepeda

## • Snapshot

Your thoughts on this week's hot topic

What was your favorite part of the Lake County Fair?



"Watching the kids eyes as the green flag goes down."

Jason Schultz  
Peatone, Wis.



"I like the talent show because I get to dance."

Mary Kate  
Morris  
Grayslake



"The umbrella rides and the ferris wheel."

Alise and  
Alaine  
Murawski  
Grayslake



"The music, the food and the rides."

Sasi  
Camuendo  
Chicago

## • Partylines

compiled by staff reports

## Lindenhurst man makes November ballot

Lindenhurst resident Bill Scheurer has done what no one in Illinois history has ever done. He has overcome a 14,000-signature requirement to get his name on the ballot to run against the Democrat freshman incumbent Melissa Bean and the Republican challenger David McSweeney for the Illinois 8th District seat in the U.S. House of Representatives.

"People were very supportive of our signature drive," Scheurer said. "There is a hunger to take back our democracy."

Scheurer's campaign focuses on four main issues: protecting the needs of working families from attacks by unfair trade, discriminatory taxes, and shrinking benefits; bringing our troops home and taking care of them when they get here; fixing our broken health-care system and balancing the federal budget.

"Neither of the two [other] candidates are credibly raising these issues," Scheurer said. "Voters need a real choice, which can only come from real competition."

He added that Illinois does not provide a level playing field for alternative parties.

Illinois' draconian rules for third-party candidates require them to get petitions signed by 5 percent of the most recent vote count for the seat they are seeking. Members of the two "established parties" need only 1/20th as many signatures.

In the 8th District, this amounted to 14,000 signatures required to get Scheurer on the fall ballot as the Moderate Party candidate.

"They (the Republicans and Democrats) make the rules," Scheurer said. "It's pretty clear they do not want anyone crashing their party. They might as well put a big sign on the voting booths: 'Voters without a political party will not be admitted.'"

In the history of the United States, only four individuals have ever successfully overcome a petition requirement of more than 10,000 signatures to gain a place on a ballot for the U.S. House of Representatives. Scheurer will now be the fifth.

Information about Scheurer's campaign can be found at [www.winwithbill.com](http://www.winwithbill.com).

### Pension tensions

State legislators met with teachers, members of the Illinois Federation of Tea-

chers and the Illinois Education Association in Libertyville recently to address concerns about pension reforms over the last two years.

State Sens. Susan Garrett, D-Lake Forest, and Terry Link, D-Waukegan, joined state Reps. Kathy Ryg, D-Vernon Hills, Karen May, D-Highland Park, and Eddie Washington, D-Waukegan, in explaining the need to strengthen the state's pension system and the process that led to legislation supported by teachers' organizations.

The General Assembly passed legislation last year implementing a broad pension reform package that freed up resources to ensure the state could continue providing essential services, while maintaining the retirement systems' solvency and reducing its long-term liabilities.

The state contributed \$938 million to state pension funds last fiscal year and will contribute \$1.4 billion in fiscal year 2007.

"This was an opportunity to hear from local teachers and to clarify the true impact of the pension reforms," said Ryg. "We worked closely with teach-

ers' organizations to develop this legislation and kept the dialogue with teachers going after we passed the initial reforms."

### Money matters

Dan Seals, Democratic Congressional candidate for Illinois' 10th District, recently announced receipts totaling \$391,250 for the second quarter of 2006, ending June 30, he reported \$507,975 cash on hand.

This fundraising number outpaced his expectations and capped a successful quarter, in which Sens. Dick Durbin and Barack Obama provided high-profile support and prominent local and national media recognized the importance of the race.

"These fundraising totals show the tremendous momentum that our campaign has experienced in the past three months," he said. "Even more than that, it shows the desire for change in the district. It's clear that people have had enough of our current leadership."

Incumbent U.S. Rep. Mark Kirk, R-Highland Park, raised \$676,000 in the last 90 days and boasts \$1,859,582 cash on hand.

"I am so grateful to all our supporters for a very successful fundraising quarter," he said. "Thanks to the generosity of individuals right here in Illinois, our campaign now has a 3 to 1 advantage in resources as we head toward the November election."

### Union Bond

Michael Bond, Democratic Candidate for the 31st Senate District, received his most important endorsement to date from the Illinois American Federation of Labor and Congress of Industrial Organizations (AFL-CIO).

"One of the key reasons that I have decided to run for office is that I see honest, hard-working Americans getting a raw deal in many parts of the state," Bond said.

"It was great to hear that the AFL-CIO has recognized my skills and willingness to work hard on behalf of their members."

Bond is a board member of Gurnee-based Woodland School District 50. He faces Republican candidate Sue Simpson, who also is the Warren Township Supervisor, in November.

## Green Oaks mayor's alleged actions hurt more than just himself

### • CEPEDA

Continued from D4

"I don't think I'm going to crawl over the highway to take down the signs with a pair of wrenches, but I told them I'll go back next month and the next," said Twohig. "Those signs are coming down, it's non-negotiable. The next meeting is the last Thursday of the month so come catch the next act if you like. They know I'm coming."

Like you, I know I probably won't be able to make it. But today I salute you, Dennis Twohig, for stepping up on my behalf.

### Trouble in Green Oaks

— Tom Adams. What was he thinking?

It was bad enough the now infamous mayor of Green Oaks was, according to authorities, an active participant in the victimization of children by being a

consumer of child pornography. To allegedly make a criminal of himself by distributing it and dragging down his own name and that of his family, friends, colleagues and his town—which most people outside of Lake County had never heard of—was just that much worse.

He had served as a trustee of Green Oaks for 12 years and was chairman of the Lake County Republican Party for two years. He's currently chairman of the

board that oversees St. Therese Medical Center and Victory Memorial Hospital in Waukegan, and serves on the Lake County Stormwater Commission. All embarrassed now.

And what is worse than every village, township, and county commission in Lake County not having protocols on the books to clearly delineate what happens when their leader is unable to govern for whatever reason?

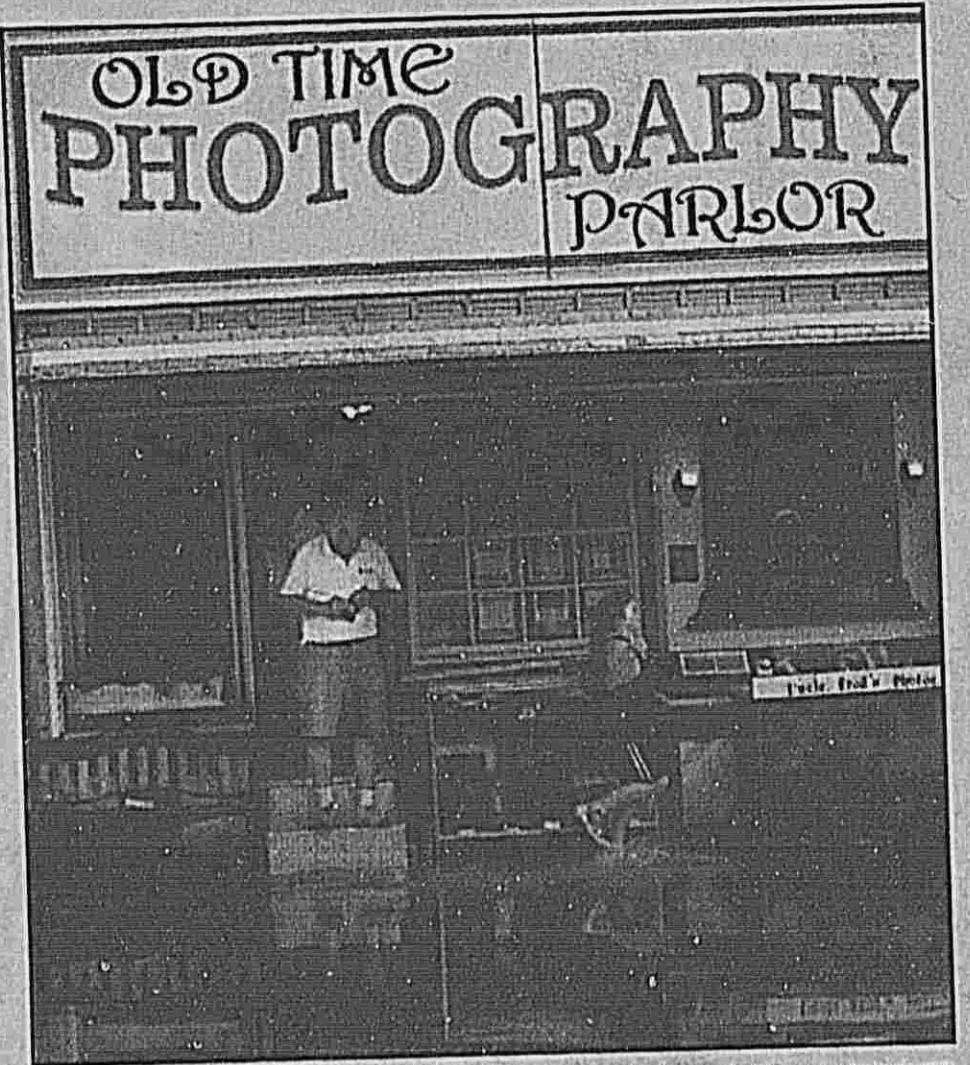
When they're all set for an emergency because of bad attendance.

Here's a strange detail—Green Oaks was able to carry on with village business as usual because it had already appointed Trustee Bernard Wysocki mayor pro tem years ago because of Adams' frequent absences. Wysocki said, "He wears a lot of hats."

Will his latest say, "Sex Offender"?

## COUNTY

# A fond farewell to the 2006 Lake County Fair



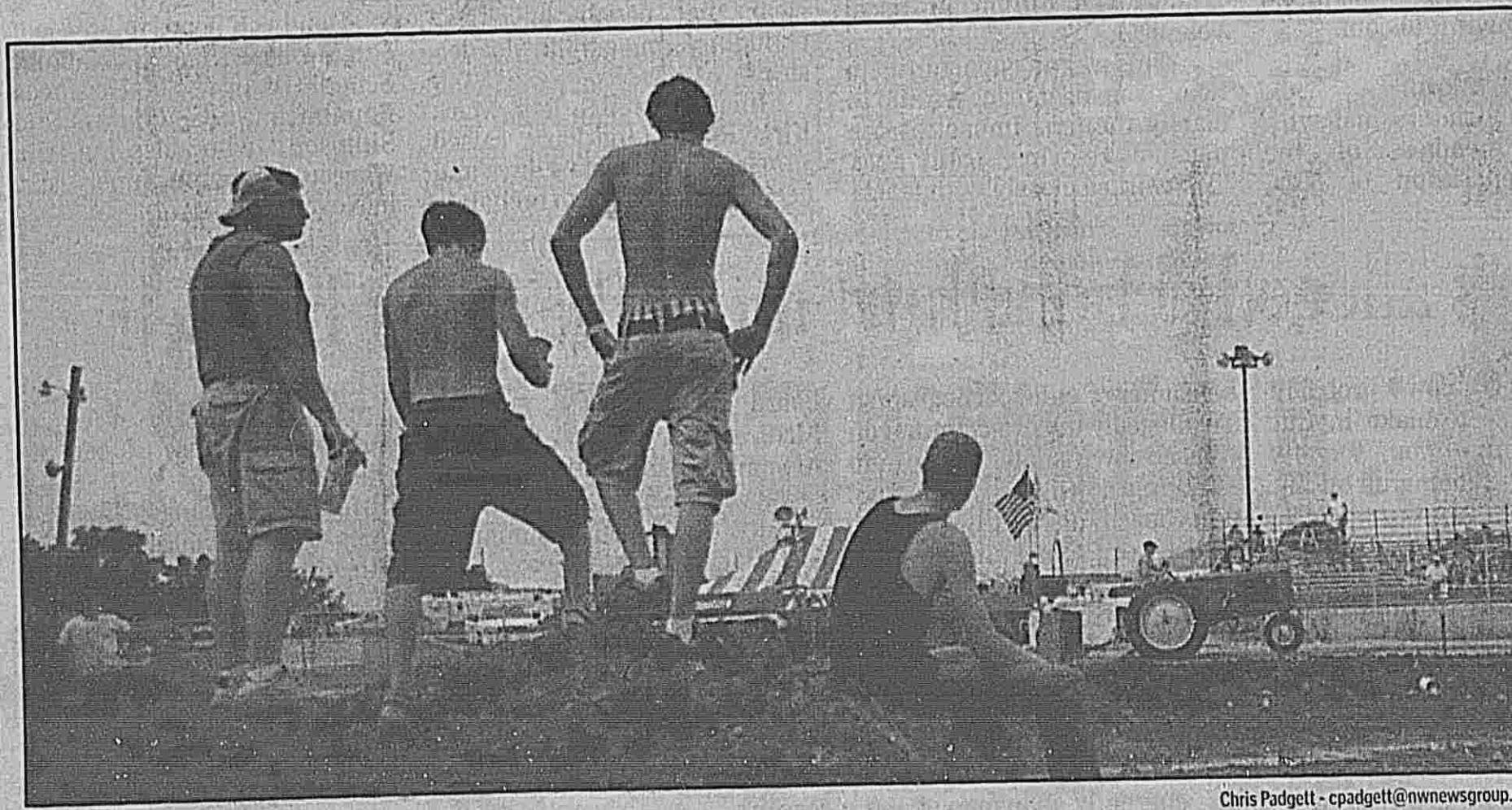
Chris Padgett - cpadgett@nwnewsgroup.com  
Vendors look out from their stands after a road briefly flooded from a thunderstorm at the Lake County Fair on Thursday.



Sandy Bressner - sbressner@nwnewsgroup.com  
Joshua Chapel, 9, of Prairie Grove, with his 7-year-old brother, Christopher, close behind, watches the rodeo during a hot day at the Lake County Fair in Grayslake.



Austin Anderson, 7, of Pleasant Prairie, Wis., watches over the pigs in the swine barn during the 2006 Lake County Fair in Grayslake.



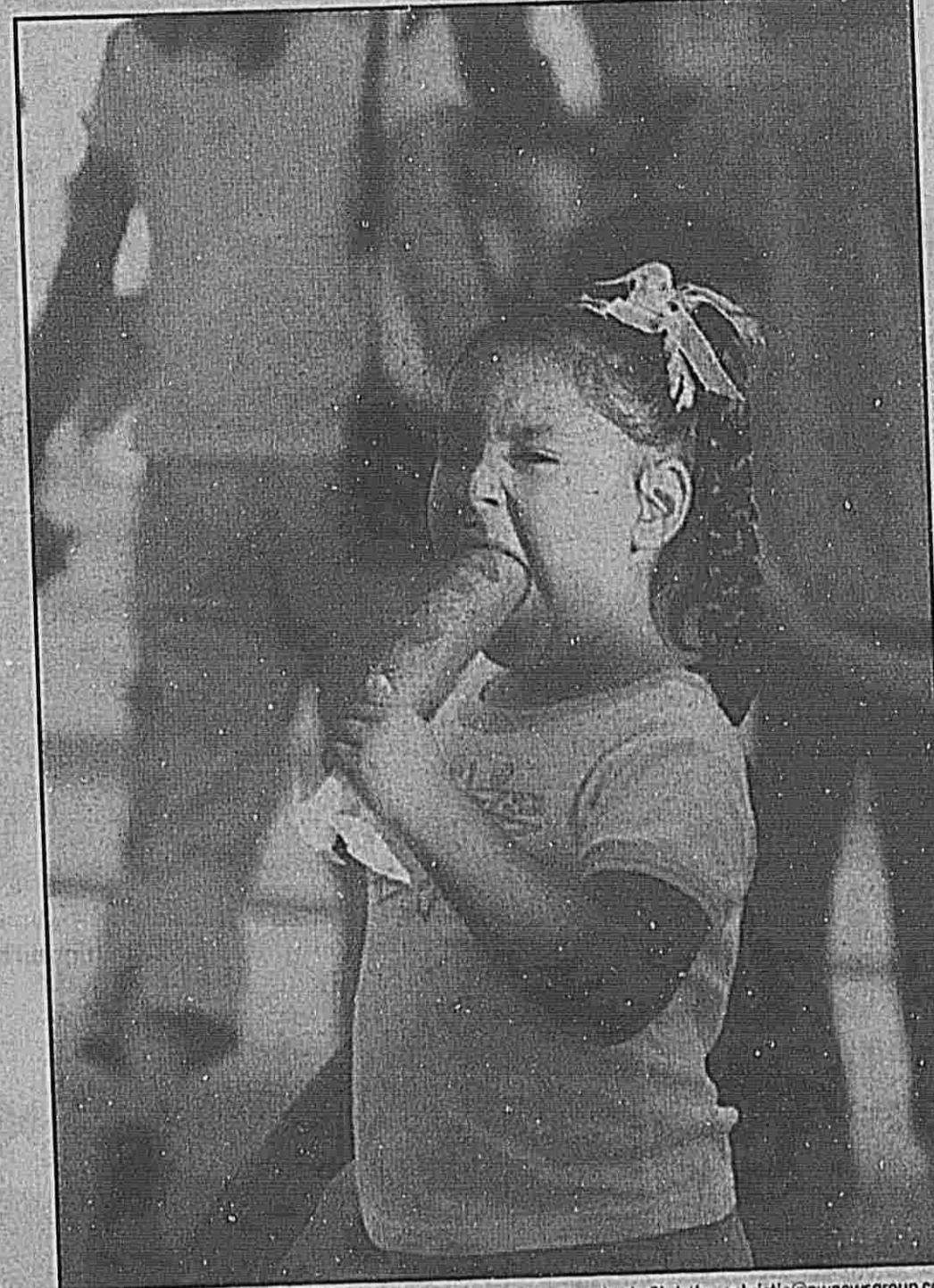
Spectators watch the tractor pull event at the Lake County Fair.



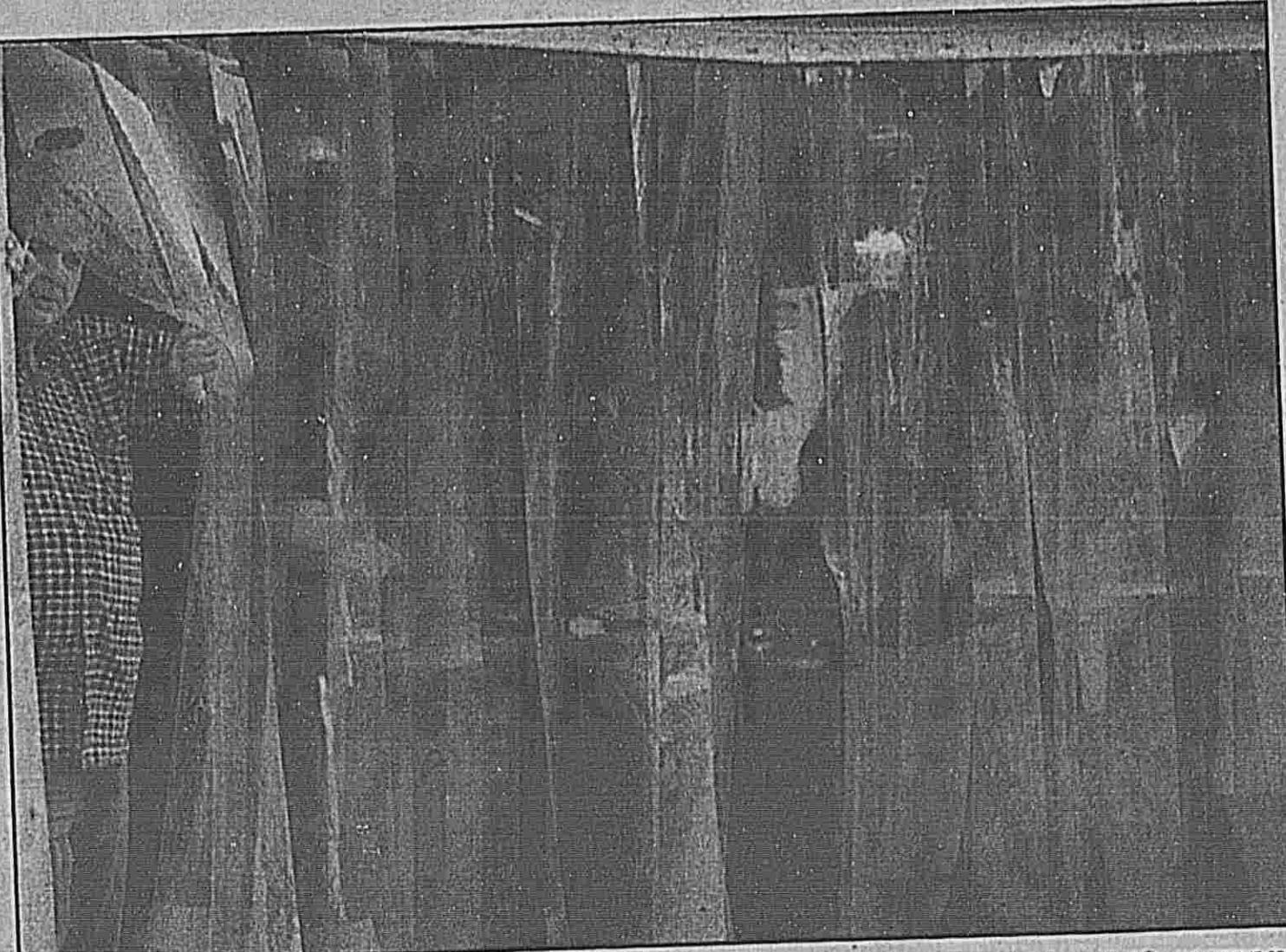
Chris Padgett - cpadgett@nwnewsgroup.com  
Tony Haight looks out from his demolition derby car as he waits to enter the arena at an evening at the Lake County Fair.



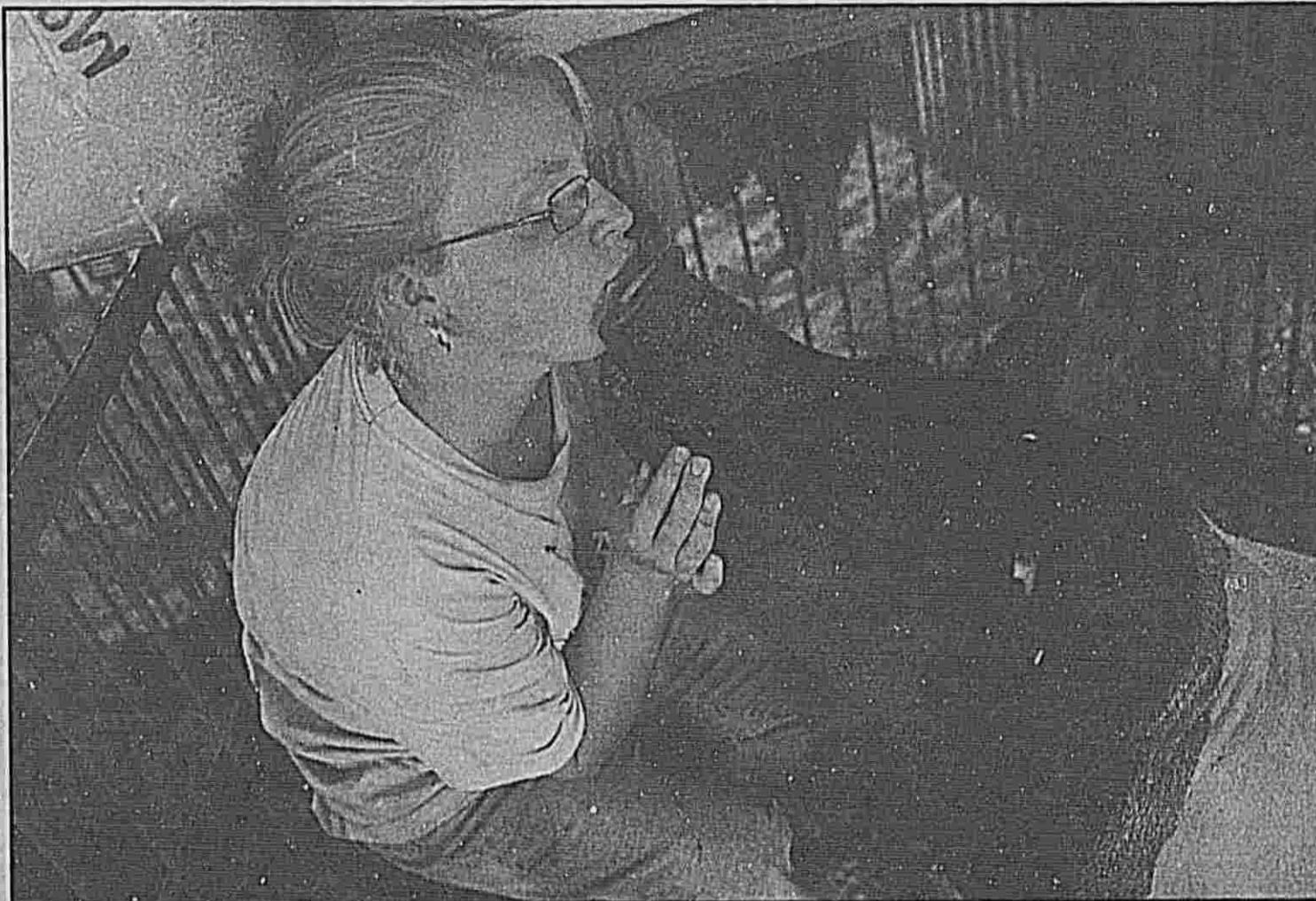
Sandy Bressner - sbressner@nwnewsgroup.com  
Miss Lake County Fair 2006 contestants wait to take the stage in their swimsuits during the pageant at the fair.



Annie Christie - anniechristie@nwnewsgroup.com  
Natalie Hernandez, 5, of Round Lake Beach, enjoys a corn-dog on a warm day at the Lake County Fair.



Chris Padgett - cpadgett@nwnewsgroup.com  
People wait inside a building for the rain to stop at the Lake County Fair on Thursday during a thunderstorm.



Sandy Bressner - sbressner@nwnewsgroup.com

Mariah McNeill, 17, of Lake Villa lays a big kiss on a pig raised by her step-sister during the 2006 Lake County Fair in Grayslake. Mariah is a member of the All-In-Ag 4-H club.

## 4-H fun at the fair

By KATHY GRESEY

kgresey@nwnewsgroup.com

GRAYSLAKE — Timmy Leuver, 11, knows a thing or two about Venezuela.

He and his 4-H team, Tails 'n' Nails, won two ribbons for their project on the South American country at the Lake County Fair.

The project was entered into the 4-H "Passport to the World" competition and won Best of Show and Grand Champion ribbons. It will now be entered into competition at the Illinois State Fair.

Leuver said he likes 4-H because it helps a person become more responsible.

"It helps you prepare for the life ahead of you," Leuver said, adding that he also won recognition in the 4-H rabbit competi-

tions.

As part of the Millburn Clovers 4-H Club, Jenelle Brodzik, 10, also found herself winning a Grand Champion ribbon.

The Wadsworth resident took home the ribbon for her "Vegetable Market Basket" project. The basket contained home grown wax beans, cauliflower, broccoli, and cucumbers, among other items.

Brodzik said she likes 4-H because it gives her a chance to do interesting projects.

"Once a month you get to do fun activities," she said. "I was the treasurer, and it helped [learn more about] money."

The 4-H organization is a community of young people across America who are learning leadership, citizenship and life skills. For more informa-

## Gwalla Gwallas won the competition, but shared the glory

### • BANDS

Continued from D1

"I was glistening," Scott Weitzema, bassist and lead vocals for Aurelius, said.

The band hails from Mundelein and played their own compositions for the competition.

But the heat didn't keep drummer Justin Siers spirits down.

"I think we did extremely well for the weather conditions," Siers said.

Aside from battling the heat, the bands stayed focused on battling each other, by trying to get the crowd involved in their performances. A Fox Lake band, KABLAMO!, asked members of the crowd to come up to the stage during their performance, and BMC, a band from Grayslake, at one point asked a friend in the audience to sing a verse to one of the songs.

Even though the bands did what they could to win the competition, that did not keep them free from mishaps. Anthony "Tony" Massie, lead vocals and guitarist for Dare of the Day, a band from Lindenhurst, broke a string during the band's first song and had to ask another band to donate him one.

Wings of Severence, a band from Fox Lake, also encoun-

tered problems.

"I couldn't hear anything," Guitarist A.J. Capallano said. "Most of us had a hearing problem on stage, but people really seemed to like it, so it's not too bad."

Despite some glitches, the bands still went out there to play and have fun.

"The ultimate goal is to have fun, and we reached it," Andrew Ecklund, of BMC, said. Ecklund provides lead vocals, trumpet and mandolin for the band.

Another band that went out there to have fun was the Gwalla Gwallas.

"We want to play," Jack Holland, lead vocals and guitarist for the band, said.

And they did have fun, as they were announced as champions of the battle of the bands.

Bassist Nick Guzmai took time out from celebrating to comment on the win.

"We're looking forward to tomorrow," he said.

The band was scheduled to take the stage at 4:30 p.m. the next day, but they didn't start until around 5:45 p.m.

In the audience were members from KABLAMO!, including T.J. Coffield, bassist and drummer and lead vocals Cody Carsella.

"I thought their stuff was in-



Chris Padgett - cpadgett@nwnewsgroup.com

Friends of the band, Wings of Severence, help set up the drums at the 2006 Battle of the Bands competition at the Lake County Fair in Grayslake. The band hails from Fox Lake.

teresting yesterday, and I wanted to see what they did today," Carsella said.

At one point during their performance, Holland asked Coffield and Carsella to come and join them by singing Chuck Berry's song "Johnny be good."

"I just thought it'd be cool," Holland said.

The Gwalla Gwallas have

been together for about a year and a half, but their history together goes further back.

"Me and the guitarist knew each other since second grade," Drummer Andrew Stone said.

In fact, Stone and Holland have performed together since they were in second grade. The two also competed at the Lake County Fair in a talent competition when they were 7 and at

the grade school.

The band performed compositions that included their own and ones from Bob Dylan, Jimi Hendrix and many more.

As they were on stage, the band members seemed to be having a good time playing music.

"Today I think was easier because [a lot] of our friends were here," Holland said.

## OBITUARIES

**DOLORES ELLIS**

Born: Nov. 6, 1929  
 Died: July 25, 2006  
 Taught school for nearly 40 years in Round Lake, Woodland grade schools

ANTIOCH – Dolores Ellis, 76, of Antioch, passed away at Victory Memorial Hospital in Waukegan. She was born in Chicago, the daughter of the late Ferdinand and Anna Schoenherr Gross, moving to Antioch as a young girl.

Dolores graduated from Antioch High School and Lake Forest College. She taught school for nearly 40 years in Round Lake and Woodland grade schools.

On July 2, 1949, she married Leroy Ellis in Antioch. He preceded her in death on March 28, 1995.

Survivors include a daughter, Susan Horton of Phoenix, Ariz.; a brother, Robert Gross of Antioch; two grandchildren, Samantha and Heather; three great-grandchildren, Kayla, Darik and Chawn; a brother-in-law, Robert Ellis, of Baldwin, Mich., and a sister-in-law, Zella Larson of Antioch.

The funeral was private. Arrangements were entrusted to Strang Funeral Home of Antioch.

**JAY M. BROKAW**

Born: March 15, 1937  
 Died: July 18, 2006  
 Was a veteran of U.S. Air Force Reserve



PALATINE – Jay M. Brokaw, 69, of Palatine, passed away at his home. He was born in Chicago. Jay was a veteran of the U.S. Air Force Reserve.

Surviving are a son, Jeff (Tammy) Brokaw, of Wheaton; grandsons; a sister; and nieces and nephews. He was preceded in death by his parents, Jack and Jean Brokaw.

A memorial service was held at 2 p.m. July 29 at Burnett-Dane Funeral Home in Libertyville. Visitation was for one hour before the service.

**ELAINE LORING**

Born: Dec. 9, 1916  
 Died: July 26, 2006  
 Enjoyed oil painting, Scrabble and knitting

LAKE BLUFF – Elaine Loring, 89, of Lake Bluff, passed away at Condell Medical Center in Libertyville. She was born in Omaha, Neb. Elaine had a wonderful sense of humor.

Surviving are a daughter, Carol

(Brian) Dupuis of Lake Bluff; three grandsons; and a brother and a dear friend, Rich Roelle. She was preceded in death by her husband, George Loring, in 1994.

The funeral was held at 11 a.m. July 29 at St. James Lutheran Church in Lake Forest. Burial followed at St. Peter's UCC Cemetery in Skokie. Visitation was from 5 to 8 p.m. July 28 at Burnett-Dane Funeral Home in Libertyville. Memorial contributions can be made to C.O.O.L. Food Pantry, 123 W. Water St., Waukegan, IL 60085.

**JOSEPH A. HOFFMAN**

Born: Jan. 16, 1928  
 Died: July 20, 2006  
 Marine veteran served in China, Alaska



GOODYEAR, Ariz. – Joseph A. Hoffman, 78, of Goodyear, Ariz., passed away in Peoria, Ariz. He was a veteran of the U.S. Marine Corps, having served in China and Alaska after WWII.

Surviving are a daughter, Deborah Hoffman of Scottsdale, Ariz.; two grandchildren; a great-grandchild; and a sister. He was preceded in

death by his parents, Frank and Rosalie Hoffman, and his wife, Mary, in 2000.

Services were held at 1 p.m. July 28 in the chapel at Ascension Cemetery in Libertyville. Arrangements were handled by Burnett-Dane Funeral Home in Libertyville.

**LEILA LYNN**

Born: August 25, 1929  
 Died: July 26, 2006  
 Was a member of the Quilting Queens

GRAYSLAKE – Leila Lynn, 76, of Grayslake, died at Resurrection Medical Center in Chicago. She was born in Grayslake to Clifford and Flossie Davis Frazier. A member of Shepherd of the Lakes, Leila was also a member of Quilting Queens, Exchangettes of Grayslake, and Grayslake Historical Society, and she was a co-founder of the Prairie Patch Quilting Guild.

Survivors include a son, Nicholas J. (Josephine) Lynn of River Forest; her grandchildren, and her sister. She was preceded in death by her parents and her husband, Louis J. Lynn.

A funeral service was scheduled for July 31 at Shepherd of the Lakes in Grayslake. Burial followed at Highland Memorial Park in

Libertyville. Memorial contributions in her name may be made to Shepherd of the Lakes Church. For more information, call (847) 223-8122 or visit [www.strangfuneral.org](http://www.strangfuneral.org).

**JOHANNES JOSEPH JONKER**

Born: Dec. 12, 1920  
 Died: July 26, 2006  
 Was a member of St. Joseph Catholic Church in Round Lake



ROUND LAKE HEIGHTS – Johannes Joseph Jonker, 85, of Round Lake Heights, died at Condell Medical Center in Libertyville. He had been a machinist at Fiat Allis and previously at Dixie Cup.

Survivors include his wife of 60 years, Magdalen Fransiscus Jonker, whom he married on July 13, 1946, in St. Alphonsus Church in Chicago; his children, John of Kenosha, Wis., Jim (Helen) of Crystal Lake, Jeff (Sandy) of DeKalb, Joe of Hebron, and Janet (Steve) Sanders of Ingleside; his sib-

See OBITUARIES, page D10

## Traditional Services

When you must...call

## Cremation Services



12 N. Pistakee Lake Road • Fox Lake, Illinois 60020  
 (847) 587-2100 (815) 385-1001 FAX (847) 587-2174  
*"Chapel on the Lake"*

**K.K. Hamsher Funeral Home, Ltd.**  
*Family Owned & Staffed*

Funeral  
Directory**STRANG FUNERAL CHAPEL & CREMATORIUM, LTD.**

410 E. Belvidere Rd.  
 Grayslake, IL 60030

**847-223-8122**



**David G. Strang & Richard A. Gaddis**  
*Established 1898 • E-MAIL: [strangfcc@sbcglobal.net](mailto:strangfcc@sbcglobal.net)*

*Spring Grove***Funeral Chapel**

Family Owned &amp; Operated

**Traditional Funeral & Cremation Services**

## Pre-Arranged Funerals

SINGLE LEVEL FACILITY • AMPLE PARKING



**815-675-0550 • 888-394-8744**

8103 Wilmot Rd., Spring Grove  
 1 Mile North of Route 12

Wheel Chair Accessible  
 You deserve to feel at home.

**STRANG FUNERAL HOME OF ANTIOCH**

## Funeral Directors

Dan Dugenske,

John Grehan &amp; Jason Flade

Adm. Assistant: Earla Ludden

*Our experienced and compassionate staff can help you in creating a thoughtful and meaningful service.*

**1055 Main Street • Antioch, IL 60002**

For Current Obituaries Visit our Website at [www.strangfh.com](http://www.strangfh.com)

## Place your advertisement

in our

**FUNERAL DIRECTORY**

Today!

**Lakeland Journals**

847-223-8161

Fax: 847-223-2691

e-mail:

[LMclass@nwnewsgroup.com](mailto:LMclass@nwnewsgroup.com)

OBITUARIES,  
continued from page D9

lings, and seven grandchildren. A Mass of the Resurrection was held July 29 at St. Joseph Catholic Church, 114 Lincoln Ave, Round Lake. Burial followed at Ascension Cemetery in Libertyville.

**ANTONIUS 'TONY' A. VERWIJST**

Born: April 13, 1931

Died: July 26, 2006

*Was born in Holland and served with the Dutch Army*

Antonius "Tony" A. Verwijst, 75, of Burlington, Wis., formerly a resident of Wildwood for 35 years, died at Burlington Memorial Hospital in Burlington, Wis. Tony emigrated to the United States in 1963 from Holland. He served for the Dutch Army and was a six-year member of Bohners Lake Lions Club. He had been employed at Anchor Coppling in Libertyville.

Survivors include his wife of 48 years, Tina; his children Jerry (Julie), Adrian, Anton (Judy), and Dorothy (Tom) Hawkins; brothers Cor W. and Adrian A.; his sisters; and eight grandchildren. He was preceded in death by brothers J.J., Antoontje and Wim and a sister, Anneke.

A Mass of the Resurrection was held Aug. 1 at St. Gilbert Catholic Church in Grayslake. Interment followed at St. Charles Catholic Cemetery in Burlington.

**PETER KOLAR**

Born: Oct. 27, 1921

Died: July 27, 2006

*He enjoyed boating, fishing and snowmobiling.*

Peter Kolar, 84, of Antioch, passed

away at Clement Zablocki VA Medical Center in Milwaukee, Wis. Born in Harvey, Mr. Kolar lived in Chicago before moving to Antioch in 1977. He served in the Navy during World War II. In 1983, he retired as a self-employed painter.

Survivors include his children, Christine Lindom, Peter Kolar and Andrew Kolar, all of Antioch; sisters Lillian Sariffini and Dorothy Fermanek, both of Chicago; and two grandchildren.

Services were held at Strang Funeral Home of Antioch, 1055 Main St. Burial with military honors followed at Hillside Cemetery in Antioch.

**OWEN E. GILLELAND JR.**

Born: Nov. 3, 1927

Died: July 39, 2006

*Was the founder and owner of Gilcor Construction Corp.*

Owen E. Gilleland Jr., 78, of Long Lake, passed away at his home. He was born in Chicago to the late Helen and Owen Gilleland and was a Army veteran. He graduated from the Illinois Institute of Technology with a degree in civil engineering and was the founder and owner of Gilcor Construction Corp. of Barrington.

He is survived by his wife, Glenna; his children, Owen III (Laura) of Round Lake, Dale (Mary Jo) of Elgin, Beth (Frank) Swindle of Lisle, and Scott (Barbara) of Bull Valley; his grandchildren, great-grandchildren, and a sister.

Services took place on Thursday, Aug. 3, at Ringa Funeral Home, 122 S. Milwaukee Ave., in Lake Villa, with the Rev. Sarah Jay officiating.

Visitation took place on Wednesday and Thursday. In lieu of flowers, memorials may be sent to Community Church of Barrington, 301 E. Lincoln

Ave. Barrington, IL 60010, or any charity.

**ALAN W. ERICSON**

Born: July 27, 1938

Died: July 30, 2006

*Owned and operated Bookbinders of Chicago for 30 years.*

Alan W. Ericson, 68, of Grayslake, died at Condell Medical Center in Libertyville. He was born in Chicago to Einar and Alma Ericson. He is survived by his wife of 43 years, Frances; his daughters, Robyn and Christine Ericson; a brother, Robert (Pat) Ericson; and his nieces, nephews, and cousins.

Visitation will begin at 2 p.m. Friday, Aug. 4, with a memorial service to follow at 3 p.m. at Strang Funeral Chapel & Crematorium, 410 E. Belvidere Road, in Grayslake. Memorial contributions may be made to the American Cancer Society, 100 W. Palatine Road, Suite 150, Palatine, IL, 60067. For more information, call (847) 223-8122.

**RENE J. 'RED' BRAND**

Born: March 9, 1955

Died: July 28, 2006

*Lake County resident for more than 20 years*

Red J. "Red" Brand, 51, of Wauconda, formerly a resident of Mundelein and Libertyville, died at Loyola University Medical Center as the result of an automobile accident that occurred this year.

"Red" was born in Chicago, and had been a resident of Mundelein and Libertyville for more than 20 years before moving to Wauconda.

She is survived by her children, Ryan Brand of Kenosha, Wis., Erin (Kyle) Kelley of Kenosha, and Lori Brand of Wauconda; a grandson,

Jaden Kelley; two sisters, Bobi Keenan, of California, and Judi (John) Olsen, of Oak Lawn; and her fiance, Rick Herchenbach, of Wauconda.

Services were at 11 a.m. on Tuesday, Aug. 1, at McMurrough Funeral Chapel, 101 Park Place, in Libertyville. Burial was at Ascension Cemetery.

**ALBERT LOUIS KANCILJA**

Born: Dec. 1, 1934

Died: July 26, 2006

Albert Louis Kancilja, 71, who was born in Waukegan, passed away at his home in Conroe, Texas.

Albert is survived by his wife of 45 years, Barbara Kancilja of Conroe; daughter Mary Kancilja of Conroe; sons Michael (Melissa) Kancilja of Pensacola, Fla., and Gregory (Karen) Kancilja of Conroe; seven grandchildren; and a great-grandchild.

A Mass of Christian burial for Mr. Kancilja was held at 10 a.m. Monday, July 31, 2006, at Sacred Heart Catholic Church, with Fr. Hubert Kealy as celebrant. Rite of Committal followed in Garden Park Cemetery.

Visitation was scheduled from 5 to 9 p.m. on July 30, 2006, at Cashner Funeral Home, with a Rosary at 7 p.m. Written tributes for the family may be posted on the www.cashner-funerals.com Web site.

**JAKE FIEDLER**

Born: April 17, 1919

Died: July 27, 2006

*Was a member of Bonnie Brooke Golf Association*

Jake Fiedler, 87, of Fox Lake, passed away at home. He was born in Janesville, Wis.

Jake was a member of Bonnie Brooke Golf Association, Bonnie Brook Sr. Golf Association, McCullom Lake Hunt Club and

Teamsters Local 705.

He was an avid fisherman, hunter and golfer.

Jake was inducted in the U.S. Army in January 1942. He served in the Chemical Warfare Division as a staff sergeant in Anchorage, Alaska. He was subsequently assigned to the infantry division and transferred to Germany.

While ground fighting in Germany, Jake contracted hepatitis and was treated at hospitals in France and the U.S., where he was honorably discharged.

Jake worked for Nielson and Son Trucking for 35 years and retired in 1982. He was a wonderful husband, father, grandfather and great-grandfather. He will be greatly missed by family and friends.

He is survived by his loving wife of 63 years, Arla Knee (Starr); two sons, Ric (Patty) and Tim (P.J.); six grandchildren, Kelli Ringenberg, Jen, Tracy Markus, Eric, Scott and Timmy; three great grandchildren, Scott, Mallory and Tatum; a brother-in-law, Ed Starr; and a sister-in-law, Vivian Anderson.

Visitation was from 5 to 8 p.m. on July 31 and from 9 to 10 a.m. on Aug. 1 at Marsh Funeral Home, 305 Cemetery Road, in Gurnee. Service was on Aug. 1 at Marsh Funeral Home. Burial was at North Shore Garden of Memories.

Donations may be made to Heartland Hospice, 220 Smith St., Palatine. For more information, call March Funeral Home at (847) 336-0127.

**JUNE 'KATHY' SIGURDSSON**

Born: June 6, 1931

Died: July 24, 2006

*Worked at Parkway Restaurant for more than 25 years*

See OBITUARIES, page D11



410 E. Belvidere Road • Grayslake, IL 60030  
847-223-8122

DIRECTORS:  
David G. Strang & Richard A. Gaddis

Established 1898 • www.strangfuneral.org

# STRANG

Funeral Chapel & Crematorium, LTD.

3 Generations of Ownership and Caring Service for Over 108 Years

34th ANNUAL • AUGUST 10 - 13, 2006

# ★ GURNEE DAYS ★

## "Gurnee Goes To The Movies"

**THURSDAY, AUGUST 10**

10 am to Noon **BIKE RODEO**  
Woodland Middle School  
7 pm **TESTIMONIAL DINNER**  
Midlane Country Club  
7 pm to 8:30 pm **CONCERT UNDER THE STARS**  
Viking Park

**FRIDAY, AUGUST 11**

10 am to Noon **BIKE RODEO**  
Gurnee Fire Station #1  
12:30 pm **STORIES IN THE PARK**  
Viking Park  
5 pm to 10:30 pm **AMUSEMENT RIDES**  
Viking Park  
6 pm to 8 pm **BEACH BASH**  
Gow Beach  
7 pm to 9 pm **GURNEE IDOL**  
Viking Park Band Shell  
9 pm to 10:30 pm **MUSIC IN THE PARK**  
Viking Park Band Shell  
MOVIE IN THE PARK  
Viking Park Fields

**SATURDAY, AUGUST 12**

6 am to 1 pm **GOLF TOURNAMENT**  
Heather Ridge Golf Course  
7:30 am **10K RACE & 2 MILE FUN**  
RACE & WALK  
Warren H.S. O'Plaine Campus  
9:30 am to 3 pm **3 ON 3 BASKETBALL**  
SHOOT OUT  
Viking Park Courts  
10 am to noon **FIRE & POLICE OPEN HOUSES**  
Old Grand Ave. & O'Plaine Rd.  
10 am to 4 pm **YOUNG ARTIST'S SHOW**  
Viking School & Warren-Newport Public Library  
10 am to 4 pm **MOTHER RUDD OPEN HOUSE**  
Mother Rudd House  
11 am to 7 pm **EXHIBITS-GAMES-FUN**  
Viking Park  
11 am to 10 pm **FOOD BOOTHS**  
Viking Park  
11 am **BABY CONTEST**  
Viking Park Band Shell  
HYPERFLITE CANINE DISC CHAMPIONSHIP  
Viking Park  
12:30 pm to 4 pm **STAGE EVENTS**  
Viking Park Band Shell  
AMUSEMENT RIDES  
Viking Park  
1 pm to 11 pm **HYPERFLITE YOUTH DISC CHAMPIONSHIP**  
Viking Park

3 pm to 11 pm

5 pm to 11 pm

9:30 pm

**RIB FEST**

Viking Park  
**EVENING ENTERTAINMENT**  
Viking Park  
**FIREWORKS**  
Viking Park

**SUNDAY, AUGUST 13**

7:30 am to 10:30 pm **GURNEE COMMUNITY CHURCH BREAKFAST**  
Viking Park Dance Hall  
**YOUNG ARTIST'S SHOW**  
Viking School  
**EXHIBITS-FOOD-FUN**  
Viking Park  
**GURNEE DAYS PARADE**  
Old Grand Ave.  
**AMUSEMENT RIDES**  
Viking Park  
**MOTHER RUDD OPEN HOUSE**  
Mother Rudd House  
**FREE CHILDREN'S PONY RIDES & PETTING ZOO**  
Viking Park  
**STAGE EVENTS**  
Viking Park Band Shell  
**TALENT SHOW**  
Viking Park Band Shell

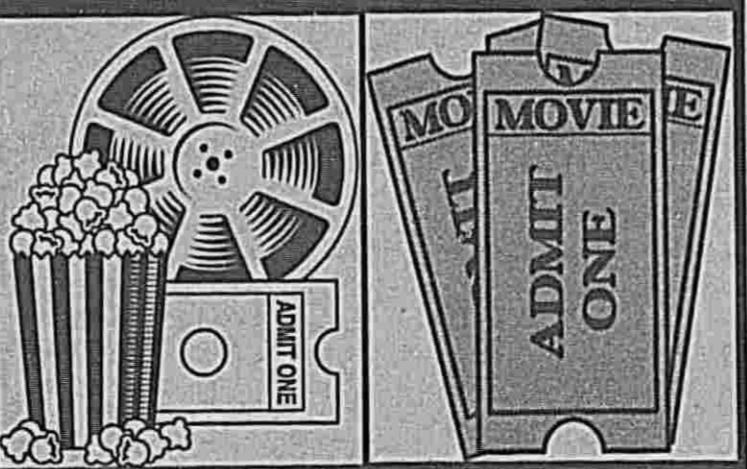
Dates, events, locations & times are subject to change

Sponsored by...



and

**The Village of Gurnee**  
FOR ADDITIONAL INFORMATION, CALL THE GURNEE DAYS CORPORATION AT (847) 623-7788 or (847) 775-2748.  
[www.gurnee.il.us/gurnee\\_days](http://www.gurnee.il.us/gurnee_days)


**OBITUARIES,**  
continued from page D10

June Sigurdsson, 75, of Zion, passed away on Monday, July 24, 2006, at the home of her son, surrounded by her loving family.

She was born on June 6, 1931, in San Francisco, and retired in the early 1990s from Abbott Labs, where she had been employed for more than 25 years. She also had worked part-time for the Parkway Restaurant in Waukegan for 35 years. She loved to garden, play cribbage, go to plays and make clothes for grandkids and the Red Hat Society.

She is survived by two sons, Mike (Cindy) Sigurdsson, of Wadsworth, and Monty (Homer) Sigurdsson, of Kenosha, Wis.; a daughter, Kathy (Joe) Lass of St. Germain, Wis.; four grandchildren, Ron (Katherine) Sigurdsson of Brentwood, Calif., Sara Sigurdsson of Zion, and Robin and Sean Sigurdsson of Wadsworth; four great-grandchildren, Jessica, Juan, Ilana and Gabriel; four nephews, Darren and Jeffrey Horwitz and Mark and Paul Kelly; and a brother, David (Diane) Horwitz, of New York City.

She was preceded in death by a sister, Iris (Ray) Kelley.

Memorial services were held at 11 a.m. on Monday, July 31, 2006, at the Salata Gurnee Funeral Home, 4190 Old Grand Ave., in Gurnee. Burial was private.

**ELSIE J. JONES**

Born: Aug. 28, 1922  
Died: July 27, 2006  
Was a gifted seamstress

Elsie J. Jones, 83, of Kenosha, Wis., formerly of Waukegan, died on Thursday, July 27, 2006.

Elsie was born Aug. 28, 1922, in Wakefield, Mich. She was a loving mother, grandmother, great-grandmother and great-great-grandmother. She excelled at crafts and was a gifted seamstress.

Survivors include four children, Karen (Ron) Levin of Winthrop Harbor, Patricia (Richard) Naber of Waukegan, Ronald (Karen) Jones of Paddock Lake, Wis., and Brenda (Gerald) Lansbury of Florida; a brother, Matt (Laila) Maki of Zion; a sister Esther Hill, of Waukegan; and numerous nieces, nephews and extended family.

She was preceded in death by her husband, Johnnie P. "J.J." Jones, in 1999 and sisters Lepni Mustapa and Sally Letcher.

A funeral service was held at 11 a.m. on Tuesday, Aug. 1, 2006, at Congdon Funeral Home, 3012 Sheridan Road, in Zion. Burial followed at Highland Memorial Park, in

Libertyville.

An online guest book is available at [www.congdonfuneralhome.com](http://www.congdonfuneralhome.com).

**Recent Deaths**

**CAROL G. KATER**, 65 of Lake County, July 20, 2006. Arr: Strang Funeral Chapel and Crematorium in Grayslake

**JOHN 'JACK' R. RUSSELL**, 39 of Grayslake, July 19, 2006. Arr: Strang Funeral Chapel and Crematorium in Grayslake

**NANCY C. GIES**, 65 of Round Lake Park, July 20, 2006. Arr: Strang Funeral Chapel and Crematorium in Grayslake

**JEFFREY ALLEN WRIGHT**, 47 of Round Lake, July 15, 2006. Arr: Justen's Round Lake Funeral Home

**LOIS M. PINGEL** (nee CROTHERS), 79 of Lake Villa, July 18. Arr: K. K. Hamsher Funeral Home in Fox Lake

**BRIDGET ELIZABETH BURKS**, 10 of Grayslake, July 19, 2006. Arr: Strang Funeral Chapel and Crematorium in Grayslake

**CHARLES J. 'CHARLIE' CERMAK JR.**, 95 of Palm Beach Gardens, Fla., July 14, 2006. Arr: Strang Funeral Home of Antioch

**JUDITH A. SANZONE** (nee BEAKE), 65 of Antioch, July 19, 2006. Arr: Burnett-Dane Funeral Home in Libertyville

**ELLA M. KNISELY**, 93 of Round Lake Beach, July 24, 2006. Arr: Strang Funeral Home of Antioch

**JOSEPH EMMETT RODGERS**, 70 of Grayslake, July 22, 2006. Arr: Strang Funeral Chapel and Crematorium in Grayslake

**MARLENE LARSON**, 68 of Lincolnshire, July 20, 2006. Arr: Burnett-Dane Funeral Home in Libertyville

**PATSY E. FARLEY**, 71 of Lake County, July 20, 2006. Arr: Burnett-Dane Funeral Home in Libertyville

**MARVIN E. VESTAL**, 76 of Zion, formerly of Antioch, July 23, 2006. Arr: Strang Funeral Home of Antioch

To submit an obituary, please call Nancy Thielsen at (847) 223-8161, ext. 143 or e-mail [wjobits@weeklyjournals.com](mailto:wjobits@weeklyjournals.com). Obituaries must be received by noon on Tuesday.

# National Marina Day

VENETIAN FESTIVAL - 2006

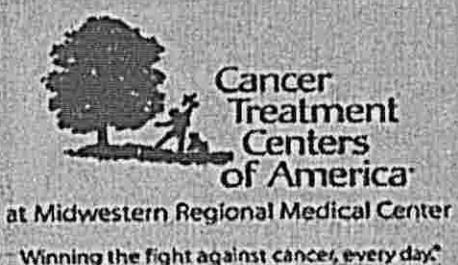
NORTH POINT MARINA  
WINTERHOPF HARBOR, IL

SATURDAY - AUGUST 12<sup>TH</sup> - NOON TILL 11PM



- FREE ADMISSION -

- Food & Beverages
- Music & Entertainment
- Children's Games & Petting Zoo
- Power Sports Products  
-by Nielsen Enterprises
- Crafters
- Car Show
- Lighted Boat Parade
- Fireworks

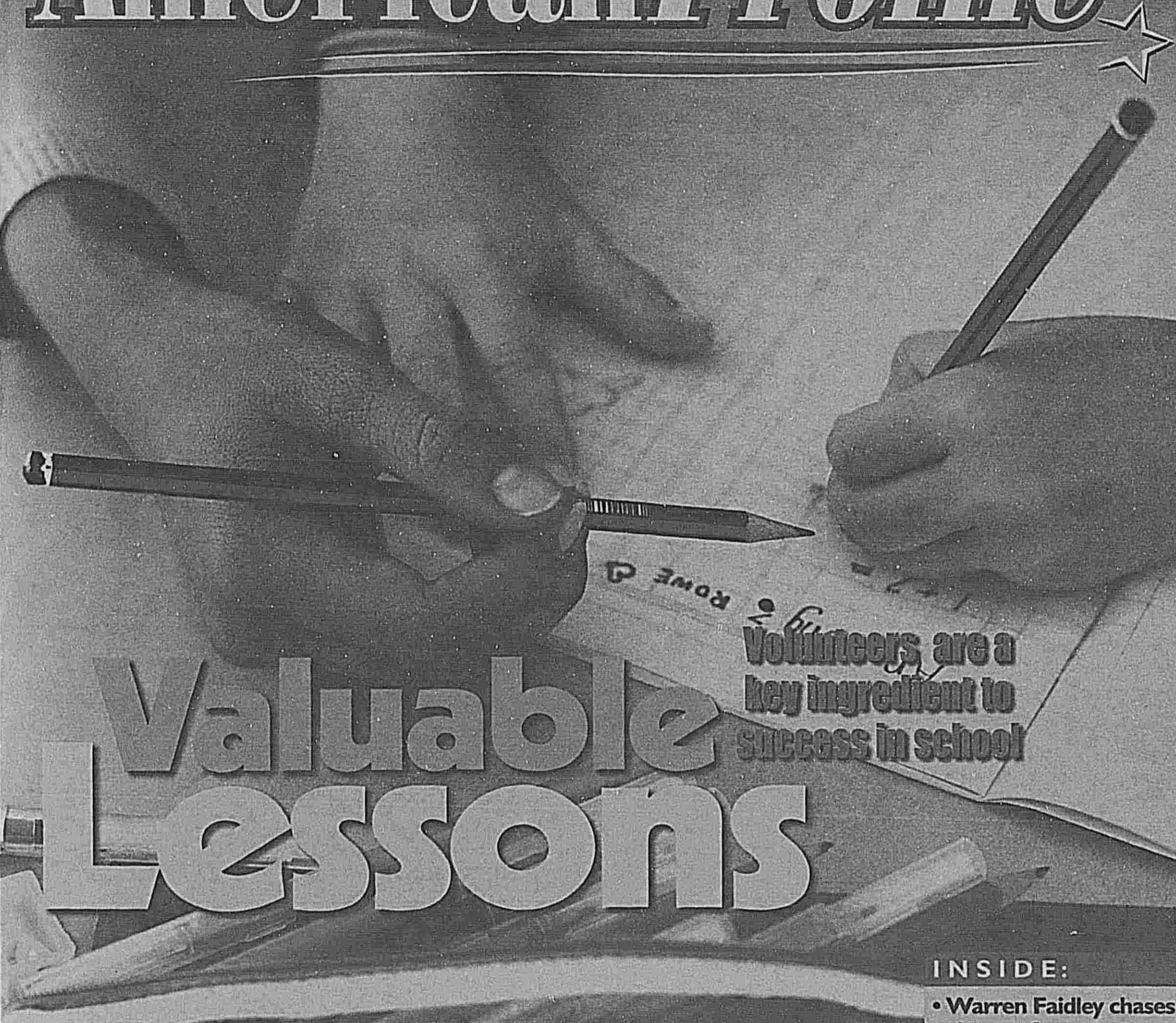




Notebooks from \$399<sup>99</sup> and desktops from \$249<sup>99</sup> at [hpshopping.com/ap](http://hpshopping.com/ap).

AUGUST 6 - 12, 2006

# American Profile



## Valuable Lessons

Volunteers are  
a key ingredient to  
success in school

my story is **uncovering the crimes**

ANGELA'S EYES my story is on **Lifetime**  
new original series | 10pm/9c sundays

### INSIDE:

- Warren Faidley chases the perfect storm
- Reed Point, Mont.
- Back-to-school basics
- Pat's summer salad

## Ask American Profile

**Q:** What has Matthew Perry been doing since the TV series *Friends*?

—Alexandra F., Augusta, Maine

Perry, who played the *Friends* role of Chandler, has appeared in several movies, including *Fools Rush In* and *The Whole Nine Yards*. Watch him Aug. 13 on the TNT network movie *The Ron Clark Story*, based on the work of a real-life educator who was cited as American Teacher of the Year in 2000 for his work with disadvantaged kids in rural North Carolina and inner-city Harlem. Perry will also star this fall in a new NBC-TV dramatic series, *Studio 60 on the Sunset Strip*.

**Q:** What is Micky of the Monkees doing now?

—Mona Reynolds, Fox, Ariz.

After spending most of 2003 and 2004 in the Broadway production of *Aida*, former Monkees drummer Micky Dolenz released the children's book *Gakky Two-Feet*. "I was asked to write a children's book based on a Monkees' song, but that didn't interest me," he says. "I'm a big fan of anthropology and was reading about hominids evolving from walking on four feet to two feet. I thought, 'Wouldn't it be interesting to fictionalize that moment?' It's about this little creature who's different, with the moral being that it's OK to be different—because one day it could come in handy."

## CMT

### CMT Cross Country: Country's Common Roots

The rich tradition of country music is showcased in the new one-hour performance series *CMT Cross Country*, where two artists discover the country roots they have in common. In the first episode, legend Randy Travis and newcomer Josh Turner take the stage to perform their biggest hits and favorite songs. *CMT Cross Country* premieres Friday, Aug. 11, at 10:00-11:00 p.m. ET/PT.

YES! Please send me the *BIGGEST Book of Diabetic Recipes* for only \$19.95 + \$4.95 s/h = \$24.90

Name \_\_\_\_\_

Address \_\_\_\_\_ Place Address \_\_\_\_\_

City \_\_\_\_\_ Label Here \_\_\_\_\_ State \_\_\_\_\_

Zip \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_

Send check/money order for \$24.90 (\$19.95 + \$4.95 s/h) to Diabetic Recipes, Dept. 31, P.O. Box 340, Harrison, AR 72602 or Call 1-800-715-6248 or

Visit [www.americanprofile.com/store](http://www.americanprofile.com/store)

EXPIRES 10/06/06 CA, TN, IL, AR and NY residents add state sales tax. NSF checks automatically debited for amount of check plus applicable fees. Please allow 4-6 weeks for delivery.



Matthew Perry as Ron Clark

**Q:** I love watching *Veronica Mars*. What can you tell me about the actor who plays Veronica's father? He's terrific.

—Arthur A., Beavercreek, Ohio

You're not the only one who thinks Enrico Colantoni, who plays a struggling private investigator on the popular UPN TV series, is fun to watch. He was named one of the "10 Greatest Scene Stealers" in a recent issue of *TV Guide*. Born in Toronto and a graduate of Yale University's prestigious School of Drama, Colantoni played a fashion photographer on the NBC sitcom *Just Shoot Me*, has made a string of TV guest appearances (*Hope and Glory*, *NYPD Blue*, *Law and Order*), and gained a cult following for his role as the leader of a squid-like alien species in the sci-fi series *Galaxy Quest*. He lives in Los Angeles with his wife and two children.

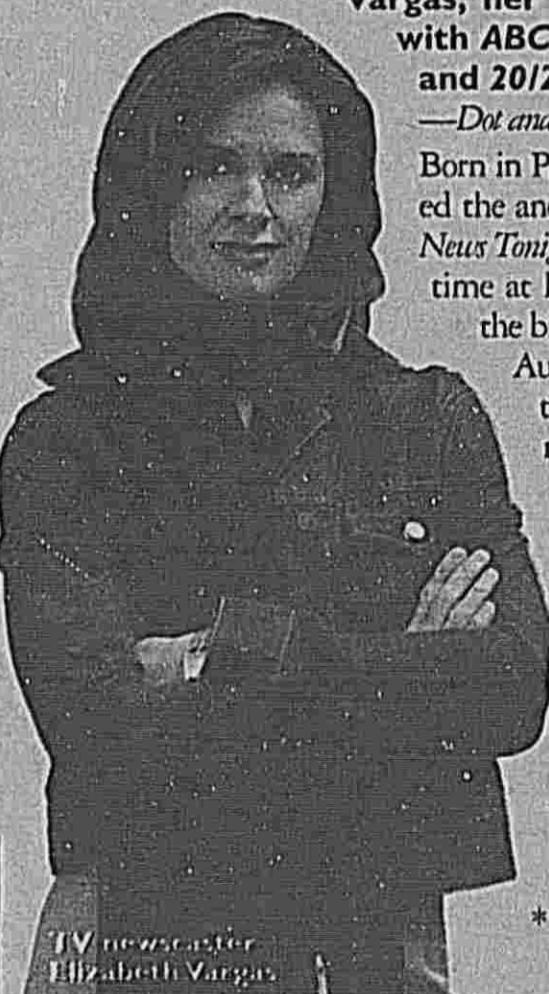


Actor Enrico Colantoni

**Q:** What can you tell me about Elizabeth Vargas, her family and her jobs with *ABC World News Tonight* and *20/20*?

—Dot and Jerry Autry, Burgaw, N.C.

Born in Paterson, N.J., Vargas exited the anchor chair at *ABC World News Tonight* in May to spend more time at home as she prepares for the birth of her second child in August. She plans to return to *20/20* at the end of her maternity leave. Vargas' husband, Grammy-winning singer-songwriter Marc Cohn, has recovered from a gunshot wound to his head inflicted last year during an attempted carjacking in Denver, where he had just performed. ☀



TV newscaster Elizabeth Vargas

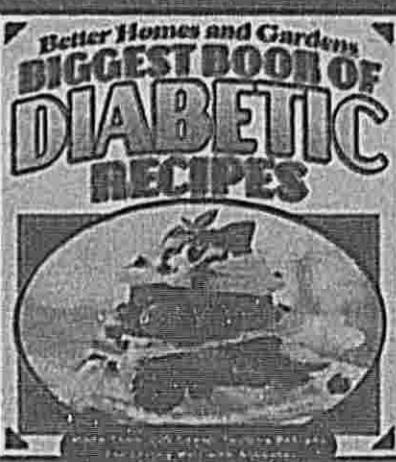
\* Cover photo by Media Bakery

### YOUR OPINION MATTERS TO US!

Take our quick online reader survey at: [www.americanprofilesurvey.com](http://www.americanprofilesurvey.com) and get FREE SAMPLES AND SPECIAL OFFERS!

**Diabetic?**  
Don't Miss Out  
at Mealtime!

**350 DELICIOUS RECIPES**



## American Profile

Celebrating Hometown Life

President & CEO Richard G. Porter  
VP/Group Publisher Tracey Altman  
Executive Editor Charlie Cox  
Senior Editor Stuart Englert  
Editor Richard McVey  
Entertainment Editor Neil Pond  
Assistant Editor Jane Srygley  
Contributing Editors  
Marti Attoun, Beverly Keel, Marta W. Aldrich  
Art Director Brenan Sharp  
Publication Designer E.R. Elliott  
Photo Editor David Mudd  
Production Manager Sam Payne  
Traffic Coordinator Susan Fisher  
Manager of Internet Content Matt Johnston  
Web Developer Kevin Todd

### ADVERTISING SALES

1-800-716-6271

National Ad Sales Director Amy Chernoff  
NEW YORK

Regional Ad Director Hally Birnbaum  
Account Managers Shannon Hay, Kevin Gannon  
CHICAGO

Midwest Ad Director Jeff Hopkins  
Account Managers Priscilla Mack, Erica Schultz

Southeast/West Coast Ad Director Frank Zier  
Los Angeles Account Manager Jamie Relis

Director of Marketing Jeff Dunetz  
Associate Director of Marketing Kelly Firtell

Direct Response Advertising  
Katherine Zito, David Geller Associates, Inc.  
1-877-543-5537

### CIRCULATION SALES

VP/Publisher Relations Jerry Lyles  
Regional Circulation Director  
Sandi Baylis, Stephen Dorris,  
Mike Gardner, Chris Kreidell  
Nashville 1-800-720-6323

Director of Business Dev. Steve Minucci

CORPORATE & EDITORIAL OFFICES  
Nashville 615-468-6000

PUBLISHING GROUP OF AMERICA  
President & CEO Richard G. Porter  
CFO & COO Stephen C. Duggan  
VP/Controller Greg Coble  
Network Administrator Mike Olin  
[www.americanprofile.com](http://www.americanprofile.com)

PUBLISHING GROUP  
OF AMERICA

*American Profile* is published by Publishing Group of America, 311 Cool Springs Boulevard Suite 400, Franklin, Tennessee 37067 Phone: 1-800-720-6323. Mail editorial queries and contributions to Editor, *American Profile*, 311 Cool Springs Blvd., Suite 400, Franklin, TN 37067. Publishing Group of America, Inc. will not be responsible for unsolicited materials, and cannot guarantee the return of any materials submitted to it. ©2006 Publishing Group of America, Inc. *American Profile* is a trademark of Publishing Group of America, Inc. All rights reserved. Reproduction in whole or part of any article, photograph, or other portion of this magazine without the express written permission of Publishing Group of America, Inc. is prohibited.

Surprise your taste buds with  
*The Better Homes and Gardens Biggest Book of Diabetic Recipes!*

Own this complete cooking resource tailored for diabetics who want healthy meals that burst with flavor!

- Delectable main dishes, sauces, sides & desserts
- Easy appetizers, innovative snacks
- Easy-to-read type
- Carb counts & exchanges



Notebooks from \$399<sup>99</sup><sup>1</sup> and desktops from \$249<sup>99</sup><sup>1</sup> at [hpshopping.com/ap](http://hpshopping.com/ap).



Call me to arrange my **FREE**  
in-home design consultation.

Choosing Sears makes a big decision easy because Sears offers cooling and heating systems from world leader Carrier<sup>®</sup> and America's number one appliance brand Kenmore<sup>®</sup>.

Call us for more information on energy saving cooling and heating systems from Sears.<sup>5</sup>

**Sears**

Call for your **FREE** in-home design consultation

**1-800-276-0299**

**Hurry! Respond by 09/17/06**

**No Payments and No Interest for 12 Months**  
with your Sears card\*

Please send your request by September 17, 2006  
for your **FREE** in-home design consultation to:  
Sears Home Improvement Products, Inc.  
PO Box 522290, Longwood, FL 32752-2290

**Offer Code: 50-V2-C8-17-AP16**

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Home Phone ( ) \_\_\_\_\_  
Work Phone ( ) \_\_\_\_\_  
E-mail \_\_\_\_\_

Yes, I would like to opt-in to receive e-mails with special promotions and information from Sears Home Improvement Products, Inc.

# Sears Central Cooling Systems



**No Payments  
& No Interest  
for 12 Months**

when you purchase a Carrier<sup>®</sup> or Kenmore<sup>®</sup> central cooling or heating system with your Sears card\*

\*See below for important 0% APR financing information

- A full line of Carrier<sup>®</sup> and exclusive Kenmore<sup>®</sup> cooling and heating systems
- ENERGY STAR<sup>®</sup> qualified systems that can help save 20% on your annual energy costs<sup>6</sup>
- Manufacturer's limited product warranty of up to 10 years\*
- Satisfaction guaranteed\*

Call for your **FREE** in-home design consultation. Hurry, offer ends soon! **1-800-276-0299**

\*Offer ends 09/17/06. 0% APR financing for 12 consecutive billing cycles. Offer not valid on prior sales or in combination with any other offer. 0% APR FINANCING DETAILS (when offered): Available for qualified purchases when you use your Sears card (Sears Commercial One<sup>®</sup> account excluded) as advertised. No finance charges accrue or are assessed during the 0% APR period. 0% APR offers of 14 months or more require minimum monthly payments as disclosed in the offer. Regular credit terms apply after the 0% APR period. Finance charges and any required minimum payments will continue on existing balances. If you default under your Sears card agreement, the 0% APR will terminate and penalties, including the default rate will apply. SearsCard/Sears Charge Plus/Sears Premier Card: APR is up to 25.99%, but if your account has a variable APR, the APR is up to 30.40% as of 07/04/06 and may vary. Sears Gold MasterCard/Sears Premier Gold MasterCard: APR is up to 26.49%, but if your account has a variable APR, the APR is up to 32.24% as of 07/04/06 and may vary. Sears Home Improvement Card: APR is up to 18.90%, but if your account has a variable APR, the APR is up to 30.40% as of 07/04/06 and may vary. Variable will never be lower than 14.40%. Minimum monthly finance charges up to \$1. See your specific account terms and conditions for your applicable rate and additional information. Sears cards are issued by Citibank USA, N.A. Restrictions and exclusions apply. <sup>6</sup>ENERGY STAR<sup>®</sup> estimates that ENERGY STAR<sup>®</sup> qualified cooling equipment, when properly sized and installed, can save up to 20% on your annual energy bills with a properly sealed duct system. Energy efficiency may vary depending on your home and climate. \*Ask your Sears representative about written limited warranty details. \*See contract for details. The following licenses are held by or on behalf of Sears Home Improvement Services: AL (Res. Contr. #5481; HVAC #88085); AZ (Res. Contr. #ROC117628; HVAC #ROC206649); AR (HVAC #1004181); CA (Gen. Bldg. Contr. #721379; HVAC #721379); CT (HVAC #303642; HIC #0607660); FL (Gen. Contr. #CGC012538; HVAC #CM4C1249510); GA (HVAC #CN209991; Gen. Bldg. #G17017 - City of Columbus only); LA (Res. Bldg. #84194); MD (HIC #87854; HVAC #6528); MA (HIC #148607); MI (Res. Bldg. #2102131369); MN (Res. Bldg. BC-2009017); MS (Res. Bldg. #R050222); NV (Carp. Contr. 43242; Gen. Contr. #60609; Plumb. & Htg. Contr. #60610; Refg. & AC Contr. #60608); NY (Nassau County, HIC # H1809170000; Suffolk County, HIC #27029-HI); NM (Gen. Bldg. Contr. #58598-GB 98; HVAC #52598-MM98; Elec. # 58598-EE98); NC (Bldg. Limited #47330; HVAC #15343 H-2, H-3-1; HVAC #26901 H-3-II); OH (HVAC #37612); OR (Gen. Contr. #113202); SC (Gen. Contr. #105836-805; HVAC Res. #919); TN (HIC #2319; HVAC Contr. #54905); TX (HVAC Dallas #TACLB00020401; Houston #TACLB00015136E; Lubbock #TACLB00023924E; San Antonio #TACLB00024674E); UT (Gen. Bldg. Contr. #318604-5501; HVAC #318604-5501); VA (Class A Contr. #2705034717; Class A Contr. #2705057009); WA (Gen. Contr. #SEARSH011A); Washington, DC (HIC #50006423); WV (Res. Bldg. #WV025882; HVAC WV025882). Some services performed by Sears associates. Other services and installation performed by Sears-Authorized licensed contractors. Additional Sears license information available upon request. <sup>7</sup>Subject to applicant creditworthiness.

## Hometown Recipes

from PAT LOGSDON

# Pat's Summer Salad

"This salad is nutritious and colorful. You can substitute ingredients to suit your taste."

### You Can Have 425 More Recipes Just Like This One!

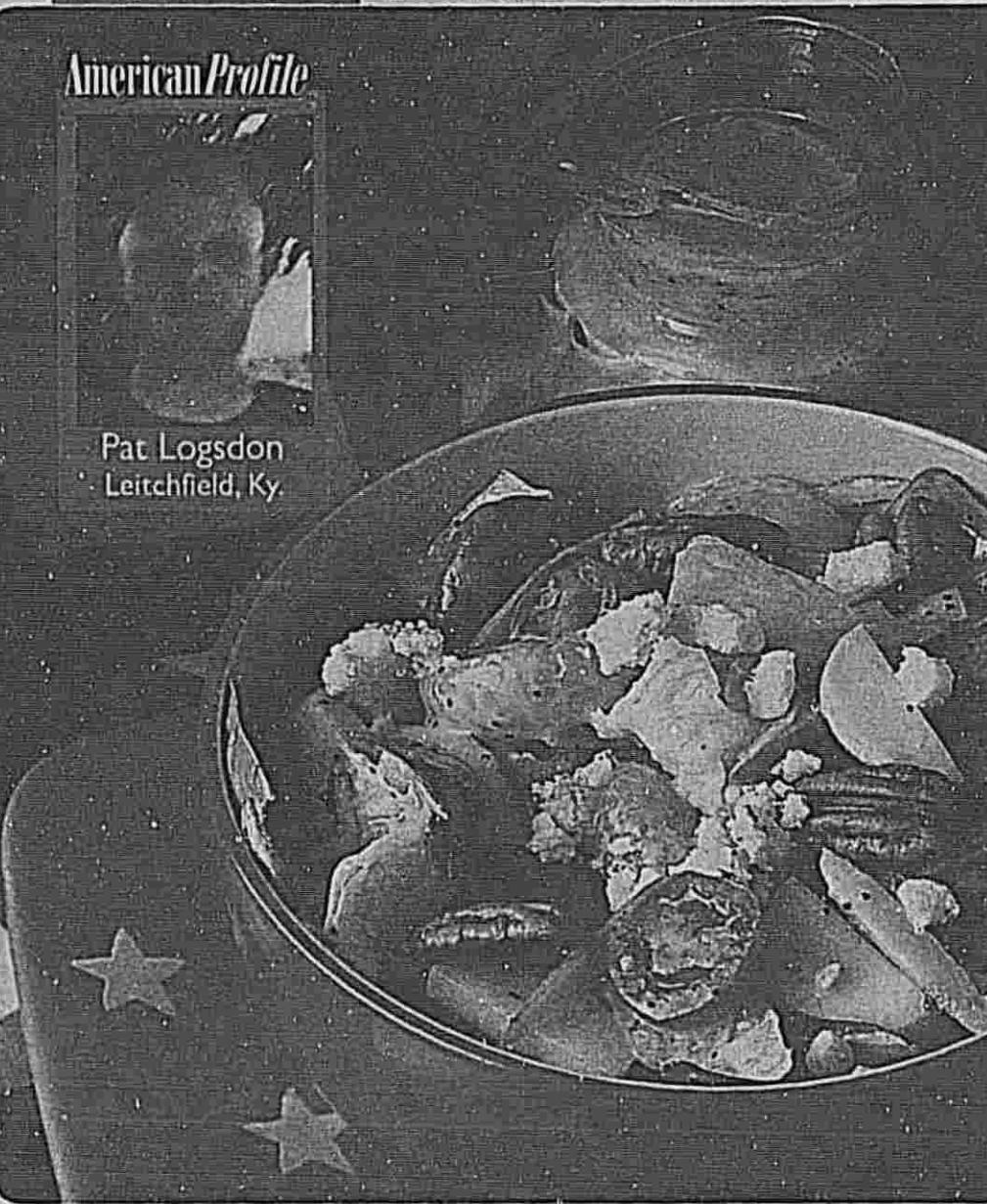
The new *American Profile Hometown Cookbook* is loaded page after page with 425 crowd-pleasing, easy-to-prepare recipes from our nation's hometown kitchens. To order, send \$14.95 + \$4.95 s/h (\$19.90 total) to: American Profile Cookbook, 341 Cool Springs Blvd., Suite 400, Franklin, TN 37067 or call 1-800-851-5284.

Residents of CA, TN, IL, AR and NY add sales tax. NSF checks will be automatically debited for the amount of the check plus applicable fees. Offer is limited.

### RECIPE: Pat's Summer Salad

American Profile

Pat Logsdon  
Leitchfield, Ky.



### Pat's Summer Salad

2 cups fresh baby spinach  
1 large head iceberg lettuce, torn in bite-size pieces  
1 cucumber, peeled and sliced  
1 carrot, peeled and sliced  
1 red onion, quartered and sliced  
1 yellow squash, halved lengthwise and sliced  
1/2 cups grape tomatoes, halved  
1 cup mandarin orange sections  
1/2 to 1 cup poppyseed or other dressing  
1/2 cups toasted pecans  
1 cup crumbled bleu cheese

Combine spinach, lettuce, cucumber, carrot, onion, squash, tomatoes and oranges in a large salad bowl. Add dressing, and toss until vegetables are coated. Sprinkle pecans and bleu cheese on top. Serves 6 to 8.

Photo: David Damer  
Styling: Mary Carter

MANUFACTURER'S COUPON EXPIRES 11/04/06 NO DOUBLING



75¢ OFF

Any One RED BARON  
Pizza Product

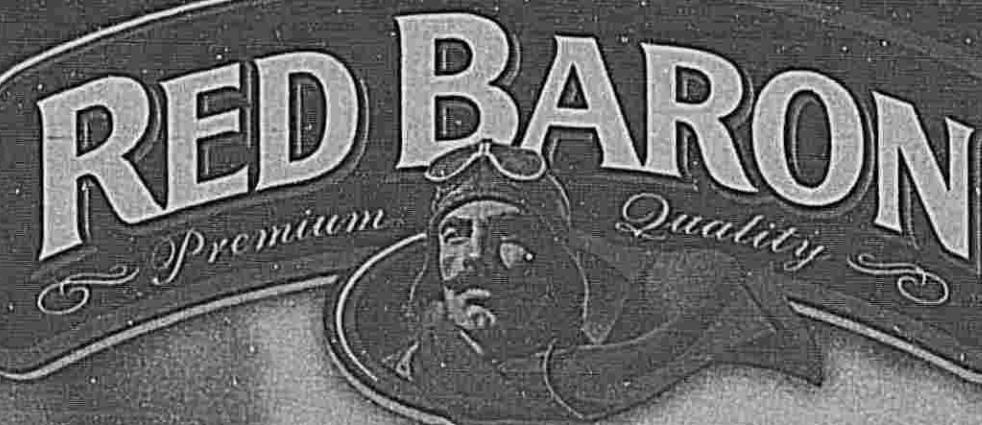


Consumer: Coupon valid for .75¢ off total purchase of any one package of RED BARON® Classics, RED BARON® Thin Crust, THE BIG BARON® pizza; RED BARON® PIZZERIA STYLE® pizza or RED BARON DEEP DISH PAN STYLE® pizza. Consumer pays sales tax. Retailer: Schwan's Consumer Brands North America, Inc. will reimburse you for the face value of this coupon plus 8¢ if submitted in full compliance with Schwan's Consumer Brands North America, Inc. redemption policy. Invoices providing purchase of sufficient stock to cover coupons presented for redemption must be shown upon request. Cash value: 1/20 of 1¢. Void if copied, taxed, restricted or prohibited. Mail Coupons to: Schwan's Consumer Brands North America, Inc., CMS dept. 72180, One Fawcett Drive, Del Rio, TX, 78840. Limit one coupon per purchase.

©2006 Schwan's Consumer Brands North America, Inc. All Rights Reserved.



5 72180 20075 9 (8100) 0 32085



## FILL YOUR FREEZER

Bring home the pizzas your whole family loves.



RED BARON  
Thin Crust  
Deep Dish

The One For Everyone



Notebooks from \$399<sup>99</sup> and desktops from \$249<sup>99</sup> at [hpshopping.com/ap](http://hpshopping.com/ap).

## Education

by MARY LEBEAU



## Back to School Basics

If Lisa Tash had her way, all students would have their own computers.

But Tash, a first-grade teacher at Thomas Jefferson Charter School in Wilmington, Del., understands this is unrealistic. "Many parents are pushing the budget just to give their children the essentials," she says.

Not sure what those essentials are? Here's our list of the top 10 basics for heading back to school.

1. **Backpack.** Consider this purchase an investment. If you go cheap, the zippers may break or the straps rip out—and you'll be buying another one before Christmas. A backpack with wheels may be a smart choice to lessen back and shoulder strain.
2. **Jeans.** The time-tested backbone of a back-to-school wardrobe still is a pair of jeans. They're comfortable, appropriate almost anywhere, and come in a variety of styles, colors, cuts and washes. Better yet, they go with almost anything, from T-shirts to button-down shirts to classic fall sweaters.
3. **Pens and pencils.** Even in this age of computers, No. 2 pencils and blue ballpoints are high on the list of must-have school supplies. Still, there are new kids on the block. Gel pens don't leave telltale ink marks on the hands, and the liquid lead pencil looks, writes and erases like those we remember, but never needs sharpening.
4. **Notebooks.** There are lots of choices, but the trick is to learn what your child's teacher prefers.
5. **A take-home organization system.** This could be as high-tech as your college student's Blackberry or as simple as a pocket folder for your kindergartner's artwork. In either case, a way to organize each day's work and make sure assignments and important notices get home is essential to your child's success in school. Choose a system that's age-appropriate and reinforce its importance by checking it daily.
6. **Comfortable shoes/gym shoes.** When it comes to footwear, don't forgo fit for fashion. Invest in your child's comfort by visiting a shoe store and having a trained salesperson measure the foot. Make that *fit*. The right and left can be different, so both should be measured. Then go with the larger size.
7. **Calculator.** Once upon a time, we did math in our heads. But most teachers today allow—and even encourage—using a calcula-

tor for some math assignments. Find out what your child needs before you buy. Most teachers are very specific, and calculators can be expensive.

8. **Insulated lunch bag.** Use a washable insulated bag and you won't worry about running out of brown paper sacks. Plus, you'll get satisfaction in being environmentally friendly.
9. **Tissues and a hand sanitizer.** According to the Centers for Disease Control and Prevention, 22 million school days are lost to colds or influenza each year. You may not be able to ward off germs completely, but the best offense during cold and flu season is a good defense. Since most germs are spread through touch, make sure your kids know the proper way to cover a sneeze and the importance of hand washing. Then arm them with the proper tools—tissues and a small bottle of hand sanitizer—and keep your fingers crossed.
10. **A support system.** This one you can't buy in a store, but it's a priceless benefit. Let your children know that education is important, and prove it through your support. Make sure they have what they need, not only for the first day, but when they require help with homework, are participating in an extracurricular school activity or just could use an "attaboy" for bringing home a good grade. Invest in more than back-to-school merchandise, and your child will reap the benefits. ☺

Mary LeBeau is a writer in Woodbury, N.J.

### Rate This Story

How did you like this story? Log on to [www.americanprofile.com/rate](http://www.americanprofile.com/rate)

choose the fit that's right for you

**RIDERS JEANS**

**coppercollection**  
mid-rise  
boot cut

**mid-rise**  
stretch  
boot cut

**classic fit**  
mid-rise  
straight leg

www.ridersjeans.com 1.800.814.3370

**RIDERS**  
BY THE MAKERS OF Lee<sup>®</sup>

Jeans that fit. Beautifully.

## Hometown Spotlight

# The Running of the Sheep

by BRETT  
FRENCH

In 2004, Doug Skoog visited Reed Point, Mont. (pop. 185), and was persuaded by an old friend to take part in the town's annual Great Montana Sheep Drive, better known as the Running of the Sheep.

The experience taught the Seattle resident a very important lesson when he returned for a second year. "You've got to stay in front of them or it's uncomfortable," says Skoog, 58, of the sheep. "Get behind them and it's messy."

Life Alert  
Saving a *life*  
every  
46 min.

Elderly MOM  
or DAD?  
Are they  
alright?

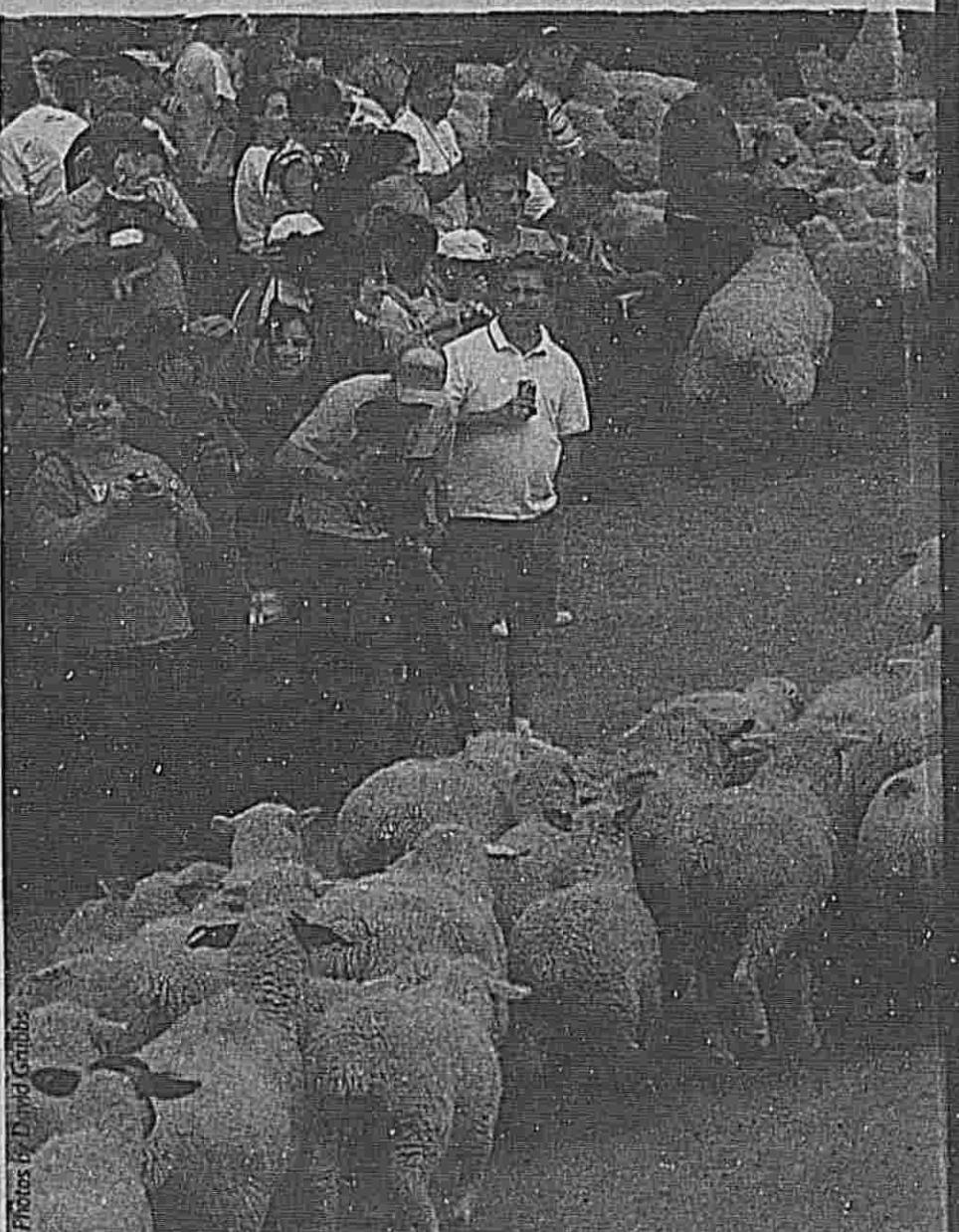
One press of the  
pendant gets  
Help 24-7  
NATIONWIDE



For a Free Brochure Call:

**1-800-393-9443**

Life Alert® is a good alternative to a retirement facility.



Photos by David Grubb

Skoog's old friend, Russ Schlievert, 65, is one of the event founders and owner of the town's Hotel Montana. Each year, Schlievert convinces a few nervous volunteers to run in front of hundreds of sheep that are herded down Main Street in a wooly parody of Pamplona, Spain's famed Running of the Bulls.

"Our main purpose is to run way in front and tell the people to get back," Schlievert informs the runners, who are outfitted in white shirts and pants, black berets and red sashes.

Skoog still recalls his 2004 run. "I pulled into the bar because my heart had stopped," he jokes.

As the event gets under way, an announcer urges the crowd to step back and warns Schlievert not to overexert himself. "And watch for the little short guy," the announcer says of Schlievert, "to make sure he doesn't have a heart attack."

Reed Point, which lies between Interstate 90 and the Yellowstone River, has staked a claim to international fame with the lighthearted event. Always held the Sunday before Labor Day, Schlievert says the "brainy idea" was conceived in 1989 as a counterpoint to the Great Montana Centennial Cattle Drive, which celebrated the 100th anniversary of Montana's statehood.

In its first year, the Running of the Sheep attracted more than 12,000 people. Although attendance now averages around 2,500, proceeds from concession and merchandise sales raise about \$5,000 for community projects. Last year, the money was used



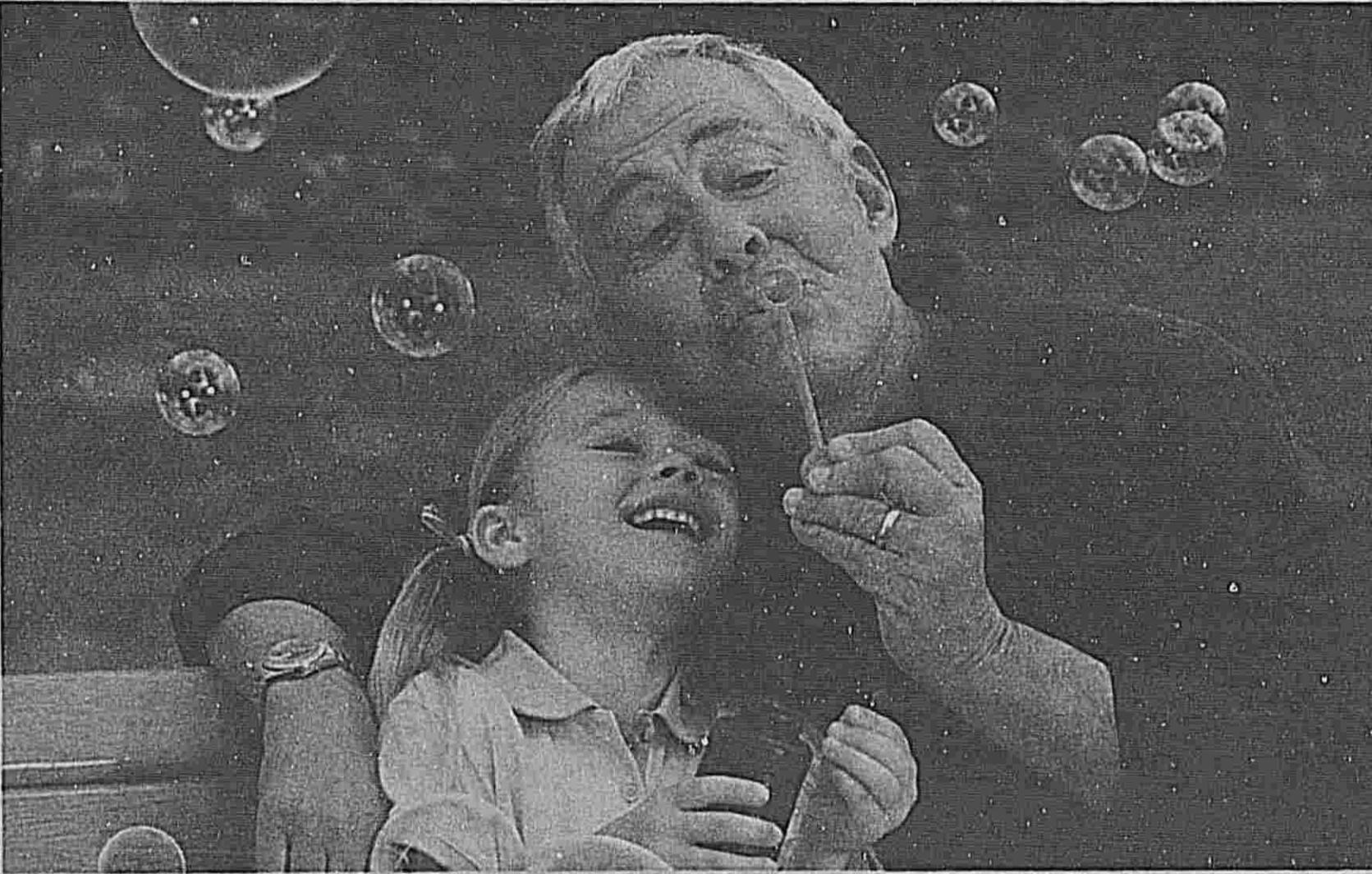
Russ  
Schlievert  
does the  
traditional  
run



Notebooks from \$399<sup>99</sup> and desktops from \$249<sup>99</sup> at [hpshopping.com/ap](http://hpshopping.com/ap).

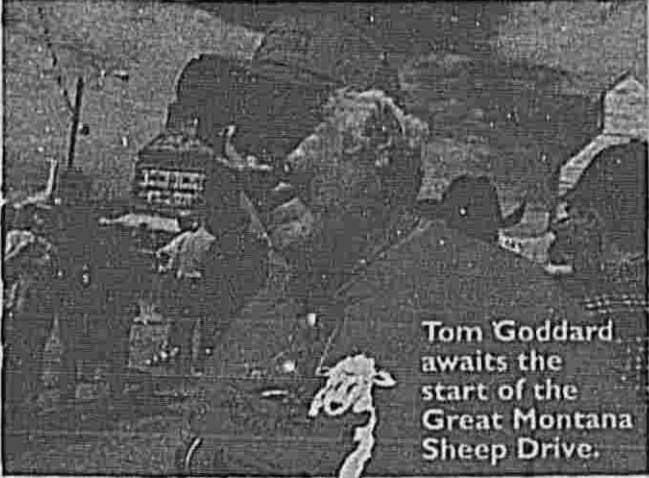
Sheep rush past spectators in downtown Reed Point, Mont., during the town's annual light-hearted fund-raiser.

If you have COPD associated with chronic bronchitis, ADVAIR® helps you breathe easier\*



to buy two lots for a community park. In the past, the sheep drive has paid for a fire truck, refurbished the town library and supported children's educational programs.

"It's something to do to help the community out," says Tom Goddard, the event's vice president. "It's a lot of work, but it's worth it."



Tom Goddard awaits the start of the Great Montana Sheep Drive.

Allen Laubach, whose family has been in the sheep industry for four generations, supplied the 500 head of black-faced Suffolk and Columbia-Targhee sheep used in last year's drive. The sheep are transported to town by semi-trailer, unloaded and herded down Reed Point's Main Street, lined with spectators.

Laubach and other local sheep ranchers alternate providing sheep for the drive. "It's just to help the community is the main thing," he says, "and to help the sheep industry."

(Continued on page 8)

## MORE BUBBLES BY GRANDPA

MORE AIR\* BY



## ADVAIR 250/50 is clinically proven to help your lungs work better.

It is the only COPD medication with an anti-inflammatory and a bronchodilator working together in one convenient device. The way anti-inflammatories work in the treatment of COPD is not well defined. ADVAIR is used more than any other maintenance medication by patients with COPD, including those with associated chronic bronchitis. So ask your doctor about ADVAIR today, and feel the joy of knowing that you may breathe easier.

\*Measured by a breathing test in people taking ADVAIR 250/50, compared with people taking either fluticasone propionate 250 mcg or salmeterol 50 mcg. Your results may vary.

For a free trial offer,<sup>†</sup> go to [advaircopd.com](http://advaircopd.com) or call 1-800-987-4900.

Important information about ADVAIR DISKUS 250/50: ADVAIR DISKUS 250/50 is approved for the treatment of airflow obstruction in patients with COPD associated with chronic bronchitis. You should only take 1 inhalation of ADVAIR DISKUS 250/50 twice a day. The benefit of using ADVAIR DISKUS for longer than 6 months has not been evaluated. Taking higher doses will not provide additional benefits but may increase your chance of certain side effects. Patients at risk for developing bone loss (osteoporosis) and some eye problems (cataracts or glaucoma) should be aware that use of inhaled corticosteroids, including ADVAIR DISKUS, may increase your risk. ADVAIR DISKUS does not replace fast-acting inhalers for acute symptoms.



Partnership for  
Prescription Assistance

If you don't have prescription coverage,  
visit [ppax.org](http://ppax.org), or call 1-888-4PPA-NOW (1-888-477-2669)

**ADVAIR DISKUS<sup>®</sup> 250/50**  
(fluticasone propionate 250 mcg and salmeterol 50 mcg inhalation powder)

If you smoke and want to quit, you can learn more at [way2quit.com](http://way2quit.com).  
Offer limited to patients receiving their first prescription for ADVAIR. See [advaircopd.com](http://advaircopd.com) for eligibility rules.  
Please see accompanying important information about ADVAIR DISKUS 250/50.

# ADVAIR DISKUS 100/50, 250/50, 500/50 (fluticasone propionate 100, 250, 500 mcg and salmeterol 50 mcg inhalation powder)

## What is the most important information I should know about ADVAIR DISKUS?

In patients with asthma, long-acting beta-agonist medicines such as salmeterol (one of the medications in ADVAIR) may increase the chance of death from asthma problems. In a large asthma study, more patients who used salmeterol died from asthma problems compared with patients who did not use salmeterol. So ADVAIR is not for patients whose asthma is well controlled on another asthma controller medicine such as low- to medium-dose inhaled corticosteroids or only need a fast-acting inhaler once in a while. Talk with your doctor about this risk and the benefits of treating your asthma with ADVAIR.

ADVAIR should not be used to treat a severe attack of asthma or chronic obstructive pulmonary disease (COPD) requiring emergency medical treatment.

ADVAIR should not be used to relieve sudden symptoms or sudden breathing problems. Always have a fast-acting inhaler with you to treat sudden breathing difficulty. If you do not have a fast-acting inhaler, contact your doctor to have one prescribed for you.

## What is ADVAIR DISKUS?

There are two medicines in ADVAIR: fluticasone propionate, an inhaled anti-inflammatory belonging to a group of medicines commonly referred to as corticosteroids; and salmeterol, a long-acting, inhaled bronchodilator belonging to a group of medicines commonly referred to as beta-agonists. There are 3 strengths of ADVAIR: 100/50, 250/50, 500/50.

### For Asthma

- ADVAIR is approved for the maintenance treatment of asthma in patients 4 years of age and older. ADVAIR should only be used if your doctor decides that another asthma controller medicine alone does not control your asthma or that you need 2 asthma controller medications.
- The strength of ADVAIR approved for patients ages 4 to 11 years who experience symptoms on an inhaled corticosteroid is ADVAIR DISKUS 100/50. All 3 strengths are approved for patients with asthma ages 12 years and older.

### For COPD associated with chronic bronchitis

ADVAIR 250/50 is the only approved dose for the maintenance treatment of airflow obstruction in patients with COPD associated with chronic bronchitis. The benefit of using ADVAIR for longer than 6 months has not been evaluated. The way anti-inflammatories work in the treatment of COPD is not well defined.

## Who should not take ADVAIR DISKUS?

You should not start ADVAIR if your asthma is becoming significantly or rapidly worse, which can be life threatening. Serious respiratory events, including death, have been reported in patients who started taking salmeterol in this situation, although it is not possible to tell whether salmeterol contributed to these events. This may also occur in patients with less severe asthma.

You should not take ADVAIR if you have had an allergic reaction to it or any of its components (salmeterol, fluticasone propionate, or lactose). Tell your doctor if you are allergic to ADVAIR, any other medications, or food products. If you experience an allergic reaction after taking ADVAIR, stop using ADVAIR immediately and contact your doctor. Allergic reactions are when you experience one or more of the following: choking; breathing problems; swelling of the face, mouth and/or tongue; rash; hives; itching; or welts on the skin.

## Tell your doctor about the following:

- If you are using your fast-acting inhaler more often or using more doses than you normally do (e.g., 4 or more inhalations of your fast-acting inhaler for 2 or more days in a row or a whole canister of your fast-acting inhaler in 8 weeks' time), it could be a sign that your asthma is getting worse. If this occurs, tell your doctor immediately.
- If you have been using your fast-acting inhaler regularly (e.g., four times a day), your doctor may tell you to stop the regular use of these medications.
- If your peak flow meter results decrease. Your doctor will tell you the numbers that are right for you.
- If you have asthma and your symptoms do not improve after using ADVAIR regularly for 1 week.
- If you have been on an oral steroid, like prednisone, and are now using ADVAIR. You should be very careful as you may be less able to heal after surgery, infection, or serious injury. It takes a number of months for the body to recover its ability to make its own steroid hormones after use of oral steroids. Switching from an oral steroid may also unmask a condition previously suppressed by the oral steroid such as allergies, conjunctivitis, eczema, arthritis, and eosinophilic conditions. Symptoms of an eosinophilic condition can include rash, worsening breathing problems, heart complications, and/or feeling of "pins and needles" or numbness in the arms and legs. Talk to your doctor immediately if you experience any of these symptoms.
- Sometimes patients experience unexpected bronchospasm right after taking ADVAIR. This condition can be life threatening and if it occurs, you should immediately stop using ADVAIR and seek immediate medical attention.
- If you have any type of heart disease such as coronary artery disease, irregular heart beat or high blood pressure, ADVAIR should be used with caution. Be sure to talk with your doctor about your condition because salmeterol, one of the components of ADVAIR, may affect the heart by increasing heart rate and blood pressure. It may cause symptoms such as heart fluttering, chest pain, rapid heart rate, tremor, or nervousness.
- If you have seizures, overactive thyroid gland, liver problems, or are sensitive to certain medications for breathing.
- If your breathing problems get worse over time or if your fast-acting inhaler does not work as well for you while using ADVAIR. If your breathing problems worsen quickly, get emergency medical care.
- If you have been exposed to or currently have chickenpox or measles or if you have an immune system problem. Patients using medications that weaken the immune system are more likely to get infections than healthy individuals. ADVAIR contains a corticosteroid (fluticasone propionate) which may weaken the immune system. Infections like chickenpox and measles, for example, can be very serious or even fatal in susceptible patients using corticosteroids.

## How should I take ADVAIR DISKUS?

ADVAIR should be used 1 inhalation, twice a day (morning and evening). ADVAIR should never be taken more than 1 inhalation twice a day. The full benefit of taking ADVAIR may take 1 week or longer.

If you miss a dose of ADVAIR, just skip that dose. Take your next dose at your usual time. Do not take two doses at one time.

Do not stop using ADVAIR unless told to do so by your doctor because your symptoms might get worse.

Do not change or stop any of your medicines used to control or treat your breathing problems. Your doctor will adjust your medicines as needed.

## When using ADVAIR, remember:

- Never breathe into or take the DISKUS apart.
- Always use the DISKUS in a level position.
- After each inhalation, rinse your mouth with water without swallowing.
- Never wash any part of the DISKUS. Always keep it in a dry place.
- Never take an extra dose, even if you feel you did not receive a dose.
- Discard 1 month after removal from the foil overwrap.
- Do not use ADVAIR with a spacer device.

Children should use ADVAIR with an adult's help as instructed by the child's doctor.

## Can I take ADVAIR DISKUS with other medications?

Tell your doctor about all the medications you take, including prescription and nonprescription medications, vitamins, and herbal supplements.

If you are taking ADVAIR, you should not take SEREVENT DISKUS or Foradil Aerolizer for any reason.

If you take ritonavir (an HIV medication), tell your doctor. Ritonavir may interact with ADVAIR and could cause serious side effects. The anti-HIV medicines Norvir Soft Gelatin Capsules, Norvir Oral Solution, and Kaletra contain ritonavir.

No formal drug interaction studies have been performed with ADVAIR.

In clinical studies, there were no differences in effects on the heart when ADVAIR was taken with varying amounts of albuterol. The effect of using ADVAIR in patients with asthma while taking more than 9 puffs a day of albuterol has not been studied.

ADVAIR should be used with extreme caution during and up to 2 weeks after treatment with monoamine oxidase (MAO) inhibitors or tricyclic antidepressants since these medications can cause ADVAIR to have an even greater effect on the circulatory system.

ADVAIR should be used with caution in people who are taking ketoconazole (an antifungal medication) or other drugs broken down by the body in a similar way. These medications can cause ADVAIR to have greater steroid side effects.

Generally, people with asthma should not take beta-blockers because they counteract the effects of beta-agonists and may also cause severe bronchospasm. However, in some cases, for instance, following a heart attack, selective beta-blockers may still be used if there is no acceptable alternative.

The ECG changes and/or low blood potassium that may occur with some diuretics may be made worse by ADVAIR, especially at higher-than-recommended doses. Caution should be used when these drugs are used together.

In clinical studies, there was no difference in side effects when ADVAIR was taken with methylxanthines (e.g., theophylline) or with FLONASE.

## What are other important safety considerations with ADVAIR DISKUS?

**Osteoporosis:** Long-term use of inhaled corticosteroids may result in bone loss (osteoporosis). Patients who are at risk for increased bone loss (tobacco use, advanced age, inactive lifestyle, poor nutrition, family history of osteoporosis, or long-term use of drugs such as corticosteroids) may have a greater risk with ADVAIR. If you have risk factors for bone loss, you should talk to your doctor about ways to reduce your risk and whether you should have your bone density evaluated.

**Glaucoma and cataracts:** Glaucoma, increased pressure in the eyes, and cataracts have been reported with the use of inhaled steroids, including fluticasone propionate, a medicine contained in ADVAIR. Regular eye examinations should be considered if you are taking ADVAIR.

**Lower respiratory tract infection:** Lower respiratory tract infections, including pneumonia, have been reported with the use of inhaled corticosteroids, including ADVAIR.

**Blood sugar:** Salmeterol may affect blood sugar and/or cause low blood potassium in some patients, which could lead to a side effect like an irregular heart rate. Significant changes in blood sugar and blood potassium were seen infrequently in clinical studies with ADVAIR.

**Growth:** Inhaled steroids may cause a reduction in growth velocity in children and adolescents.

**Steroids:** Taking steroids can affect your body's ability to make its own steroid hormones, which are needed during infections and times of severe stress to your body, such as an operation. These effects can sometimes be seen with inhaled steroids (but it is more common with oral steroids), especially when taken at higher-than-recommended doses over a long period of time. In some cases, these effects may be severe. Inhaled steroids often help control symptoms with less side effects than oral steroids.

**Yeast infections:** Patients taking ADVAIR may develop yeast infections of the mouth and/or throat ("thrush") that should be treated by their doctor.

**Tuberculosis or other untreated infections:** ADVAIR should be used with caution, if at all, in patients with tuberculosis, herpes infections of the eye, or other untreated infections.

## What are the other possible side effects of ADVAIR DISKUS?

ADVAIR may produce side effects in some patients. In clinical studies, the most common side effects with ADVAIR included:

- |                                |                       |                                    |
|--------------------------------|-----------------------|------------------------------------|
| • Respiratory infections       | • Bronchitis          | • Musculoskeletal pain             |
| • Throat irritation            | • Cough               | • Dizziness                        |
| • Hoarseness                   | • Headaches           | • Fever                            |
| • Sinus infection              | • Nausea and vomiting | • Ear, nose, and throat infections |
| • Yeast infection of the mouth | • Diarrhea            | • Nosebleed                        |

Tell your doctor about any side effect that bothers you or that does not go away. These are not all the side effects with ADVAIR. Ask your doctor or pharmacist for more information.

## What if I am pregnant, planning to become pregnant, or nursing?

Talk to your doctor about the benefits and risks of using ADVAIR during pregnancy, labor, or if you are nursing. There have been no studies of ADVAIR used during pregnancy, labor, or in nursing women. Salmeterol is known to interfere with labor contractions. It is not known whether ADVAIR is excreted in breast milk, but other corticosteroids have been detected in human breast milk. Fluticasone propionate, like other corticosteroids, has been associated with birth defects in animals (e.g., cleft palate and fetal death). Salmeterol showed no effect on fertility in rats at 180 times the maximum recommended daily dose.

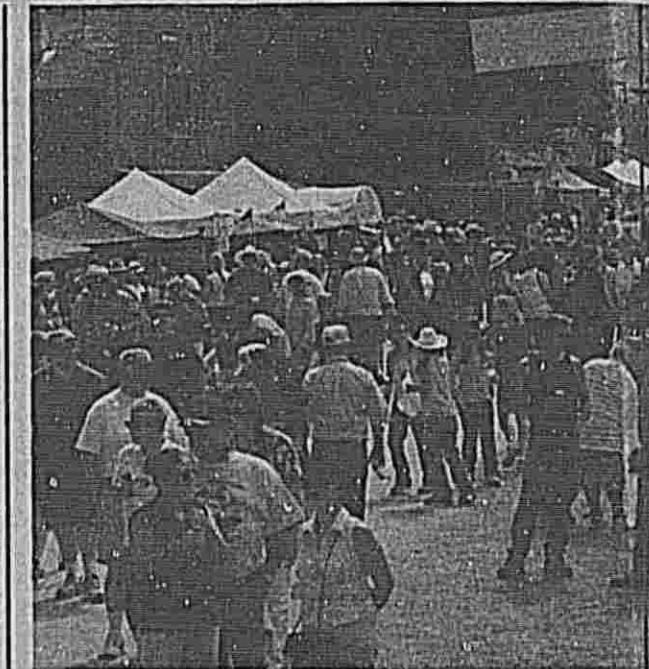
## What other important tests were conducted with ADVAIR?

There is no evidence of enhanced toxicity with ADVAIR compared with the components administered separately. In animal studies with doses much higher than those used in humans, salmeterol was associated with uterine tumors. Your healthcare professional can tell you more about how drugs are tested on animals and what the results of these tests may mean to your safety.

## For more information on ADVAIR DISKUS

This page is only a brief summary of important information about ADVAIR DISKUS. For more information, talk to your doctor. You can also visit [www.ADVAIR.com](http://www.ADVAIR.com) or call 1-888-825-5249. Patients receiving ADVAIR DISKUS should read the medication guide provided by the pharmacist with the prescription.

ADVAIR DISKUS, FLONASE, SEREVENT, and DISKUS are registered trademarks of GlaxoSmithKline. The following are registered trademarks of their respective manufacturers: Foradil Aerolizer/Novartis Pharmaceuticals Corporation; Norvir and Kaletra/Abbott Laboratories.



Attendees stroll the streets of the self-proclaimed Sheep Drive Capital of the World.

(Continued from page 7)

Sheep were once a huge contributor to the area's economy. Near the turn of the 20th century, the nearby town of Big Timber (pop. 1,650) was the largest producer of wool in the world. Although that's no longer the case, Montana still ranks sixth in the nation in sheep production and the industry contributes millions of dollars annually to the state's agricultural economy.

Of course, the event features more than the sheep drive. Booths line Reed Point's main drag selling a variety of foods and souvenirs, including bracelets, T-shirts, wind spinners and fuzzy scarves. There's also a log-sawing contest, car show, auction and dance.

But the Great Montana Sheep Drive is mostly about having fun. A green highway-like sign on the side of Schlievert's hotel says it all, proclaiming Reed Point as the "Sheep Drive Capital of the World." ↗

Brett French is a writer in Billings, Mont.

## Rate This Story

How did you like this story? Log on [www.americanprofile.com/rate](http://www.americanprofile.com/rate)

Put your running shoes on. The 18th annual Running of the Sheep is scheduled Sept. 3. For more information, call Russ Schlievert at the Hotel Montana at (406) 326-2288.



Notebooks from \$399<sup>99</sup><sup>1</sup> and desktops from \$249<sup>99</sup><sup>1</sup> at [hpshopping.com/ap](http://hpshopping.com/ap).

DITCH  
THE CABLES, WITH FREE  
NOT YOUR  
CLASSES WIRELESS  
UPGRADE.

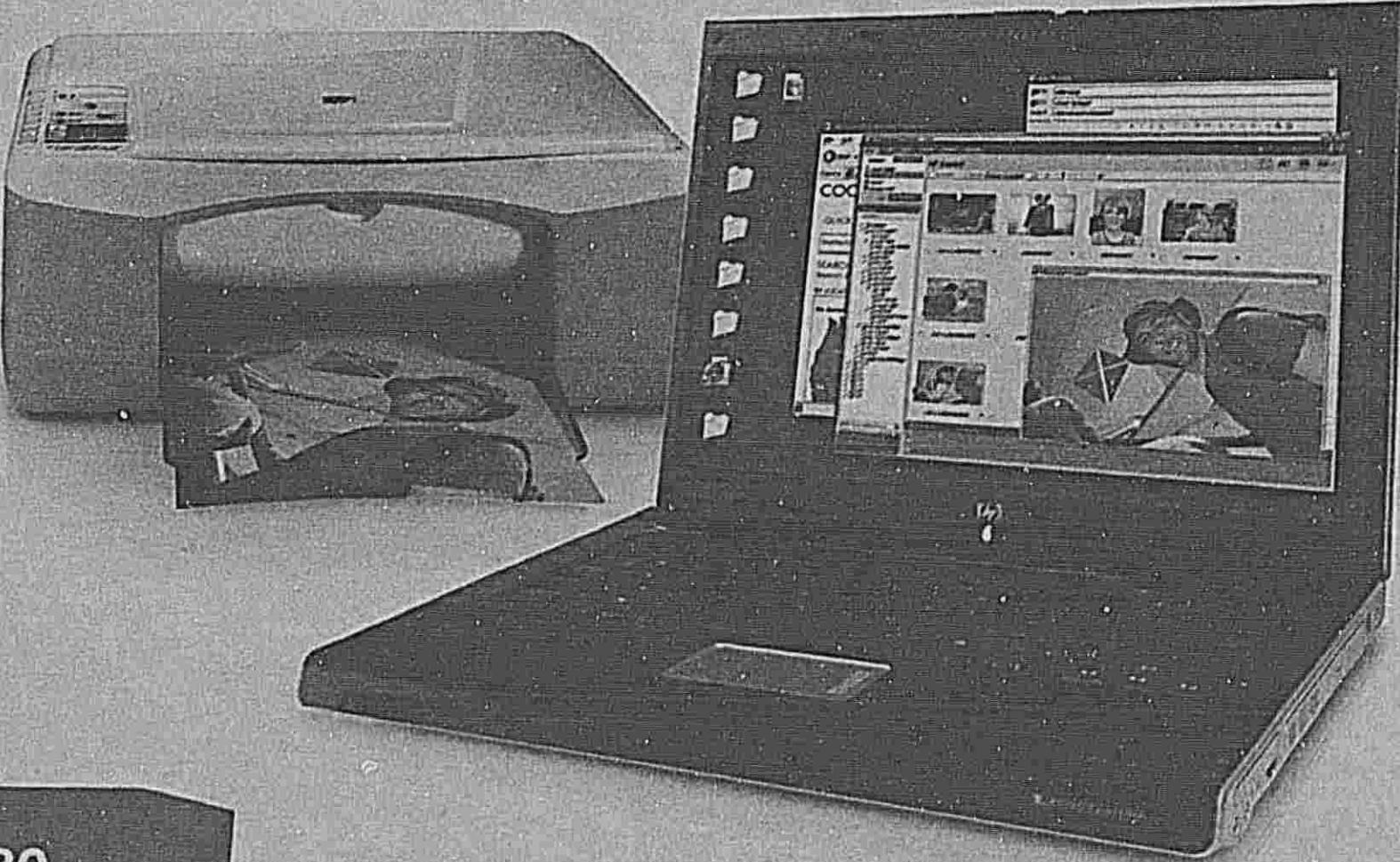
HP recommends Windows XP Professional

Up to 12 months no interest,  
no payments.<sup>2</sup>

THE  
IS COMPUTER  
PERSONAL  
AGAIN.



i n v e n t



**Includes free HP DJ F380  
All-in-One printer,<sup>3</sup> wireless  
upgrade<sup>4</sup> and free shipping.<sup>5</sup>**

Double your hard drive space, burn DVDs  
and get Windows<sup>®</sup> XP Pro for \$134 more.  
Upgrade to the HP Photosmart C3180  
All-in-One printer for just \$20 more.

Starting price: \$809.99  
- \$100 instant savings<sup>4</sup>  
- \$50 computer mail-in rebate<sup>4</sup>  
- \$80 printer mail-in rebate<sup>4</sup>

**\$579<sup>99</sup>**

After rebates and  
instant savings<sup>4</sup>

**The HP Pavilion dv5000z Notebook with  
Mobile AMD Sempron<sup>™</sup> Processor 3100<sup>10</sup> and  
genuine Windows<sup>®</sup> XP Home Edition, with free  
upgrades to a 15.4" BrightView widescreen  
display, 512MB of memory, a 40GB hard  
drive<sup>6</sup> and a CD burner/DVD combo drive.**



Special back-to-school savings end 8/19/06.

Call 1-800-525-MYHP, click [hpshopping.com/ap](http://hpshopping.com/ap) or visit your local retailer.



invent

FITS  
GREAT IN  
TIGHT PLACES.  
DORM ROOMS FOR EXAMPLE.

**The HP Pavilion Slimline s7500e**

with Mobile AMD Sempron™ Processor 3100+, genuine Windows® XP Home Edition, 512MB of memory, 80GB hard drive<sup>4</sup>, 9-in-1 card reader and a DVD drive. Keyboard and mouse included.

Starting price: \$909.99

- \$230 instant savings<sup>7</sup>
- \$50 computer mail-in rebate<sup>7</sup>
- \$50 monitor mail-in rebate<sup>7</sup>
- \$80 printer mail-in rebate<sup>7</sup>

**\$499.99**

After rebates and instant savings<sup>7</sup>

**Includes free 15" flat panel upgrade,<sup>7</sup> an HP DJ F380 All-in-One printer,<sup>3</sup> Microsoft® Works Suite<sup>7</sup> and free shipping.<sup>5</sup>**

Burn CDs and watch DVDs, double your hard drive space and get a 17" flat panel for an additional \$100. Upgrade to the HP Photosmart C3180 All-in-One printer for just \$20 more.



Special back-to-school savings end 8/19/06.

Call 1-800-525-MYHP, click [hpshopping.com/ap](http://hpshopping.com/ap) or visit your local retailer.

\*Prices shown refer to HP Home and Home Office selling prices. Retail prices and availability may vary. All prices are shown in U.S. dollars, do not include applicable sales tax and shipping, are valid in the U.S. only and are subject to change or cancellation without notice. Illustrations may not accurately represent exact configurations priced. All screen shots and outputs simulated. HP shall not be liable for editorial, pictorial or typographical errors or omissions contained herein. <sup>12</sup> Months no interest, no payment offer: Offer valid on purchases of \$299 or more. 90 Days no interest, no payment offer: Offer valid on all purchases under \$299. Information for both offers: Same as cash offers on HP Home and Home Office Store credit card purchases. Subject to credit approval, other terms may apply. No finance charges if purchase is paid in full before the promotional expiration date indicated on your billing statement. If the purchase is not paid in full or Account APR is 22.4% as of 6/30/2006. Variable default monthly finance charges are assessed from the purchase date. Minimum finance charge \$1. Certain rules apply to the allocation of payments and finance charges on your promotional purchase if you make more than one purchase on your HP Home and Home Office Store credit card. Call 1-888-367-4310 or review your cardholder agreement for information. For accounts generated on or after 3/27/2001: Variable standard APR is 22.4% as of 6/30/2006. Variable APR is 19.2%. Offer valid 7/5-8/19/2006. For more information on rebates, please contact your authorized retailer or go online at [hpshopping.com](http://hpshopping.com). <sup>3</sup>While supplies last, HP reserves the right to substitute a printer of equal or greater value. Free HP Deskjet F380 All-in-One printer, after \$80 mail-in rebate good on purchases made between 8/06/2006 and 8/19/2006 of qualifying customized HP Pavilion notebook and desktop PCs. <sup>4</sup>For hard drives, GB = 1 billion bytes. Actual formatted capacity is less. Up to 12GB of hard drive is reserved for system recovery software. <sup>5</sup>Offer good on purchases made between 8/06/2006 and 8/19/2006 of qualifying customized HP Pavilion notebook and desktop PCs. <sup>6</sup>Free ground shipping offer valid in the U.S. only on select orders with purchase made between 8/06/2006 and 8/19/2006 of qualifying customized HP Pavilion notebook and desktop PCs. <sup>7</sup>For hard drives, GB = 1 billion bytes. Actual formatted capacity is less. Up to 12GB of hard drive is reserved for system recovery software. <sup>8</sup>Offer good on purchases made between 8/06/2006 and 8/19/2006 of select customizable HP Pavilion desktop PCs. <sup>9</sup>LightScribe creates a grayscale image similar to a black and white photograph. LightScribe media required and sold separately. Intended for your original content and other lawful uses. <sup>10</sup>This system requires a separately purchased 64-bit operating system and 64-bit software products to take advantage of the 64-bit processing capabilities of AMD Turion™ 64 X2 Processor. <sup>11</sup>Offer good on purchases made between 8/06/2006 and 8/19/2006 of select customizable HP Pavilion desktop PCs. <sup>12</sup>AMD's numbering is not a measurement of clock speed. Bluetooth is a trademark owned by its proprietor and used by Hewlett-Packard Company under license. Dual-Core processing available with AMD Turion X2 Mobile Technology is a recent technological innovation designed to improve performance of this system. Given the wide range of software applications available, performance of a system including a 64-bit operating system and a Dual-Core processor will vary. <sup>13</sup>AMD's numbering is not a measurement of clock speed. Bluetooth is a trademark owned by its proprietor and used by Hewlett-Packard Company under license. Microsoft and Windows are registered trademarks of Microsoft Corporation in the United States and/or other countries. AMD, the AMD Arrow logo, AMD Athlon, AMD Turion, AMD Sempron, AMD LIVE! and combinations thereof are trademarks of Advanced Micro Devices, Inc. ©2006 Hewlett-Packard Development Company, L.P. The information contained herein is subject to change without notice.

HP recommends Windows® XP Professional



**The HP Pavilion a1550e**  
with AMD Athlon™ 64 X2 Dual-Core Processor 3800+<sup>10</sup>, genuine Windows® XP Media Center Edition 2005, 80GB hard drive<sup>6</sup>, 512MB of memory, CD burner/DVD combo drive. Keyboard and mouse included.

Starting price: \$1,159.99  
-\$230 instant savings<sup>7</sup>  
-\$100 computer mail-in rebate<sup>7</sup>  
-\$50 monitor mail-in rebate<sup>7</sup>  
-\$80 printer mail-in rebate<sup>7</sup>

**\$699.99**

After rebates and instant savings<sup>7</sup>

**Includes free 19" flat panel upgrade,<sup>7</sup> an HP DJ F380 All-in-One printer<sup>3</sup> and free shipping.<sup>5</sup>**

Double your memory, double your hard drive space and burn DVDs with LightScribe<sup>8</sup> super multi-drive capability for \$150 more.

Upgrade to the HP Photosmart C3180 All-in-One printer for just \$20 more



**19" FLAT PANEL UPGRADES  
AT STUDENT PRICES.  
LIKE FREE.**

After mail-in rebates<sup>7</sup>



Check out the  
**AMD LIVE!**™ system  
at [hpshopping.com](http://hpshopping.com), and  
take your digital media  
and entertainment  
to the next level.

Backed by HP Total Care, for every stage of your computer's life.

A COMPUTER WITH A  
WEB CAM,  
MICROPHONE  
AND PRINTER.

THE PARENT  
COMMUNI-  
CATION KIT  
IS HERE.

AMD

Turion<sup>64</sup> X2  
MOBILE TECHNOLOGY

Includes free 1GB of memory  
upgrade, integrated Web  
cam and microphone, free  
HP DJ F380 All-in-One printer<sup>3</sup>  
and free shipping.<sup>5</sup>

Upgrade to Windows<sup>®</sup> XP Pro, burn DVDs  
with LightScribe<sup>®</sup> and get 100GB of hard  
drive space for \$184 more. Upgrade to  
the HP Photosmart C3180 All-in-One  
printer for just \$20 more.

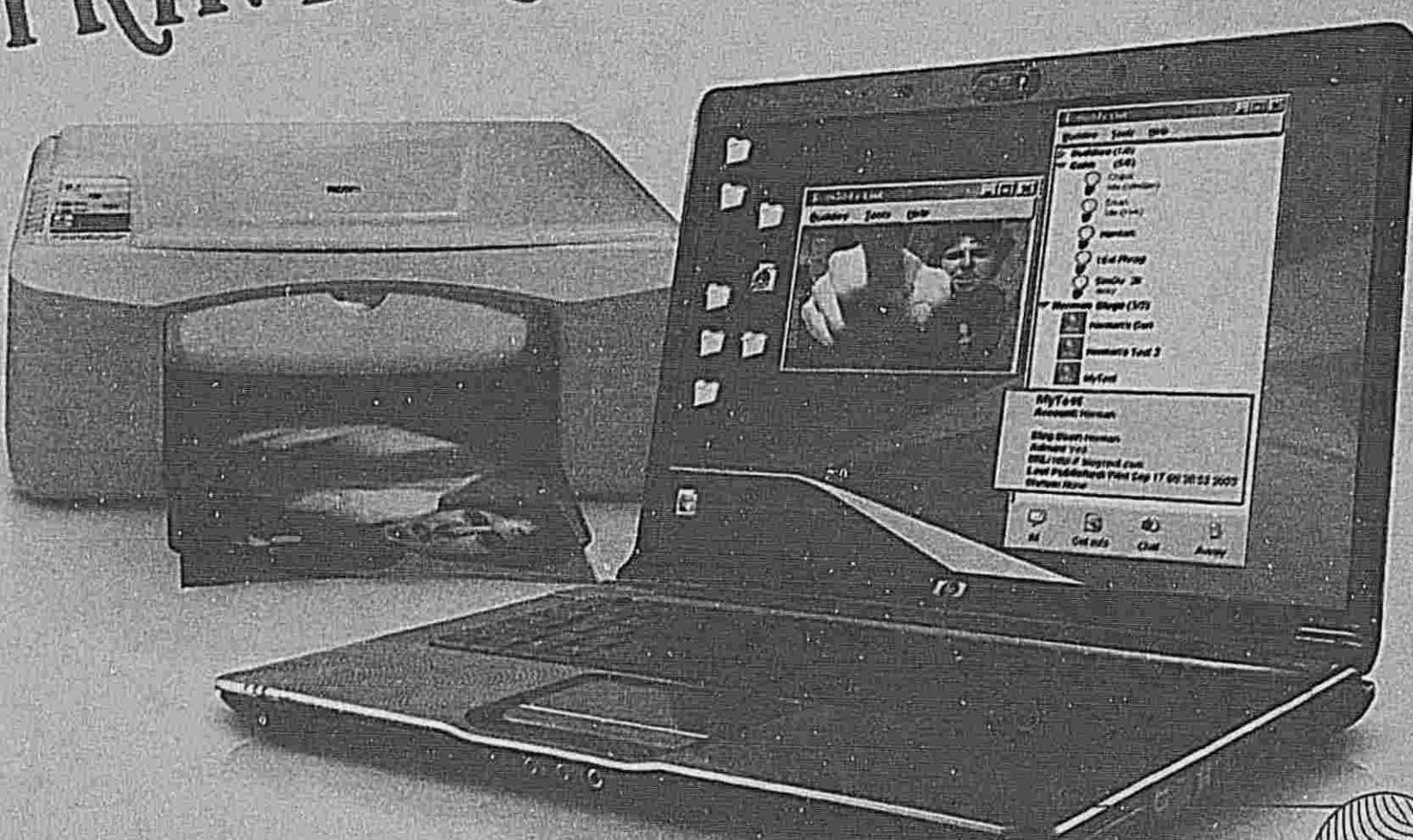
Starting price: \$1,159.99  
- \$100 instant savings<sup>4</sup>  
- \$50 computer mail-in rebate<sup>4</sup>  
- \$80 printer mail-in rebate<sup>4</sup>

\$929.99

After rebates and  
instant savings<sup>4</sup>

HP recommends Windows<sup>®</sup> XP Professional

THE  
COMPUTER  
IS PERSONAL  
AGAIN.



The HP Pavilion dv6000z Notebook  
driven by the AMD Turion<sup>™</sup> 64 X2 Mobile  
Technology TL-50<sup>9,10</sup> and genuine Windows<sup>®</sup>  
XP Home Edition, with free upgrades to an  
80GB hard drive<sup>6</sup>, 1GB of memory, a 15.4"  
BrightView widescreen display and a  
CD burner/DVD combo drive, all with a  
new and unique high-gloss finish.



i n v e n t

Special back-to-school savings end 8/19/06.

Call 1-800-525-MYHP, click [hpshopping.com/ap](http://hpshopping.com/ap) or visit your local retailer.

## Our Picks

Read more Our Picks online at [www.americanprofile.com](http://www.americanprofile.com)

### The Wild Wild West (The Complete First Season)

Paramount, DVD

In the mid-1960s, TV espionage was all the rage when CBS launched *The Wild Wild West* and sent two suave U.S. special agents (Robert Conrad and Ross Martin) shuttling across the

American frontier circa 1870 in a lush, gizmo-equipped train car. Their mission: to stamp out inventively diabolical plots stirring the era's bubbling "pot of trouble," as President Ulysses S. Grant intones gravely in the premier episode, putting the show's four-year premise into play in 1965. This seven-disc DVD set, covering all 28 episodes of the first season, is a deliciously retro, family-friendly romp with one of TV's all-time coolest spy shows.



### Uncover a T.Rex

By Dennis Schatz  
Silver Dolphin

Kids and grown-ups alike will love digging into this unique, 3-D book that takes you inside—literally—one of the most terrifying creatures of all time.

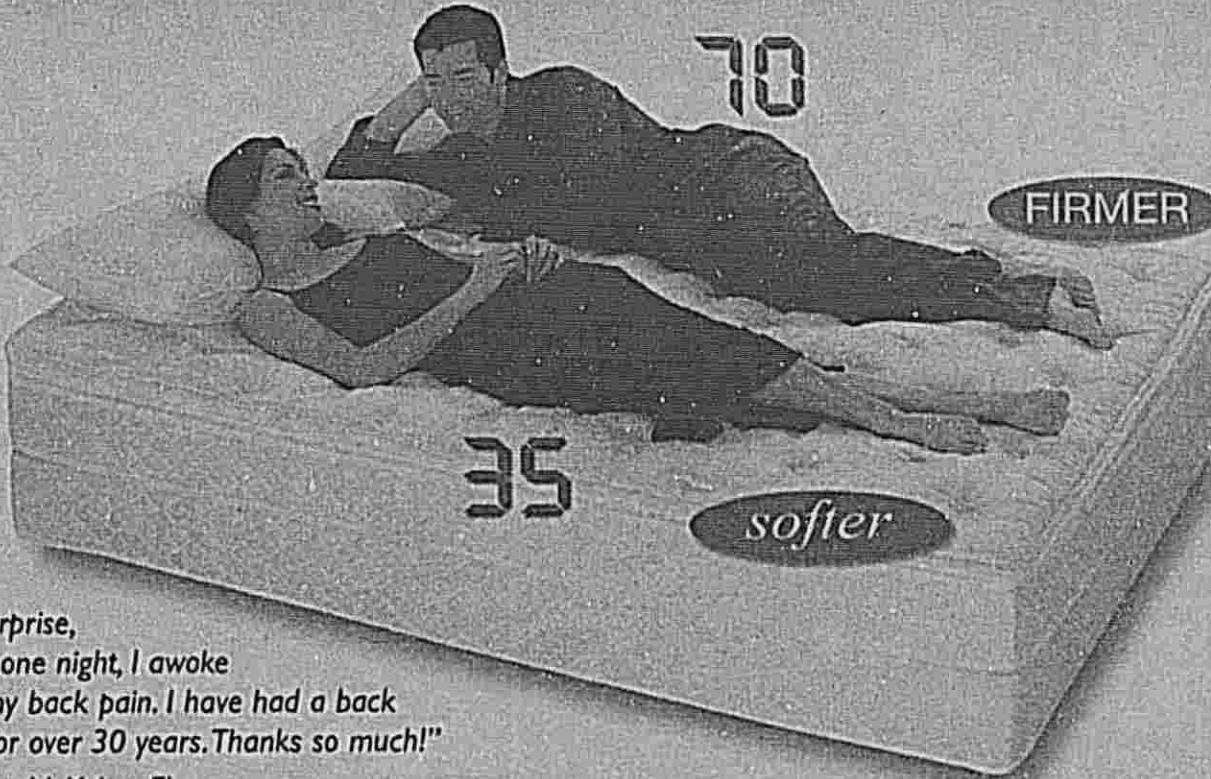


Colorful illustrations and page-by-page, flip-over "layers" of detailed plastic models reveal the Tyrannosaurus rex's likely skeletal, cardiovascular, pulmonary, digestive, reproductive, nervous, muscular and dermal (skin) systems. You'll also learn how fast the king of beasts ran, what its tiny arms were for, where on Earth it lived and how scientists use limited fossil data to painstakingly create a clearer picture of a prodigious predator that will always be the stuff of our nightmares—and fascination.

To order *The Wild Wild West* for \$55.98 (INCL S/H) or *Uncover a T.Rex* for \$24.90 (INCL S/H), visit [www.americanprofile.com/store](http://www.americanprofile.com/store) or please have your credit card ready and call (800) 715-6248, or send check to Our Picks—Dept. AP, P.O. Box 340, Harrison, AR 72602.

Residents of CA, TN, IL, AR and NY add sales tax. NSF checks will be automatically debited for the amount of the check plus applicable fees. Offer is limited and expires 10/6/05. Please allow 2-4 weeks for delivery.

# The Bed Loved By Sore Achy Backs



"To my surprise, after only one night, I awoke without any back pain. I have had a back problem for over 30 years. Thanks so much!"

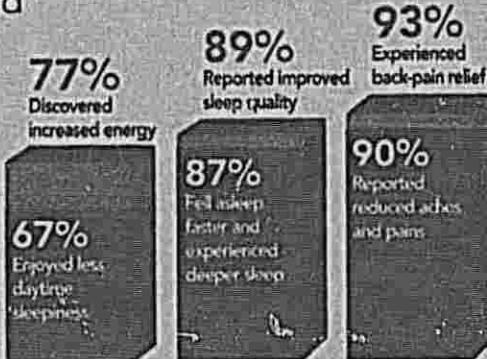
—Jackalyn H., Yulee, FL

### YOU CUSTOMIZE THE FIRMNESS

The Sleep Number Bed by Select Comfort™ is unlike any other. It's the bed you adjust to your exact comfort and firmness preference, your SLEEP NUMBER®. Our easy-to-use handheld remote and advanced air-chamber technology allow you to quickly adjust the firmness on your side of the bed. At the simple touch of a button, YOU can change the firmness from extra firm to feather soft.

### CLINICALLY PROVEN

It's the bed clinically proven to relieve back pain and improve sleep quality.\*



### EACH SIDE OF THE BED ADJUSTS INDEPENDENTLY

On a Sleep Number® bed, each of you can adjust the comfort and firmness to your exact preference—your Sleep Number®. Once you find your Sleep Number®, you can fall asleep faster, enjoy deeper sleep and wake up more refreshed.

### GREAT VALUE

The Sleep Number® bed costs about the same as an innerspring mattress, yet it lasts twice as long. And each Sleep Number® bed comes with a Risk-Free™ 30-Night In-Home Trial.



Call Now! **1-800-831-1211** ext. 36360

**YES!** Please rush me a  
FREE Brochure and Video  
on  DVD or  VHS tape  
(choose one)



Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

ext. 36360

select comfort

CREATOR OF THE SLEEP NUMBER BED

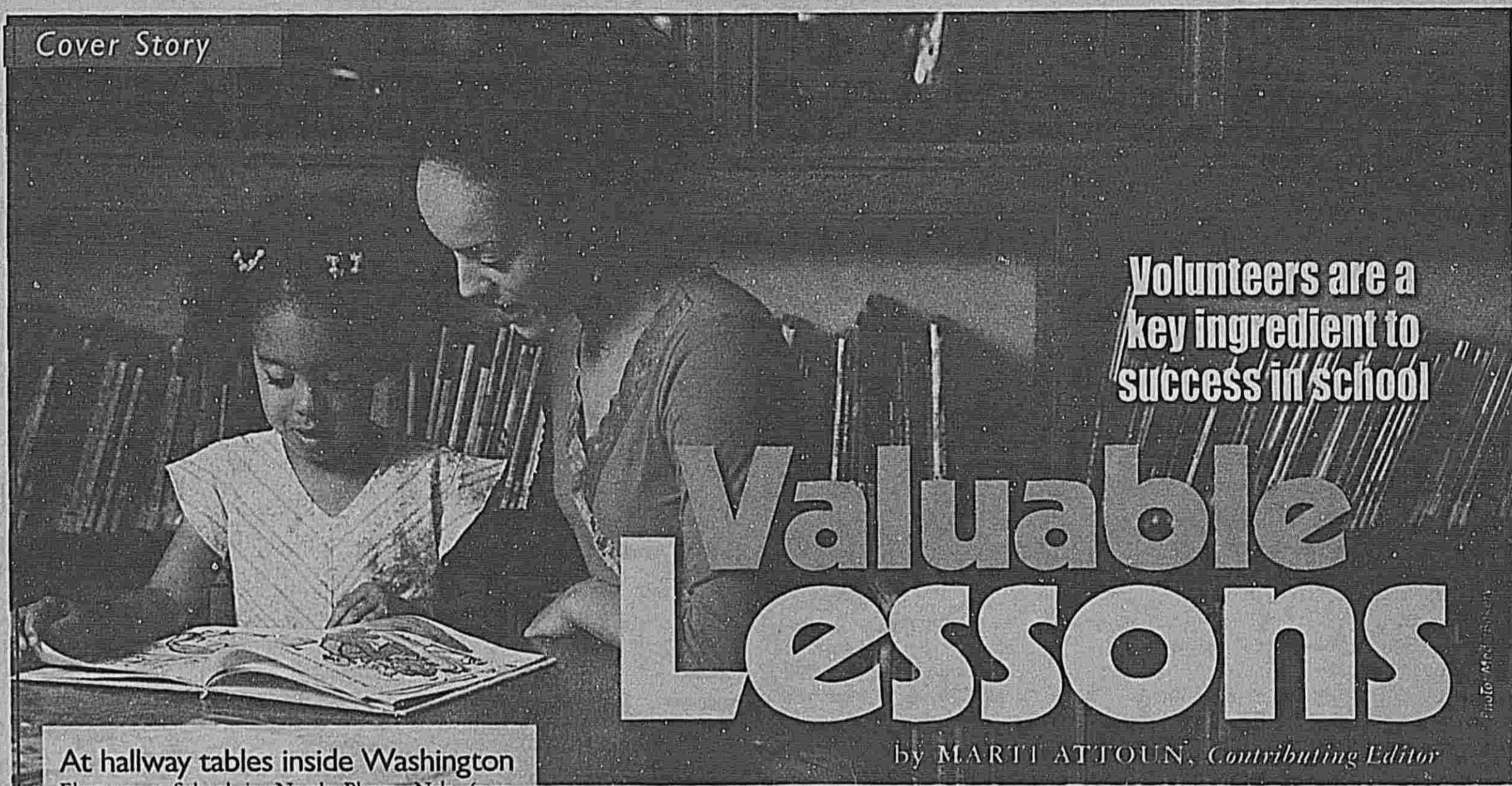
Mail to: Select Comfort Direct, 6105 Trenton Lane North, Minneapolis, MN 55442

THE  
SLEEP NUMBER  
BED

select comfort

\*For a summary of independent clinical studies and their results, call 1-800-831-1211.  
\*\*Excludes return shipping fee. No returns or exchanges on the Precision Comfort® Adjustable Foundation, SofaBed™ system, downburst or demo bed models. ©2004 Select Comfort Direct.

Cover Story



Volunteers are a key ingredient to success in school

# Valuable Lessons

by MARTI ATTOUN, Contributing Editor

## At hallway tables inside Washington

Elementary School in North Platte, Neb. (pop. 23,878), volunteer Amanda Epley, 28, helps second-grader Cassy Easley with spelling words while Milo Shavlik, 81, cuts and glues a food pyramid with Kyle Jensen, 8. Nearby, volunteer Anna Parks bundles box tops and soup-can labels to redeem for school supplies and equipment.

About a dozen volunteers show up at the school each day to help wherever they are needed: tutoring students, setting up science experiments, combing down cowlicks for school pictures and bagging popcorn for class celebrations.

While some of the work of the parents, grandparents and other adult volunteers involves physical labor—such as applying a fresh coat of paint to the teachers' lounge—their most important gift is guiding and encouraging individual students who are struggling with reading, writing and arithmetic.

## Significant Adults

Research shows a direct link between parental involvement and a student's success in school.

"Family structures and lifestyles are different today," National PTA President Anna Weselak says, "but the significant adult in the child's life should be involved at school."

Weselak suggests that even the busiest parent can find three or four hours a year to get involved in his child's school activities, in addition to being involved in education at home by reading to his child and checking his homework.

To get involved, contact your local school district or parent-teacher organization. Visit [www.ptacentral.org](http://www.ptacentral.org) for more information.



Volunteer tutors help students with their studies at Washington Elementary School in North Platte, Neb.

For students like Cassy, the extra attention and tutoring makes a world of difference.

"Her vocabulary has improved and her reading level has gone up," says second-grade teacher Julie Kinman. "She has a feeling of pride because she can see the volunteer's pride."

Shae Aston, 34, a single mother of one, says everyone benefits when parents and grandparents devote a couple of hours each week to school. The volunteers help students with their studies and busy teachers with their classrooms while demonstrating to their own children and grandchildren a valuable lesson: School is important.

"Kids aim to please," says Aston, president of the North Platte PTA Council. "They see their parents there and it makes a difference. When my son Tanner knows I'm at school, he swells with pride."

The oldest volunteer on campus, Zada Price, 87, walks three blocks to Washington Elementary each

morning, as dependable as the school bell, to share her lifelong love of teaching.

"I got a little desk when I was 6, and teaching is all I ever wanted to do," says the former schoolteacher.

Price says the only drawback to being a volunteer tutor is when students no longer need her help. "As soon as my kids improve, I don't get to work with them anymore."

## A blooming success

Across America, in elementary schools through high schools, parents and grandparents man book fairs and school carnivals, chaperone band trips to parades, staff concession stands at ballgames and stitch costumes for plays.

They plant tulips and tomatoes in Loveland, Ohio, built a covered walkway in Lutz, Fla., and raised \$25,000 for a new playground at a country school near Orland, Calif.



Roberta Paolo shares her passion for gardening at Loveland (Ohio) Primary and Elementary Schools.

At Loveland Primary and Elementary Schools in Loveland, Ohio (pop. 11,677), five dozen volunteers pitch in year-round with Granny's Garden School, which began as one grandma's project to share her passion for gardening and has blossomed into a community treasure.

"My grandkids grew up in my garden and I saw the power of having flowers to pick," says Roberta Paolo, 59. In 2002, Paolo asked permission to perk up her grandchildren's schoolyard with some perennials. The enthusiasm of the kids who helped her dig and plant inspired teachers to create four classroom gardens the first year.

Now, each spring, students in first through fourth grades plant 55 individual classroom gardens, each 10 by 20 feet, from which they pick fresh flowers to accompany meals for the homebound and vegetables and herbs for classroom salads and soups. In May, students invite the town to a garden party where they sell plants and crafts and show off their blooming handiwork.

"This is such a worthwhile use of my time," says Jane Gonzales, mother of Andrew, 9, and Alex, 12, who helps tend three classroom gardens. "It's marvelous to see the kids so enthused. They'll eat fresh peas and broccoli right out of the garden."

Gonzales was so impressed by the health and educational benefits that children reap from the gardens that she spearheaded the creation of a nature trail in 2004 through woods behind the school.

"This is a way to be involved in my kids' education and to give back to the community."

### Dads, too!

Traditionally, mothers are the chief cupcake bakers and classroom helpers but, at Denham Oaks Elementary School in Lutz, Fla. (pop. 17,081), fathers' efforts are quite visible in an 80-foot-long covered walkway where children are sheltered from rain and sun while they wait for rides home.

"I was looking for a way for the dads to get more involved with their kids at school," says Ricky Spencer, 40, who organized the Dragon Dads Club seven years ago. "All of us work, so we'll do things at night or on a Saturday morning."

The group of 40 fathers raised \$16,000, mainly from a golf tournament, to build the aluminum walkway. Teachers e-mail them requests such as a bookshelf that needs assembling. The dads weeded the school courtyard and built a 12-foot-by-16-foot movie screen so they can host "movie nights under the stars" on the school grounds. Families bring lawn chairs

*(Continued on page 13)*

Devoted dads built an 80-foot covered walkway at Denham Oaks Elementary School in Lutz, Fla.

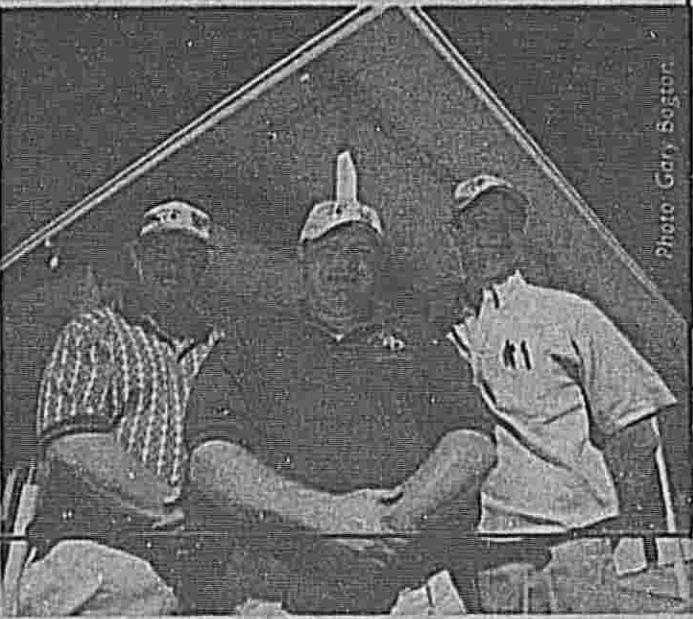
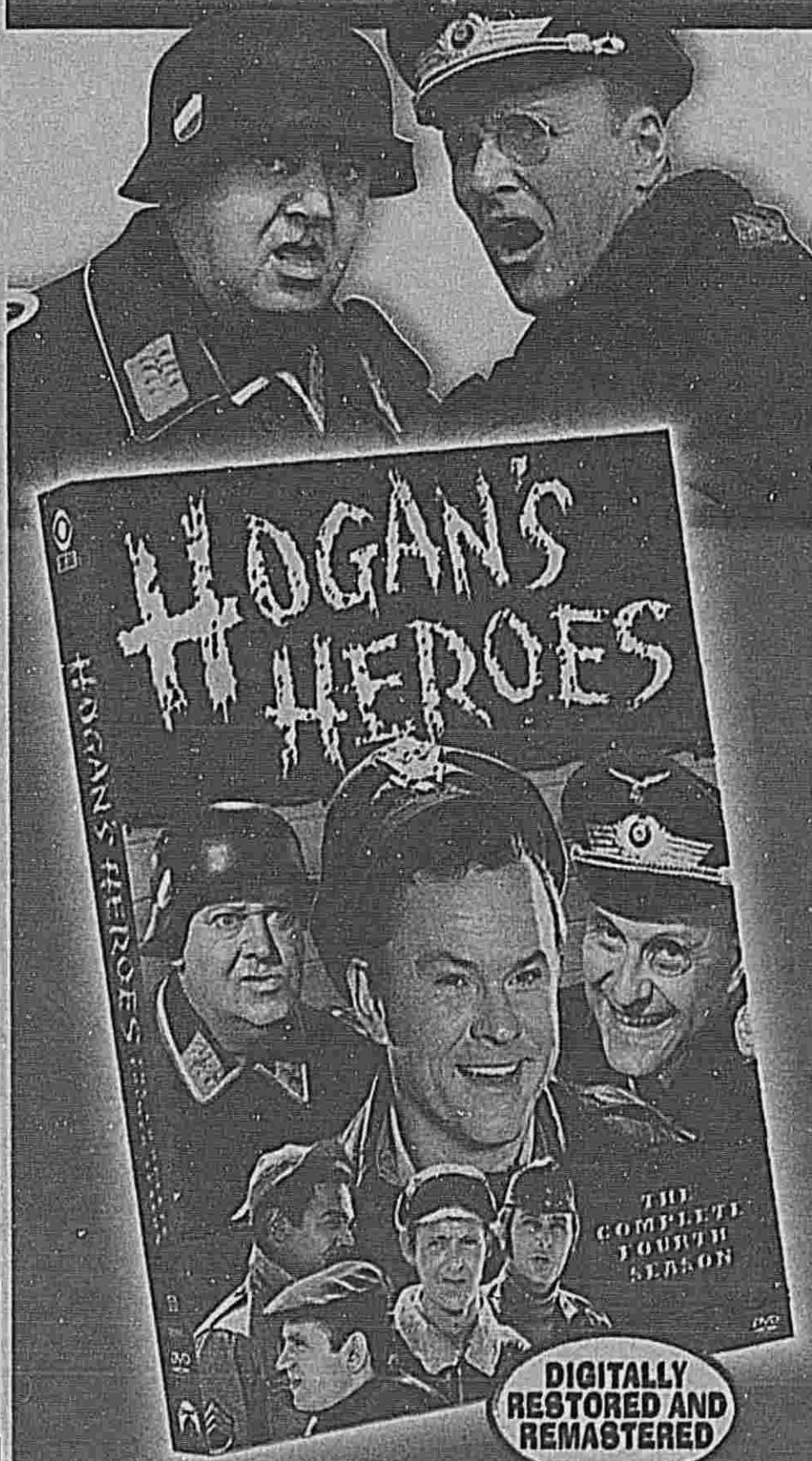


Photo: Gary Bostrom

# NUSSING MISSING!



On DVD  
August 15th

[www.paramount.com/concertainment](http://www.paramount.com/concertertainment)



Backed by HP Total Care, for every stage of your computer's life.



AUG. 13-  
SEPT. 3

## Happenings

### ILLINOIS

Jersey County Victorian Festival—Jerseyville, Sept. 2-4. A Civil War re-enactment, agricultural displays, historical demonstrations, antiques, arts & crafts, music and tours of the 1866 Fulkerson Mansion highlight this event. (618) 498-5590.

### INDIANA

Shaw-Pope John Community Festival—Madison, Aug. 25-26. Delight in midway rides, a car raffle, spaghetti and pork barbecue dinners, and games for all ages on the Shaw-Pope John School grounds. (812) 273-5835.

### IOWA

Cedar Valley Engine Club Show—Charles City, Sept. 2-4. The oldest steam engine west of the Mississippi River, a display and demonstrations of antique farm equipment, and a parade highlight this threshers' reunion. (641) 982-4298.

### KANSAS

Watermelon Festival—Potwin, Aug. 19. Celebrate summer with a parade, arts & crafts, horseshoe and softball tournaments, a street dance, children's games, raffles, a chicken noodle supper and watermelon. (620) 752-3575.

### MICHIGAN

Old Engine Show—Buckley, Aug. 17-20. View more than 700 working antique gas and steam tractors, vintage cars and trucks, and a 1923 steam locomotive that carries passengers around a one-mile track at the show grounds. (231) 269-3669.

### MINNESOTA

Potato Days—Barnesville, Aug. 25-26. Enjoy potato picking and peeling contests, a classic car show, street fair, potato scramble, wagon rides, card game tournaments, potato soup and pancakes. (800) 525-4901.

### MISSOURI

Missouri River Festival of the Arts—Boonville, Aug. 25-27. Enjoy performances by David Halen and other musicians, a chamber orchestra and children's puppet show at Thespian Hall. (888) 588-1477.

### NEBRASKA

Oregon Trail Rodeo—Hastings, Sept. 1-3. Watch cowboys and cowgirls compete during this professional rodeo, also featuring a barbecue, pageant and entertainment by the West Wind band at the Adams County Fairgrounds. (888) 462-3247.

### NORTH DAKOTA

State Good Sam Samboree—Williston, Aug. 23-27. Celebrate the bicentennial of the return of the Corps of Discovery with tours of sites visited by Meriwether Lewis and William Clark, seminars and games on the Williston State College campus. (701) 320-6550.

### OHIO

Great Geauga County Fair—Burton, Aug. 31-Sept. 4. Enjoy a working maple sugar house, clowns, hot air balloons, a petting farm, carnival rides and games, band concerts and children's fishing during this 183rd event. (440) 834-1846.

### SOUTH DAKOTA

Lewis and Clark Gathering—Gann Valley, Aug. 27. Visit with Meriwether Lewis and William Clark re-enactors and descendant Bud Clark, purchase a commemorative postal cancellation and enjoy a potluck supper at the fire hall. (605) 293-3473.

### WISCONSIN

Musky Jamboree—Boulder Junction, Aug. 11-13. Delight in a street party, fireworks, a parade, children's activities, an antique car show, arts & crafts, and a fun run in the self-proclaimed 'Musky Capital of the World.' (715) 385-2400.

Submit Happenings to: [www.americanprofile.com/happenings](http://www.americanprofile.com/happenings) or Happenings, 341 Cool Springs Blvd., Ste. 400, Franklin, TN 37067

Submissions must be received four months prior to the event

# Own the Magic Barbara Mandrell

Enjoy 23 chart-busting hits from this world-class entertainer and country music star!

### In this powerhouse compilation YOU GET:

Sleeping Single In A Double Bed, Standing Room Only (If Loving You Is Wrong) I Don't Want To Be Right, Years, I Was Country When Country Wasn't Cool, The Best of Strangers, Crackers, Woman To Woman, One Of A Kind Fair Of Fools, Fast Lanes And Country Roads, Darlin, and many more!

Contains tracks  
not available  
on any  
other album!

### Order Today 3 Easy Ways!

1. Online: [www.americanprofile.com/store](http://www.americanprofile.com/store)
2. Mail: Send coupon and check/money order for \$24.45 (\$18.95 + \$5.50 s/h) to: Barbara Mandrell Offer, Dept. AP, P.O. Box 340, Harrison, AR 72601
3. Call: (800) 715-6248

Please have your credit card ready.

The Hits You  
Remember!

DON'T MISS THIS SPECIAL OFFER!



YES! I want to own The Best of Barbara Mandrell! Please send it TODAY—  
for only \$24.45 (\$18.95 + \$5.50 s/h)



Name \_\_\_\_\_

Address \_\_\_\_\_

Place Address \_\_\_\_\_

City \_\_\_\_\_

Label Here \_\_\_\_\_

State \_\_\_\_\_

Zip \_\_\_\_\_

Phone ( ) \_\_\_\_\_

Residents of CA, TN, IL, AR and NY add sales tax. NSF checks will be automatically debited for the amount of the check plus applicable fees. Offer is limited and expires 10/6/06. Please allow 2-4 weeks for delivery.

(Continued from page 11)

and blankets, grill burgers and hot dogs, and enjoy watching a movie together.

A favorite yearly event is "Dad's Day on Campus," when the men arrive as a group and spend the day working on school projects and eating lunch with the students.

"It's nice to see how your kid reacts when you're there and how he's perceived by the other kids and teachers," says Spencer, the father of Ryan, 12, and Connor, 9. "It gives you some perspective."

### Caring in the country

Volunteering goes hand in hand with neighborliness at Capay Elementary School near Orland, Calif. (pop. 6,281), a country school nestled among dairy farms and prune and almond orchards. The single-school district, which has 137 students in kindergarten through eighth grade, is the heartbeat of the community.

"We don't have a lot of families and most of the parents get involved with volunteering at the school or Little League or 4-H or the fire department," says Julie Breault, PTO president and mother of Jack, 8, and Sam, 11.

Volunteers built ball fields on the school grounds, installed an underground sprinkler system for the lawn, and sold enough cookies and spaghetti dinners to buy new swings and slides for the playground.

"Parents do what they can, when they can," Breault says. ▶

### Rate This Story

How did you like this story? Log on to [www.americanprofile.com/rate](http://www.americanprofile.com/rate)

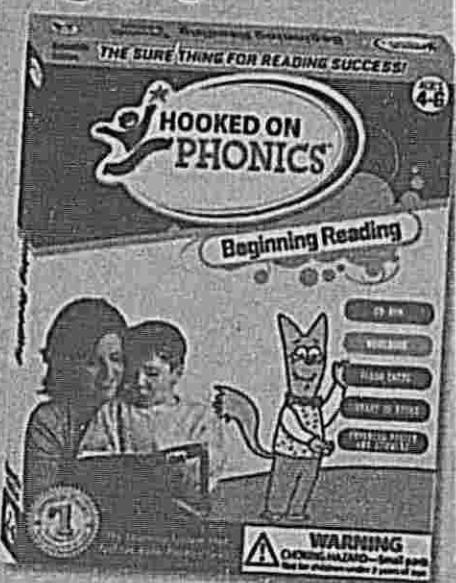
Special CD & Book Offer:

### Change a Life!

The award-winning experts at **Hooked on Phonics** will help you become more involved in your child or grandchild's education, and will introduce kids to critical reading skills. Each package includes a CD-ROM, workbook/chapter book, progress poster, stickers and more. Choose from the following Hooked on Phonics Essentials Editions:

- ✓ **Prereading – Ages 3-5**
- ✓ **Beginning Reading – Ages 4-6**
- ✓ **Advanced Reading – Ages 7-8**

To order **Hooked on Phonics** for ONLY \$24.99 + delivery, please have your credit card ready and call (800) 715-6248 or visit [www.americanprofile.com/store](http://www.americanprofile.com/store) or send check for \$30.94 to Hooked on Phonics – Dept AP, P.O. Box 340, Harrison, AR 72602. NOTE: Please note the age of your child.



CA, TN, IL, AR, NY residents add state sales tax. NSF checks automatically debited for amount of check plus applicable fees. Offer expires 10/6/06. Please allow 2-4 weeks for delivery.



Parents serve spaghetti dinners to purchase new playground equipment (above) for Capay Elementary School near Orland, Calif.



Photo: Jacques Belk

THE AMERICAN HISTORIC SOCIETY ANNOUNCES A SPECIAL RELEASE

**FREE**

(\*Pay just for processing and handling.)

**America's First Genuine U.S.  
24K GOLD LAYERED**

**LEWIS & CLARK  
Mint Mark Nickel Collection**

In commemoration of the Louisiana Purchase and the Lewis and Clark expedition, the U.S. Mint has issued the first new nickels in 67 years. The Mint began the Westward Journey Nickel Series™ in 2004 with the release of the Peace Medal and Keelboat nickels. In 2005, a contemporary image of President Jefferson appears on the nickel, along with two new reverse designs that recognize the American Indians and wildlife encountered by Lewis and Clark. Now, this historic 6-coin mint mark collection is yours to own and collect. Each magnificent coin gleams with a lavish layer of pure 24K Gold which protects the coins and enhances their collectibility. With a limited number of the remaining brilliant, uncirculated nickels available for gold-layering, collectors have just a one-in-a-thousand opportunity to own this historic set. These new nickels are already extremely popular—call today!



2004 P-Mint Jefferson Nickel 2004 P-Mint Jefferson Nickel 2005 P-Mint Jefferson Nickel



2004 Louisiana Purchase Reverse 2004 Keelboat Reverse 2005 American Bison Reverse



2004 D-Mint Jefferson Nickel 2004 D-Mint Jefferson Nickel 2005 D-Mint Jefferson Nickel

**IN BRILLIANT, UNCIRCULATED CONDITION**

**To Receive Yours Call Toll-Free  
1-800-748-5109**

\*Pay just \$4.95 per set to cover processing and handling.

This limited time offer is only available by phone.

©2006 National Consumer Marketing, 580 South Research Place, Central Islip, NY 11722. BLN0-CU

THE  
American  
HISTORIC  
SOCIETY



Visit our website for more great free offers! [WWW.AHS.COM](http://WWW.AHS.COM)

## Odd Jobs

by ALAN M. PETRILLO

# Chasing the Perfect Storm

When a massive lightning storm welled up over Tucson, Ariz., in the summer of 1988, Warren Faidley grabbed his cameras and headed toward the action.

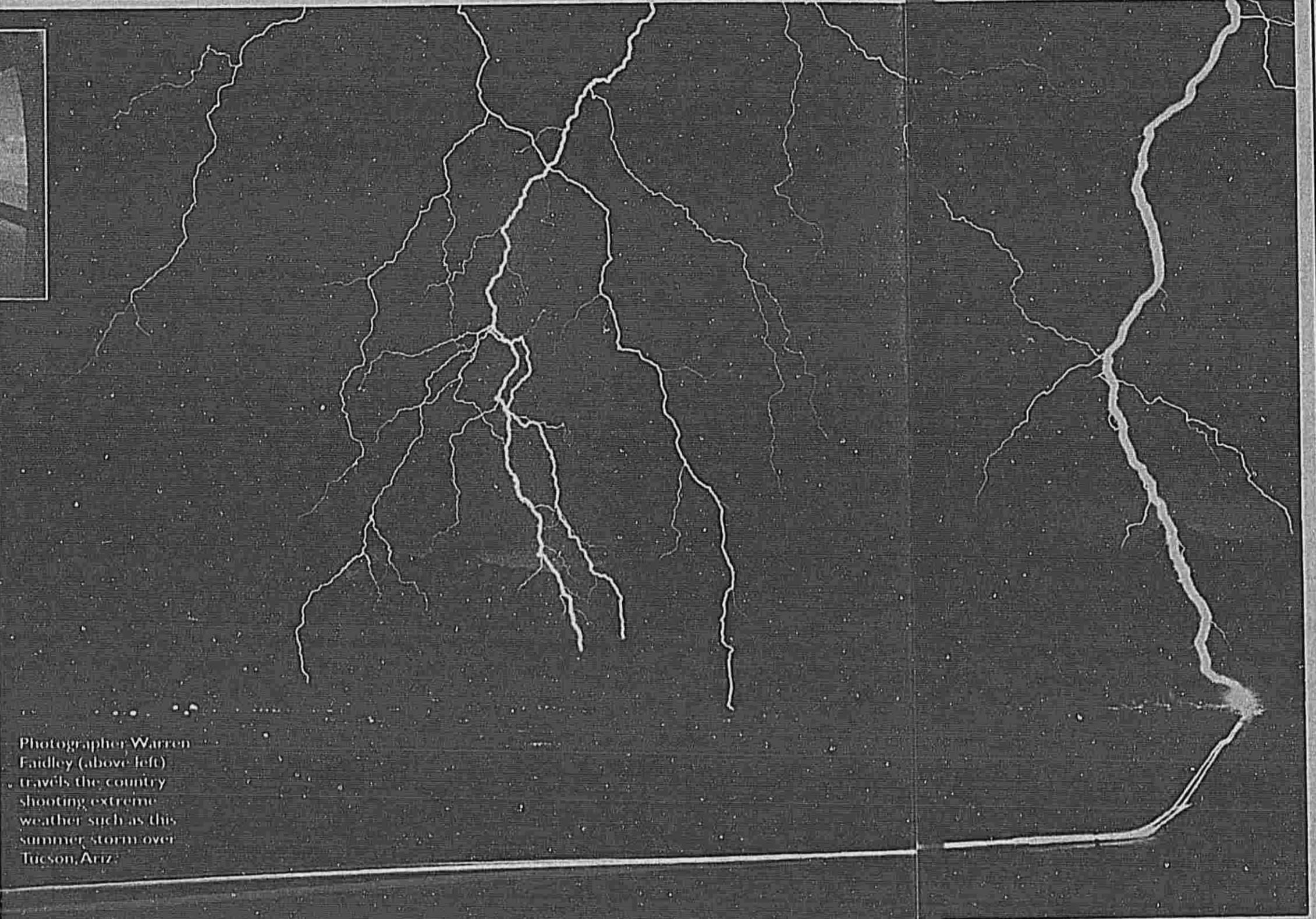
A professional photographer specializing in weather-related pictures, Faidley was in dire need of lightning shots. After setting up his equipment under a highway overpass, he snapped a photo at the perfect moment, capturing a quadruple-forked lightning bolt striking a power pole. At the same instant, one of the bolt's branches struck close by and electrified the overpass.

"As I got the shot, I also got jolted, like getting a painful jolt from a 110-volt live wire," he recalls. The spectacular photo was published in 1989 in *Life* magazine, which dubbed Faidley "The Storm Chaser," the first-known use of the moniker in print.

"After the photo ran in *Life*, things changed for me overnight," says Faidley, 48. "I had been shooting weddings to survive, but very quickly I had people calling me for weather shots and paying me \$700 a pop."

Hurricanes, lightning storms and tornadoes all are fair game. "I've always had a fascination with bad weather," he says.

Today, chasing storms is part of the two businesses he runs. In addition to Weatherstock Inc., his stock photography and video library company, he oversees



Photographer Warren Faidley (above left) travels the country shooting extreme weather such as this summer storm over Tucson, Ariz.

Storm Risk Consulting Services, working with corporate clients such as DuPont (to develop storm shelters) and Sure Fire (to create emergency flashlights).

Born in Topeka, Kan., during tornado season, Faidley escaped his first funnel cloud at age 5. A few years later his family moved to Mobile, Ala., and then to Tucson when he was 12.

"I went from tornado alley to hurricane alley to lightning alley," says Faidley, who's authored several books including 1995's *Storm Chaser*. "When you're a kid experiencing storms, everything is so much bigger and grandiose. But as an adult, that kind of weather still has an appeal for me that's bigger than life."

In 1984, Faidley earned a degree in photojournalism from the University of Arizona in Tucson. After working as a photography stringer for several Tucson newspapers, he landed a job as a photojournalist at the daily *Tucson Citizen*. He worked there three years before venturing out on his own to form Weatherstock in 1989.

Although there are several hundred full-time "storm chasers" in the United States, Faidley estimates only "about 20 or 30 of the really hard-core chasers have been doing it since before *Twister*," referring to the 1996 action film for which he worked as a consultant.

Chasing storms is a seasonal occupation, so Faidley



A colorful thunderhead hangs over southern Arizona.

"drives the roads" in the central and northern Plains looking for tornadoes from May to June, heads to the Southwest in search of lightning strikes around July, and then pursues hurricanes until late October.

Jose Garcia, meteorologist-in-charge of the National Weather Service in Amarillo, Texas, says Faidley has been a valuable resource to alert Texas residents to dangerous weather.

"Several times Warren has called in firsthand tornado reports to us so we can warn people to get out of the path of storms," Garcia says. "He's sometimes our eyes and ears."

"Warren's extremely enthusiastic about severe weather," Garcia adds. "He's a very conscientious storm chaser. He plans out what he wants to do and is aware of the safety factors."

Of course, Faidley's passion for getting the perfect storm photograph sometimes puts him in dicey situations.

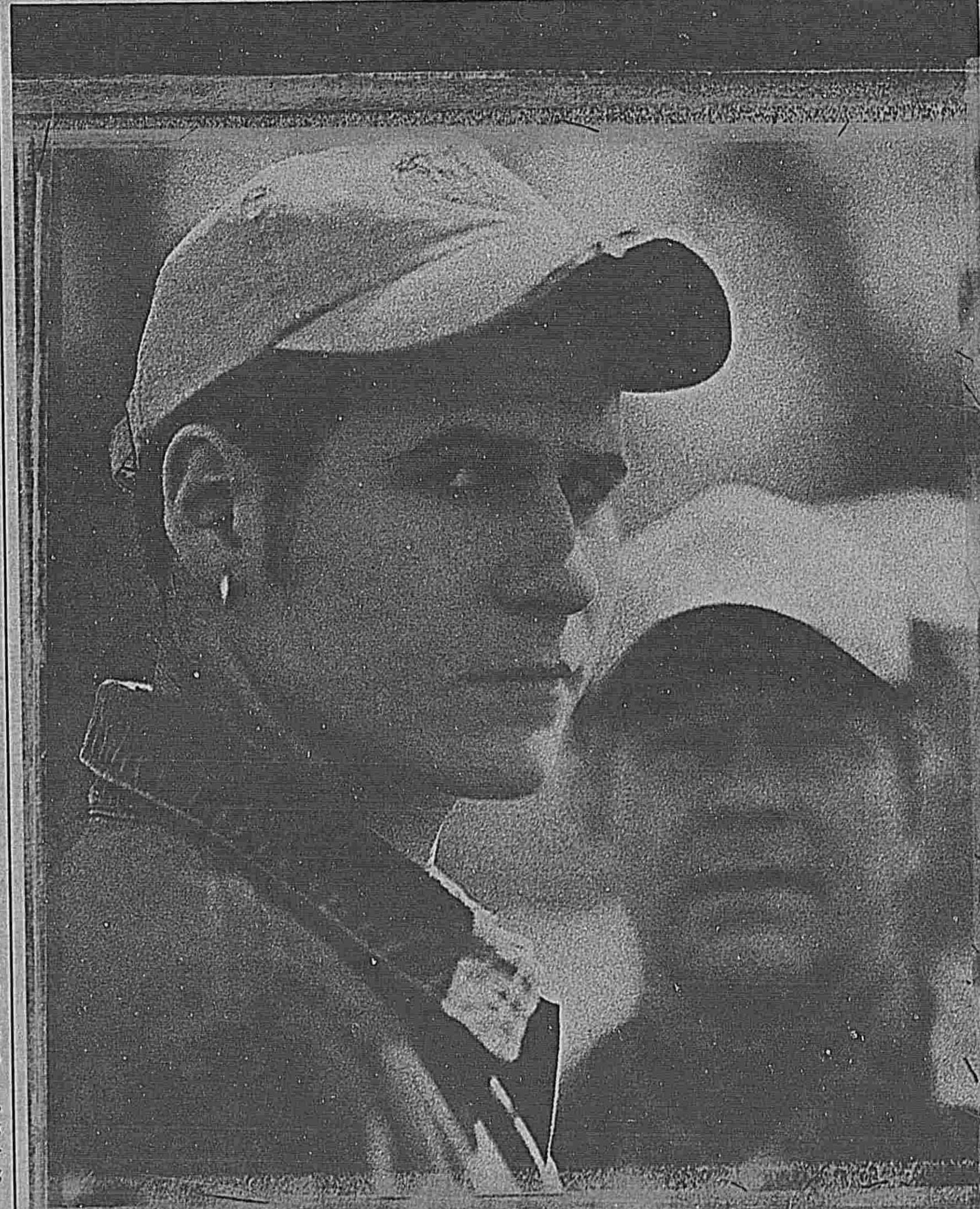
"When I shot Hurricane Andrew (in 1992), the parking garage I was using as a shooting platform was shaking so much that the cast-iron caps on the sprinkler valves were shaking off," he says.

Despite the perils, Faidley is motivated by the thrill of the storm. "Storms of all kinds are absolutely intriguing," he says. "They're bigger than life, powerful and uncontrollable. They are what drive me."

Alan M. Petrillo is a freelance writer in Tucson, Ariz. Visit [www.stormchaser.com](http://www.stormchaser.com) for more information.

### Rate This Story

How did you like this story? Log on to [www.americanprofile.com/rate](http://www.americanprofile.com/rate).



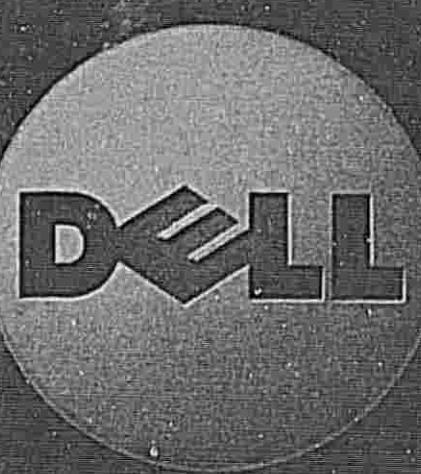
YOU ALWAYS HOPED HE WOULD END UP RUNNING WITH THE RIGHT CROWD, BUT DID YOU EVER THINK HE'D ALSO BE LEADING IT?

He'll experience the most challenging training, use the latest technology, and get the strongest support. Before long, he'll discover that he has become one of tomorrow's leaders. Encourage him to consider becoming a Soldier.



GOARMY.COM

Backed by HP Total Care, for every stage of your computer's life.



Priced for everyone.  
Built just for you.

The Dimension™ E310 desktop is the perfect balance  
between productivity and affordability.

- Intel® Pentium® 4 Processor 524 with  
HT Technology (3GHz)
- Genuine Windows® XP Home Edition
- 1GB Shared\* Dual Channel\* DDR2 SDRAM
- 80GB\* Hard Drive
- CD Burner/DVD Combo Drive
- 17" Flat Panel Display
- 1 Year Limited Warranty\*, At Home Service\*,  
Hardware Warranty Support
- **FREE** Shipping & Handling (3-5 Day)  
(\$29.99 Value) - Online Only

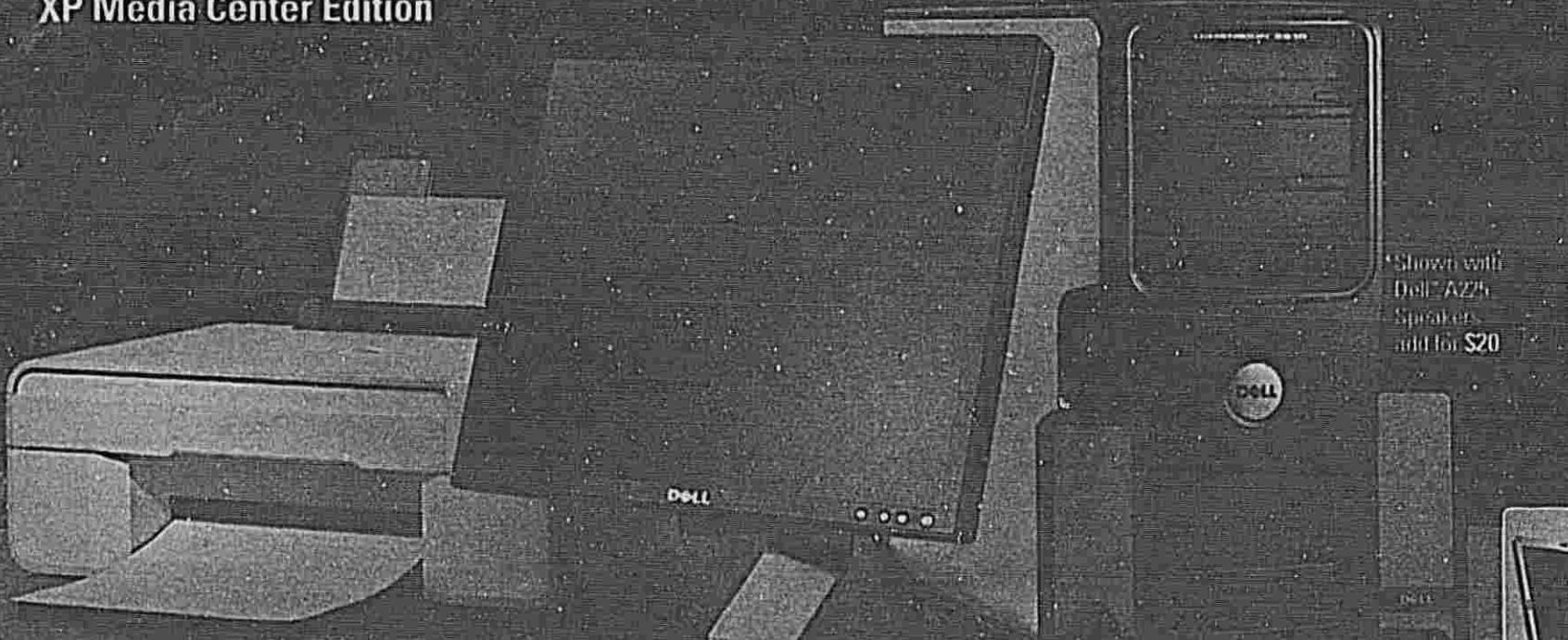
Pre-Savings Now Only

**\$769** **\$449**

after \$320 off  
or as low  
as \$14/mo. △

E-Value Code: 08271-D50804G

Dell recommends Windows®  
XP Media Center Edition



- Dell® Photo All-in-One  
Printer 924 **\$89**
- 10' USB Printer  
Cable **\$25**

3-5 Day Shipping on all Dell  
Printers at **NO CHARGE!**

Save up to **\$320**

on select Dell™ PCs!

**1-800-241-5860**

Shop by phone 7 a.m.-11 p.m. CT  
For hearing/speech impaired: 1-877-DELL-TTY (toll-free)

**www.dell.com/profile**

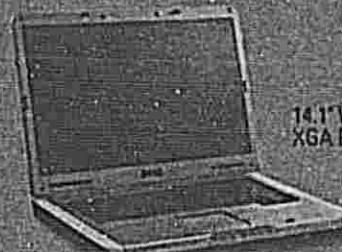
**PLAY DELL'S BACK-TO-SCHOOL  
NOTEBOOK GIVEAWAY**

Pick it! Personalize it! You could win it!

Now through 08/31/06.  
Enter TODAY at  
[www.dell.com/profile](http://www.dell.com/profile).

NO PURCHASE NECESSARY. See below for abbreviated rules. △

Combined offers valid 7/30-8/16.



14.1" Widescreen  
XGA Display

### Inspiron™ E1405 Notebook

Uncompromising Performance, Compact Design

- Intel® Centrino® Duo Mobile Technology
  - Intel® Core™ Duo Processor T2300 (1.66GHz)
  - Intel® PRO/Wireless 3945 Internal Wireless (802.11a/b/g)
- Genuine Windows® XP Media Center Edition 2005
- Windows Vista™ Capable\*
- 1GB Shared\* Dual Channel\* DDR2 SDRAM
- 100GB\* Hard Drive
- CD/DVD Burner (DVD+/-RW\*)
- **FREE** Notebook Skin – Ships Separately\*
- 1-Year Limited Warranty\*, Mail-In Service,  
Hardware Warranty Support
- **FREE** Shipping & Handling (3-5 Day) (\$19.99 Value) –  
Online Only

Pre-Savings Now Only

**\$1122** **\$899**

after \$223 off  
or as low  
as \$27/mo. △

E-Value Code: 08271-D80811G

### STORE MORE AND CONNECT WIRELESSLY!

- 14.1" Widescreen XGA+ Display with TrueLife™ **\$180**
- 120GB\* Hard Drive
- Internal Dell® Wireless 355 Bluetooth™ Module
- Microsoft® Works Suite 2006 – Includes Word

E-Value Code: 08271-D90812A

### PROTECT IT LONGER!

- 3-Year Limited Warranty\*, At-Home Service\*,  
Hardware Warranty Support **\$210**
- 24-Month Subscription to McAfee SecurityCenter with  
VirusScan, Firewall, Privacy and Spyware Removal **\$99**

\*DELL PREFERRED ACCOUNT (DPA): Offered by CIT Bank to qualified U.S. residents with approved credit. Creditworthiness determined by lender. Taxes, fees, shipping, handling, and any other applicable charges are extra, and vary. Monthly payments based upon pre-rebate price. Minimum monthly payments of \$15 or 3% of account balance, whichever is greater.

† NOTEBOOK GIVEAWAY: NO PURCHASE NECESSARY. A purchase will not increase your chances of winning. Open only to legal residents of the 50 United States (and D.C.) 13 years and older. Void where prohibited. Promotion begins 7/27/06 and ends 8/31/06. For official rules, prize descriptions and odds disclosure, visit [www.dell.com/backtoschool](http://www.dell.com/backtoschool). Sponsor: Dell Catalog Sales USA, L.P., One Dell Way, Round Rock, TX 78682.

\*PRICING/AVAILABILITY: Prices, specifications, availability and terms of offers may change without notice. Taxes, fees, shipping, handling (other than systems free 3-5 day shipping and handling offer, if applicable) and any applicable restocking charges are extra, and vary. Offers may be combined with other select offers or discounts. Valid for U.S. Dell Home Systems Co. new purchases only. Systems free 3-5 day shipping and handling offer valid in Continental (except Alaska) U.S. only. Electronics and accessories purchases not included in systems free shipping and handling offer. Dell cannot be responsible for pricing or other errors, and reserves the right to cancel orders arising from such errors. **LIMITED WARRANTY:** You can get a copy of our limited warranties and guarantees by writing Dell USA LP, Attn: Warranties, One Dell Way, Round Rock, TX 78682. To purchase warranty only or for information on other service options please call 1-800-915-3355 or visit [www.dell4me.com/termsandconditions](http://www.dell4me.com/termsandconditions). **AT-HOME SERVICE:** At-Home service provided via third-party contract with customer. Technician will be dispatched, if necessary, following phone-based troubleshooting often the next business day. Availability varies. Other conditions apply. **HARD DRIVE:** For hard drives, GB means 1 billion bytes; actual capacity varies with preloaded material and operating environment and will be less. On Dimension, XPS, and Inspiron systems, for Norton Ghost 10 and Dell DataSafe users, up to 25% of the stated hard drive capacity may be utilized by your system as dedicated backup space. **SHARED SDRAM:** Up to 224 MB of system memory may be allocated to support graphics, depending on system memory size and other factors. **WINDOWS VISTA CAPABLE:** Based on currently available information from Microsoft. Requirements subject to change. Microsoft requires that a PC have a modern processor, and 512MB RAM to be included in the Windows Vista Capable PC program. Since the operating system and drivers are not final, Windows Vista has not been tested on all user configurations. Please visit [www.dell.com/vista](http://www.dell.com/vista) for more information. **BLUETOOTH:** The Bluetooth word mark and logo are owned by the Bluetooth SIG, Inc., and any use of such marks by Dell Inc. is under license. Other trademarks and trade names are those of their respective owners. **DVD+RW, DVD+RW/4R AND DVD+/-RW DRIVES:** Discs burned with this drive may not be compatible with some existing drives and players; using DVD+R media provides maximum compatibility. **DUAL CHANNEL MEMORY:** Dual-channel memory requires 2 each of the same capacity memory DIMMs. **FREE NOTEBOOK SKIN OFFER:** To choose your notebook Skin, go to [www.dell.com/profile](http://www.dell.com/profile) to browse the available Skin selections and find out how to obtain your free Skin following the purchase of your eligible Dell notebook. Offer valid 7/20/06-8/30/06 or while supplies last. Available on any Inspiron notebook and the XPS M1210. Notebook Skin will ship separately and must be redeemed by 09/29/06. **McAfee SECURITYCENTER:** This offer is only available when purchased at point of sale and is not available after you receive your system. **TRADEMARKS/COPYRIGHT NOTICES:** Intel, Intel logo, Intel Inside, Intel Inside logo, Celeron, Celeron Inside, Centrino, the Centrino logo, Intel Core, Core Inside, Pentium, and Pentium Inside are trademarks or registered trademarks of Intel Corporation or its subsidiaries in the United States and other countries. Microsoft and Windows are registered trademarks of Microsoft Corporation. ©2006 Dell Inc. All rights reserved.



CELEBRATING AMERICA'S

LOVE OF FOOD

AUGUST 2006

# relish

WWW.RELISHMAG.COM

FARMER JOHN  
MAKES PEACE.  
WITH THE LAND

# Angelic veggies



IT'S WATER,  
THE WAY KIDS WANT IT.

*In tropical fruit, strawberry kiwi  
and wild cherry flavors.*

PAGE 7 SUMMER  
SIPPERS | PAGE 8 SIX  
SIMPLE SUNDAES |  
PAGE 10 FATHER  
KNOWS BEST | PAGE  
12 CRAB CAKES

# Train at home for TODAY'S Hottest CAREERS!

...with Stratford Career Institute!  
Choose from 50 exciting  
career fields.



## Why choose Stratford?

- Quality, step-by-step course materials
- No classes to attend
- All textbooks and course lessons are delivered right to your door – no shipping and handling fees
- Study anytime, anywhere
- Low down payments and affordable payment plan with 0% interest
- Earn your career diploma in as little as six months

Mail this coupon today for your  
**FREE** career information  
or call us toll free at  
**1-800-363-0058 ext. 5260**

**GET THE TRAINING YOU WANT AND THE  
FUTURE YOU DESERVE!**

Please check one program only

- High School
- Accounting
- Administrative Assistant
- Art
- Auto Mechanics
- Bookkeeping
- Business Management
- Child Day Care Management
- Child Psychology
- Computer Programming
- Computer Training
- Contractor/Construction Mgmt.
- Cooking & Catering
- Cosmetology/Esthetics
- Creative Writing
- Criminal Justice
- Dental Assistant
- Drafting with AutoCAD\*
- Drug & Alcohol Counselling
- Early Childhood Education
- Electrician
- English as a Second Language
- Fashion Merchandising
- Fitness and Nutrition
- Florist/Floral Design
- Forensic Science
- Home Inspector
- Hotel & Restaurant Management
- Interior Decorating
- Legal Assistant
- Locksmith
- Medical Billing Specialist
- Medical Office Assistant
- Medical Transcriptionist
- Motorcycle Repair
- Natural Health Consultant
- Nursing Assistant
- PC Repair
- Pharmacy Assistant
- Photography
- Physical Therapy Aide
- Private Investigator
- Psychology/Social Work
- Real Estate Appraiser
- Relaxation Therapist
- Sewing & Dressmaking
- Start Your Own Business
- Teacher Aide
- Veterinary Assistant
- Wedding Consultant

*I am under no obligation. No salesperson will ever visit or phone me.*

Name \_\_\_\_\_ Age \_\_\_\_\_  
Address \_\_\_\_\_ Apt. \_\_\_\_\_  
City \_\_\_\_\_  
State \_\_\_\_\_ Zip Code \_\_\_\_\_  
E-mail \_\_\_\_\_

Stratford Career Institute  
58 Federal St. St. Albans, VT 05478  
SRE66A  
WWW.STRATFORDCAREERS.COM  
ENTER 100 ON READER SERVICE CARD

# This and That

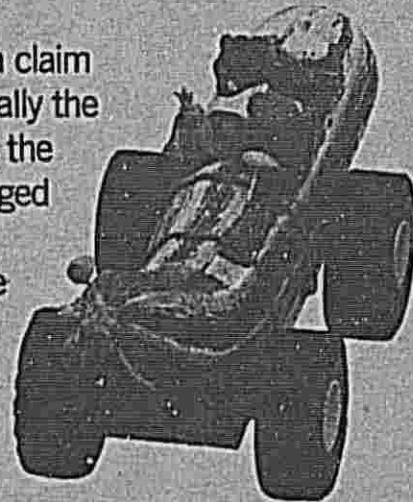
AUGUST 2006

## Off to the Races

Folks in Sonoma, Calif., know what to do with their abundant zucchini – they race them. They've been creating and competing tricked-out zucchini hot rods every August since 1987. Since design is entirely up to the creator, the veggie speedsters resemble anything from a Porsche to Noah's Ark.

Veteran race-goers arrive early, staking a claim beside the specially made racing track. Finally the gun cracks, and the excited crowd roars as the zippy zucchini wheel downhill. Cars are judged for speed in small, medium and large categories, and then all three leaders compete against each other to determine the year's Grand Champion. Nobody yet has fessed up to eating the winner.—*Suzie Rodriguez*

*Photo: Robbi Pengelly/The Sonoma Index-Tribune*



## Friendlier Fries

Long avoided by weight-conscious women (and men), French fries have become friendlier. Wendy's restaurant has rolled out new lower trans fat fries (having gone from 7 to 0.5g trans fats), made in non-hydrogenated oil. But while they're a bit heart healthier, the calories and total fat remain the same at 507 and 26g (for a "biggie").



## On the Road Again

For us the real reason to travel is to eat. But if gas prices have got you down, take to the road with Georgia Orcutt and John Margolies' adorable new book, *Cookout U.S.A.* (Chronicle Books, [www.chroniclebooks.com](http://www.chroniclebooks.com), 2006). Illustrated with retro travel posters and kitschy roadside icons, the book crisscrosses a nation in love with the grill. From Florida's Grilled Grouper and Wisconsin's Grilled Brats to Utah's Dutch Oven Cherry Cobbler, this book features more than 50 recipes perfect for your Labor Day Cookout. Visit [www.relishmag.com](http://www.relishmag.com) for these recipes.



*Cover photo by: Mark Boughton Photography Styling by: Teresa Blackburn*

**relish** [www.relishmag.com](http://www.relishmag.com)

Vice President / Group Publisher Tracey Altman Executive Editor Charlie Cox Editor Jill Melton Food Editor Candace Floyd Art Director Brenan Sharp  
Designer Eva Elliott Test Kitchen Mary Carter Photo Editor David Mudd Production Manager Sam Payne Web Manager Matt Johnston  
Contributing Writers Crescent Dragonwagon, Irina Lew, Joan Nathan Photographer Mark Boughton Stylist Teresa Blackburn

ADVERTISING SALES 800-716-6271 NY-Eastern Ad Director Mary Ilijic Perrella Account Manager Niya Renee Sims Chicago-Midwest Ad Director Jeff Hopkins  
Account Manager Angie Packard Detroit Ad Representative Jim Main Southeast/Western Ad Director Frank Zier Regional Ad Director/Health Category Hally  
Birnbaum Direct Response Advertising Katherine Zito 877-543-5537 Director of Marketing Jeff Dunetz Associate Marketing Director Kelly Firtell

CIRCULATION SALES Vice President / Publisher Relations Jerry Lyles Regional Circulation Directors Sandi Baylis, Stephen Dorris, Mike Gardner, Chris Kreidel  
Nashville 800-720-6323

PUBLISHING GROUP OF AMERICA President & CEO Richard G. Porter Chief Financial Officer & COO Stephen Duggan Vice President / Controller Greg Coble  
Director of Business Development Steve Minucci Network Administrator Mike Olin CORPORATE AND EDITORIAL OFFICES Nashville 615-468-6000

*relish* is published by Publishing Group of America, 341 Cool Springs Boulevard Suite 400, Franklin, Tennessee 37067 Phone: 800-720-6323. Mail editorial queries and contributions to Editor, Relish, 341 Cool Springs Blvd., Suite 400, Franklin, TN 37067. Publishing Group of America, Inc. will not be responsible for unsolicited materials, and cannot guarantee the return of any materials submitted to it. ©2006 Publishing Group of America, Inc. Relish™ is a trademark of Publishing Group of America, Inc. All rights reserved. Reproduction in whole or part of any article, photograph, or other portion of this magazine without the express written permission of Publishing Group of America, Inc. is prohibited.



# Priced for everyone. Built just for you.

The **Dimension™ E310** desktop is the perfect balance between productivity and affordability.

- Intel® Pentium® 4 Processor 524 with HT Technology (3GHz)
- Genuine Windows® XP Home Edition®
- 1GB Shared\* Dual Channel® DDR2 SDRAM
- 80GB\* SATA Hard Drive
- CD Burner, DVD Combo Drive
- 17" Flat Panel Display E170
- 1 Year Limited Warranty\*, At-Home Service®
- Hardware Warranty Support

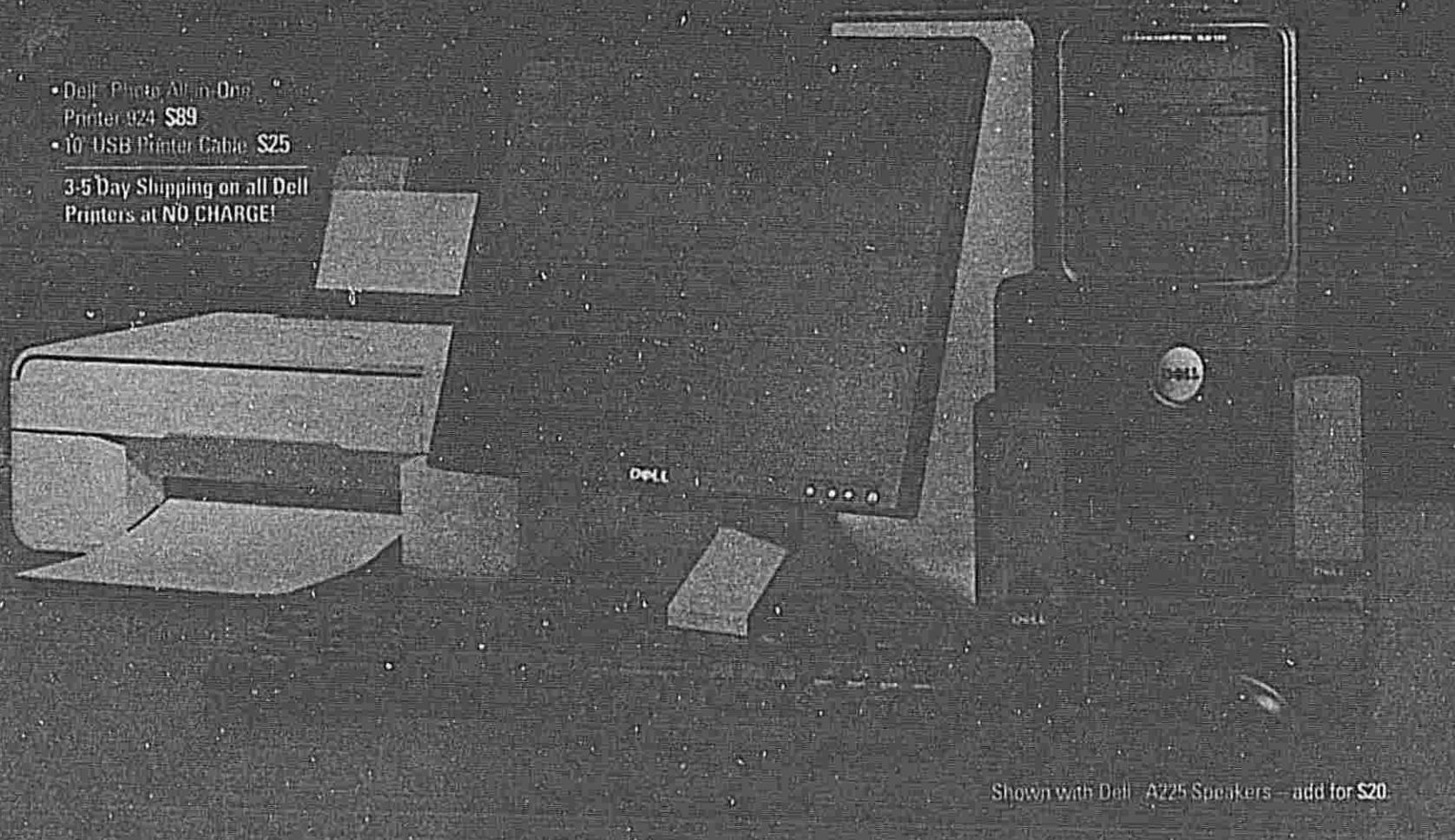
Dell recommends Windows®  
XP Media Center Edition

Pre-Savings Now Only

~~\$769~~ **\$449** after \$320 off  
or as low as \$14/mo. △

E-Value Code: 0327G-D50804G

- Dell Photo All-in-One™ Printer 924 \$89
- 10' USB Printer Cable \$25
- 3-5 Day Shipping on all Dell Printers at NO CHARGE!



## BURN AND STORE YOUR FAVORITE MOVIES AND MUSIC!

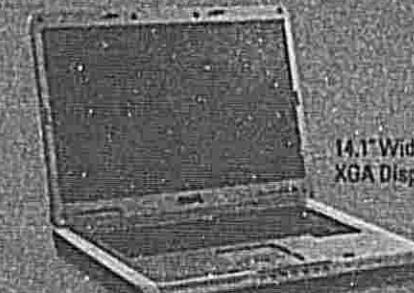
**\$150**

- 160GB\* SATA Hard Drive
- CD/DVD Burner (DVD+/-RW)
- 19" Flat Panel Display E190

E-Value Code: 0827G-D50805G

## PROTECT IT LONGER!

- 3-Year Limited Warranty\*, At-Home Service
- Hardware Warranty Support \$150
- 15-Month Subscription to McAfee®  
SecurityCenter™ with VirusScan, Firewall,  
Privacy and Spyware Removal \$79



14.1" Widescreen  
XGA Display

## Inspiron™ E1405 Notebook

Uncompromising Performance, Compact Design

- Intel® Centrino® Duo Mobile Technology
- Intel® Core™ Duo Processor T2300E (1.66GHz)
- Intel® PRO/Wireless 3945 Internal Wireless (802.11a/b/g)
- Genuine Windows® XP Media Center Edition 2005
- Windows Vista® Capable\*
- 1GB Shared\* Dual Channel® DDR2 SDRAM
- 100GB\* Hard Drive
- CD/DVD Burner (DVD+/-RW)
- Notebook Skin – Ships Separately\*
- 1-Year Limited Warranty\*, Mail-In Service,  
Hardware Warranty Support
- Shipping & Handling (3-5 Day) (\$19 Value)  
Online Only

Pre-Savings Now Only

~~\$122~~ **\$899** after \$223 off  
or as low as \$27/mo. △

E-Value Code: 0327G-D80611G

## STORE MORE AND CONNECT WIRELESSLY!

**\$200**

- 14.1" Widescreen XGA with TrueLife™
- 120GB\* Hard Drive
- Internal Dell® Wireless 355 Bluetooth® Module
- Microsoft® Works Suite 2006 – Includes Word

E-Value Code: 0327G-D80312A

## PROTECT IT LONGER!

- 3-Year Limited Warranty\*, At-Home Service\*
- Hardware Warranty Support \$210
- 24-Month Subscription to Trend Micro® PC-cillin®  
Internet Security with AntiVirus, Firewall, Privacy  
and Spyware Removal \$59

Save up to **\$320**  
on select Dell™ PCs!

**1-877-959-3355**

Shop by phone 7 a.m.-11 p.m. CT

For hearing/speech impaired: 1-877-DELL-TTY (toll-free)

[www.dell.com/relish](http://www.dell.com/relish)

**DELL PREFERRED ACCOUNT (DPA):** Offered by CIT Bank to qualified U.S. residents with approved credit. Creditworthiness determined by lender. Taxes, fees, shipping, handling, and any other applicable charges are extra, and vary. Monthly payments based upon pre-rebate price. Minimum monthly payments of \$15 or 3% of account balance, whichever is greater.

**\*PRICING/AVAILABILITY:** Prices, specifications, availability and terms of offers may change without notice. Taxes, fees, shipping, handling (other than systems free 3-5 day shipping and handling offer, if applicable) and any applicable restocking charges are extra, and vary. Offers may be combined with other select offers or discounts. Valid for U.S. Dell Home Systems Co. new purchases only. Systems free 3-5 day shipping and handling offer valid in Continental (except Alaska) U.S. only. Electronics and accessories purchases not included in systems free shipping and handling offer. Dell cannot be responsible for pricing or other errors, and reserves the right to cancel orders arising from such errors. **LIMITED WARRANTY:** You can get a copy of our limited warranties and guarantees by writing Dell USA LP, Attn: Warranties, One Dell Way, Round Rock, TX 78682. To purchase warranty only or for information on other service options please call 1-800-915-3355 or visit [www.dell4me.com/termsofconditions](http://www.dell4me.com/termsofconditions). **FREE NOTEBOOK SKIN OFFER:** To choose your notebook Skin, go to [www.dell.com/relish](http://www.dell.com/relish) to browse the available Skin selections and find out how to obtain your free Skin following the purchase of your eligible Dell notebook. Offer valid 7/20/06-8/30/06 or while supplies last. Available on any Inspiron notebook and the XPS M1210. Notebook Skin will ship separately and must be redeemed by 09/29/06. **AT-HOME SERVICE:** At-Home service provided via third-party contract with customer. Technician will be dispatched, if necessary, following phone-based troubleshooting often the next business day. Availability varies. Other conditions apply. **HARD DRIVE:** For hard drives, GB means 1 billion bytes; actual capacity varies with preloaded material and operating environment and will be less. On Dimension, XPS, and Inspiron systems, for Norton Ghost 10 and Dell DataSafe users, up to 25% of the stated hard drive capacity may be utilized by your system as dedicated backup space. **SHARED SDRAM:** Up to 224 MB of system memory may be allocated to support graphics, depending on system memory size and other factors. **McAfee SECURITY CENTER:** This offer is only available when purchased at point of sale and is not available after you receive your system. **BLUETOOTH:** The Bluetooth word mark and logos are owned by the Bluetooth SIG, Inc., and any use of such marks by Dell Inc. is under license. Other trademarks and trade names are those of their respective owners. **DUAL CHANNEL MEMORY:** Dual channel memory requires 2 each of the same capacity memory DIMMs. **WINDOWS VISTA CAPABLE:** Based on currently available information from Microsoft. Requirements subject to change. Microsoft requires that a PC have a modern processor and 512MB RAM to be included in the Windows Vista Capable PC program. Since the operating system and drivers are not final, Windows Vista has not been tested on all user configurations. Please visit [www.dell.com/vista](http://www.dell.com/vista) for more information. **DVD+RW, DVD+RW/+R AND DVD+/-RW DRIVES:** Discs burned with this drive may not be compatible with some existing drives and players; using DVD+R media provides maximum compatibility. **TRADEMARKS/COPYRIGHT NOTICES:** Intel, Intel Logo, Intel Inside, Intel Inside Logo, Celeron, Celeron Inside, Centrino, Centrino Logo, Intel Core, Core Inside, Pentium, and Pentium Inside are registered trademarks of Intel Corporation or its subsidiaries in the United States and other countries. Microsoft and Windows are registered trademarks of Microsoft Corporation. ©2006 Dell Inc. All rights reserved.



Pentium® 4 HT  
inside™

# Down on the Farm

## Grilled Tomatoes Marinated in Basil Vinaigrette

Grilling or broiling concentrates tomatoes' natural sugars, making summer tomatoes even better.

1/4 cup extra virgin olive oil  
2 tablespoons red wine vinegar  
1 tablespoon finely chopped fresh basil  
3 bay leaves  
2 garlic cloves, minced  
1/4 teaspoon salt  
6 tomatoes, halved horizontally  
Oil for greasing the pan

1. Preheat broiler or grill.
2. Combine olive oil, vinegar, basil, bay leaves, garlic and salt in a medium bowl. Stir until well combined.
3. Place tomato halves cut-sides down directly on greased broiler pan or grill rack. Broil until they start to char and blister (or shrivel and show good grill marks if on the



grill), about 4 minutes. Using tongs or a spatula and spoon, carefully turn tomatoes over and broil or grill 2 minutes more.

4. Remove cooked tomatoes from heat and place cut-sides up in the dish with oil and vinegar mixture. Spoon some of the mixture over tomatoes. Set aside to marinate at least 1 hour, or cover and refrigerate up to 5 days. Serve at room temperature. Serves 6.

Per serving: 80 calories, 5g fat, 1g prot., 7g carbs., 1g fiber, 55mg sodium.

## Special Offer – Sage Advice

"Never sow seeds when the moon is waning." "Bury your old leather shoes in the garden." These and many other gardening wives tales are actually true! *Tips from the Old Gardeners* explains common garden folklore while offering hundreds of ideas about what to plant, where to plant it and how to plant it. A must have for gardeners of any age.

To order the book for \$9.95 + delivery, please have your credit card ready and call (800) 715-6248 or send check/money order for \$14.90 to Gardeners Book Offer—Dept. R8, P.O. Box 340, Harrison, AR 72602 or go to our secure store at [www.americanprofile.com/store](http://www.americanprofile.com/store).

Residents of CA, TN, IL, AR and NY add state sales tax. NSF checks will be automatically debited for the amount of the check plus applicable fees. Offer expires 9/15/06. Please allow 2-4 weeks for delivery.



For John Peterson, it took a village to save his farm. When he inherited the farm in Caledonia, Ill., at the age of 20, he worked it just as his parents had. But times were tough. He went into debt and couldn't recover. He sold off a good portion of the farm, turned to acting, writing and art, and moved to Mexico. But he couldn't shake the lifestyle he loved. He returned and started farming organically. In 1993 at the request of a downtown Chicago couple enthralled with his organic carrots, he started a Community Supported Agriculture (CSA) program. It proved to be his salvation and a boon to more than 1,200 Chicago-land families who enjoy its harvest every week. Today Angelic Organics is one of the largest CSAs in the country. After 30 tumultuous years, John is finally at peace with his farm. Today you may even find him romping through his sweet corn fields in a bumblebee outfit. You can read more about him, his cookbook, *Farmer John's Cookbook: The Real Dirt on Vegetables*, and his award-winning documentary, *The Real Dirt on Farmer John*, by going to [www.angelicorganics.com](http://www.angelicorganics.com) 9

## Bell Peppers Lemony Dressed and Cumin-esque

This versatile recipe will add pizzazz to virtually any dish from steak and grilled chicken to an antipasti platter.

1/2 cup, plus 1 tablespoon, extra virgin olive oil, divided  
2 red or purple bell peppers, thinly sliced  
2 green or yellow bell peppers, thinly sliced  
1/4 cup freshly squeezed lemon juice (about 1 large lemon)  
2 tablespoons minced parsley  
1 teaspoon ground cumin  
1 teaspoon honey  
1 garlic clove, minced  
1/4 cup finely chopped scallions or red onion  
1/2 teaspoon salt  
1/4 teaspoon freshly ground black pepper

1. Heat 1 tablespoon oil in a large skillet over medium-high heat. Add peppers; sauté, stirring until slightly soft, about 3 minutes. Let cool.
2. Combine remaining oil, lemon juice, parsley, cumin, honey and garlic in a large jar. With the lid tightly screwed on, shake the jar vigorously until oil and lemon juice have combined and thickened.
3. Toss peppers and scallions with about half the vinaigrette in a large bowl. Add salt and pepper. Cover; refrigerate 1 hour. Serves 4.

Per serving: 200 calories, 18g fat, 1g prot., 9g carbs., 2g fiber, 150mg sodium.

Recipes adapted from *Farmer John's Cookbook: The Real Dirt on Vegetables* (Gibbs Smith, Publisher; [www.gibbs-smith.com](http://www.gibbs-smith.com), 2005).



### Cajun Corn and Kale Salad

Sweet, crunchy and chewy this is summer in a salad. The bright, clean flavors of this dish make it a perfect side for just about anything. If you don't have a Cajun seasoning mix, make your own by combining  $\frac{1}{4}$  teaspoon salt and a big pinch each of cayenne pepper, freshly ground black pepper, dry mustard, crushed fennel seeds and dried thyme.

2 quarts water  
4 ears sweet corn  
1 large bunch kale, stems removed (about 1 pound)  
1 large red bell pepper, chopped  
1 green bell pepper, chopped  
1 large tomato, chopped  
 $\frac{1}{2}$  cup chopped sweet onion  
1 garlic clove, minced  
 $\frac{1}{4}$  cup extra virgin olive oil  
2 tablespoons fresh lemon juice  
1  $\frac{1}{2}$  teaspoons Cajun Spice Seasoning

1. Bring 2 quarts of water to a boil in a large pot; add ears of corn. Boil 5 minutes. Set ears aside and reserve cooking water. When corn is cool, slice off kernels.

2. Return corn water to a boil and add kale and salt. Cook until kale is tender and still bright green, about 5 minutes. Transfer to a colander to drain and cool. Squeeze out excess liquid with your hands and finely chop.

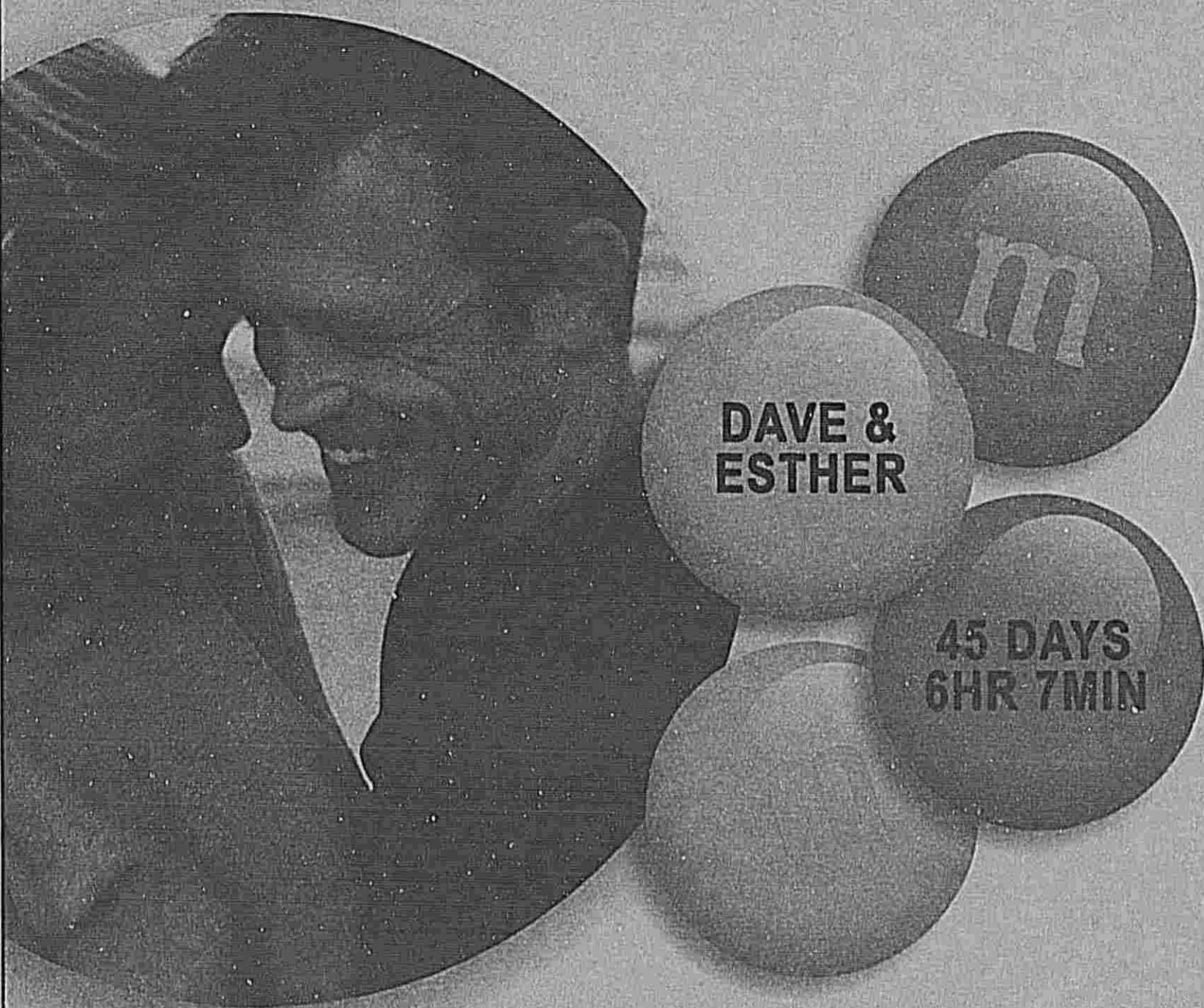
3. Toss kale with remaining ingredients and corn kernels in a large bowl until well combined. Season with salt. Serves 4 to 6.

Per serving: 370 calories, 18g fat, 10g prot., 45g carbs., 11g fiber, 260mg sodium.

Visit our message boards & join our e-newsletter at [www.relishmag.com](http://www.relishmag.com)

AUGUST 2006 relish 5

**MY M&M'S® Create a memory that will last long after the candy is gone.**



Now you can let the people in your life know exactly what you're feeling. Make a warm personal connection

on birthdays,



TURNS 50 TODAY

anniversaries, and everything in-between.



Give Custom Printed MY M&M'S® and celebrate life's big moments with a little piece of your heart.

**Put your message on  
Custom Printed MY M&M'S®  
ONLY ONLINE!  
Go to [mymms.com/summer9](http://mymms.com/summer9)**

©/TM Trademarks © Mars, Incorporated 2006

**My**  
**m&m's**  
CHOCOLATE CANDIES  
What would yours say?

## SPECIAL OFFER FOR COUNTRY MUSIC FANS!

THE MOST AWARDED GROUP IN THE HISTORY OF COUNTRY MUSIC!

## THE STATLER BROTHERS FAREWELL CONCERT

Now Available in CD, DVD AND VHS!

### Own All Your Favorites

by the Masters of Vocal Harmony!

They've entertained millions for 40 years, released 32 albums and sold more than 100 million records. To close out their unprecedented career, The Statler Brothers held a final appreciation concert near their hometown of Staunton, Virginia.

### NOW, YOU CAN OWN PART OF MUSIC HISTORY.

This unforgettable event is now available as a 2 CD/2-hour DVD/VHS set. *The Statler Brothers Farewell Concert* is packed with signature favorites . . . 30 tracks in all . . . and ends with a stirring rendition of *Amazing Grace*! This set is a must-have for country and gospel music fans — or any music lover!



## the Statler Brothers

This exclusive 2-CD set includes these Statler Brothers favorites:

Do You Remember These, Do You Know You Are My Sunshine, Class of '57, Bed of Roses, Moments to Remember, Whatever Happened to Randolph Scott, More Than a Name on a Wall, Flowers on the Wall, Elizabeth, I'll Go to My Grave Loving You, How Great Thou Art, This Old House, Thank You World, Amazing Grace

Choose from any of these formats:

- 2 CDs for \$18.98 + \$4.99 s/h (\$23.97)
- 2-hour DVD for \$21.98 + \$4.99 s/h (\$26.97)
- 2-hour VHS for \$21.98 + \$4.99 s/h (\$26.97)
- SAVE 15%, 2 CDs and 2-hour DVD for \$34.99 + \$4.99 s/h (\$39.98)**
- SAVE 15%, 2 CDs and 2-hour VHS for \$34.99 + \$4.99 s/h (\$39.98)**

### ORDER TODAY 3 EASY WAYS!

#### ONLINE:

[www.americanprofile.com/store](http://www.americanprofile.com/store)

#### MAIL:

Please note format type on check and **MAKE PAYABLE TO:**  
Statler Brothers Offer, Dept R8, P.O. Box 340, Harrison, AR 72602

#### CALL:

1-800-715-6248 for faster service and have your credit card ready



CA, TN, IL, AR and NY residents add sales tax. NSF checks automatically debited for amount of check plus applicable fees. Expires 9/15/06. Please allow 2-4 weeks for delivery.

SATISFACTION GUARANTEED OR WE WILL REFUND YOUR PURCHASE PRICE LESS S&H.

## Gather 'Round, It's Family Night!

Remarkable family entertainment does exist. You just have to know where to find it.

Now you can own the entire first season of *Little House on the Prairie* on DVD. Enjoy endless hours of uplifting family entertainment packed with storylines that reinforce loyalty, friendship, courage, neighborly love and strength of family.

### A Great Gift for Any Age!

Own this Collector's Edition Today for **ONLY \$49.98**

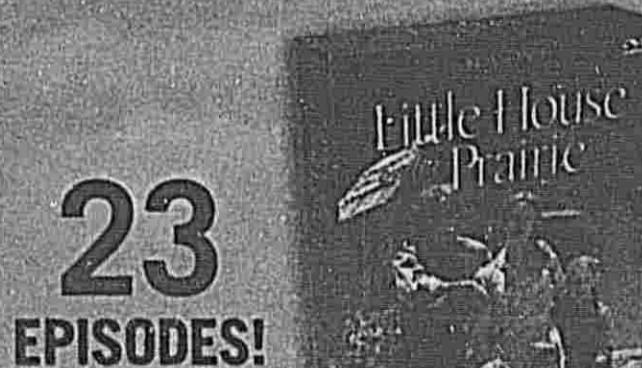
### 3 EASY WAYS TO ORDER

Online: [www.americanprofile.com/store](http://www.americanprofile.com/store)

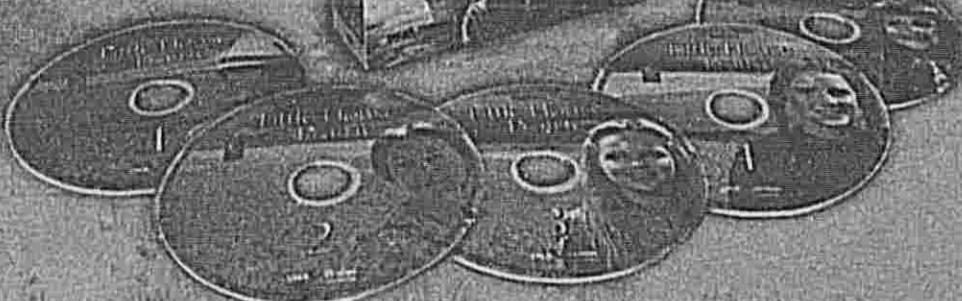
Mail: Send check/money order for \$54.98 (\$49.98 + \$5.00 s/h) to:  
Little House - 1 Offer, Dept. R8, P.O. Box 340,  
Harrison, AR 72602

Call: (800) 715-6248 Please have your credit card ready.

Residents of CA, TN, IL, AR and NY add sales tax. NSF checks will be automatically debited for the amount of the check plus applicable fees. Offer is limited and expires 9/30/06. Please allow 2-4 weeks for delivery.



23 EPISODES!



Own these favorite *Little House* Episodes:

- The courageous journey to Minnesota
- The touching reunion with Mr. Edwards
- The heroic Indian friend who saves the Ingalls during a blizzard
- Walnut Grove survives a mysterious plague
- Adam and Mary get married, and many other exciting adventures!

Fresh, bright, crisp, vibrant, zippy—does that describe the wine you want in your glass during the dog days of summer? Then sashay down the wine aisle and reach for these Sauvignon Blancs.

As with most wines, the flavors of Sauvignon Blanc will vary depending on where it's grown and how it's made. Those from France's Loire Valley tend to be dry, with pleasant citrus, herb, earthy and sometimes smoky notes. Those from California (sometimes called Fumé Blanc) can bring oaky nuances to the mix.

In recent years, New Zealand has been turning heads for revealing a zippier side of Sauvignon Blanc, often rife with daring grapefruit, lime, green apple, gooseberry, tropical fruit and herbaceous notes. Some winemakers in California and elsewhere are making their wines in this highly popular style, too.

So, what's to eat? The lively acidity in this wine makes it particularly food friendly. To complement the wine's zippy, fruity and pleasantly grassy appeal, serve it with Grilled Tomatoes Marinated in Basil Vinaigrette (page 4), Lump Crab Cakes (page 12) or anything with a windfall of garden-fresh herbs.

#### Recommended labels:

- Guenoc Lake County Sauvignon Blanc (California): \$12.
- Fauna Marlborough Sauvignon Blanc (New Zealand): \$12.
- Veramonte Casablanca Valley Sauvignon Blanc (Chile): \$10.
- Geyser Peak Winery Sauvignon Blanc (California): \$12.
- Matua Valley Marlborough Sauvignon Blanc (New Zealand): \$12.
- Mud House Marlborough Sauvignon Blanc (New Zealand): \$14.



We're looking for people to—

# Write Children's Books

By Patricia Pfitsch

If you've ever dreamed of writing for publication, this may be your best chance to turn that dream into a reality. If you qualify and show promise, we'll teach you—the same way I was taught—how to break into one of the most rewarding of all markets for new writers.

**The \$2 billion children's market**  
The continued success of publications for young people has led to a growing need for new writers to help create the \$2 billion worth of children's books published each year, plus stories and articles for more than 600 magazines.

**"But am I good enough?"**  
My dream of writing professionally while raising three kids on a farm was once bogged down in the same kind of uncertainty you may have experienced. Then, an ad for the Institute seemed to offer the writing and selling skills I needed. I passed its test and entered into a richly rewarding relationship with an author-instructor, which was a major turning point in my life—as I hope it will be in yours.

**The at-home training that has launched more successful children's authors than any other**

The Institute of Children's Literature has successfully trained more new writers to meet the needs of this market than any other institution. Its unique program turned my dream into reality, and I became one of more than 11,000 Institute graduates who have published children's stories, articles, and books, including prestigious award winners. Now I'm using my skills at the Institute to train promising new writers.

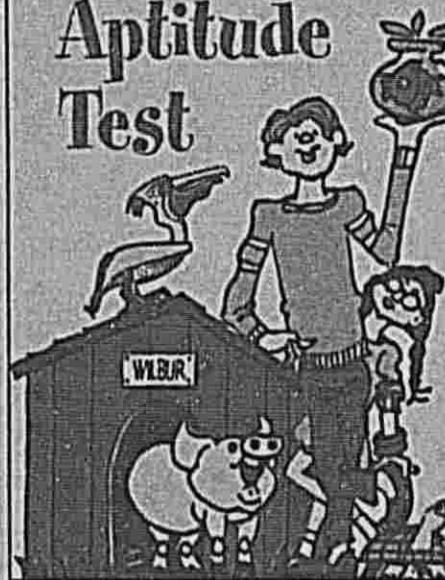
**The promise that paid off**  
The Institute made exactly the same promise to me that it will make to you if you demonstrate basic writing aptitude:

*You will complete at least one manuscript suitable to submit to editors by the time you finish the course.*

With skill, empathy, and tough love when needed, my Institute

Patricia Pfitsch, a graduate of our course, has published seven books, including three award-winning novels and an Edgar nominee, plus 552 stories and articles. She is now an instructor at the Institute.

## Writing Aptitude Test



*Our test and professional evaluation are free*

instructor helped me complete and sell three of my course assignments, which, I later discovered, was not unusual. Now, as a published author of 7 children's books and over 500 stories and articles, I enjoy helping aspiring writers—as I was helped—to change their dreams into bright reality.

### A nationally published author or editor is your one-on-one writing and selling coach

If you are accepted, you will be assigned a personal instructor who is a successful author or experienced editor—and who becomes your energizing spark plug and deeply committed writing and selling coach. We all work the same way.

When you've finished an assignment at your pace, you send it to me. I edit it line-by-line and send you a detailed letter explaining my edits. I point out your strengths, help eliminate weaknesses, and even show you how to turn bits of your everyday life into saleable writing. You push and I pull, and between us both, you learn how to write—and how to sell what you write.

### We are the living proof

Among my fellow instructors, 30 are graduates of the Institute—all nationally published authors. One is a former bank teller, another came from nursing, and several were busy raising children. The wide range of backgrounds they represent is typical of Institute students.

What they shared in common was a dream and the willingness

to take the first step toward realizing it. While there's no guarantee that every student will have the same success, we're showered with letters like these:

"My most recent success has been the publication of the novel I started for my last Institute assignment," writes Jennifer Jones, Homer, NY. "Thank you for giving me the life I longed for."

### "A whole new world"

"My first two published pieces were Institute assignments," says Michelle Barone, Denver, CO. "You have opened up a whole new world for me."

### "The teacher of my dreams"

"I started the course when I was pregnant with my third child," writes C. Hope Flinchbaugh, York, PA. "Since then, I've been published in 13 magazines, and published a novel. . . . My instructor was the teacher of my dreams."

### Don't let your dream die—send for your free test today!

If a writing life is your dream, here's your chance to test that dream. The Institute offers a revealing aptitude test based on its 37 years of experience. Just fill out and mail the coupon below to receive your free test and a 32-page introduction to our course, *Writing for Children and Teenagers*, and 80 of our instructors.

*There is no obligation.*

Institute of Children's Literature  
93 Long Ridge Road  
West Redding, CT 06896-0812

Yes, please send me your free Writing Aptitude Test and illustrated brochure. I understand I'm under no obligation, and no salesperson will visit me.

*Please circle one and print name clearly:*  
Mr. Mrs. Ms. Miss F8410

Name \_\_\_\_\_

Street \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_

Zip \_\_\_\_\_

Recommended for college credits by the Connecticut Board for State Academic Awards and approved by the Connecticut Commissioner of Higher Education.

# Sundae Best

Here are six sophisticated sundaes, all dressed up and ready to go. The key is in contrasting flavors and textures—creamy sweet ice cream with crunchy cookies, tangy, fruity sorbet, and juicy ripe berries all topped off with a drizzle of intoxicating liqueur. With all that, who needs whipped cream? What you do need is an adequate spoon to get to the last drop. In general, sundaes are only as good as their ingredients, so be sure to get good cookies, ripe fruit, and good quality ice creams and sorbets. For assembling,  $\frac{1}{2}$  cup ice cream,  $\frac{1}{2}$  cup sorbet,  $\frac{1}{3}$  cup fruit, a couple tablespoons of crumbled cookies and a tablespoon of liqueur per sundae worked for us.

By Crescent Dragonwagon, a writer in Saxtons River, Vt.

Photos: Mark Boughton Styling: Teresa Blackburn

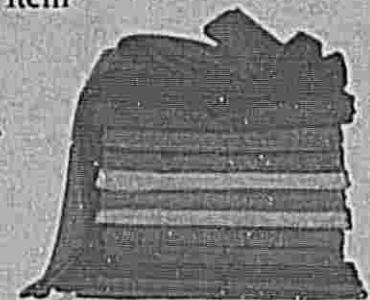
For easy chocolate and lemon sorbet recipes go to [www.relishmag.com](http://www.relishmag.com)

## Special Offer – Napkin Nirvana

You can't be too rich, too thin or have too many napkins. Available in 6 rich colors, these napkins add vibrancy to any table setting. A dozen pure cotton napkins, 19-inches square with mitered corners—includes two each in blue, red, yellow, pink, green and orange. \$35 value! (Machine wash and dry.)

To order 12 bright napkins for \$19.99 + ONLY \$2 delivery, please have your credit card ready and call (800) 338-3232 or log on to [www.chescatalog.com](http://www.chescatalog.com). Use Promotion Code 7KZRELO02 to receive the reduced s&h charges. Item #92679.

Prices guaranteed through September 30, 2006. Orders shipped to CO or IL will be charged state sales tax. AK, HI and US Territories add \$5 to s&h charges.



## Bahama Breeze

Vanilla ice cream and mango sorbet  
Crumbled ginger wafers  
Fresh chopped pineapple  
Toasted macadamia nuts and banana chips  
Dark rum such as Meyer's

## The Blushing Bride

Strawberry ice cream and raspberry sorbet  
Crumbled ginger wafers  
Fresh sliced strawberries, blueberries, raspberries  
Grand Marnier

## The U.S. Mint

Mint-chocolate chip ice cream and chocolate sorbet  
Crumbled chocolate wafers  
Crushed Andes mints  
Crème de menthe

## Frangelico Fantasique

Vanilla ice cream and chocolate sorbet  
Crushed vanilla wafers  
A small spoonful of Nutella (hazelnut-chocolate spread, usually near the peanut butter in the grocery store) or caramel sauce  
 $\frac{1}{4}$  sliced banana, toasted hazelnuts  
Frangelico

## Lemon Heaven

Vanilla ice cream and lemon sorbet  
Crumbled ginger wafers  
1 or 2 teaspoons lemon curd  
Lemoncello (Italian lemon cordial) or Tequila

## Mocha Magic

Coffee ice cream and chocolate sorbet  
Crumbled chocolate wafers  
Chocolate-covered espresso beans  
Coffee liqueur, such as Kahlua

# My Daughter,

## I Wish You Life's Greatest Blessings...



### I Wish You

- When you're lonely,  
I wish you Love.
- When you're sad,  
I wish you Joy.
- When you're discouraged,  
I wish you Hope.
- When your spirit is low,  
I wish you Beauty.
- When you're troubled,  
I wish you Peace

Poem written by  
Jerry Knoll ©1983 Abbey Press Poem

*The reverse side of each heart charm is engraved with a verse from the touching poem above.*



Back

### **Heartfelt Wishes Charm Bracelet**

For a mother, a daughter is Heaven's perfect gift. And from the first moment she holds that precious bundle, every mother wants the best for her child. Now this beautiful blessings bracelet will let your daughter know how deeply you care and what wonderful hopes and dreams you have for her.

#### **Exclusive Design ... Hand-crafted with Swarovski® Crystals and Engraved Heart Charms**

A Bradford Exchange Exclusive, the "My Daughter, I Wish You" charm bracelet features seven heart charms, and six bezel-set Swarovski® crystals. The hearts are richly engraved with a hopeful word on one side and the poem shown at top on the other. Each crystal sparkles with a special heartfelt wish: the clear crystal is for perfection, the perfect bond between mother and daughter...the sapphire-colored crystal represents peace...the emerald-colored crystal means beauty...the citrine-colored crystal stands for hope...the ruby-colored crystal symbolizes joy...and the amethyst-colored crystal proclaims love. Adjusts from 7" to 8"; finished with a locking clasp.

#### **Remarkable Value ... Available for a Limited Time**

Available only from The Bradford Exchange, your bracelet will arrive in a custom-designed gift box with Certificate of Authenticity. An exceptional value at just \$99\*, you can pay for it in four monthly installments of \$24.75. Hurry, this is a limited-time offer! To reserve yours, backed by our unconditional 60-day guarantee, send no money now; just fill out and mail the Reservation Application today.

- Hand-crafted and plated with  
sterling silver
- Lavished with 6 bezel-set  
Swarovski® crystals

#### **LIMITED-TIME OFFER**

*Commissions will be accepted on a first-come-first-served basis. Respond as soon as possible to reserve your "My Daughter, I Wish You Charm Bracelet".*



#### **Charm shown actual size**

\*Plus \$6.98 shipping and service. Illinois residents add state sales tax. Prices higher in Canada. Please allow 4-6 weeks for delivery of your bracelet after we receive your initial deposit. All sales subject to product availability and order acceptance.

collectiblestoday.com  
Home of The Bradford Exchange and All Things Collectible  
©2006 BGE 01-02730-001-EIR

#### **RESERVATION APPLICATION THE BRADFORD EXCHANGE**

9345 Milwaukee Avenue • Niles, IL 60714-1393

THE *Heart* OF COLLECTING

**YES.** Please reserve the "My Daughter, I Wish You Charm Bracelet" for me as described in this announcement.

**Limit:** one per order.

Please Respond Promptly

Signature \_\_\_\_\_

Mr. Mrs. Ms. \_\_\_\_\_ Name (Please Print Clearly)

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

01-02730-001-E10551

# Father Knows Best



by Rachel Weil

**W**hen James Boyce's daughter Alana was born in May 2005, he was determined she would grow up with good eating habits. If it sounds like he's on a mission, he is. In 1998, before he became executive chef of Studio at Montage Resort & Spa in Laguna Beach, Calif., Boyce had a health scare. The incident prompted him to jump-start a total lifestyle change. He began eating healthfully, mastered the climb up Camelback Mountain (near Mary Elaine's at The Phoenician, in Scottsdale, Ariz., where he was chef de cuisine from 1998 to 2002) and lost 120 pounds. Today, he focuses on healthy eating for kids, including his own. He suggests developing children's taste buds by serving them natural sugars in corn, carrot sticks and grapes and by introducing them to flavorful mild herbs such as basil, mint, parsley and chervil and to taste sensations like grated lemon or orange rind.  $\dagger$

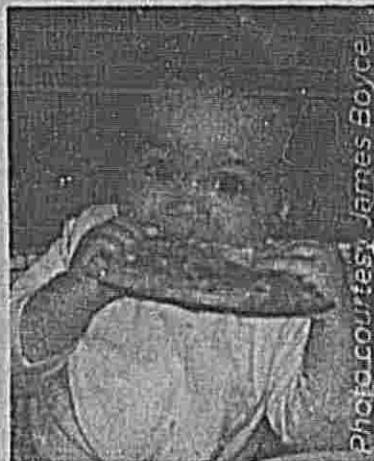


Photo courtesy James Boyce

Boyce's daughter Alana

By Irina Lew, of Bay Shore, Long Island, N.Y., a freelance food and travel writer.



Photo by Mark Boughan, Styling by Teresa Blackburn

## Lemony Chicken and Red Grape Salad

James Boyce admits that some children have an aversion to little green pieces in their food. If your kids don't like herbs, simply omit them. To make this even quicker, use rotisserie or packaged chicken.

### Chicken:

- 1 pound skinless, boneless chicken breasts (preferably organic)
- Juice and zest from 1 lemon
- 1 teaspoon chopped fresh thyme
- 1 garlic clove, minced
- 1 teaspoon ground black pepper
- ½ teaspoon salt

### Yogurt Dressing:

- ¾ cup plain yogurt
  - 3 tablespoons mayonnaise
  - ¼ cup finely diced celery
  - ¼ cup finely diced green apple
  - 2 tablespoons red wine vinegar
  - 1 tablespoon chopped parsley
  - 1 tablespoon chopped basil
  - ½ cup seedless red grapes, halved
- Pita bread

1. In a medium bowl, combine chicken, lemon juice and zest, thyme and garlic and let sit in the refrigerator 30 minutes. Remove chicken from bowl and season with pepper and salt. Using an outdoor grill or stove-top grill pan, cook over medium heat 5 to 8 minutes on each side or until cooked through. Cool and cut into  $\frac{1}{2}$ -inch cubes.

2. To make the dressing, combine yogurt, mayonnaise, celery, apple, vinegar, parsley, basil and grapes; mix well. Add cooked chicken and let sit in the refrigerator 10 minutes.

3. Cut pita in half and stuff with chicken salad. Serves 6.

Per serving: 350 calories, 10g fat, 26g prot., 41g carbs., 5g fiber, 650mg sodium.

## Pasta "Fazool"

This is an easy dinner to make with the kids.

- 2 tablespoons olive oil
- 2 garlic cloves, chopped
- 1 (14 ½-ounce) can premium diced, peeled tomatoes, undrained
- 1 (48-ounce) can fat-free chicken broth
- 1 cup ditalini or alphabet pasta
- 1 (15 ½-ounce) can garbanzo beans, drained
- 4 cups baby spinach leaves, rinsed
- ¼ cup grated Parmesan cheese

1. Heat oil in a large saucepan; add garlic and sauté 2 minutes. Add tomatoes, chicken broth, pasta and beans and stir. Simmer,

covered, 15 minutes, stirring occasionally to prevent pasta from sticking to bottom of pan. Add spinach and continue cooking, covered, until leaves are tender, about 5 minutes.

2. Ladle into bowls and sprinkle with cheese. (Pasta tends to absorb liquid as soup sits. Add more liquid as needed. If making ahead, separate liquid from other ingredients and combine when ready to serve.) Serves 6 to 8.

Per serving: 254 calories, 7g fat, 15g prot., 33g carbs., 5g fiber, 707mg sodium.

Log on to [www.relishmag.com](http://www.relishmag.com) to join our newsletter and use our message boards



## POOF:

### A Box of Muffin Mix Becomes a Dessert

Corn muffins or leftover cornbread make this decadent dessert—reminiscent of Bananas Foster—a snap. Be sure to crumble the muffins into large chunks. Serve warm with vanilla ice cream or caramel sauce.

#### Caramel Banana Cornbread Pudding

- 1 (8-ounce) package corn muffin mix
- 3 bananas, sliced
- $\frac{3}{4}$  cup dark brown sugar, divided
- 3 cups 2% low-fat milk
- 4 eggs
- $\frac{1}{2}$  teaspoon ground ginger
- $\frac{1}{2}$  teaspoon ground cinnamon
- $\frac{1}{4}$  cup caramel sauce or topping

1. Prepare corn muffins according to package instructions. Cool. Crumble 4 muffins into large chunks.

2. Preheat oven to 325°F. Lightly butter a 2-quart or 8-inch-square ceramic baking dish or 6 small (8-ounce) ramekins. Arrange banana slices in the dish. Top with  $\frac{1}{4}$  cup brown sugar and chunks of corn muffins.

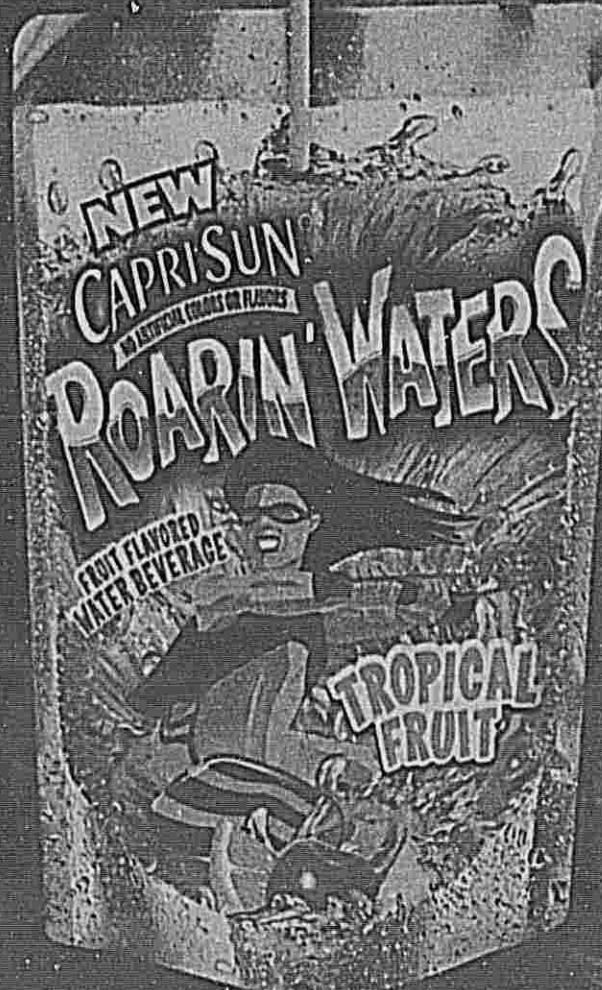
3. Combine milk, eggs, remaining brown sugar, ginger and cinnamon; whisk well. Pour over muffins. Bake 50 minutes. Drizzle with caramel sauce. Serve warm. Serves 6.

Per serving: 411 calories, 10g fat, 10g prot., 74g carbs., 3g fiber, 358mg sodium.

## BORIN'



## ROARIN'



IT'S WATER,  
THE WAY KIDS WANT IT.

In tropical fruit, strawberry kiwi  
and wild cherry flavors.

Sensible  
Solution™

# relish | a classic dish

## Quintessential Crab Cakes

Crab cakes are a Maryland institution, and the best are Maryland bred. The high priestess of crab cookery is Nancy Devine, who rules the Lexington Market in Baltimore. Her parents, who founded Faidley's, sold only fresh fish and produce until the early 1970s when prepared foods started making their way into markets and Mrs. Devine decided to start selling her crab cakes. Through the years her recipe has changed slightly, but she has always made three different kinds of cakes from lump, backfin and claw meat for three different pocketbooks.

Mrs. Devine would not give me her recipe but admits that the success of a good crab cake is in using your hands to mix the ingredients. She did, at least, share the ingredients; the rest I deduced by testing. It may not be Mrs. Devine's exact recipe, but it is a pretty good second guess. The cakes have a crunchy exterior and moist interior. Mrs. Devine attributes the lightness to the addition of saltines, and the great taste to consistency and basic good home cooking.

By Joan Nathan, author of nine cookbooks including *The New American Cooking*.

### Lump Crab Cakes

1 pound lump crab meat  
1 cup crushed saltine crackers  
½ cup mayonnaise  
1 large egg  
1 tablespoon each Dijon mustard and yellow mustard  
1 tablespoon Worcestershire sauce  
1 teaspoon Old Bay Seasoning  
Dash of Tabasco sauce  
Vegetable oil for deep frying

1. Spread crabmeat out on a flat pan and sprinkle crushed saltines over the top.
2. In a small bowl mix together mayonnaise, egg, mustards, Worcestershire sauce, Old Bay Seasoning and Tabasco. Pour mayonnaise mixture over crabmeat; using your hands gently toss, taking care not to break up the lumps of crabmeat. Let mixture stand 5 minutes.
3. Form mixture into 6 mounded rounds about 3 inches in diameter and 1 inch thick. Do not pack the batter too firmly. This is very important. The cakes should be as loose as possible, yet still hold their shape.
4. Pour oil into a deep skillet. Deep fry crab cakes a few at a time until golden brown,

about 3 minutes per side. Remove to paper towels to drain briefly. Serves 6.

Per serving: 310 calories, 22g fat, 16g prot., 9g carbs, 0g fiber, 590mg sodium.

Join our e-newsletter  
and leave us a message  
[www.relishmag.com](http://www.relishmag.com)



## Finally, a weight loss enhancer that really works!

"Miracle Cactus" proves to be the most effective new weight loss product available!

As featured on *60 Minutes*, *The Today Show*, and *Oprah*...Pure South African Hoodia Gordonii is the newest, most promising weight-loss enhancer available today.

If you're looking to lose weight but you haven't heard about the power of Pure South African Hoodia Gordonii...YOU MUST READ ON...

  
If you're having trouble losing weight, you MUST try Pur-Hoodia Plus™! This amazing new dietary supplement combines the power of Pure South African Hoodia Gordonii and Green Tea, providing you with an all natural appetite suppressant and metabolism booster so you can lose weight and inches safely and effectively.

As featured on *60 Minutes*, *The Today Show*, and *Oprah*...Hoodia Gordonii is a cactus plant native to South Africa containing an active ingredient that research has shown can reduce appetite by up to 2,000 calories a day while providing you with stamina, energy and a general "feel good" quality! This amazing plant has been used by South African Bushmen as an appetite suppressant for hundreds of years. After hearing about this amazing new "wonder cactus", *60 Minutes* traveled to Africa to find out for themselves about this amazing discovery. They were surprised at what they found! Since then other networks including ABC, NBC & the BBC have broadcast their own reports on the power of Pure Hoodia Gordonii and its ability to promote enhanced weight loss results.

Don't fall for cheap imitations! Pur-Hoodia Plus™ is made from the purest, most powerful pure South African Hoodia Gordonii. Now that the amazing ability of Hoodia has been made public many products have come out that claim to contain pure Hoodia Gordonii, but BUYER BEWARE! We are proud to say that Pur-Hoodia Plus™ contains only the purest South African Hoodia Gordonii-GUARANTEED!

What are you waiting for? Call now and try Pur-Hoodia Plus™ absolutely risk-free. Pur-Hoodia Plus™ is a proven new approach to weight loss. See for yourself and call today, 1-800-605-1663. Mention Discount Code# 803 and get your risk-free trial rushed out to you today! With Pur-Hoodia Plus™ it's guaranteed that you will lose weight and feel great doing it!



Call today! This newest weight-loss secret is now available to you absolutely risk-free!

1-800-605-1663 Be sure to mention Offer# 803

# Marketplace | must haves



## Bag It

Hefty KitchenFresh odor-neutralizing garbage bags effectively control garbage odors in your kitchen. Hefty KitchenFresh has a patented odor-neutralizing ingredient that neutralizes garbage odors as soon as you open the bag. And, with its thick and strong plastic, you can help eliminate garbage disasters.

For more information visit [www.heftybrand.com](http://www.heftybrand.com)

## Here's the Scoop

Serve up a perfect sundae (see page 8) with this self-defrosting scoop by Zeroll®. Made of nonstick anodized aluminum with antifreeze liquid sealed in the handle, it smoothly glides through ice cream and other frozen desserts. Hand wash. #21077, \$19.99.

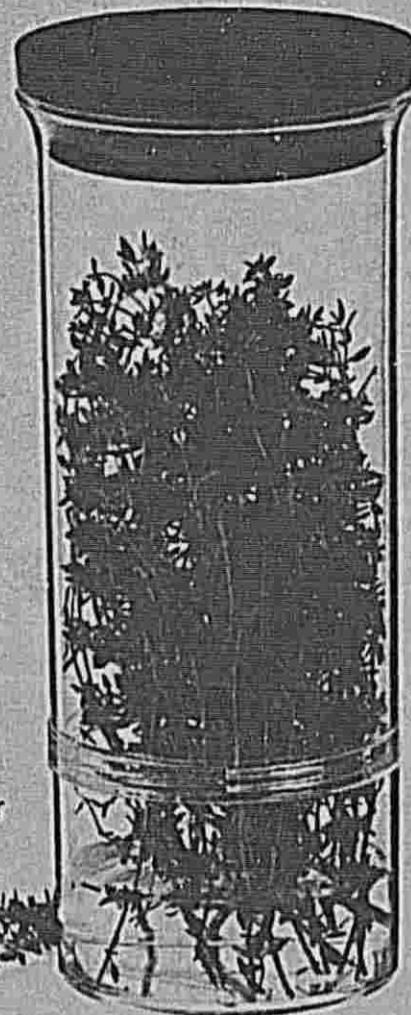
## Grill Gadget

Your grilled leg of lamb and other meats will turn out perfectly when you keep an eye on their time and temperature with this electronic timer/thermometer from Redi Chek. #21427, \$24.99.



## Herbs Superb

Keep herbs fresher longer with this airtight herb container. The bottom is filled with water in a separate reservoir that keeps the herbs moist, while the top is airtight, keeping the herbs bright and fresh. See-through container also won't get lost in the fridge. Hand wash. 3.875 inch diameter x 9.75 inches tall. #20351, \$12.99.



To order these products (except Hefty), call 1-800-338-3232 or log on to [www.chefscatalog.com](http://www.chefscatalog.com). Use promotion code 7KZRELO02 to receive reduced shipping and handling fees (10% of price; \$2 minimum). Prices guaranteed through Sept. 30, 2006. Orders shipped to CO or IL will be charged sales tax. AK, HI, and U.S. Territories: add \$5 to s&h charges.

# New Hometown Cookbook

FAMILY FAVORITES  
FROM AMERICA'S  
HEARTLAND

- Over 425 mouthwatering recipes
- 352 pages of food you'll enjoy
- Celebration of America's Hometown Cooks
- Recipes and Festivals from across the Nation!
- Order Now - 12% Off Retail Price
- All dishes Fully tested

YES, Please send me the NEW American Profile Cookbook for \$14.95 + \$4.95 s/h (\$19.90 total).

Name \_\_\_\_\_

PLACE ADDRESS

City \_\_\_\_\_

LABEL HERE

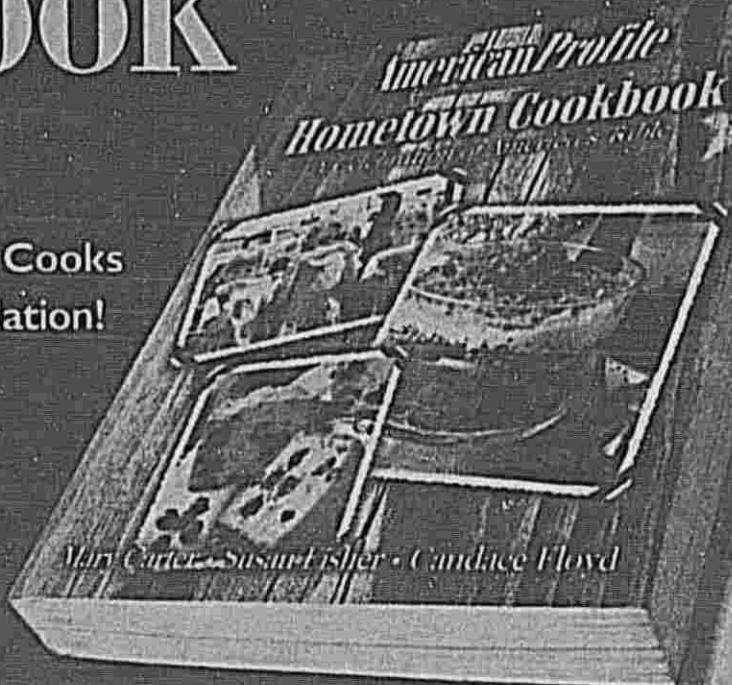
State \_\_\_\_\_ Zip \_\_\_\_\_ Phone \_\_\_\_\_

MAKE CHECKS PAYABLE TO:

American Profile Cookbook • 341 Cool Springs Blvd., Ste. 400 • Franklin, TN 37067  
or call 1-800-851-5284

Residents of CA, TN, IL, AR and NY add sales tax. NSF checks will be automatically debited for the amount of the check plus applicable fees. Please allow 3-4 weeks for delivery.

R8



from  
**American Profile**

**1-800-851-5284**

TAMMY LOST 138 LBS.\*

PATTI LOST 130 LBS.\*

ADRIANO LOST 62 LBS.\*

GAYLE LOST 80 LBS.\*



## Get Results!

### NEW Scientific Breakthrough

Forget the fad diets—you CAN eat carbs and lose weight! It's not magic. People on NutriSystem are doing it with the new NutriSystem® Nourish™ weight loss program. It's based on the incredible **scientific weight loss breakthrough** that gives you the **benefits of a low-carb diet, but still lets you enjoy carbs!**

### Take the work out of weight loss!

Imagine the freedom of never having to count carbs or points or anything else. Instead, eat great-tasting food every day without giving up what you love to eat!

after



SHEILA LOST 72 LBS.\*

SUSAN LOST 35 LBS.\*

MORGAN LOST 110 LBS.\*

BOB LOST 50 LBS.\*

# Eat FREE for a Week!

7 breakfasts, 7 lunches, 7 dinners, and 7 desserts for FREE!

All this for about  
\$10 a day!

breakfast



You eat five times a day to help you feel full longer!

lunch



All meals are perfectly portioned—there's no counting!

snack



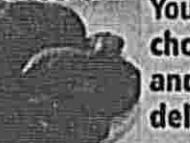
NutriSystem foods are rich in "good carbs" so you eat what you love and still lose weight!

dinner



Everything is shipped right to your door, ready to heat, eat, and go. Meals prepare in minutes!

dessert



You get to enjoy chocolate, chips, and so many delicious treats!



**nutrisystem®**

Order from us today and **GET A FULL WEEK** of the NutriSystem foods **ABSOLUTELY FREE!** Start losing weight, safely and sensibly, with foods that are low in fat and rich in "good carbs," which means they measure low on the Glycemic Index to help keep your blood sugar levels stable. **You eat the foods you love and still lose weight!**

\*Results not typical. All other weight loss claims based on an independent survey of NutriSystem clients who stayed on program for an average of 12 weeks. On NutriSystem, you add-in fresh fruit, vegetables, salads and dairy items.

**ONE FREE WEEK!**

Select the **NEW 28-Day Program** and get an additional **FREE WEEK OF FOOD!**

Just call **1-888-778-THIN** or visit [nutrisystem.com/ad](http://nutrisystem.com/ad) to get started today!

Please use promo code **REL406** to get this offer.

Limit one per customer. Offer good on first 28-Day program only. Cannot be combined with any other current or prior offers or discounts. © 2006 NutriSystem, Inc. All rights reserved.



ODOR-NEUTRALIZING GARBAGE BAGS.  
YOU'LL FALL IN LOVE WITH THEM TOO.



# KOHL'S®

expect great things™

2 days only Friday & Saturday, August 4 & 5 7am-11pm

# the BIG one

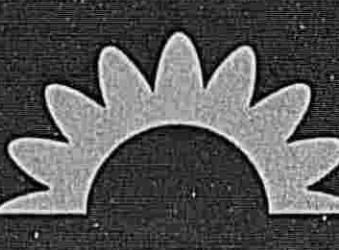
the biggest sale of the season

SPECIAL HOURS! BEST PRICES!

## POWER HOURS



NIGHT OWLS  
FRIDAY 3PM-11PM



EARLY BIRDS  
SATURDAY 7AM-1PM



NIGHT OWLS  
EARLY BIRDS

**50-60% off**

Sonoma sportswear  
for misses, petites and women.  
orig. \$12-\$32, sale \$6-\$16.  
Selected styles. SONOMA life+style.

NIGHT OWLS  
EARLY BIRDS

**60% off plus  
save an  
extra 15%**  
on entire stock  
of fine jewelry  
& sterling  
silver jewelry  
Extra 15% excludes  
Super Buys &  
discontinued styles.  
Shop online  
F999 & F200



**17.99 ea. Final Price**  
Your choice 1/10 ct.  
T.W. diamond sterling  
silver circle pendant  
or 1/12 ct. T.W.  
diamond solitaire  
14K gold earrings.  
reg. \$75 ea.,  
sale 21.17 ea.



NIGHT OWLS  
EARLY BIRDS

**Entire Stock  
50-  
60% off**

Graphic tees  
for young men,  
Juniors and kids.  
orig. \$12-\$24  
sale \$6-\$12  
Excludes  
collections  
and athletic.  
Selected items  
online P80301



NIGHT OWLS  
EARLY BIRDS

**10-50% off plus  
save an extra 10%**

on entire stock of  
kitchen electrics and floor care  
Shop online H1600 & H1400

**Final Price  
39.99**

Your choice Black & Decker®  
6-slice Toast-R-Oven®  
or Hamilton Beach®  
BrewStation coffeemaker  
reg. 59.99 or 99.99 ea.,  
sale 44.44 ea.

**Final Price  
134.99**

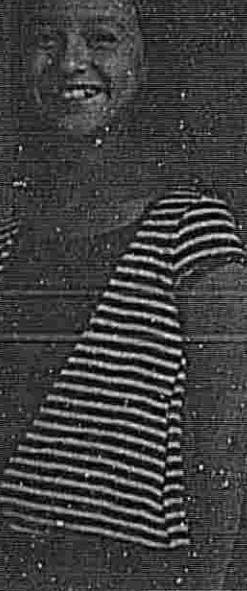
Eureka® 4D  
The Boss®  
bagless vacuum  
with HEPA filter  
and electronic  
brush roll  
orig. 219.99,  
sale 149.99



NIGHT OWLS  
EARLY BIRDS

**Entire Stock  
50% off**

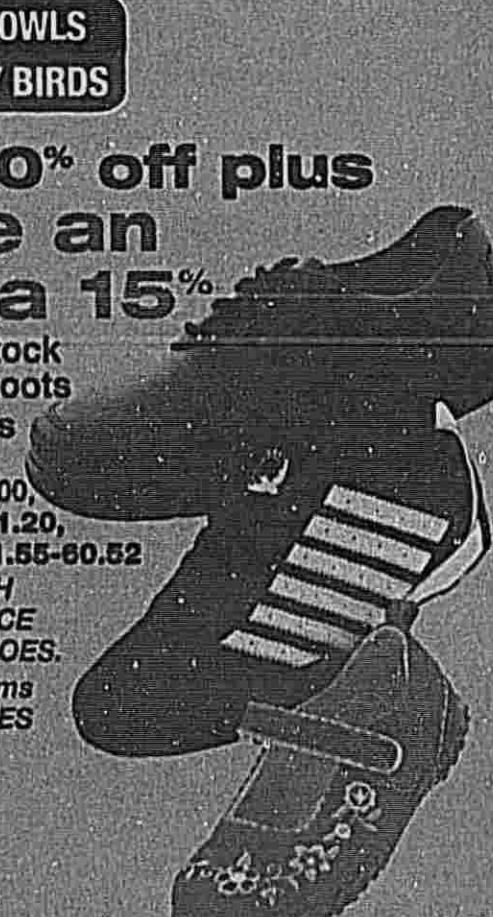
Collections  
for girls 4-16.  
Excludes  
Candie's.

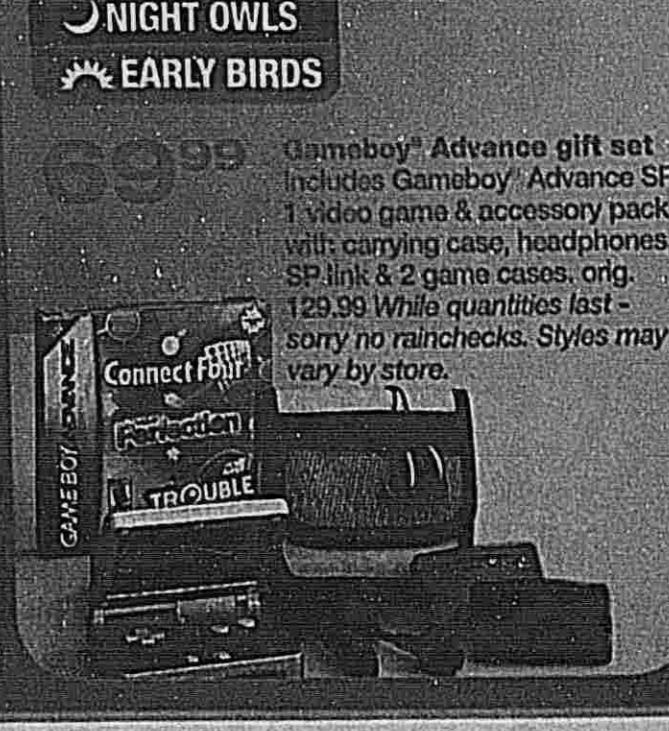
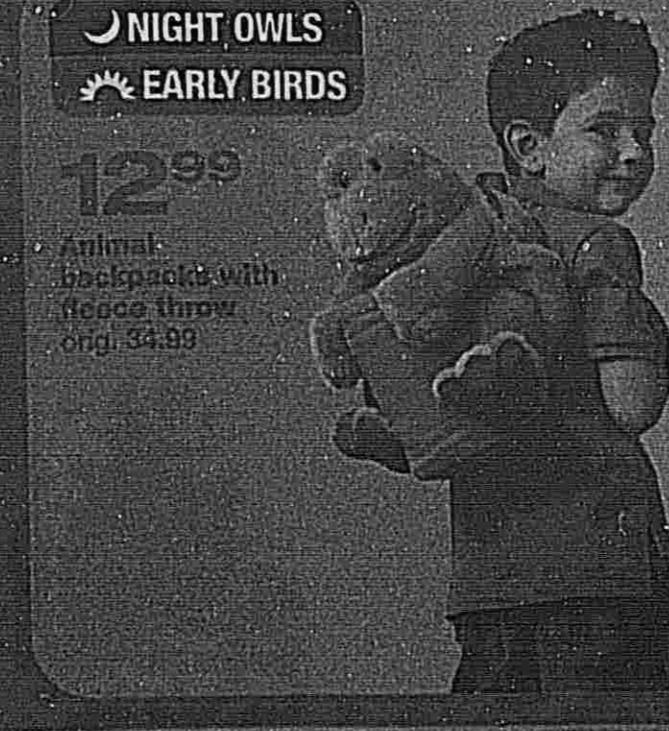
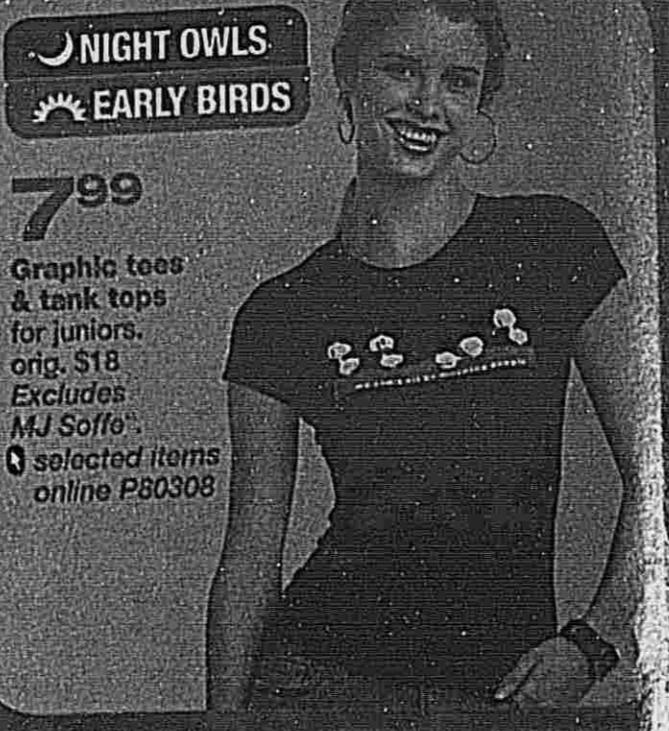


NIGHT OWLS  
EARLY BIRDS

**20-50% off plus  
save an  
extra 15%**

on entire stock  
of shoes, boots  
and sandals  
for the family,  
reg. 16.99-89.00,  
sale 13.59-71.20,  
final price 11.55-60.52  
Excludes HIGH  
PERFORMANCE  
ATHLETIC SHOES.  
Selected items  
online: SHOES





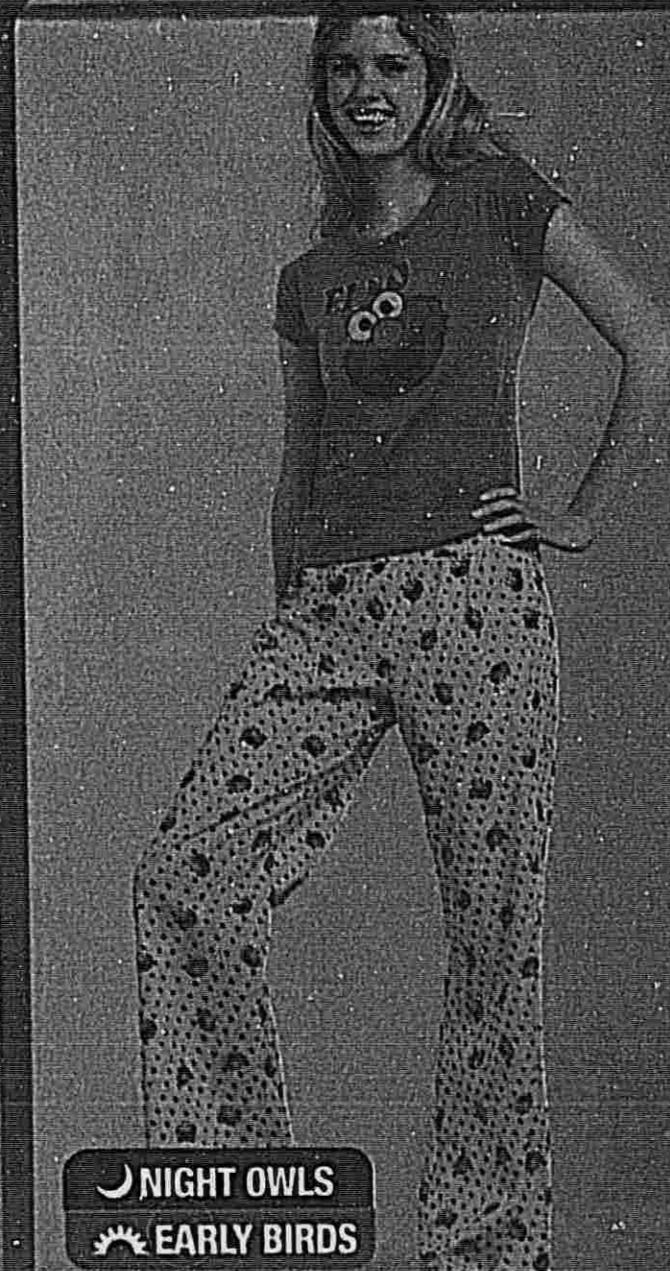
SPECIAL HOURS! BEST PRICES!

# POWER HOURS

NIGHT OWLS FRIDAY 3PM-11PM

# EARLY BIRDS

Selected Night Owls & Early Birds also available online.



50-60% off sportswear from Nine & Company, axcess, AB Studio & apt. 9 for misses and petites. orig. \$20-\$44, sale 7.99-22.00 Selected styles.

50-60% off women's sportswear from apt. 9, Croft & Barrow, Sonoma, Sag Harbor & more. Sizes 1X-3X & 16W-24W, orig. \$14-\$68, sale \$7.00-\$29.50 Selected styles.

50-60% off entire stock sleepwear and loungewear for her, orig. \$12-\$40, sale \$6-\$20 Excludes Chaps.

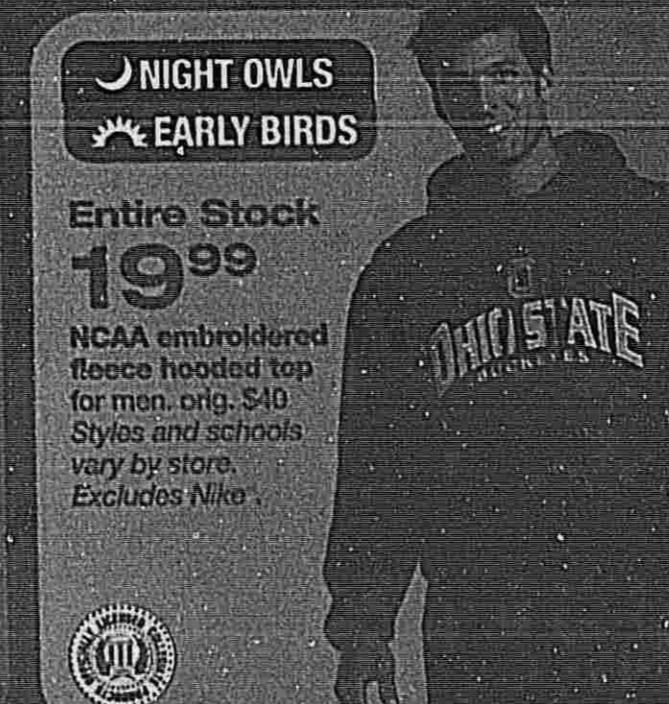
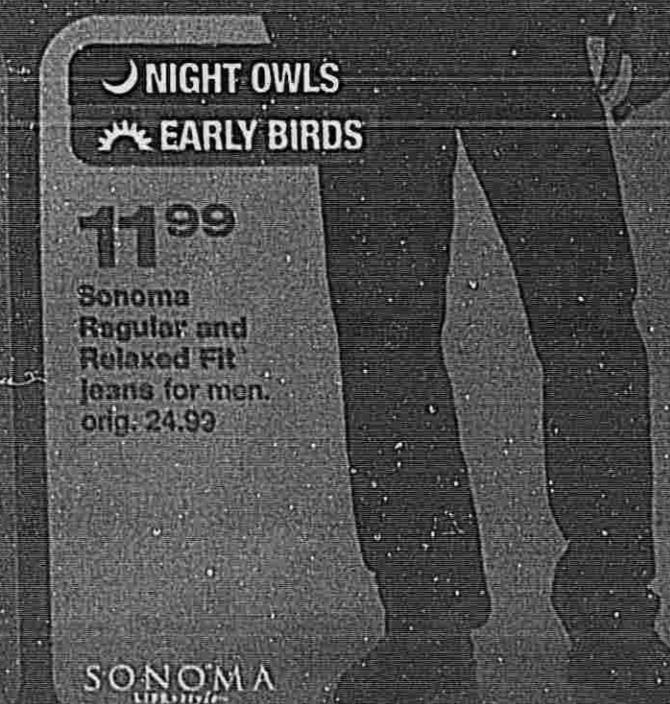
40-50% off entire stock fashion tops and jeans for girls 4-16. Excludes Candie's.

50% off entire stock suit separates for men from axcess, Chaps and apt. 9 orig. \$75-\$220, sale 37.50-110.00 Excludes Chaps.

50-60% off dress shirts & neckwear for men from Croft & Barrow, Arrow & apt. 9. orig. \$25-\$46, sale \$12-\$23 Excludes Nike.

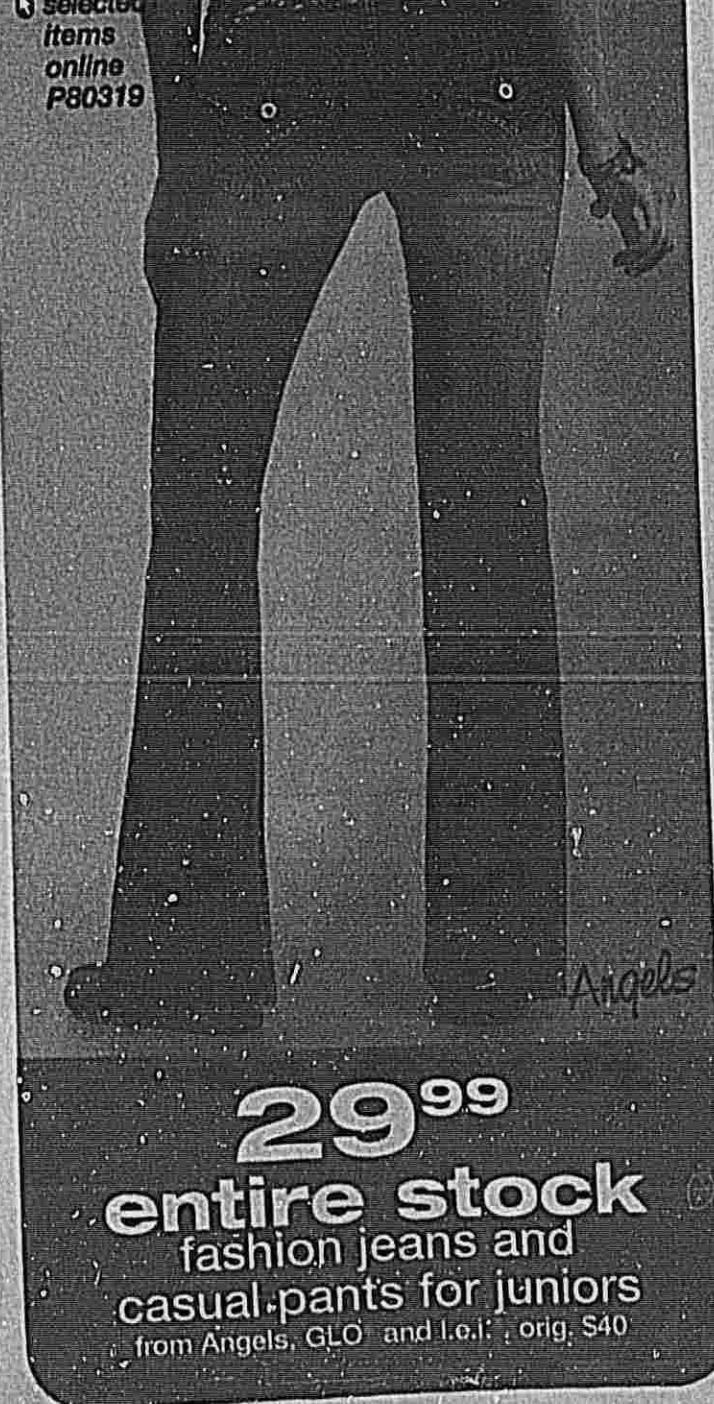
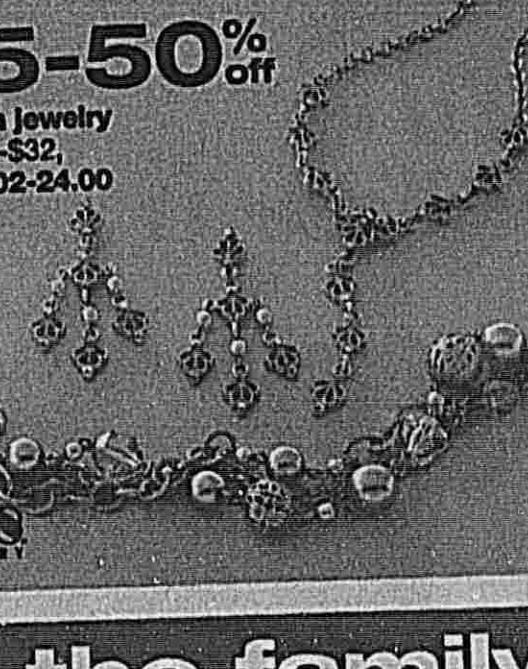
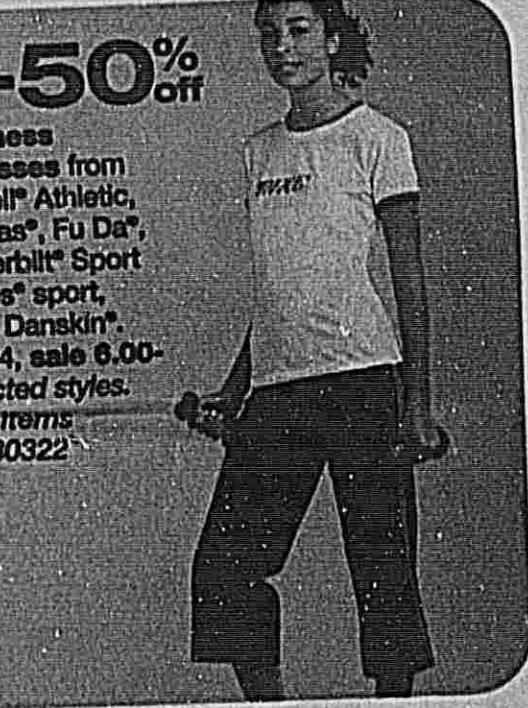
Entire Stock 55% off flatware

Entire Stock 50% off cutlery from Chicago Cutlery & KitchenAid.

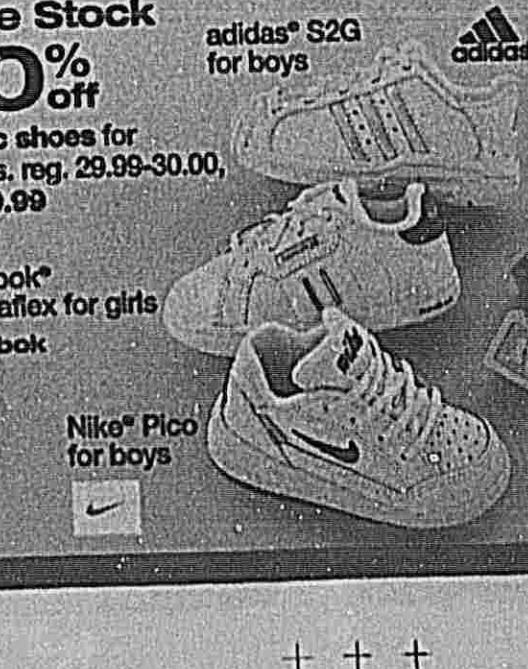
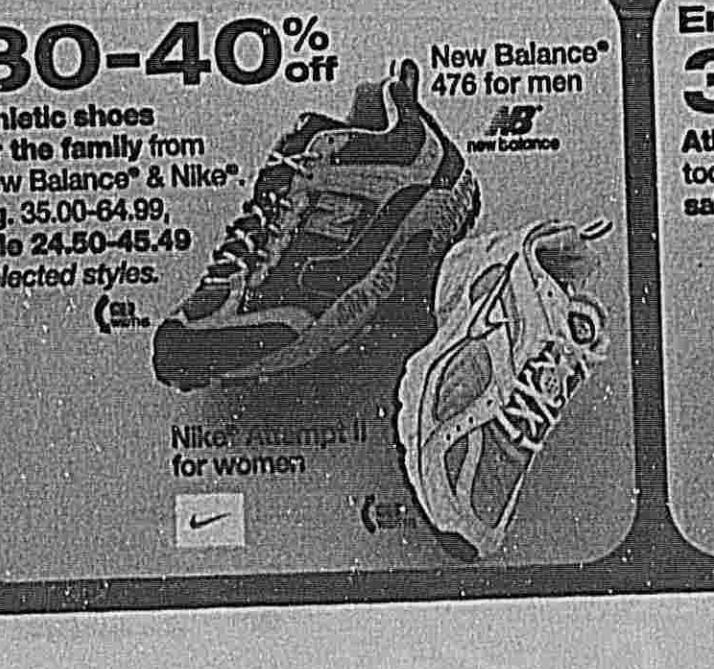




# the biggest sale of the season



save on entire stock of shoes & boots for the family  
toddlers'

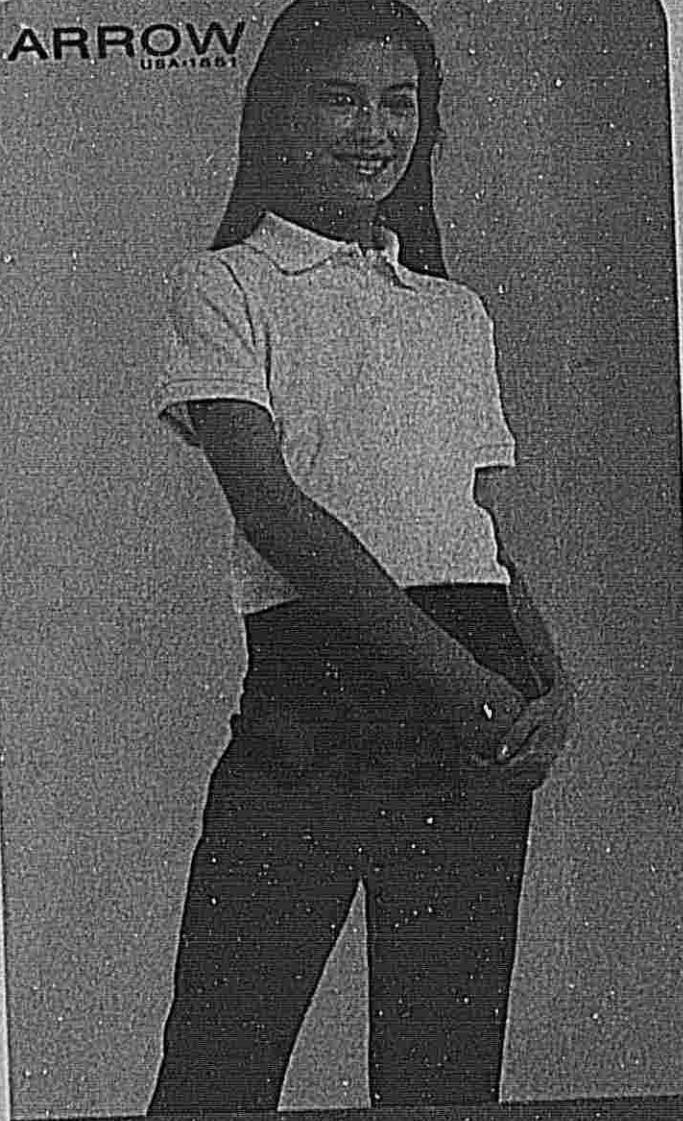




SO  
40-50% off  
entire stock  
SO... tops & bottoms  
for girls 7-16.  
selected items online P80324



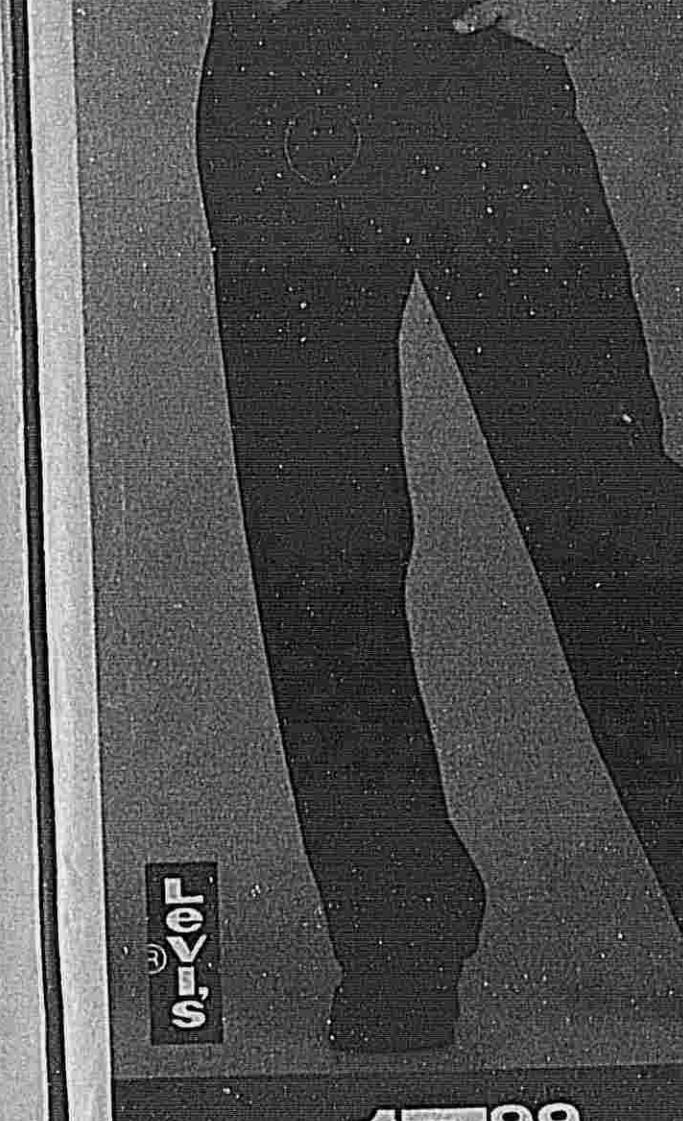
GLO  
18.99  
entire stock  
5-pkt. denim jeans for  
girls 7-16 from GLO®, Mudd®  
& Levi's® orig. \$29-\$30



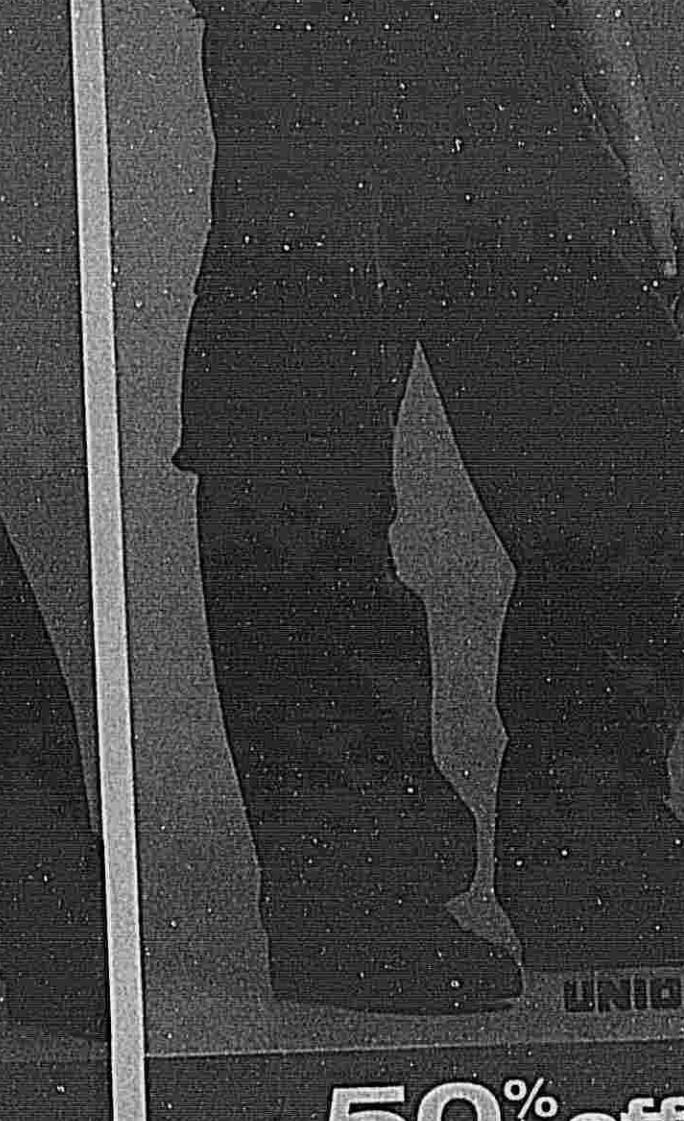
ARROW  
40% off  
entire stock  
schoolwear for girls 7-16  
orig. \$14-\$23, sale 8.40-13.80



40% off  
entire stock  
dresses & jumpers  
for girls 4-16, toddlers,  
infants and newborns



Levi's  
17.99  
entire stock  
Levi's® 569™ fashion jeans  
for boys 8-20  
orig. \$34



50% off  
entire stock  
Unionbay® cargo pants  
for boys 8-20  
orig. \$36, sale \$18

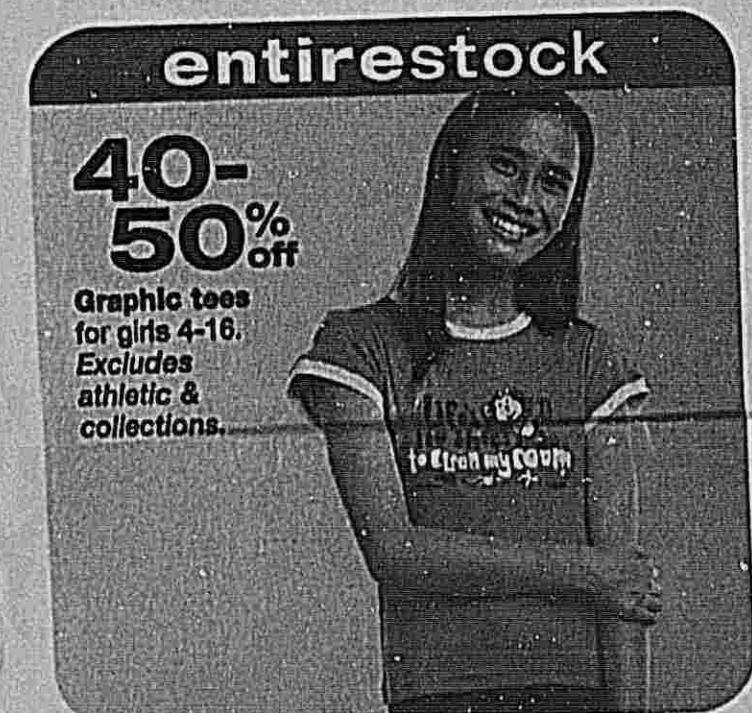


24.99  
entire stock  
Lee® Dungarees jeans  
for young men



29.99  
entire stock  
Levi's® Loose Straight Fit,  
Low Boot Cut & Loose Boot  
Cut jeans for young men

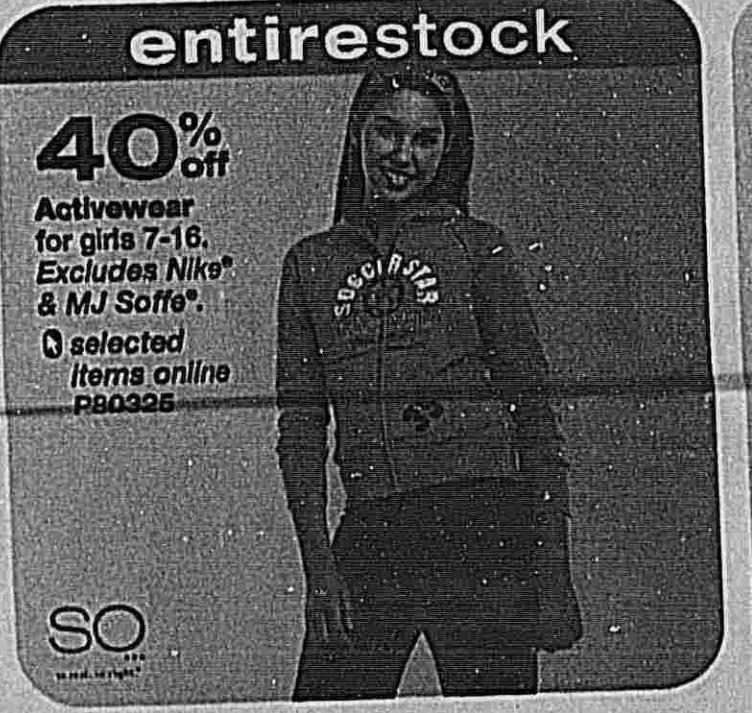
# the BIG ONE the biggest sale of the season



entirestock

40-50% off

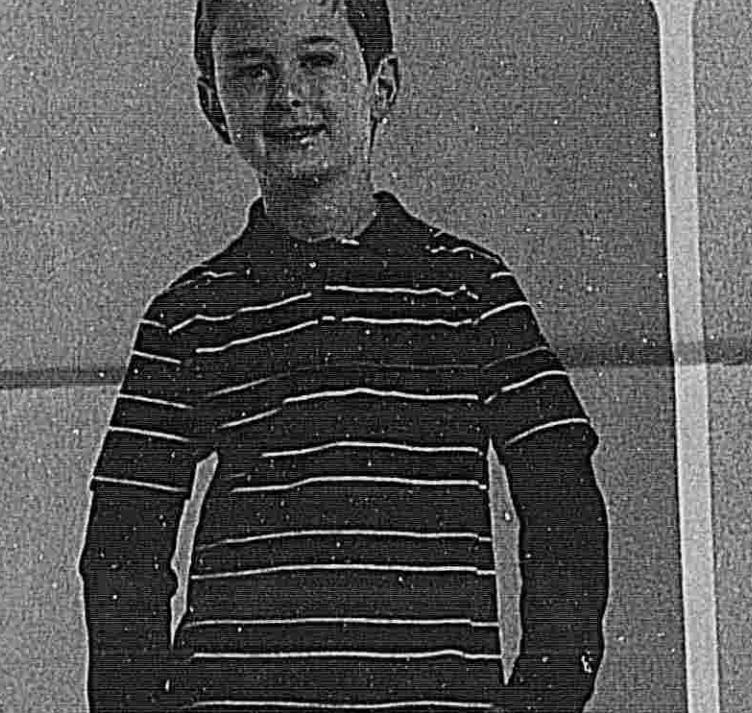
Graphic tees  
for girls 4-16.  
Excludes  
athletic &  
collections.



entirestock

40% off

Activewear  
for girls 7-16.  
Excludes Nike®  
& MJ Soft®.  
selected  
items online  
P80325



SO



entirestock

50% off

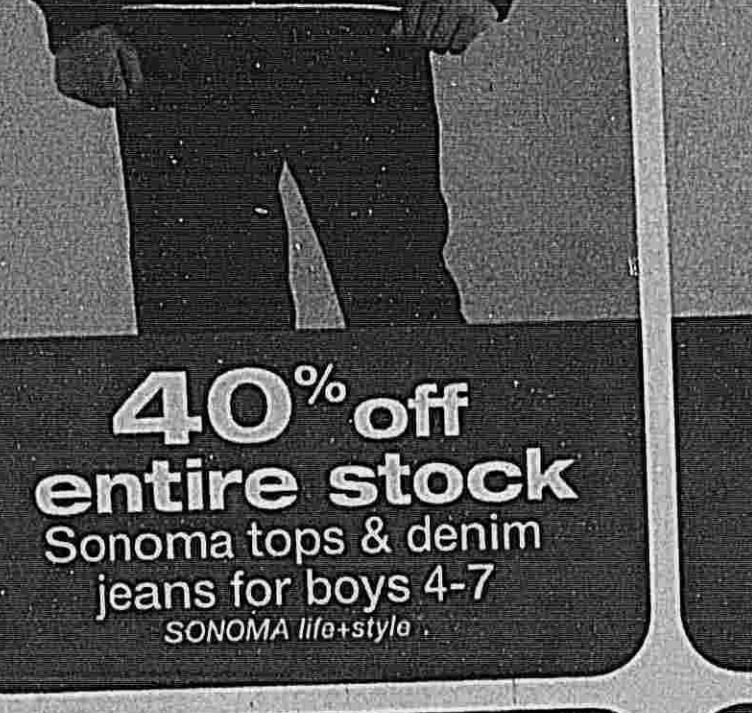
Character  
backpacks  
for kids.  
orig. 19.90-  
29.99,  
sale 9.90-  
14.99.  
Kids' dept.



entirestock

16.99

Levi's® 528 Denim  
Carpenter jeans  
for boys 4-7.  
orig. 24.99  
Entire stock  
Levi's® jeans  
for toddlers  
orig. 17.99,  
sale 16.99



entirestock

40% off  
entire stock  
Sonoma tops & denim  
jeans for boys 4-7  
SONOMA life+style®



entirestock

40% off  
entire stock  
collections for girls 4-16  
Excludes Candie's®  
selected items online P80327



40% off

entire stock  
Tony Hawk® apparel  
for boys 4-20  
selected items online P80329



40% off

entire stock  
Reebok® athletic apparel  
for boys 8-20, orig. \$18-\$36, sale 10.80-21.60  
urban UP



entirestock

50% off

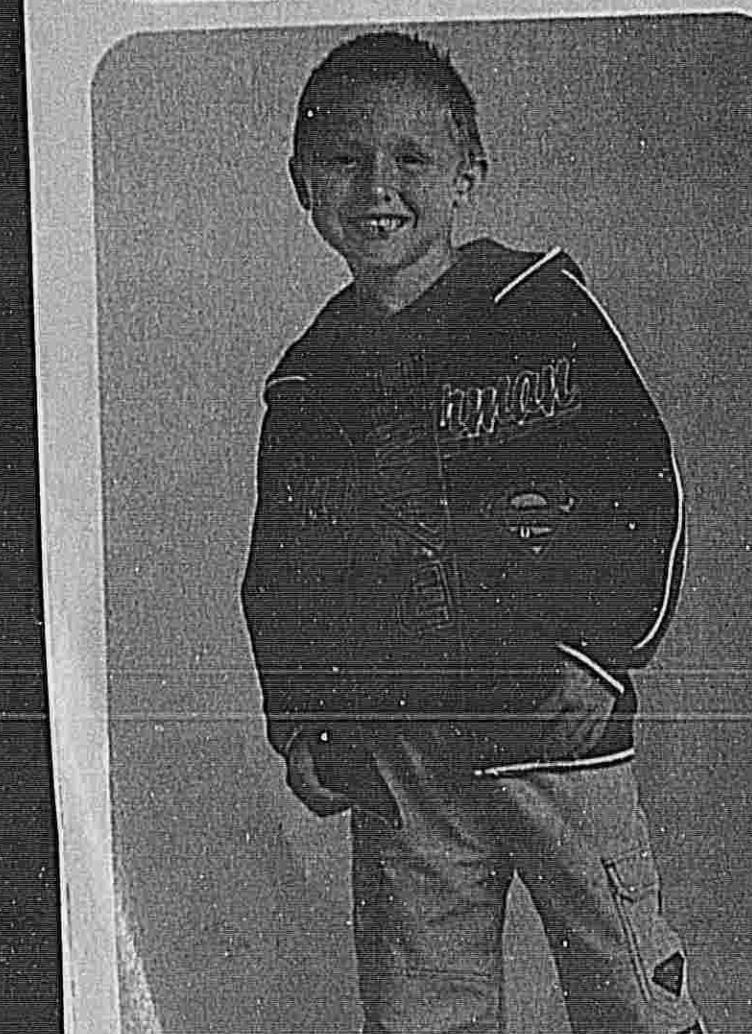
Short-sleeved  
wovin' tops for  
young men  
from Urban Pipeline®  
& Dickies®.  
orig. \$34-\$42,  
sale \$17-\$21  
shop online  
P80330



entirestock

40% off

Long-sleeved  
knit tops  
for young men.  
orig. \$24-\$38,  
sale 14.40-22.80



40-50% off  
entire stock  
kids' sets  
for boys 4-7, girls 4-6x,  
toddlers & infants.



40-50% off  
entire stock  
playwear  
for toddlers, boys 4-7 & girls 4-6x.  
Playwear not intended as sleepwear.



entirestock

30% off

Nike® activewear  
for toddlers,  
infants, boys 4-7  
& girls 4-6x.



entirestock

40% off

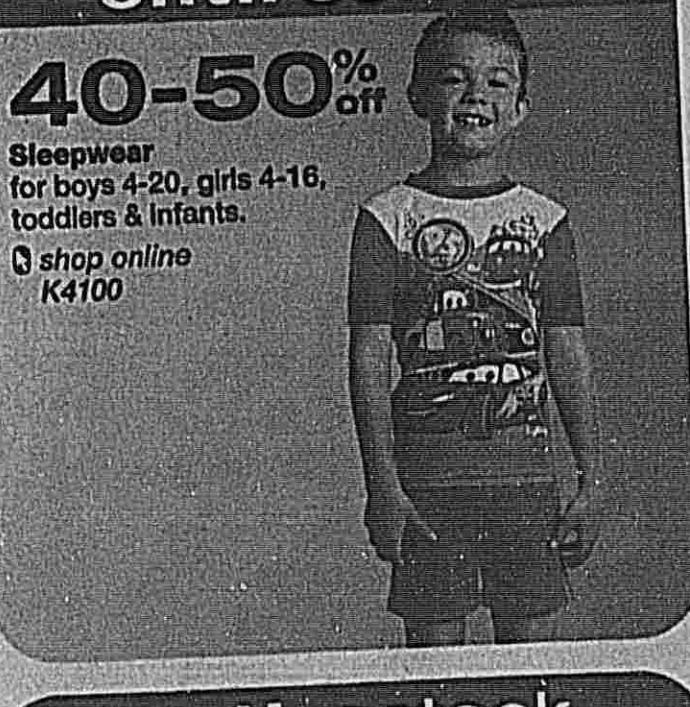
Carter's®  
separates  
for infants.



entirestock

9.99

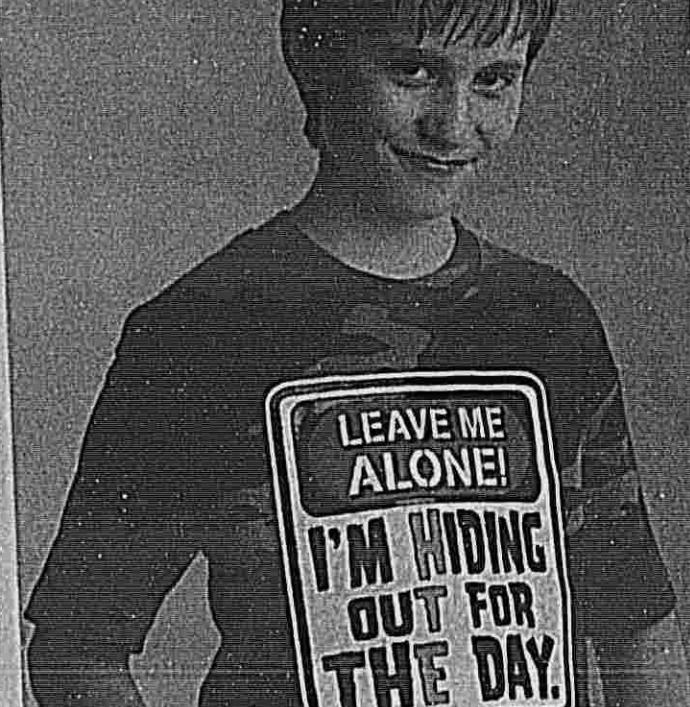
Carter's®  
coveralls  
for newborns.  
orig. \$16  
selected items  
online P80328



entirestock

33% off

Athletic socks  
for boys  
from Nike®,  
adidas®  
& Sonoma.  
orig. \$7-\$12,  
sale 4.68-  
8.04



entirestock

50% off

entire stock  
graphic tees for boys 8-20  
orig. \$12-\$20, sale \$6-\$10  
Excludes athletic & collections.



entirestock

50% off

entire stock  
shorts for young men  
orig. \$32-\$44, sale \$16-\$22  
Excludes collections.  
selected items online P80331



entirestock

50% off

entire stock  
Urban Pipeline® jeans  
for young men.  
orig. 39.99, sale 18.99  
selected items online P80331

entirestock

40-50% off

Knit tops for men  
from Arrow, Croft &  
Barrow®, Sonoma and  
Hagger®, orig. \$14-\$46,  
sale \$8.40-27.00  
SONOMA life+style®  
shop online P80332



entirestock

40-50% off

Golf polos for men  
from Dockers®, Grand  
Slam® and Wedge®,  
orig. \$24-\$50,  
sale 14.40-29.99



entirestock

40-50% off

Loungewear  
for men  
orig. \$15-\$20,  
sale \$9-\$12

GRAND SLAM

entirestock

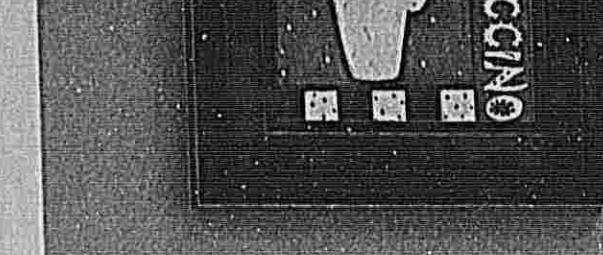
40-50% off

entire stock  
sportswear collections for men  
from axcess & orig. \$0  
orig. \$24-\$120, sale 9.99-59.99  
selected items online P80333

entirestock

40-50% off

Candles and  
decorative lighting  
Excludes Yankee  
Candle®.  
selected items  
online P80335



entirestock

50% off

decorative art  
selected items online H4160



entirestock

40-50% off

entire stock  
frames and albums  
selected items online P80336

entirestock

50% off

wall frames &  
collages by  
North American  
Enclosures®  
selected items online P80337



entirestock

20-50% off

New at Kohl's  
Tabletop  
selected items  
online H2100  
Aurora

entirestock

50-70% off

Fitness accessories  
While quantities last -  
sorry no rain checks.  
shop online  
H2400

entirestock

10-50% off

small electrics  
selected items online H1600

entirestock

10-40% off

floor care  
selected items online H1400

entirestock

50-60% off

Accent & kitchen rugs  
and doormats  
selected items  
online P80344

entirestock

50-60% off

area rugs and  
matching scatter  
selected items  
online P80345

entirestock

20-50% off

entire stock  
sport bags & duffel bags  
reg. \$20-\$180, sale \$16-\$90

entirestock

44.99

Prodigy Forest View  
5-pc. luggage set  
orig. 119.99

new markdowns taken

the new gold star

clearance

save

60-80%

We've made it easy.  
Final price is marked on the ticket.  
We do the math. You enjoy the savings.

Clearance prices represent savings off original prices. Selection varies by store. Interim markdowns may

have been taken. Sorry, no price adjustments given on prior purchases.

SPECIAL HOURS! BEST PRICES!

# POWERHOURS

• NIGHT OWLS FRIDAY 3PM-11PM ☀ EARLY BIRDS SATURDAY 7AM-1PM

Selected Night Owls Early Birds also available online.

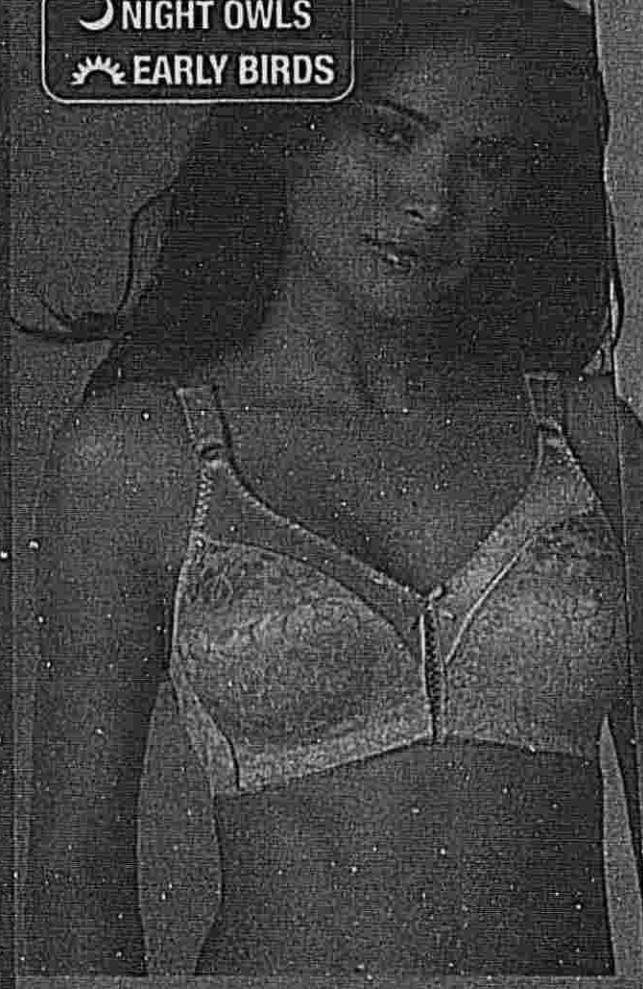
• NIGHT OWLS  
☀ EARLY BIRDS



**40-60% off**  
entire stock  
collections

for Juniors. orig. \$24-\$58, sale 14.40-34.80  
Selected items online P80302

• NIGHT OWLS  
☀ EARLY BIRDS



**50% off bras**

from Bali®, Playtex®,  
Warner's®, Olga® & Maidenform®  
reg. \$20-\$30, sale \$10-\$15 Selected styles.  
Shop online P80303

• NIGHT OWLS  
☀ EARLY BIRDS



**12.99**

entire stock capris  
for misses & petites

from Lee®, Gloria Vanderbilt®,  
Dockers®, Levi's®, Sonoma, Briggs  
and Croft & Barrow®. orig. \$26-\$38

• NIGHT OWLS  
☀ EARLY BIRDS



50% off, plus save  
an extra 10%  
on all solid  
bath towels

**2.99**

final price  
The Big One® ring-spun  
cotton bath towels

30x54" oversized; 12 solids and 3 stripes.  
reg. 7.99, sale 3.33

• NIGHT OWLS  
☀ EARLY BIRDS

Entire Stock  
**60% off**

SO... knit tops  
for Juniors.  
orig. \$12-\$18  
sale 4.80-7.20  
SO... so real,  
so right.  
Selected  
items online  
P80304

• NIGHT OWLS  
☀ EARLY BIRDS

**50% off**

Panties from  
Maidenform®,  
Vanity Fair®,  
Warner's® and  
Barelythere®.  
reg. \$3.16-\$10  
to 9.00 ea.,  
sale 3/5.25  
to 4.50 ea.  
Selected styles.



• NIGHT OWLS  
☀ EARLY BIRDS

Final Price  
**39.99**

Queen or King

Sonoma 400-thread  
count sheet set  
100% cotton sateen  
Available in 10 colors  
orig. \$99.99-\$149.99,  
sale 44.44

50% off, plus save  
an extra 10%  
on all sheet sets  
orig. 26.99-134.99,  
sale 12.99-67.49,  
final price 11.69-  
60.74

• NIGHT OWLS  
☀ EARLY BIRDS

**25-50% off plus  
save an  
extra 10%**

on entire stock  
of backpacks  
orig. \$15-\$80  
sale 11.25-50.00,  
final price  
10.12-54.00  
Luggage dept.  
Selected  
items online  
P80305



• NIGHT OWLS  
☀ EARLY BIRDS

Entire Stock  
**60% off**

Shorts for  
young men  
from Unionbay®,  
Urban Pipeline®,  
Lee® Dungarees,  
Plugg® and  
U.S. Polo Assn.  
orig. \$32-\$42,  
sale 12.60-  
16.80

• NIGHT OWLS  
☀ EARLY BIRDS

Entire Stock  
**50-60% off**

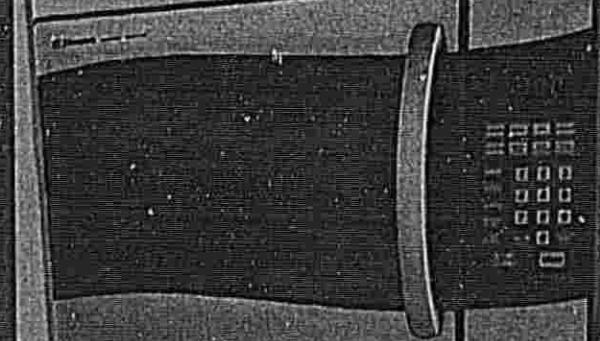
Knit tops and  
sport shirts for men  
from Croft & Barrow®,  
Sonoma and Haggard®  
orig. \$14-\$46,  
sale 6.99-22.99  
Shop online  
P80306



• NIGHT OWLS  
☀ EARLY BIRDS

Final Price  
**59.99**

Emerson microwave 1.1 cu. ft., 1000 watts.  
orig. 119.99, sale 66.66



• NIGHT OWLS  
☀ EARLY BIRDS

**24.88**

After \$10 mail-in rebate  
Basic Essentials®  
10-pc. nonstick steel  
cookware set plus  
double bonus  
orig. 59.99, sale 34.88



• NIGHT OWLS  
☀ EARLY BIRDS

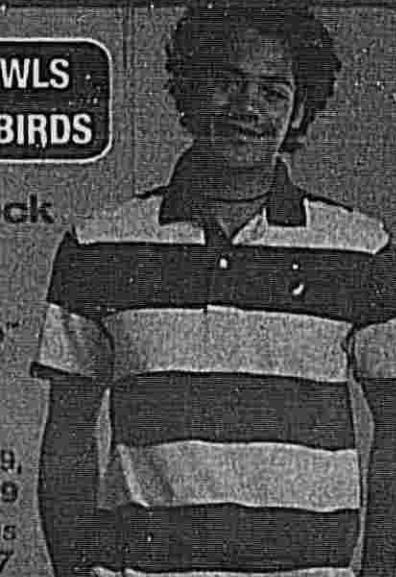
Entire Stock  
**50-  
60% off**

Short-sleeved tops  
& fashion jeans  
for girls 4-16  
from Sonoma  
and SO...  
SONOMA life+style®.

• NIGHT OWLS  
☀ EARLY BIRDS

Entire Stock  
**55% off**

Urban Pipeline®  
apparel  
for young men  
and boys 8-20.  
orig. 18.00-39.99,  
sale 8.10-17.99  
Selected items  
online P80307



• NIGHT OWLS  
☀ EARLY BIRDS

Entire Stock  
**20-50% off**

Ras, spa  
ca and  
care  
Selected items  
online H2400

**4.79**

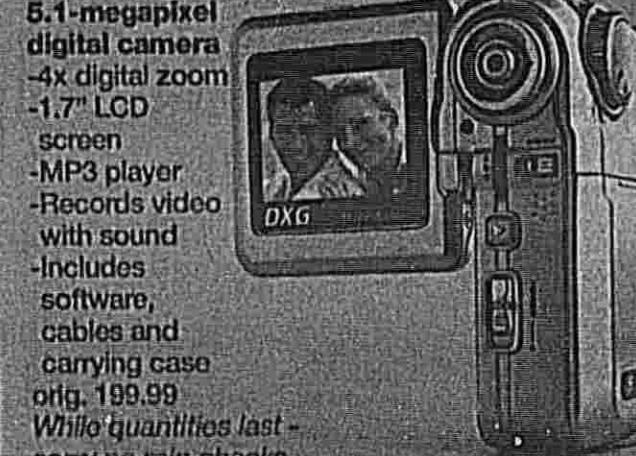
Youoice  
Razor®  
MicroGroom®  
500 for  
or Nanco®  
Qual 7 razor.  
orig. 1.99 or  
99.99



• NIGHT OWLS  
☀ EARLY BIRDS

**129.99**

5.1-megapixel  
digital camera  
4x digital zoom  
1.7" LCD  
screen  
MP3 player  
Records video  
with sound  
Includes  
software,  
cables and  
carrying case  
orig. 199.99  
While quantities last -  
sony no rain checks.



**KOHL'S**  
expect great things

Prices good Friday, August 4 & Saturday, August 5, 2006.

Store Hours: Friday & Saturday, August 4 & 5 7am-11pm

Selection may vary by store. Some merchandise may not be available at every store. Sale prices and percentage savings offered in this advertisement are discounts from Kohl's Regular® or "Original" prices. The "Regular" or "Original" price of an item is the former or future listed price for the item or a comparable item by Kohl's or another retailer. Actual sales may have been made at the "Regular" or "Original" prices, and intermediate markdowns may have been taken. Clearance merchandise is excluded from "Entire Stock" promotions in this advertisement. In some events, actual savings may exceed the percent savings shown. KOHL'S® and KOHL'S® brand names are trademarks of Kohl's Illinois, Inc. ©2006 Kohl's Department Stores.

A Gift that Speaks Their Language



Kohl's Gift Cards can be purchased and used in store and online, and come in a variety of styles.

TERMS AND CONDITIONS APPLY ON GIFT CARDS.  
Call 1-800-655-0554 for details.

For the Kohl's Store nearest you call  
**1-800-837-1500** or visit us at [Kohls.com](http://Kohls.com)